

Newsletter

WEEK 2 • TERM 3



Diary Dates:

Friday 27 July - Yr 6 GSM Transition Morning
Monday 28 July - Catholic Education Week Begins
Tuesday 29 July - CEW Mass in Townsville - School Leaders
Thursday 31 July - CEW Combined School Mass
Friday 1 August - Sm Schools Athletics Carnival- ISHS

Term Dates 2025

TERM 3

Monday 14 July - Friday 19 September

TERM 4

Tuesday 7 October - Friday 5 December

Office Hours

Monday - Friday
8.30am - 3.00pm

Dear Parents and Carers,

As Term 3 begins, we return from holidays with a renewed sense of energy, eagerly awaiting to learn new things and catch up with friends, staff and students that we have missed over the break. It was lovely to have smiling faces at school last week, ready to start the new term.

Last week we celebrated NAIDOC Week. It is a special time to celebrate the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. Held each July, it's a chance for students to learn about First Nations communities and show respect for their contributions to Australia. This year's theme, *The Next Generation: Strength, Vision, & Legacy*, celebrates the strength, resilience and importance of honouring elders and the passing down of the cultural knowledge and traditions of Aboriginal and Torres Strait Islander peoples. At school, we took part in a liturgy, activities, stories, and art to help us understand and appreciate this important part of our shared history.

Next week we celebrate Catholic Education Week. It is a time to celebrate the wonderful work of Catholic Schools across Queensland. This year's theme, *Communities of Faith, Hope and Love*, continues to inspire us, with a special focus on Hope. In connection with the 2025 Jubilee Year theme, *Pilgrims of Hope*, we are reminded of the power of hope to bring people together and guide us forward. At school we'll reflect on how we can be hopeful in our learning, friendships, and faith, helping to build a caring and joyful community.

Townsville Catholic Education Office (TCE) collaborates closely with all schools and colleges across the Diocese to consistently improve the Catholic school experience for students, staff, and families. A vital part of this effort is listening to the voices of our school communities. Over the coming days, TCE will send out a survey to all staff and families, while Yr 5-6 students will complete the surveys during class. These surveys are a vital tool that helps us understand what's working well and where we can improve. The feedback collected will directly shape future planning, guide school improvement efforts, and foster environments where both students and staff can flourish.

Staff and families will receive the surveys via email on Monday, 4 August, and we kindly ask that you complete them by Monday, 18 August. If you have children attending more than one Catholic school, or if you work across multiple schools, you will get a separate survey for each.

Thank you in advance for taking the time to share your thoughts and help us build stronger, more responsive school communities.

God bless
Christine Timms

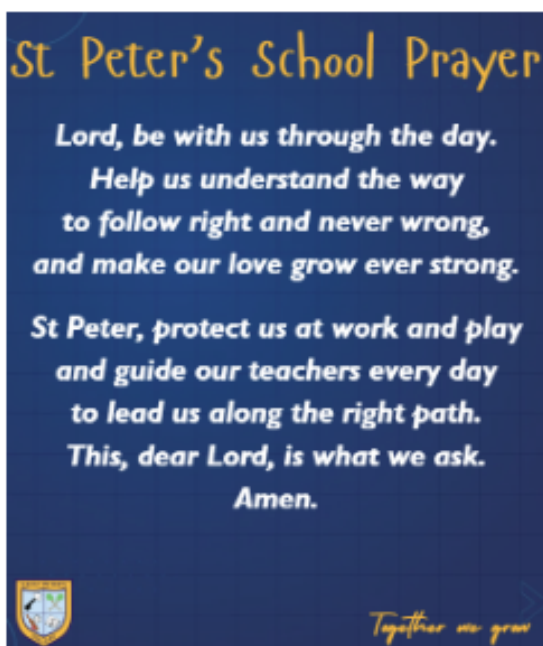
Religious Life of The School

APRE News

Celebrating Mass with Our School and Community

St Peter's Feast Day was celebrated on 29th June. St Peter was one of Jesus' twelve apostles and is known as the first leader of the Church. He was a fisherman before Jesus called him to follow and help share God's message. Even though Peter made mistakes, he always tried to do what was right and showed great faith and courage. His story reminds us that anyone can do amazing things when they trust in God and try their best.

Every morning before school starts, our school prays the school prayer to St Peter, asking for guidance and protection for the day.



2025



**THE NEXT GENERATION:
STRENGTH, VISION & LEGACY**
6-13 JULY 2025

SCIENCE IN ACTION

Last week in Science, our curious Prep/1/2 students stepped into the shoes of real scientists, as they learned the importance of making observations.

