

Update June 2021



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WHAT'S ON

EVERY FRIDAY
Cairns Hospital Virtual
Grand Rounds

10 JUNE 2021
[QLD RMO Campaign Ep 5 -
Career Planning Tips & Tricks](#)

17 JUNE 2021
[QLD RMO Campaign Ep 6 -
General Surgery](#)

24 -26 JUNE 2021
[RDAQ21 – Gold Coast](#)

1-2 JULY 2021
[AIDA Roadshow – Gold Coast](#)

10 -11 JULY 2021
[AMAQ Junior Doctor
Conference](#)

23-24 JULY 2021
[AIDA roadshow – Melbourne](#)

14-15 AUGUST
[AIDA Roadshow – Adelaide](#)

14-15 AUGUST
[AIDA Roadshow – Perth](#)

>170
Intern
positions

65
Health
Services

600
Accredited
training
programs

31
Hospitals

300
Junior doctor
positions

>45
Specialties

Welcome to the June edition of the NQRTH Update, we have lots of exciting stories and news to share.

A message from Andrea Muller

PROGRAM MANAGER NQRTH



The Northern Queensland Regional Training Hubs has had an exciting start to 2021. We collaborated with Queensland Health to host the 2022 Intern Campaign. Shane Green, Principal Policy Officer from Qld Health detailed the Intern Application process followed by Interns and Medical Education staff highlighting the unique training experiences within Townsville University Hospital, Cairns Hospital and Mackay Hospital. We had over 1,000 registrations for this event, with close to 500 live viewers. We were able to answer many of the questions on the night but both the recording of this event and the full list of questions and answers can be found on our website.

We are in the midst of the NQRTH/Qld Health 2022 RMO Campaign. Junior Doctors and Consultants from Mackay, Cairns and Townsville Hospitals have guided junior doctors through the application process as well as enlightening everyone about the fantastic junior doctor and training opportunities the North has to offer. There has been over 1,500 registrations to date and there are 500 registrations alone for our second last 2022 RMO Campaign Webinar hosted by Dr Ashe Coxon. Dr Coxon will present on, "tips and tricks on career choice when you may be uncertain on your future specialty" Be sure to register for this event being held on Thursday 10th June, commencing at 6:30pm. We will also be giving away a stethoscope for one lucky live attendee.

Continue to check our website NQRTH for more information on upcoming events!



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CAREER SPOTLIGHT



Cutting-edge technology for urology surgery in Cairns

While the surgical speciality of urology may not be an obvious choice for many junior doctors, for Dr Munad Khan it is one that offers both many challenges and rewards.

[READ MORE](#)

Discover your medical training opportunities in

GENERAL SURGERY

[> LEARN MORE](#)

YOUR STORIES

Take a look at some of the inspiring stories of junior doctors, RMOs, registrars and fellows across the region.



NQRTH STORY

Reflections on a 30-year orthopaedic career spent in the far north

For senior Orthopaedic surgeon at the Cairns Hospital, Dr Andrew Graham, the lure of working and living in tropical North Queensland proved too big to ignore and came as somewhat of a surprise.

[READ THE FULL STORY](#)

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YOUR STORIES



SPECIALTY STORY

Life and medicine in the Burdekin

Fishing, family, cane fires and fast-paced clinical work: that's what Dr Ben Lawry calls paradise. Dr Lawry is the medical superintendent at the Ayr Hospital and JCU GP supervisor. He made the decision to set down roots in the Burdekin early in his career.

[READ THE FULL STORY](#)

FEATURED VIDEO

Discover a career in General Surgery

Dr Alan De Costa and Dr Munad Kahn explain why general surgery in far north Queensland was the right choice for them.

[WATCH THE VIDEO](#)



REGION SPOTLIGHT

MACKAY REGION



Discover an idyllic lifestyle in Mackay

When living in the Mackay region you get to experience an idyllic lifestyle, with unique wildlife and breathtaking landscapes. There is plenty to do and see from beaches, rainforests, rockpools, wildlife, fishing, water sports and bushwalking to shopping and adventure activities.

[FIND OUT MORE ABOUT THE MACKAY REGION](#)

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EVENT HIGHLIGHTS



FEBRUARY 10

2021 JCU RACS Surgical Competition

The JCU Surgical Society recently hosted the 2021 JCU RACS Surgical Competition. Surgeons from TUH assessed 4th year medical students on their abilities in cyst removal, basic & advanced suturing, knot tying, anatomy and completing basic and complex tasks on Lap Trainers. Congratulations to: Julia de Souza, Takuma Konno, Matt Alex, Kitty Nguyen and Tan Kang Ning.



APRIL 28 - 30

Career Kick Start Information Evenings

Organised by NQRTH Mackay in collaboration with the Medical Education Unit, the Career Kick Start is the initiative of Dr Stephen Lambert, Director of Clinical Training for Mackay hospital and Health Service and includes Career Skills Sessions throughout the months of April, May and June. They covered topics such as 'Playing to your strengths', CV writing and Interview skills', 'Find satisfaction in what you do' and 'Create a career plan'.



FEBRUARY 12

'Grow Your Own' Professional Development Grants

The North West HHS recently promoted the 'Grow Your Own' Professional Development Grants. These Grants were made possible through the Northern Queensland Regional Training Hubs and JCU who are funded to assist in promoting and improving rural and regional medical training pathways for medical graduates and junior doctors as well upskilling Rural Generalists to provide quality care in rural and remote communities. Prizes presented by the Acting EDMS of the NWHHS Dr Ulrich Orda, Director for the Centre for Rural and Remote Health A/Prof Sabina Knight and Christine Mylchreest, Team Leader RTH NWHHS.

The lucky winners are: Dr Katie Marsden, Dr Andrew Cahoon, Dr Brianna Smith, Dr Nonso Akwuobi,

ONLINE LEARNING



We've held numerous online learning sessions and webinars this year covering everything from Intern and RMO campaigns to COVID-19 and Career Series. Check out our online learning page for more info.

FIND OUT MORE ABOUT OUR ONLINE LEARNING

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MEET THE TEAM



Kathy Howell

Coordinator, Regional Medical Training - Mackay

Home Town/City:

Originally from Townsville but have been living in Mackay for almost 30 years.

Tell us about your role:

I am part of the JCU Team, located on the first floor of K Block at the Mackay Base Hospital and we also share the first floor with the Medical Education Unit. In my role as the Co-ordinator Regional Medical Training in Mackay, I am raising awareness of medical and rural training

opportunities in northern Queensland whilst also supporting the hospital departments to achieve their training potential. By co-ordinating the different stages of medical training and building additional junior doctor places and specialist training positions in regional and rural areas, the aim is to retain the medical graduates in northern Queensland.

For more information on Kathy and our team, head over to our [Meet the Team](#) page.



Facebook

Head over to facebook.com/NQRTH, like our page and stay up to date with everything that is happening in our region and discover many more inspiring stories from our health professionals.

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