

Newsletter

WEEK 5 • TERM 4



Diary Dates:

Thursday 13 November - Country Swimming Carnival
Friday 14 November - Prep Open Morning
Friday 14 November Hub Choir
Wednesday 19 November - City vs Country Swimming Carnival
Monday 24 November - Palms Nursing Home Visit
Friday 28 November - 95 to Thrive Excursion
Monday 1 December - Graduation Mass and Dinner
Wednesday 3 December - Awards Night
Friday 4 December - Term 4 ends 11 am

Term Dates 2025

TERM 4

Wednesday 8 October - Friday 5 December

Term Dates 2026

Term 1: Wednesday 28 January – Thursday 2 April

Term 2: Monday 20 April – Friday 26 June

Term 3: Monday 13 July – Friday 18 September

Term 4: Tuesday 6 October – Friday 4 December

Office Hours

Monday - Friday
8.30 am - 3.00 pm

Dear Parents and Carers,

Last week, our school community had the privilege of listening to leadership speeches performed by the Year 4 and 5 student group. It takes a tremendous amount of work, courage, and self-belief to not only speak in front of the school but also open up about the values you aspire to be in leadership. Every one of our six boys did a superb job, and their families should be very proud of them. Congratulations go to Gabriel Lancini - School Captain, Antonio Cameron - Vice Captain, and Patrick Misson and Elli Normor - Sports Captains.

In 2026, St Peter's will be involved in the Renewal process. Townsville Catholic Education operates on a 5-year cycle for School Renewal and Improvement, involving all schools within the diocese. Currently, we are in the fourth and last year of our current Renewal cycle and next year we will be embarking on our "Year of Renewal". During the Year of Renewal, we will review and reflect on our progress as a school over the last five years in order to celebrate our successes and identify areas for improvement. Following this review, we will be setting goals for the next 5-year cycle.

At present, we are gathering data on the education offered at our school in preparation for the rigorous self review which will occur next year. During this time, we will provide several opportunities for you to be involved, including surveys and parent forums. These channels will allow everyone to have a voice in the process.

I sincerely thank you for your participation in the ECSIP (Enhancing Catholic School Identity) Survey and Annual School Satisfaction Surveys. Your active involvement and feedback will provide us with invaluable information to make informed decisions for our future. Together, we can create a better learning environment for all.

As the year draws to a close, we begin preparations for Graduation and Awards Night. Due to ongoing works at St Peter's Church, this year's Graduation Mass will be held at St Anthony's Church, Bemerside. Followed by dinner at Lucinda Pub. We warmly invite all our school families to join us for this mass of celebration. As a small school, having everyone present means so much. It is a chance to not only honour our graduating students but also to welcome and support our 2026 school leaders. Your presence will help make this a truly memorable night and show the strength and spirit of our little community. More details will be shared in the coming weeks.

God bless
Christine Timms

Religious Life of the School

APRE News

Each year, St Peter's proudly supports the St Vincent de Paul Christmas Appeal, and once again, we are humbled by the generosity of our students and their families. Your kindness and compassion continue to make a real difference in the lives of those who need it most.

We understand that with the rising cost of living, many in our community are doing it tough. That's why every contribution, no matter how big or little, is so deeply appreciated. If you are able, we encourage you to give what you can to help support others in our local area and to stand in solidarity with the St Vincent de Paul Society in their mission to assist those experiencing hardship this Christmas. Thank you also goes to Ingham Woolworths for donating nine baskets to our school to hold our donations.



SACRAMENTAL PROGRAM

In the second term of 2026, Ingham Region Catholic Parish will commence the program for Reconciliation, Confirmation, and First Holy Communion for Catholic children who will be in Year 3 or older in 2026.

If you would like your child to prepare for the Sacraments in 2026, you must attend one of the compulsory parent/guardian information sessions. These sessions will be held on 20th November at 7:00 pm and again on 21st November at 9:00 am in the church, 18th Abbott Street, Ingham. Enrolment forms will be available at these sessions, and attendance is the only opportunity to enrol your child.

For more information, please phone the Parish office at 4776 2600 or email srmaite@inghamcatholic.com.com

Thank you so much!
Sister Maite Konmawi

Prep Open Mornings

Come and explore St Peter's!

Please remember to bring

- hat
- water bottle
- morning tea



Time:
8:30 - 11:00 am



Dates:

- Friday, 14th November
- Friday, 21st November



PUBLIC NOTICE

SUMMER HOURS HINCHINBROOK AQUATIC CENTRE

OPERATING HOURS:

- MONDAY – THURSDAY: 6.00AM TO 6.30PM;
- FRIDAY: 6.00AM TO 5.00PM;
- SATURDAY: 8.00AM TO 4.00PM; AND
- SUNDAY: 8.00AM TO 4.00PM.



P-2 Classroom News

Zooming Into Science

Our This term in Science, our Prep, Year 1 and Year 2 students have been exploring the exciting world of push and pull forces! Through a range of hands-on investigations, students have discovered how different strengths of pushes and pulls can make objects move in different ways.

One of the highlights of the unit was following a procedural text to build their very own toy car launcher! Working in teams of three, students carefully followed each step to create their launchers before conducting an investigation to test what happens when a stronger force is applied to move a car.

After launching and testing, we came together as a class to compare our results and share observations. The students concluded, with great excitement, that “the stronger the force, the faster and further a toy car will move!”

It's been a fantastic term of discovery, teamwork, and scientific thinking, with lots of laughter (and speedy cars) along the way!





3-6 Classroom News

Solar System fun

This term, 3-6 have been studying the Solar System in Science. We had great fun creating our own scale models!