Equipped with magnifying glasses, students explored the front garden, carefully observing tiny creatures, plants, and seeds. They looked closely at textures, shapes, colours, and movement.

Back in the classroom, students recorded their findings using drawings and descriptive words. Making careful observations helps us better understand the world around us and it's the first step in all great scientific discoveries!



SMALL SCHOOLS ATHLETICS CARNIVAL 2025

On Friday 1st August, the Small School's Athletics Carnival is being held at Ingham State High School. It is a school day, so it is expected that all students will attend. Transport to and from the venue will be via parent/ carer vehicles. A staff member will be there to supervise from 8.15 am. If you are having trouble getting your students to the carnival, please contact the school as we may be able to assist with transport.

Guidance Counsellor

Parenting is one of the toughest assignments that we will ever undertake, and educating our children to be passionate and caring members of society is not as easy as it sounds. While our children have the world in the palm of their hands, getting them to engage in the wonders of our world is never an easy task. Thankfully, the education system is 100% geared to unlock our children's minds and expose them to a



range of skills and knowledge that will equip them as they embark on their own journey in life. As amazing as the education system is, not everyone will want to attend school on the same day. Indeed, sometimes even us adults would much rather stay home and take in this glorious North Queensland winter. However, wanting to occasionally stay home is entirely different to the serious topic of School Refusal.

"School refusal can be a complex issue as there is rarely a single cause. It may be linked to separation anxiety, worries about leaving home, a phobia, depression, social problems or learning difficulties. It can start gradually or happen suddenly." (Dr Michael Carr-Gregg).

Though many children will refuse to go to school at some stage in their lives, school refusal is very different to truancy. It is a more serious condition than separation anxiety and often stems from a child's anxiety about school. They may be worried about their schoolwork, interacting with other kids, dealing with teachers, playing sports or being away from family. School refusal is a behaviour that can also be accompanied by sadness or depression, physical symptoms and social isolation. This condition is equally common amongst boys and girls, from all socioeconomic groups, and across both primary and secondary levels.

Things you can do:

- Listen to your child and address underlying concerns around such things as anxiety, academic difficulties, bullying, sickness, or troubles on the bus. All of these issues can be addressed if they are known.
- Be firm and kind in getting your child to school regularly and on time, including not prolonging the goodbyes. Reassure your child that you will be at home upon their return from school.
- Keep your message consistent. Let your child know that you will be doing "boring stuff" at home during the school day, or going to work, so they don't think they are missing out on something.
- If your child simply refuses to go to school, some parents have found that decreasing the reward for staying home helps e.g. if they stay at home, do not allow video games, television, toys, snacking, parental attention.
- Find out what subjects/work is being done at school and provide similar education at home, when possible. This is especially relevant if your child's reported "sickness" seems to disappear once they are allowed to stay at home.
- Praise your child's positive behaviours while ignoring the negative behaviour.

If you are worried about the impact of anxiety on your child's education, please reach out and access the school guidance counsellor who can assist in developing strategies to deal with symptoms of anxiety and school refusal.

Strengthening Young People Against Anxiety

A Karen Young *Live Webinar* event for Catholic School Parents

Tuesday 5 August, 2025
7.00-8.30pm

Click on the link to register:

https://us02web.zoom.us/webinar/register/WN_1F2ru7CCQy-Ey1hGpbn-vw

*After registering, you will receive a confirmation email containing information about joining the webinar.

A recording of the webinar will be available for 3 days to registered participants only.



About Karen Young

Karen Young began her career as a psychologist in private practice and is now recognised as a leading authority on child and adolescent anxiety.

www.veysigmund.com



3-6 Classroom News



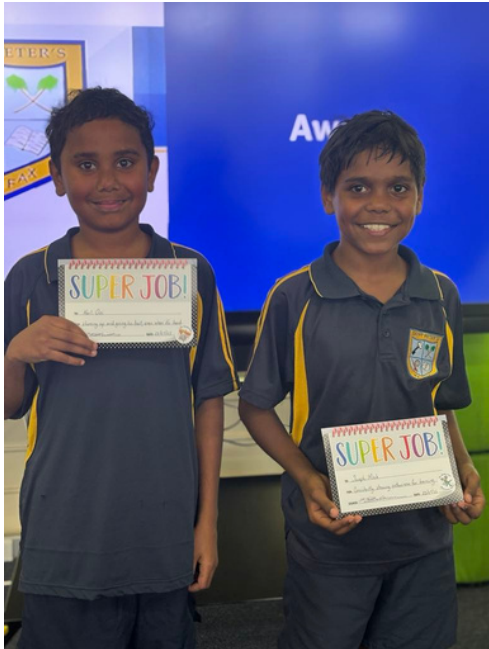
Fun Times At The Fine Motor Club

Students this week worked on their fine motor skills while making bracelets with beads and fine elastic.

