

GP training in the Tablelands region

There are five main placement sites in the Tablelands region where you may be based during your GP training. These include: Atherton, Malanda, Mareeba, Yungaburra and Ravenshoe.

The Tablelands region offers a diverse range of rural general practice training opportunities. There are major hospital facilities in Atherton and Mareeba, with outreach services to surrounding locations. Training posts are supported by onsite visiting specialists and allied health practitioners from the Cairns Base Hospital.

Registrars have opportunities to gain experience across Aboriginal and Torres Strait Islander health, minor surgery, tropical medicine, procedural obstetrics, anaesthetics, counselling, sexual health and women's health.

The Cairns and Hinterland Hospital and Health Service is comprised of 21 hospitals.



Lifestyle



With a cool tropical climate, the Tablelands is 500-1100 metres above sea level. The region has a diverse landscape including mountains, coastal ranges, green dairy country and open savannah woodland.



There is plenty to do and see in the region including The Crater lakes (Lake Barrine and Lake Eacham), Tinaroo Dam, hot air balloon rides, scenic vistas at every turn, lush rainforest and rugged outback, unique wildlife, fascinating geological history plus the amazing waterfall circuit, and the highest mountain in Queensland, the 1622m Bartle Frere.



Indulge yourself with gourmet food and wine amidst beautiful scenery. The Tablelands region produces some of the highest quality and most delicious produce where you will find coffee, chocolate, wines, cheese and tropical fruits.



Discover the region's natural wonders such as Undara Lava Tubes, Chillagoe-Mungana Caves National Park and Innot Hot Springs.



Attractions

ATHERTON TABLELANDS

Millions of years ago, the Atherton Tablelands were covered by an ancient ocean and the Chillagoe Caves were a vast reef system. Today you can take a guided tour through the Chillagoe Caves which has been transformed into a limestone formation featuring over 700 caves, some of which are more than 10km.

With almost 60km of purpose-built mountain bike trails, the Atherton Forest Mountain Bike Park is the perfect sport for bike enthusiasts to take a ride through picturesque open forests.

Did you know that the Tablelands region produces approximately 70% of Australia's coffee. Take a tour through the Skybury Coffee plantation and see the beans being processed and sample an award-winning Arabica blend.

The region is acknowledged by birding experts as the richest region for birdlife in Australia with nearly half of Australia's 750 bird species found in the area.



MALANDA

Malanda is great for bushwalking, scenic drives and bird watching. One of the main attractions in Malanda is the Malanda Falls on the North Johnstone River, where water tumbles over basalt rock formed by an ancient lava flow. Take a tour guided by local Ngadjon people and see the Malanda Falls rainforests through the eyes of Ngadjon people.



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Who wouldn't want to live, work, play and train in Paradise? The Tablelands was the obvious choice for us: the ideal location where we could both get training positions, and I could start to use my DRANZCOG Advanced in a well supported environment. The combination of adventure right on your doorstep, seriously fascinating medicine, and legendary mentors has meant that these last couple of years have been a thrill!

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*Dr Grace Neely and
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