

After your surgery

After anaesthetic you may feel drowsy or unwell for 24-48 hours. Do not drive or operate heavy machinery for 24 hours after your surgery.

Day surgery patients

Please arrange your transport home, either by private vehicle or taxi.

Bus transport is not recommended as the bus cannot bring you back to the hospital quickly if you become ill.

Please arrange a support person for the first 24 hours after general anaesthetic.

If you live more than one hour drive from the hospital or more than 30 minutes from medical assistance please arrange to stay in Townsville overnight.

Before leaving the hospital you will receive post-procedure information.

Travel assistance

If you are eligible for patient travel assistance, please ensure you have the necessary forms from your nearest hospital/health service before your admission.

Important information for tonsillectomy surgery patients

If you are having tonsillectomy surgery and live outside the Townsville area, you will need to make arrangements to stay in Townsville for two weeks after your surgery.

Contact details

If you have any questions or concerns please call the Planned Procedure Unit between 10.00am and 4.00pm, Monday to Friday:

Phone: (07) 4433 2490

The Townsville Hospital
PO Box 670, Townsville QLD 4810
Ph: (07) 4433 1111

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This patient information brochure supports National Safety and Quality Health Service Standard 2 - Partnering with Consumers



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Day surgery and day of surgery admission

Information for patients and carers

Admission

Present to the Central Admissions desk in the ground floor foyer of The Townsville Hospital. You will then be directed to the Planned Procedure Unit (PPU) on the second floor.

Please be aware that your admission time does not relate to your theatre time.

Be prepared to be here all day.

Food intake

Fasting and medication instructions will be advised at your pre-admission clinic. Please ensure you follow the instructions or your surgery may be cancelled on the day.

If you need further information please phone the pre-admission clinic on (07) 4433 2771.

Illness

If you develop a cold, flu or any other illness, please contact the elective surgery bookings office on (07) 4433 2800, 24-48 hours before admission.

Hygiene

Please shower the night before and the morning of your surgery.

You should dress in clean, comfortable clothing (including sensible footwear) and remove any jewellery, body piercings and nail polish before coming to hospital.

Please do not use deodorants, powder or makeup before coming for your surgery.

Medication

Please take your usual medication before you come to hospital, unless otherwise advised by the doctor. Please bring them with you in their original container.

Personal belongings

A small locker is provided for your personal belongings. Please only bring one small bag with you.

If you are required to stay in hospital for one or more nights please bring pajamas and personal hygiene items with you (soap, deodorant, toothbrush and toothpaste etc) as these are not supplied.

The Townsville Hospital will not accept responsibility for the loss of money or any other valuables during your time in the hospital so please leave valuables at home.

Relatives/friends

Due to restricted space please bring only one support person with you on admission.

We will ring your support person when you are ready to go home.

Bed arrangements

Please note that beds are allocated according to procedure and need. A bed is not allocated at the time of admission.

Those patients staying overnight will have a bed allocated after surgery.

Private patients

When attending PPU as a private patient, arrangements for payments are to be made with the cashiers office located on the ground floor of the main hospital building.

