

# Update December 2020



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## WHAT'S ON

EVERY FRIDAY  
Cairns Hospital Virtual  
Grand Rounds

11 DEC  
[Making Rural Health Matter:  
Celebrating 20 years of JCU  
Medicine](#)

12 - 13 DECEMBER  
[CCIM 2020: What's Your  
Super Power?](#)

**>170**  
Intern  
positions

**65**  
Health  
Services

**600**  
Accredited  
training  
programs

**31**  
Hospitals

**300**  
Junior doctor  
positions

**>45**  
Specialties

Welcome to the December edition of the NQRTH Update, we have lots of exciting stories and news to share.

## CAREER SPOTLIGHT



## Making an impact in emergency medicine

Despite being attached to her tropical lifestyle, once Julia De Boos became an Emergency Medicine Physician, she found herself heading west for two shifts at the Mount Isa Emergency Department, one of the most remote in the country.

[READ MORE](#)



[Download](#) the FREE Career Pathway Guide on Emergency Medicine (PDF) or learn more on [how to apply](#).

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## YOUR STORIES

Take a look at some of the inspiring stories of junior doctors, RMOs, registrars and fellows across the region.

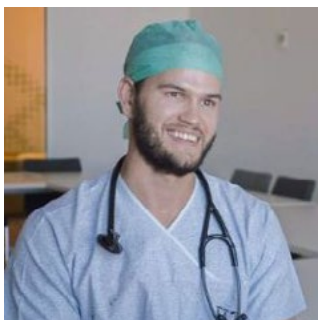


**NQRTH STORY**

### **A helping hand for mental health**

Mental health was always going to be a significant problem during the COVID-19 pandemic, with fear, illness, and isolation proving a potent cocktail.

[READ THE FULL STORY](#)

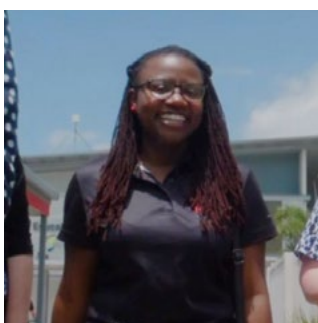


**SPECIALTY STORY**

### **A born and bred north Queensland Paediatrician**

For Townsville University Hospital paediatrician Jason Yates, it was the relationships he was able to develop with his patients that confirmed his love of the specialty. "We had a girl with us as an inpatient for about 18 months.

[FIND OUT MORE](#)



**INTERN STORY**

### **An intern year of opportunity**

For many future doctors, the idea of their intern year is nothing short of daunting. But for Dr Gia Cavaliere interning at Mackay and Proserpine hospitals in north Queensland was an overwhelmingly positive experience, one which has seen her grow and flourish as a doctor.

[READ THE FULL STORY](#)

## FEATURED VIDEO

### **Emergency Medical Training in Northern Queensland**

Explore your Emergency medical training opportunities in northern Queensland.

[WATCH THE VIDEO](#)



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## REGION SPOTLIGHT

NORTH WEST REGION



## Discover Mt Isa - The oasis of the outback

Known as the oasis of the outback, North Western Queensland offers a vivid landscape – from rich farmland to wide savannah country, beaches and the red soil of the Australian outback. The North West region is rich in Aboriginal culture. It also has strong cattle, fishing and mining industry.

[FIND OUT MORE ABOUT MT ISA](#)

## EVENT HIGHLIGHTS



OCTOBER 12 - 16

### Mental Health Week 2020

Mental Health Week was supported by NQRTH in Cairns and the team took the wellbeing message out to six regional hospitals in Tully, Innisfail, Babinda, Mossman, Mareeba and Atherton. The team were accompanied by a mental health practitioner who shared in some wellbeing messages of support while they got to enjoy some delicious local healthy lunchboxes.



NOVEMBER 21

### Opening of new Blackall Hospital

The new \$20 million hospital in Blackall has recently opened its doors to patients. The new facility will house 10 beds and two emergency department bays. Congratulations to Central West Hospital and Health Service on the well deserved upgrade!

[READ MORE](#)

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NOVEMBER 6

### Celebrations for 6th year JCU Medicine students graduation

Regional Training Hubs sponsored the end of year recognition event at Mackay Base Hospital. Dr Michael Wohlfahrt, Head of Mackay Clinical School hosted the recognition event to celebrate the 6th year medical students' journey coming to an end, and to thank all clinical supervisors for their dedication to teaching and supervision throughout the year.

## ONLINE LEARNING

We've held numerous online learning sessions and webinars this year covering everything from Intern and RMO campaigns to COVID-19 and Career Series. Check out our online learning page for more info.

**FREE WEBINAR**  
**Discover your intern options in northern Queensland**

**QUEENSLAND RMO CAMPAIGN**  
**Webinar Series**

**WELCOME!**  
2020 Townsville University Hospital Careers Series Webinar  
Radiation Oncology, Ophthalmology, Pathology, Sexual Health and Global Health

**JCU COVID-19 WEBINAR SERIES**  
Join our expert panel as we discuss COVID-19 topics for health professionals

[FIND OUT MORE ABOUT OUR ONLINE LEARNING](#)

## MEET THE TEAM



### Christine Mylchreest

Team Leader Regional Medical Training, Central West and North West

**Home Town/City:** Mount Isa

#### Tell us about your role:

I work across the two Clinical School locations in the Cairns Hospital and the JCU City Campus. I work with the teams looking after the MBBS years 4-6 based in Cairns, the Cairns

Coast GP Training node and the Cairns and Cape and Torres Regional Training Hubs. I have an amazing team who work closely with the students, registrars, academics and staff based in the hospitals and private clinics to ensure we are providing an excellent learning experience and also to promote training opportunities in the region after medical school.

For more information on Christine and our team, head over to our [Meet the Team](#) page.