Fine motor skills are essential for children's participation in everyday activities and lifelong independence .



AWARDS



Karl and Joe received their awards for showing enthusiasm in their learning.



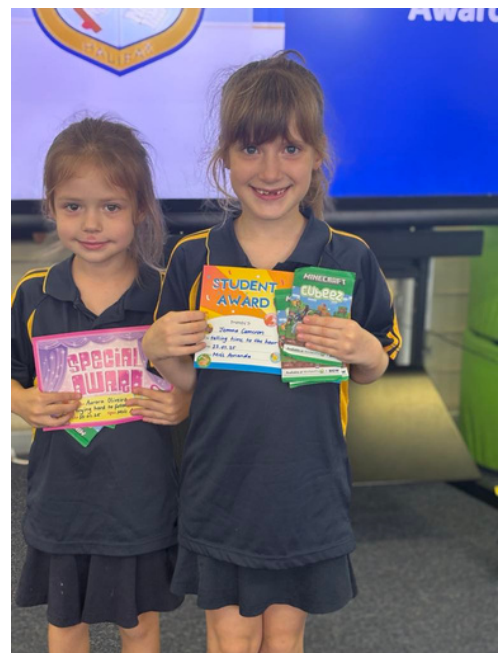
This fortnight's G.R.O.W winners were Josh and Jayden. Well done boys!



Student of the Week was Layne for always trying her best in spelling.



Gabriel and Jayden, both received the Principals Award for working hard from day 1 Term 3.



Aurora was given a special award for trying hard to follow instructions. Jemma was awarded for her ability to tell time in the P-2 classroom.

Power network vandalism puts lives on the line

People who throw things at the electricity network are risking their lives and their community's safety.

The damage could bring down live powerlines.

Electrical hazards can cause death or serious injuries, like severe burns.



Power network vandalism causes outages

Damage to the electricity network can lead to long power outages. Ergon Energy crews need to fly to the community, inspect the network and do emergency repairs before they can safely restore power.

Help us keep your community safe

If you see fallen powerlines:

- Stay at least 10 metres away
- Warn others in the area
- Call Ergon Energy on 13 16 70.

Report any electricity network vandalism or damage to Ergon - it could save a life.

General Enquiries	13 74 66
Faults only	13 22 96
Life threatening emergencies only triple zero (000) or	13 16 70

www.ergon.com.au/network



2025 TERM DATES

Term 1 | Tuesday 28 January - Friday 4 April

Term 2 | Tuesday 22 April - Friday 27 June

Term 3 | Monday 14 July - Friday 19 September

Term 4 | Tuesday 7 October - Friday 5 December



10TH HINCHINBROOK BIRDLIFE ART AWARDS

Opening Night

6.00pm Friday 1 August 2025

TYTO Regional Art Gallery 73-75 McIlwraith Street Ingham

Celebrating the Hinchinbrook Region's Local Birdlife and Artistic Talent

Free Event, Cash Bar and Canapes Provided

Exhibition will be on display from 6.00pm Friday 1 August until 4.00pm Saturday 30 August 2025. Bookings are essential for catering purposes.

Book online for this event at www.hinchinbrooktickets.com.au

10TH HINCHINBROOK
birdlife
art awards

HINCHINBROOK
SHIRE COUNCIL

HINCHINBROOK
WAY

Reminders

Together We Grow



Sick or Absent?

Please advise the school before 9am, whenever your child is sick or absent.

Medication Notice

The administration of medication to students will only be done when a staff member has been notified and a medication form is signed by the parent/guardian. Medication authority forms are available from the office.

School Uniforms

St Peters uniform shirts can be purchased from Barnes Sewing Centre, 22 Lannercost Street, Ingham.

School Hats

Each new enrolment receives their first hat free from St Peters. Further hats can be purchased for \$20 from the office.

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**OUR SCHOOL TUCKSHOP NEEDS YOU !
PLEASE CONTACT THE SCHOOL IF YOU CAN HELP OUT.
EVEN ONE DAY A TERM WILL MAKE A DIFFERENCE.**



Term 1 | Tuesday 28 January - Friday 4 April
(10 week term)

Term 2 | Tuesday 22 April - Friday 27 June
(10 week term)

Term 3 | Monday 14 July - Friday 19 September
(10 week term)

Term 4 | Tuesday 7 October - Friday 5 December
(9 week term)

Year 12 students will finish Friday 21 November 2025
Year 7-11 students will finish Friday 28 November 2025
Primary Classes (P-6) will finish Friday 5 December 2025