

Masterclass Course Outline

Masterclass Name Supervising Underperformance and Addressing Conduct and Professional Concern	
Locations Face-to-Face (1-day workshop) OR Live VC	
Masterclass Coordinator	Dr Sharon Varela

We acknowledge the Traditional Owners of the lands and waters where our University is located and actively seek to contribute and support the JCU Reconciliation Statement, which exemplifies respect for Australian Aboriginal and Torres Strait cultures, heritage, knowledge and the valuing of justice and equity for all Australians.

© Copyright 2021

This publication is covered by copyright regulations. Apart from any fair dealing for the purpose of private study, research, criticism, or review as permitted under the Copyright Act, no part may be reproduced by any process or placed in computer memory without written permission.

Pre-requisites

This masterclass is designed for health professionals who provide clinical/professional supervision. This Masterclass has been approved by the Psychology Board of Australia, for supervising Psychologists seeking to maintain Board-approved supervisor status. This masterclass utilises an interprofessional framework and is open to all health professionals.

Masterclass outline preparation

This Masterclass outline has been prepared by Dr Sharon Varela for the Centre for Rural and Remote Health and the College of Healthcare Sciences, Division of Tropical Health and Medicine, James Cook University. This Masterclass was last reviewed on 3 March 2022.

Q1.	This Masterclass is offered across more than one campus and/or mode and/or teaching period within the one calendar year.	Yes ⊠	No □
Q2.	If yes (Q1), the design of all offerings of this Masterclass ensure the same learning outcomes and assessment types and weightings.	Yes ⊠	No 🗆
Q3.	If no (Q2), Dr Sharon Varela has authorised any variations, in terms of equ	ivalence.	

Masterclass outline peer reviewer

Name Heather Bridgman	
Position Lecturer in Rural Mental Health, University of Tasmania (UTAS)	
Next Major Review	30 June 2023

Staff contact details

Teaching team	Staff member	Location	Phone	Email
Lead Masterclass Coordinator	Dr Sharon Varela*	Longreach	(07) 4745 4500	supervisortraining@jcu.edu.au
Masterclass coordinator	Michelle Aniftos	Toowoomba	(07) 4633 9791	supervisortraining@jcu.edu.au

^{*} consultation times by appointment only.

Contents

1	Mas	terclass at a glance	4
	1.1	Participation requirements	4
	1.2	Key dates	4
2	Mas	terclass details	4
	2.1	Masterclass description	4
	2.2	Masterclass learning outcomes	5
	2.3	Learning and teaching in this Masterclass	5
	2.4	Participant feedback on Masterclass and teaching	5
3	Ass	essment details	5
	3.1	Requirements for successful completion of Masterclass	5
	3.2	Feedback on Participant learning	5
	3.3	Assessment tasks	6
4	Sub	mission and return of assessment	7
	4.1	Submission and return of assessment	7
5	Wo	rkshop outlines	7
	5.1	Face-to-Face Masterclass	7
	5.2	Live VC Masterclass (online using the Zoom platform) Error! Bookmark not defin	ıed.
6	Ref	prences	9

1 Masterclass at a glance

1.1 Participation requirements

Participation requirements are listed below. All requirements need to be met to successfully complete this Masterclass.

Key Masterclass activities	Time	Day and date	Location
Pre-reading, quiz and reflection task	4 hours*	Provided one week prior to the Masterclass.	Online/Email
Masterclass** (Note: this is delivered as either a one-day face-to-face masterclass or as an online live VC masterclass delivered through two 4-hour sessions)	8 hours*	Dates published on website**	Refer to website
Completion of reflection tasks (during the workshop or between sessions if online), and participation in group work during the workshop	N/A	N/A	N/A

^{*}This Advanced Masterclass is equal to 12 hours active learning. Break times are deleted from the active learning hours.

