Constitution of the JCU Meditation and Yoga Club

Updated: 25/10/2024

Article 1: Name

The name of the club shall be the **JCU Meditation and Yoga Club**, hereinafter referred to as "the Club."

Article 2: Objectives

The objectives of the Club shall be:

- 1. To promote the practice of meditation and yoga among students, staff, and community members at James Cook University (JCU).
- 2. To provide a supportive environment for members to explore and deepen their meditation and yoga practices.
- 3. To organise events, workshops, and classes that enhance physical, mental, and spiritual well-being.
- 4. To foster a sense of community among those interested in meditation and yoga.
- 5. To collaborate with other clubs, organisations, and departments within JCU to promote holistic health and well-being.
- 6. To follow the personal development philosophy and practices of the Ananda Marga Meditation charity. However, adjustments and flexibility in these philosophies and practices may be applied as needed for the practical purposes of running the club.
- 7. To support the objectives of the JCU Student Association

Article 3: Membership

- 8. **Eligibility:** Membership is open to all students, staff, alumni of James Cook University, and community members.
- 9. Types of Membership:
 - **Full Member**: Open to all current JCU students. Full members have voting rights and can hold office.

- Associate Member: Open to JCU staff, alumni, and community members. Associate members may participate in all Club activities but do not have voting rights or the ability to hold office.
- 10. **Membership Fees**: Membership fees shall be determined annually by the Executive Committee and approved by a majority vote of the Full Members at a General Meeting.
- 11. **Termination of Membership**: Membership may be terminated by resignation, non-payment of fees, or conduct deemed inappropriate by the Executive Committee, following a fair hearing.

Article 4: Governance

- 12. **Executive Committee**: The Club shall be governed by an Executive Committee, which shall consist of the following positions:
 - President
 - Vice-President
 - Secretary
 - Treasurer
 - Events and marketing officer

13. Election of Officers:

- Officers shall be elected annually at the Annual General Meeting (AGM) by a majority vote of the Full Members present.
- Nominations for office must be submitted to the Secretary at least one week before the AGM.

14. Term of Office:

- The term of office for all Executive Committee members shall be one year, beginning immediately following their election at the AGM.
- Executive Committee members may be re-elected for consecutive terms.

Article 5: Duties of the Executive Committee

15. President:

- Provide leadership and direction for the Club.
- Preside over all meetings of the Club and the Executive Committee.
- Represent the Club in official matters.

16. Vice-President

- Assist the President in their duties and act in their absence.
- Oversee the coordination of Club activities and events.

17. Secretary:

- Maintain accurate records of all Club meetings and activities.
- Handle Club correspondence and communications.

18. Treasurer:

- Manage the Club's finances, including collection of fees and payment of expenses.
- Maintain accurate financial records and provide regular reports to the Executive Committee and members.
- Maintain a current list of all members.

19. Events and marketing officer

- Plan and coordinate Club events and activities.
- Promote Club events and activities through various media.
- Maintain the Club's online presence, including social media and any Club website.

Article 6: Meetings

20. Annual General Meeting (AGM):

- The AGM shall be held annually, at a time and place determined by the Executive Committee.
- Notice of the AGM shall be given to all members at least two weeks in advance.
- The AGM shall include reports from the Executive Committee, election of officers, and any other business as necessary.

21. Committee Meetings:

- Committee Meetings may be called by the President or by a majority of the Executive Committee as needed.
- Notice of General Meetings shall be given to all members at least one week in advance.

Article 7: Finance

22. **Fiscal Year**: The Club's fiscal year shall begin on January 1 and end on December 31.

- 23. **Banking**: The Club's funds shall be deposited in a bank account in the name of the Club. The President, Treasurer, and one other Executive Committee member shall or may be authorised signatories.
- 24. **Expenditure**: All expenditures must be approved by a majority vote of the Executive Committee.

Article 8: Amendments

- 25. Amendments to this Constitution may be proposed by any Full Member of the Club.
- 26. Amendments must be approved by a two-thirds majority of Full Members present at a General Meeting.

Article 9: Dissolution

- 27. The Club may be dissolved by a two-thirds majority vote of Full Members at a General Meeting, provided that notice of the proposed dissolution has been given to all members at least two weeks in advance.
- 28. Upon dissolution, any remaining assets shall be transferred to a charity or organisation with similar objectives, as determined by the members at the General Meeting.

Article 10: Adoption of the Constitution

This Constitution was adopted by a majority vote of the members of the JCU Meditation and Yoga Club on 25/10/2024.

Laura L. Zeithen

Signatures of the Executive Committee:

• President:

Vice-President & Secretary:

Treasurer:

• Events Coordinator, marketing and communications officer:

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