



# St Brendan's – Week 1 Term 4 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	A daily selection of cereals, full cream & low-fat milk, assorted breads for toasting, spreads, fruit, juice, tea & coffee yoghurt is available on continental breakfast days & brunch						
	Continental Breakfast	Savoury Scrambled Eggs	Continental Breakfast	Spaghetti with Bacon & Cheese	Continental Breakfast	Continental Breakfast	Brunch
Lunch	Fried Rice	Meatball Subs	Chicken Burgers	Bacon & Egg Pie	Roast Beef & Gravy Rolls	Southern Fried Chicken Wings Texas Potato Salad	
	Sandwich Bar with a selection of meats, salad & fresh fruit						
Afternoon Tea	Frosted Chocolate Cake	Mini Pizza	Lamington	Chocolate & Avocado Muffin	Giant Anzac Cookie		
After School Snack	Monday to Friday - Selection of cereal & fruit						
Dinner	Glazed Meat Loaf Mashed Potatoes Honeyed Carrots Beans	Chicken Parmigiana Chips & Coleslaw	Lamb Korma Saffron Rice Pappadums	Rump Steak Potato Bake Roasted Pumpkin Mash Pea & Corn Kernels	<i>Boxed Dinner Night</i>  Battered Fish & Chips Seafood Sauce	<i>House BBQ</i> Burgers Thin Sausages Rolls	Roast Chicken Gravy Roast Potato Roast Pumpkin Beans
Pasta & Salad Bar	Selection of Pastas & Salads						
Dessert	Cheesecake	Warm Sticky Date Pudding Custard	Vanilla Mousse Cake	Jelly & Cream	Ice Blocks		Ice Cream & Topping



## St Brendan's – Week 2 Term 4 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	A daily selection of cereals, full cream & low-fat milk, assorted breads for toasting, spreads, fruit, juice, tea & coffee yoghurt is available on continental breakfast days & brunch						
	Continental Breakfast	Cheesy Baked Beans	Continental Breakfast	Savory Mince	Continental Breakfast	Continental Breakfast	Brunch
Lunch	Hot chicken & gravy rolls	Jumbo Sausage rolls	Beef Pastitso	Chicken & Noodle Stirfry	Pizza Rolls	Beef Nachos	
Lunch	Sandwich Bar with a selection of meats, salad & fresh fruit						
Afternoon Tea	Giant Choc Chip Cookies	Sponge Cake with Jam & Cream	Hot Garlic Butter, cheese & Bacon Roll	Banana Muffin	Scones with butter & Jam		
After School Snack	Monday to Friday - Selection of Cereal & Fruit						
Dinner	Lasagna Garlic Breads Italian Herb Chats Greek Salad	Malay Chicken Curry & Rice	Beef Mince Pie Mashed Potato Roasted diced Pumpkin Peas	Crumbed Steak Chips Beans Gravy	Boxed Dinner Night  Spaghetti Beef Bolognaise Mozzarella Cheese	<i>House BBQ</i> Burgers Thin Sausages Rolls	Roast Pork Gravy Roast Potato Roast Pumpkin Peas
Pasta & Salad Bar	Selection of Pastas & Salads						
Dessert	Custard Tart	Apple Pie & Custard	Strawberry & Vanilla Mousse Swirl	Warm Chocolate Self Saucing Pudding	Ice Block		Ice cream & Topping



## St Brendan's – Week 3 Term 4 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	A daily selection of cereals, full cream & low-fat milk, assorted breads for toasting, spreads, fruit, juice, tea & coffee yoghurt is available on continental breakfast days & brunch						
	Continental Breakfast	N Vanilla French Toast With Pears & Berries	Continental Breakfast	Spaghetti & Hash Brown	Continental Breakfast	Continental Breakfast	Brunch
	Hot Dogs with Fried Onions	Macaroni Cheese	Beef Burger	Creamy Bacon & Cheese Fettuccini	Sloppy Joe	Korean Fried Rice Crispy Fried Wings	
	Sandwich Bar with a selection of meats, salads and fresh fruit						
Afternoon Tea	Hot Apple Scroll	Mini Sausage Rolls	Giant Jam Drop	Iced Rainbow Cake	Berry Muffin		
After School Snack	Monday to Friday- Selection of cereal & fruit						
Dinner	Sausages with Onion Gravy Mashed Potato Mashed Pumpkin Beans	Spiced Beef with Vegetable Saute	Crumbed Chicken Drumsticks Fried Potato & sweet Potato cubes Beans	Rump Steak Wedges Peas & Gravy	Boxed Dinner Night Battered Fish Dogs Seafood Sauce Chips	House BBQ Burgers Thin Sausages Rolls	Mustard Roast beef with Sautéed Vegetables
Pasta & Salad Bar	Selection of Pastas & Salads						
Dessert	Panacotta & Berries	Steamed Jam pudding & Custard	Vanilla Mango Mousse	Pear Crumble with Greek Yoghurt	Ice Block		Ice cream & Topping



## St Brendan's – Week 4 Term 4 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	A daily selection of cereals, full cream & low-fat milk, assorted breads for toasting, spreads, fruit, juice, tea & coffee yoghurt is available on continental breakfast days & brunch						
Wake Up	Continental Breakfast	Scrambled Eggs	Continental Breakfast	Spanish Baked Beans	Continental Breakfast	Continental Breakfast	Brunch
Lunch	Rich Tomato Spirals with Bacon	Grilled Sausage & Onion Roll	Beef & Noodle Stir fry	Cornish Pastie	Curried Sausages & Rice	Spaghetti Bolognaise	
	Sandwich Bar with a selection of meats, salad & fruit						
Afternoon Tea	Apple Tea Cake	Chocolate Muffin	Giant Peanut Butter Cookie	Peach Blossoms	Warm Cheese & Vegemite Scroll		
After School Snack	Monday to Friday – Selection of cereal & fruit						
Dinner	Korean Glazed Chicken Egg Fried Rice	Lamb Casserole Sweet Potato Mash Sautéed Zucchini & Carrots	Red Beef Curry & Basmati Rice	Crumbed Steak Dianne Sauce Fried Diced Potato & Pumpkin Vegetable Medley	Boxed Dinner Night  Southern Fried Chicken Drumsticks & Chips	<i>House BBQ</i> Burgers Thin Sausages Rolls	Corned Beef with White Sauce Jacket Potatoes Carrots Braised Cabbage
Pasta & Salad Bar	Selection of Pastas & Salads						
Dessert	Chocolate Mousse	Hot Apple Crumble & Custard	Trifle	Creamed Rice with Peaches	Ice Blocks		Ice cream & Topping