1.2 Key dates

Key dates	Date
Last date to withdraw without financial penalty	4 weeks prior to the Masterclass commencing
Assessment task 1: quiz (30%)	Date set on LearnJCU, usually 7-5 days prior to the first workshop session
Assessment task 2: reflection tasks/group participation (70%)	Group participation assessed during masterclass; reflection activity completed during masterclass or between masterclass sessions depending on study mode

2 Masterclass details

2.1 Masterclass description

This workshop focuses on key topics related to supervising underperformance and addressing conduct and/or professional concerns. This workshop is designed to encourage participants to engage with the following three topics through peer discussion, vignettes and role plays: identifying and understanding the underperformance of a supervisee; supervising the underperformance of a supervisee; and addressing conduct or professional concerns. Competence and skills related to each topic will be covered. The content is covered within the relational context of the supervisory relationship.

^{**} For information on the days and times when your masterclass is on, visit https://www.crrh.jcu.edu.au/health-professionals/supervisor-training-2e39t6/psychology-and-allied-health/training-calendar/

2.2 Masterclass learning outcomes

After completing this Masterclass you will be able to:

- understand and adhere to professional and legal requirements.
- recognise and address the underperformance of a supervisee.
- recognise and address conduct or professional issues.
- apply a critical reflection process to reduce the risk of serious violations or manage violations as they occur.

2.3 Learning and teaching in this Masterclass

This masterclass will consist of a mix of didactic presentation, skills practice, and group discussions (small and large). This is a master level class that utilises a peer learning framework, drawing on your experience to guide the discussions and learnings. This masterclass is part of a masterclass series, each building on the learning of the other classes, but also designed to be stand-alone if you choose to complete only one masterclass.

2.4 Participant feedback on Masterclass and teaching

As part of our commitment at JCU to improving the quality of our courses and teaching, we regularly seek feedback on your learning experiences. Participant feedback informs the evaluation of the Masterclass and its teaching strengths, including areas that may need refinement or change. We value your feedback and ask that you provide constructive feedback about your learning experiences for this Course, in accordance with responsibilities outlined in the <u>Participant Code of Conduct</u>. Refrain from providing personal feedback on topics that do not affect your learning experiences. Malicious comments about staff are deemed unacceptable by the University.

3 Assessment details

3.1 Requirements for successful completion of Masterclass

In order to pass this Masterclass, you must:

- Demonstrate a reasonable attempt on all assessment tasks, including achieving at least 80% on the pre-quiz assessment task.
- Actively participate in the masterclass activities and discussions.
- Complete the feedback questionnaire.

Assessment items may be reviewed through moderation processes (<u>Learning, Teaching and Assessment Policy</u>, 5.13-5.18). It is important to be aware that the assessment "is always subject to final ratification and that no single result represents a final grade in a Masterclass" (Learning, Teaching and Assessment Policy, 5.22.).

3.1.1 Clinical or professional experience requirements

This is a masterclass designed for clinical supervisors of psychologists and other allied health.

3.2 Feedback on Participant learning

Participants will be provided with progressive feedback during the masterclass, and formative feedback on the quiz.

3.3 Assessment tasks

ASSESSMENT TASK 1: Case Study Reflections

Aligned Masterclass learning outcomes	 understand and adhere to professional and legal requirements. recognise and address the underperformance of a supervisee early. recognise and address conduct or professional issues early. 	
Group or individual	Individual assessment task	
Weighting	30%	
Due date	Within 1 week of completing the workshop.	

ASSESSMENT TASK 1: DESCRIPTION

This assessment task has been set to ensure all participants have a shared understanding of the topic being discussed in the workshop. The assessment task will be able to be completed from the supplied readings. The quiz may consist of multiple choice, short-answer and reflective questions.

ASSESSMENT TASK 1: CRITERIA SHEET

You need to achieve a minimum grade of 20/25 to pass the Quiz. Participants will be able to resubmit as many times as it takes to pass. The Masterclass content builds on the content in the quiz readings.

