

## YOU CAN CONTROL WHAT HAPPENS

- Do not retaliate by physical or verbal harassment.
- Simply knowing that you can do something about it makes a difference.

### So *What Can you Do?*

- Positively ignore it. Show that it does not upset you. The harasser is not then encouraged and may stop.
- Confront the person harassing you. Tell them that their actions are unwanted or illegal. Remind them that the school has a harassment policy.
- Talk it over openly with friends, parents or colleagues. They can help you make a decision.
- Talk it over with an older student.
- Take your grievance to your Student Council member or a class meeting. This may bring public disapproval to those harassing you and the harassment may stop.
- Report the matter directly to your class teacher, or any other staff member. Make a plan to deal with the problem. It's important that you allow them to take action to stop the harassment.
- Go to the Principal or the Assistant to the Principal—Religious Education.
- HARASSMENT WILL NOT BE TOLERATED AT MARIAN

### OUTCOMES

- The school will deal very seriously with those who retaliate against a person for reporting harassment.
- All incidents will be dealt with.
- Consequences of harassment may include counseling, consultation with families, detentions, suspensions and even expulsions.

We Will Not  
Tolerate  
Harassment  
At  
Marian  
Catholic School

Remember  
It is right to tell  
someone if you  
are being harassed or if  
your  
friends are.

EVERYONE HAS THE  
RIGHT TO FEEL SAFE

Marian Catholic  
School

### Dealing with Harassment



At Marian Catholic School  
we have an expectation of  
respect for others.

We will not tolerate harassment.  
We **can** do something about it.

# Being Harassed

At Marian Catholic School we have an expectation of respect for others.

The three C's -

- Courtesy
- Consideration
- Co-operation

All have the quality of caring for others.

Any form of harassment breaks this code and is totally against our own rules and in some cases against the laws of our State.

When we are angry, embarrassed, frightened, humiliated or uncomfortable, as a result of someone's deliberate hurtful actions or words, it affects our self-confidence. If it persists we find it hard to concentrate on our work and to keep good relations with others.

In schools harassment occurs when:

⇒ A student harasses another student

⇒ An adult harasses a student

⇒ A student harasses an adult

⇒ An adult harasses another adult

## Stopping Harassment is Important

- You have the right to feel secure and comfortable at school.
- It is your right to travel to and from school feeling safe.
- Everyone has the right to learn and no-one has the right to stop others from learning.

### **ABOUT THOSE WHO HARASS**

These people usually feel inadequate.

The school, therefore, sees the need to help them as well.

## Kinds of Harassment

Harassment is on-going verbal and/or physical attacks against a person. It includes intimidation of all forms. It is done with intent to hurt physically and/or emotionally. This can be done by an individual or by a group.

### **Harassment may include:**

- Hitting, punching, jostling, pushing, spitting
- Sexual abuse
- Threatening others
- Hiding, damaging or destroying the property of others
- Putting others down
- Using offensive names or abusive language
- Sexual harassment, including making suggestive comments
- Making degrading comments about another's culture, gender, religious or social background
- Ridiculing a person about his/her body, face, abilities or achievements
- Writing graffiti about others
- Writing crude notes or making crude drawings
- Spreading rumours about people or their families
- Deliberate exclusion
- Extortion
- Repeated use of offensive gestures

## **DO YOU HARASS TEACHERS OR STUDENTS?**

- Do you bully, tease, abuse or hit others?
- Do you call people names?
- Do you insult, belittle or intimidate?
- Do you repeatedly act disrespectfully to your teacher and disrupt learning in the classroom?
- Do you take part in a group helping to insult and offend others?
- Do you condone harassment of others by laughing or by failing to intervene?

# YES?

**Then you are guilty of harassment**



## **OTHER STUDENTS**

**If you are not being harassed, but are aware of others who are...**

**YOU CAN DECIDE TO DO SOMETHING ABOUT IT AND HELP TO PROTECT OTHERS**