

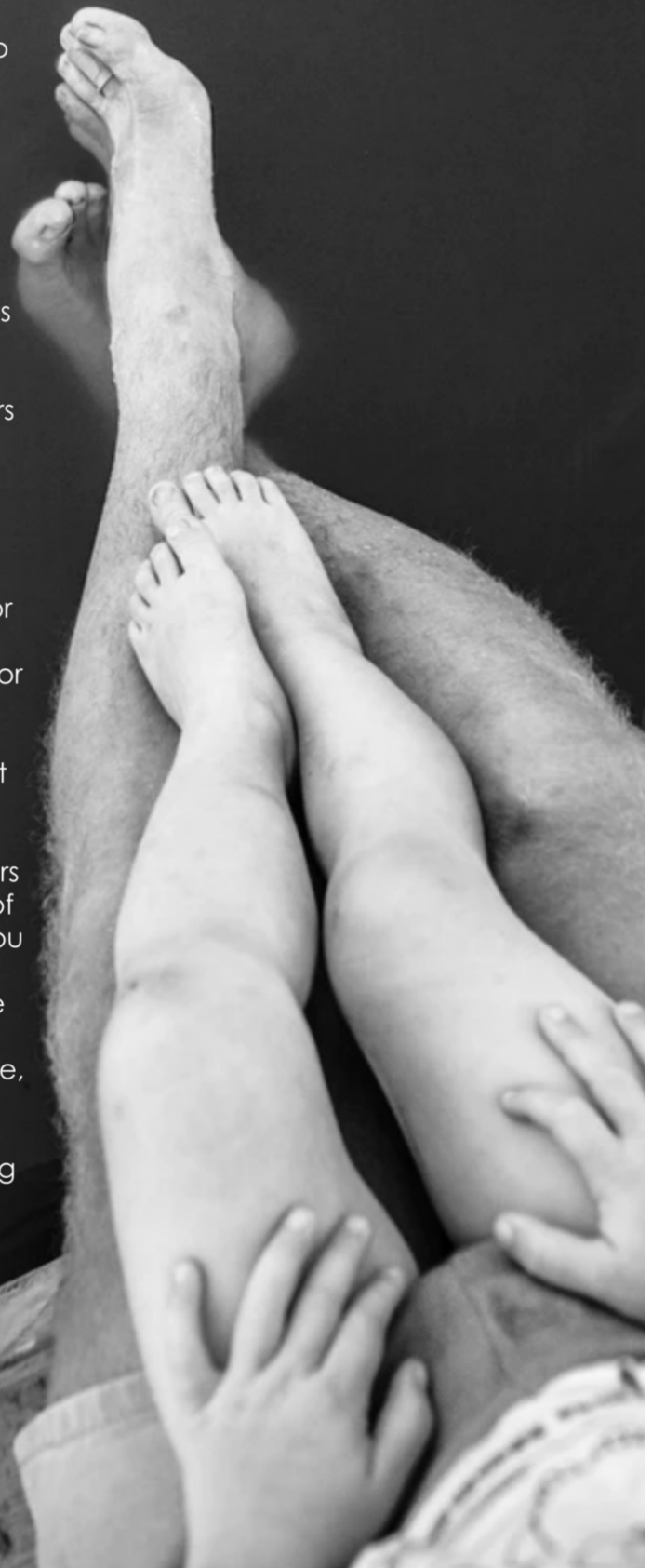
Parenting Diary

This parenting diary is an informal record which can be used by you to record details of events and chronology of parenting matters relating to your child or children. It is not to be used as a means of expressing your feelings, but as a means of recording factual details.

Matters in which you may want to keep details of when going through parenting matters include days and times your child or children spend with each parent, days and times there is telephone or other means of communication between your child or children and each parent, medical appointments or health matters for your child or children, education or extra-curricular matters or events for your child or children, observations of change in behaviour by your child or children, and the like.

It is most unfortunate that it is not uncommon for there to be conflict between parents after separation, which can impact upon your child or children and parenting matters. A parenting diary can also be useful should details of any such conflict need to be recalled at some point in the future. Matters of this nature and other serious matter in which you may want to keep record of when going through parenting matters include incidents which occur at changeover of care for your child or children, denigration of you (or your family, friends or new spouse) made to your child or children or in their presence by the other parent (or their family, friends or new spouse), incidents of domestic or family violence, statements by your child or children about abuse or neglect (clearly where serious allegations are made you should consider doing more than just recording details in your parenting diary).

connollysuthers
L A W Y E R S



DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

DETAILS

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....
.....

DATE: ____/____/____

EVENT

.....

DETAILS

.....
.....
.....
.....
.....
.....
.....