CRITERIA	SATISFACTORY	INCOMPLETE	UNSATISFACTORY
Case studies	All questions were attempted	Not all questions were attempted OR	The case studies are not returned or completed successfully.
	Answers demonstrated an understanding of the topic and were of sufficient length to answer the question.	Questions were attempted but did not fully demonstrate an understanding of the topic and/or were not of sufficient length to answer the question.	If an extension was granted, the case studies are not returned or completed successfully by the date of the extension.

ASSESSMENT TASK 2: Reflection exercise and participation during workshop

Aligned Masterclass learning outcomes	 understand and adhere to professional and legal requirements. recognise and address the underperformance of a supervisee early. recognise and address conduct or professional issues early. apply critical reflection skills to reduce the risk of serious violations or manage violations as they occur
Group or individual	Group and Individual assessment task

Weighting	70%
Due date	Assessed during masterclass (based on active participation)

ASSESSMENT TASK 2: DESCRIPTION

This task requires participants to complete a reflection exercise during this masterclass and to participate in group exercises throughout the masterclass.

ASSESSMENT TASK 2: CRITERIA SHEET

To achieve a satisfactory grade, participants will need to attend all sessions of the Masterclass and actively participate in peer and group exercises. An unsatisfactory grade will be given under the circumstances listed below. It is expected that this outcome would be very rare as the Masterclass is designed with a developmental learning focus and support is provided if there are any concerns.

CRITERIA	SATISFACTORY	INCOMPLETE	UNSATISFACTORY
WORKSHOP PARTICIPATION / GROUP ACTIVITIES	Attended all sessions and engaged in group/peer activities through sharing or other forms of participation (eg., brainstorming activities)	Attended only some sessions and/or did not engage in group/peer activities through sharing or other forms of participation (eg., brainstorming activities)	Received an Incomplete grade in Masterclass.

4 Submission and return of assessment

4.1 Submission and return of assessment

Assessments will be submitted electronically using the LearnJCU learning portal, with feedback provided via the LearnJCU assessment centre. You need to submit before commencement of our Masterclass or ask for an extension.

5 Workshop outlines

5.1 Masterclass (face-to-face and videoconference)

Please note, the sequence of some topics may change due to the needs of the group or the format the workshop is presented in. The workshop time is 8 hours, including 60 minutes of break.

Session		Topic	Materials	Time
1	Introduction	Welcome to CountryIcebreakers & Introductions	Whiteboard PowerPoint	25 minutes
2	Professional and legal	State and federal laws/actsReporting obligations	Whiteboard PowerPoint	120 minutes

Session		Topic	Materials	Time
3	Recognising and Addressing Performance Concerns	 Understanding competence Understanding performance issues Considerations when addressing underperformance Setting benchmarks and putting in supports Providing critical feedback 	Whiteboard PowerPoint Group exercises	180 minutes
4	Recognising and Addressing Conduct or Professional Issues	 Positive ethics Ethical acculturation Resolving Conflict Managing workplace stress Professional and personal wellness and Wellbeing Providing restorative support 	Whiteboard PowerPoint Group exercises	90 minutes
5	What happens next?	Completing masterclass requirements	Group exercise	5 minutes

6 References

- Driscoll, J. (2007). *Practicing Clinical Supervision: A Reflective Approach for Health Care Professionals*, 2nd. Edn. Philadelphia, USA: Elsevier Health Sciences.
- Handelsman, M. M., Knapp, S., & Gottlieb, M. C. (2011) Positive ethics: themes and variations (pp. 105-113). In C. R. Snyder, & S. J. Lopez, S. J. (Eds.). *Oxford Handbook of Positive Psychology*. New York, USA: Oxford University Press. [2009 version available on Google books link]
- Handelsman, M. M., Knapp, S., & Gottlieb, M. C. (2002). Positive ethics (pp. 731-744). In C. R. Snyder, & S. J. Lopez, S. J. (Eds.). *Handbook of Positive Psychology*. New York, USA: Oxford University Press. Available from:

