

## **Birth Suite / Maternity Ward Tours Dates 2020**

Usually held on Wednesday 1pm to 2.30pm and Saturday 2pm to 3.30pm on alternative months. Dates as below (may change if needed):

**January** – No session

**February** – Wednesday 26th

**March** – Saturday 21st

**April** – Wednesday 29th

**May** – Saturday 9th

**June** – Wednesday 17th

A midwife will guide this tour.

The tour takes approximately 1.5 hours.

Attend from 28 weeks.

Partner / Support person welcome.

Meet inside the main entrance of the Townsville Hospital, near the 'Volunteers Desk'.

### **How to book:**

- Women can self-refer using the 'Referral Form - Childbirth and Parenting Sessions'
- Be referred by doctor/midwife/GP
- Email [TSV-childbirtheeducation@health.qld.gov.au](mailto:TSV-childbirtheeducation@health.qld.gov.au) Include your full name, date of birth, date baby is due, a mobile number and session date

Childbirth Education (CBE) midwife will follow up on the referrals.

Women receive a confirmation letter with date, time and information regarding the session.  
Reminder SMS sent before workshop.

Questions regarding childbirth education session contact CBE Mob 0457905534.

Women are invited to. The tour is a great way to help women feel more familiar and comfortable with where to come when in labour, particularly if no other sessions are being attended. A tour of the Birth Suite and Maternity Ward are included in the evening series and Saturday childbirth and parenting sessions. The tour is also useful for second-time parents who are new to the area and for partners/support people who are unable to attend other sessions. If the Birth Suite is full, it will not be possible to see a birthing room.