

PREPARE YOUR EMERGENCY KIT

FIRST AID



Having an emergency kit is an important step to prepare for, survive and cope with emergencies.

KNOW

All householders need to know where your Emergency Kit is kept.

CHECK

Inspect and update the contents of your Emergency Kit regularly, to ensure everything is in working order and has not expired.

DISCUSS

Make sure everyone in your household knows where your Emergency Kit is, and what to do in an emergency.

For more information visit Council's website, Disaster and Emergency page. Your Emergency Kit should contain the listed items.

FOOD AND WATER

□ Range of non perishable food items □ Bottled water

MEDICAL AND SANITATION

First Aid Kit and manual
Essential medications, prescriptions
Toilet paper, tissues and face mask
Disinfectant wipes/hand sanitiser
Toothbrush and toothpaste
Soap, shampoo and conditioner
Personal hygiene items

COMMUNICATIONS

Battery powered radio with extra batteriesPhone charger, car adaptor and power bank

TOOLS AND SUPPLIES

- □ Whistle, utility knife, duct/masking tape
- \Box Plastic garbage bags, ties
- \Box Safety glasses and sun glasses
- □ Flashlight/torch with extra batteries
- □ Battery powered lantern

CLOTHING AND FOOTWEAR

- □ Warm jumper/waterproof jacket
- □ Hat and gloves for everyone
- □ Closed toed shoes or boots for everyone

MISCELLANEOUS

- □ Special items for infants (nappies, formula etc.)
- □ Special items needed by elderly
- \Box Special items needed by people with special needs

WATER

- □ Spare house key and car keys
- □ Pet food, water and other animal needs

IMPORTANT DOCUMENTS

Keep original or certified copies of these documents in your Emergency Kit.

- \Box Insurance papers for your home
- □ Inventory of valuable household goods
- □ Wills and life insurance documents
- □ House deeds/mortgage documents
- □ Birth and marriage certificates
- □ Passports/visa details
- □ Stocks and bonds
- □ Medicare and pension cards, immunisation records
- □ Bank account/credit card details
- □ Copy of important computer files saved on USB
- □ Emergency Plan with emergency contact numbers



🔽 council@hinchinbrook.qld.gov.au

HinchinbrookShireCouncil

4776 4600 HinchinbrookDisasterInformation () HINCHINBROOK

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