 http://dvsinger.stiphnsem.edu/@hooks1/Snyder_Hndbk_Positive_Psych/Snyder_Lopez_Handbook_o
 - http://ldysinger.stjohnsem.edu/@books1/Snyder_Hndbk_Positive_Psych/Snyder_Lopez_Handbook_of_Positive_Psychology.pdf
- Haynes, R., Corey, G., & Moulton, P. (2003). *Clinical supervision in the helping professions: A practical guide*. Ontario: Thomson Brooks /Cole.
- Kämpf, A., McSherry, B., Ogloff, J., & Rothschild, A. (2009). *Confidentiality for mental health professionals: A guide to ethical and legal principles*. Bowen Hills: Australian Academic Press.
- Kennedy, R. (2008). Allied health professionals and the law. Sydney: Federation Press.
- Morrissey, S., Reddy, P., Davidson, G., & Allan, A. (Eds.). (2015). Ethics and professional practice for psychologists (2nd Edition). Melbourne: Cengage Learning Australia.
- Pelling, N. J., & Burton, L. J. (2019). *The Elements of Ethical Practice: Applied Psychology Ethics in Australia*. New York, USA: Routledge.
- Warren, W. (2010) Is a Psychologist Always a Psychologist, Ethically? Some Observations Through a Wide Lens (pp. 41-52). In A. Allan, & A. Love (Eds). Ethical practice in psychology: Reflections from the creators of the APS Code of Ethics. West Sussex, UK: John Wiley & Sons.
- Allan, A., & Love, A. (2010). Ethical practice in psychology: Reflections from the creators of the APS code of ethics. New York: John Wiley & Sons.
- Andersson, L., King, R., & Lalande, L. (2010). Dialogical mindfulness in supervision role-play. *Counselling and Psychotherapy Research*, *10*(4), 287-294.
- Australian Psychological Society. (2007). Code of ethics. Melbourne, Vic: Author.
- Australian Psychological Society. (2014a). *Ethical guidelines for psychological practice in rural and remote settings*. Melbourne, Vic: Author.
- Australian Psychological Society. (2014b). Ethical guidelines for mandatory notifications. Melbourne, Vic: Author.
- Blocher, D. H. (1983). Toward a cognitive developmental approach to counseling supervision. *The Counseling Psychologist*, *11*(1), 27-34. https://doi.org/10.1177/0011000083111006
- Brear, P. D., & Dorrian, J. (2010). Does professional suitability matter? A national survey of Australian counselling educators in undergraduate and post-graduate training programs. *International Journal for the Advancement of Counselling*, 32(1), 1-13.
- Brown, N., & Doshi, M. (2006). Assessing professional and clinical competence: the way forward. Advances in Psychiatric Treatment, 12(2), 81-89.
- Cantillon, P., & Sargeant, J. (2008). Giving feedback in clinical settings. *BMJ*, 337, 1292-1294. doi: 10.1136/bmj.a1961
- Carr, M., Borkowski, J. G., & Maxwell, S. E. (1991). Motivational components of underachievement. Developmental Psychology, 27(1), 108.
- Cheetham, G., & Chivers, G. (1998). The reflective (and competent) practitioner: A model of professional competence which seeks to harmonise the reflective practitioner and competence-based approaches. *Journal of European Industrial Training, 22*(7), 267-276. doi: 10.1108/03090599810230678
- Coleman, D., & Lynch, U. (2006). Professional isolation and the role of clinical supervision in rural and remote communities. *Journal of Community Nursing*, 20(3), 35.
- Fair Work Ombudsman (n.d.). Best Practice Guide: Chapter 9 Managing underperformance. Canberra: Author.