We wrote mnemonics to help us remember the names of the planets (My Very Easy Method Just Speeds Up Naming....Planets!),

We've learned about how the Earth's rotation causes day and night, and investigated how the tilt of the Earth's axis affects daylight hours at different times of year.



TERM 4 EVENTS

 **St Vincent de Paul Christmas Appeal** 

Class lists:

- Prep - Juice, chips
- Year 1 - Biscuits, nuts, lollies
- Year 2 - Popcorn, pancake mix, spreads
- Year 3 - White flour and sugar
- Year 4 - Christmas decorations, bon bons
- Year 5 - Pasta sauce/passata, soft drinks
- Year 6 - Tinned veges, packets of pasta
- Staff - Christmas cakes, candy canes



Your gift this Christmas can help provide desperately needed food, clothing, living expenses and crisis support.

sptsv.catholic.edu.au

SCHOOL FEES ARE DUE NOVEMBER 21ST



IF YOU'RE FACING DIFFICULTY WITH SCHOOL FEE PAYMENTS, CONTACT THE SCHOOL OFFICE IMMEDIATELY TO DISCUSS YOUR SITUATION; WE'RE HERE TO HELP YOU EXPLORE OPTIONS LIKE PAYMENT PLANS, FINANCIAL ASSISTANCE, OR OTHER ARRANGEMENTS TO SUPPORT YOUR FAMILY.

WHEN YOUR HEALTH CARD EXPIRES, PLEASE INFORM THE OFFICE OF YOUR NEW EXPIRY DATE

Swimming Lessons

Term 4 - Wednesday Week 2 - 7

Don't forget to bring...

- Sunsafe swimwear
- Wet bag/plastic bag
- Sunscreen
- Goggles
- Thongs
- Towel
- Underwear





Hinchinbrook Shire Council presents

SENIORS MORNING TEA

LOCAL ENTERTAINMENT ...
DELICIOUS TREATS
... BEST DRESSED PRIZES





FRIDAY 14 NOVEMBER 2025

9.30AM - 11.30AM

\$15 per person HINCHINBROOK SHIRE HALL
25 LANNERCOST STREET, INGHAM



Congratulations to our 2026 School Captain, Gabriel Lancini, and Vice Captain, Antonio Cameron.

Sports Captains for 2026 are Patrick Misson and Elli Normor.



Guidance Counsellor

Life today feels busier than ever. As a once carefree teenager who only ever worried about sport, going out with friends, and where my next feed was coming from, I never imagined I would become a person who relies on my phone's calendar for everything—from planning my day and constant reminders about anniversaries and birthdays, to prompting me to turn off the water pump before leaving home. Some might say this is just a sign of getting older, but the truth is that modern life constantly throws new demands our way, piling on stress and anxiety that many of us struggle to manage. While it is often difficult to take on tried and proven advice, the truth is that there are lots of strategies out there that we probably know already are great for helping us to cope.

Here are a few reminders about strategies that are helpful for our children and us adults. Identify ones that work for you and make some positive steps to reduce your stress and anxiety

.Physical Coping Strategies

Exercise regularly – Activities like walking, jogging, yoga, or dancing can reduce stress hormones and boost mood.

Spend time in nature – Even short walks outdoors can lower anxiety and improve mental well-being and help to release endorphins (our happiness drug).

Practice grounding techniques – Try the 5-4-3-2-1 method: identify 5 things you see, 4 you feel, 3 you hear, 2 you smell, and 1 you taste. Also, consider engaging in a mindful activity such as, drawing, woodwork, weaving or crocheting, or even fishing.

Emotional & Mental Coping Skills

Mindfulness & meditation – Deep breathing, guided meditations, or body scans help calm racing thoughts.

Journaling – Writing down your feelings can help process emotions and reduce mental overload

Practice gratitude – Listing things you're thankful for daily can shift focus away from stress.

Social & Behavioural Coping Skills

Connect with others – Talk to friends, family, or support groups to share feelings and gain perspective.

Set boundaries – Many of us are people pleasers and say yes to everything. Learn to say no and prioritize your mental health when overwhelmed.

Engage in enjoyable activities – Hobbies, laughter, and creative outlets can provide relief and boost mood.

Lifestyle Habits

Sleep well – Aim for 7+ hours of quality sleep to regulate mood and stress response.

Eat balanced meals – Proper nutrition supports emotional stability and energy levels.

Limit news & social media – Reduce exposure to negative content that can heighten anxiety.

Reminders

Together We Grow



Sick or Absent?

Please advise the school before 9am, whenever your child is sick or absent.

Medication Notice

The administration of medication to students will only be done when a staff member has been notified and a medication form is signed by the parent/guardian. Medication authority forms are available from the office.

School Uniforms

St Peters uniform shirts can be purchased from Barnes Sewing Centre, 22 Lannercost Street, Ingham.

School Hats

Each new enrolment receives their first hat free from St Peters. Further hats can be purchased for \$20 from the office.

School Dates

TERM 4:

Wednesday 8 October - Friday 5 December

Office Hours:

MONDAY - FRIDAY

8.30am - 3.00pm



OUR SCHOOL TUCKSHOP NEEDS YOU !
PLEASE CONTACT THE SCHOOL IF YOU CAN HELP OUT.
EVEN ONE DAY A TERM WILL MAKE A DIFFERENCE.

 2025 TERM DATES	Term 1 Tuesday 28 January - Friday 4 April (10 week term)
	Term 2 Tuesday 22 April - Friday 27 June (10 week term)
	Term 3 Monday 14 July - Friday 19 September (10 week term)
	Term 4 Tuesday 7 October - Friday 5 December (9 week term)
Year 12 students will finish Friday 21 November 2025 Year 7-11 students will finish Friday 28 November 2025 Primary Classes (P-6) will finish Friday 5 December 2025	