- Falender, C. A., Shafranske, E. P., & Ofek, A. (2014). Competent clinical supervision: Emerging effective practices. *Counselling Psychology Quarterly, 27*(4), 393-408. doi: 10.1080/09515070.2014.934785
- Goiran, N., Kay, M., Nash, L., & Haysom, G. (2014). Mandatory reporting of health professionals: the case for a Western Australian style exemption for all Australian practitioners. *Journal of Law and Medicine*, 22, 209-220.
- Grenyer, B.F.S. and Lewis, K. (2012) Prevalence, prediction and prevention of psychologist misconduct. *Australian Psychologist*, *47*, 68-76.
- Health Practitioner Regulation National Law Act 2009. Particularly relevant: Part 7: Registration of health practitioners, Part 8: *Health, performance and conduct*. Retrieved from http://www.ahpra.gov.au/Legislation-and-Publications/Legislation.aspx.
- Hulse, D., & Tracey, R. (2014). Preplanning for feedback in clinical supervision: Enhancing readiness for feedback exchange. *Journal of Counselor Preparation and Supervision*, *6*(2) doi: 10.7729/52.1091
- Johnson, W. B., Barnett, J. E., Elman, N. S., Forrest, L., & Kaslow, N. J. (2012). The competent community: Toward a vital reformulation of professional ethics. *American Psychologist*, *67*(7), 557-569. doi: 10.1037/a0027206
- Kilminster, S. M. and Jolly, B. C. (2000), Effective supervision in clinical practice settings: a literature review. *Medical Education, 34*, 827–840. doi: 10.1046/j.1365-2923.2000.00758.x
- Martin, P., Kumar, S., Lizarondo, L., & Baldock, K. (2019). Debriefing about the challenges of working in a remote area: A qualitative study of Australian allied health professionals' perspectives on clinical supervision. *PloS one*, *14*(3), 1-13. doi: 10.1371/journal.pone.0213613
- Moran, A. M., Coyle, J., Pope, R., Boxal, D., Nancarrow, S. A., & Young, J. (2014). Supervision, support and mentoring interventions for health practitioners in rural and remote contexts: An integrative review and thematic synthesis of the literature to identify mechanisms for successful outcomes. *Human Resources for Health*, *12*, 10-40. doi: 10.1186/1478-4491-12-10
- Morse, G., Salyers, M. P., Rollins, A. L., Monroe-DeVita, M., & Pfahler, C. (2012). Burnout in Mental Health Services: A Review of the Problem and Its Remediation. *Administration and Policy in Mental Health*, *39*(5), 341–352. doi: 10.1007/s10488-011-0352-1
- Mulder M. (2014) *Conceptions of Professional Competence*. In: S. Billett., C. Harteis, H. Gruber (Eds.) International Handbook of Research in Professional and Practice-based Learning. Springer International Handbooks of Education. Dordrecht: Springer. doi: https://doi.org/10.1007/978-94-017-8902-8_5
- Nelson, M. L., Gray, L. A., Friedlander, M. L., Ladany, N., & Walker, J. A. (2001). Toward relationship-centered supervision: Reply to veach (2001) and ellis (2001). Journal of Counseling Psychology, 48(4), 407-409. doi: 10.1037/0022-0167.48.4.407
- Nelson, W., Pomerantz, A., Howard, K., & Bushy, A. (2007). A proposed rural healthcare ethics agenda. *Journal of Medical Ethics*, 33(3), 136-139.
- O'Donovan, A., Halford, W. K., & Walters, B. (2011). Towards best practice supervision of clinical psychology trainees. *Australian Psychologist*, *46*(2), 101-112. https://doi.org/10.1111/j.1742-9544.2011.00033.x
- Oleson, K. C., Poehlmann, K. M., Yost, J. H., Lynch, M. E., & Arkin, R. M. (2000). Subjective overachievement: Individual differences in self-doubt and concern with performance. Journal of Personality, 68(3), 491-524.
- Perry, K. N., Donovan, M., Knight, R., & Shires, A. (2017). Addressing professional competency problems in clinical psychology trainees. *Australian Psychologist*, *52*(2), 121-129. doi:10.1111/ap.12268
- Proctor, B. (1988) *Supervision: A co-operative exercise in accountability*. In M. Marken & M. Payne (Eds.) Enabling and Ensuring: Supervision in Practice (2nd ed., pp. 21–34). National Youth Bureau and Council for Education and Training in Youth and Community Work.
- Psychology Board of Australia. (2015-2019). *Registration standards: mandatory and psychology standards under National Law.* Canberra, ACT: Author. Retrieved from: https://www.psychologyboard.gov.au/Standards-and-Guidelines/Registration-Standards.aspx
- Psychology Board of Australia. (2018). *Guidelines for supervisors*. Canberra, ACT: Author. Retrieved from: https://www.psychologyboard.gov.au/documents/default.aspx?record=WD18%2f25494&dbid=AP&chksum=h5glqx6YFDTJqi3ihdaGlw%3d%3d

- Psychology Board of Australia (2020a). *Codes guidelines and policies* (webpage). Available: https://www.psychologyboard.gov.au/Standards-and-Guidelines/Codes-Guidelines-Policies.aspx
- Psychology Board of Australia. (2020b). *Guidelines: Mandatory notifications about registered students.* Canberra, ACT: Author. Retrieved from: https://www.psychologyboard.gov.au/Standards-and-Guidelines/Codes-Guidelines-Policies/Guidelines-for-mandatory-notifications.aspx
- Psychology Board of Australia. (2020c). *Guidelines: Mandatory notifications about health practitioners*. Canberra, ACT: Author. Retrieved from: https://www.psychologyboard.gov.au/Standards-and-Guidelines/Codes-Guidelines-Policies/Guidelines-for-mandatory-notifications.aspx
- Roe, R. A. (2002). What makes a competent psychologist? *European psychologist*, *7*(3), 192-202. doi: 10.1027//1016-9040.7.3.192
- Roufeil, L., Thomas, S. R., & Boxall, D. (2015). Practising ethically as a rural psychologist. In 13th National Rural Health Conference Proceedings. Available from: http://www.ruralhealth.org.au/13nrhc/images/paper_Roufeil,%20Louise.pdf
- Roberts, L. W., Battaglia, J., & Epstein, R. S. (1999). Frontier ethics: Mental health care needs and ethical dilemmas in rural communities. *Psychiatric services*, *50*(4), 497-503.
- Scopelliti, J., Judd, F., Scopelliti, J., Judd, F., Grigg, M., Hodgins, G., ... & Wood, A. (2004). Dual relationships in mental health practice: issues for clinicians in rural settings. *Australian and New Zealand Journal of Psychiatry*, *38*(11-12), 953-959.
- Veach, P. M. (2001). Conflict and counterproductivity in supervision—when relationships are less than ideal: Comment on nelson and friedlander (2001) and gray et al. (2001). Journal of Counseling Psychology, 48(4), 396-400. doi: 10.1037/0022-0167.48.4.396
- Veage, S., Ciarrochi, J., & Heaven, P. (2014). Value congruence, importance and success in the workplace: Links with well-being and burnout amongst mental health practitioners, *Journal of Contextual Behavioral Science*, *3*(4), 258-264. doi: 10.1016/j.jcbs.2014.06.004
- Vogel, W., Baker, R. W., & Lazarus, R. S. (1958). The role of motivation in psychological stress. The Journal of Abnormal and Social Psychology, 56(1), 105.
- Winstanley, J., & White, E. (2003). Clinical supervision: models, measures and best practice. *Nurse Researcher*, 10(4), 7-38. doi: 10.7748/nr2003.07.10.4.7.c5904
- While, A. E. (1994). Competence versus performance: which is more important?. Journal of Advanced Nursing, 20(3), 525-531.