



Treatment Menu

Acne Treatments

Student Cleanse / 60 minutes / \$85

A 45 minute treatment designed for primary and high school students to address acne and congestion. This is achieved through a combination of steaming, cleansing and exfoliation, manual extractions, a soothing mask and active skincare ingredients. Optional add on treatments include Omnilux Light Therapy and Chemical Peels.

Deep Pore Cleanse / 60 minutes / \$115

A 60 minute treatment designed to address acne and congestion. This is achieved through a combination of steaming, cleansing and exfoliation, manual extractions, soothing mask and active skincare ingredients. Optional add on treatments include Omnilux Light Therapy and Chemical Peels.

Back Cleanse / 60 minutes / \$145

A 60 minute treatment designed to address acne and blackheads on the back. The skin will be cleansed and exfoliated, followed by steaming and manual extractions. A soothing mask and active skincare ingredients will be used to finish.

Doctor Consultations / 15 minutes / \$75 (Medicare rebate available)

Dr Richard Keyes is also available for consultations for acne, should you need further referrals or scripts for topical or systemic treatments.

Facial Treatments

Intense Hydrating Facial / 60 minutes / \$135

Our most popular facial treatment which combines the proven results of the RATIONALE skincare range with relaxation. The treatment boosts skin luminosity through the use of proven skin correcting actives and relaxing massage techniques for instant radiance.

RATIONALE Epinova Facial / 90 minutes / \$300

A 90 minute supercharged facial for the ultimate in skin rejuvenation. This treatment includes relaxation and results, also combining RATIONALE Enzyme Reactivators and Omnilux Light Therapy.

Peels

RATIONALE Enzyme Peels / 60 minutes / \$155

A non-invasive procedure for clients seeking highly visible results (includes Omnilux Light Therapy). Customised to provide the level of exfoliation required: Lactic acid peel (minimal photo damage), salicylic acid peel (acne), pyruvic acid peel (sensitive skin).

ASAP Peels / 30 minutes / \$85

Customised to your skin concerns. Glycolic Acid/ Lactic Acid/ Reveal Peel.

TCA Peel / 30 minutes / \$160

Improve skin texture, fine lines and wrinkles, pigmentation and superficial scarring.

Cosmelan / 30 minutes / \$1200

Highly effective for all kinds of skin blemishes (melasma, chloasma, senile blemishes, pregnancy blemishes, sunspots, etc.) Includes all 7 aftercare products & 4 x Omnilux Light Therapy treatments.

Skin Consultations

VISIA Analysis / 30 minutes / \$55 (redeemable on first treatment)

An initial consultation will help to determine your facial rejuvenation program. It also includes recommendations for ongoing skin health and home care routines.

Microdermabrasion

Silk Peel- Face, Neck, Chest/ 60 minutes/ \$185

Treatments combine non-invasive exfoliation with the infusion of skin-specific topical solutions to improve and revitalise the skin instantly.

Aquaderm- Face, Neck, Chest/ 60 minutes/ \$185

This non-invasive treatment hydrates, exfoliates and repairs through the combination of TRI Technology. Serum infusions are tailored to your skins needs and concerns.

ASAP Microdermabrasion & Sonophoresis – Face, Neck, Chest/ 75 minutes/ \$195

Deeply exfoliate and polish the skin on the face and body to stimulate new cell growth. Combined with Sonophoresis (ultrasonic technology, warmth and motion energy significantly increase the absorption rate of active ingredients).

MicroHydrabrasion/ 60 minutes/ \$165

Gently resurface the skin through exfoliation. MicroHydrabrasion uses a system of water and aloe vera to maximise the effect of the treatment.

Light Treatments

Healite/ 30 minutes/ \$60 or \$35 as an add on

Tailored to your skin concerns, Healite LED Light Therapy can be used for anti-ageing, wrinkle reduction/skin rejuvenation and acne (mild to moderate).

Skin Needling

Dermapen 4/ 45 minutes/ \$285 full face

Dermapen is recommended to treat ageing skin, fine lines and wrinkles, smoker's lines, for skin tightening, skin rejuvenation, large pores, stretch marks and scarring. Dermapen 4 is the most advanced microneedling device available, providing treatments which are faster, safer, and produce optimal results.

Diathermy/ 15minutes+/ \$45+

A safe and effective cosmetic treatment used to treat skin problems such as skin tags and seborrhoeic keratosis. Diathermy involves the use of a high energy current to produce intense heat, destroying the lesion.

Cosmetic Injectables

Cosmetic Injectable Consultations / 15 minutes/ Complimentary

Book a complimentary consultation with one of our Cosmetic Physicians to develop a treatment plan tailored to your needs and concerns.

Fat Dissolving Injections for Under the Chin / 60 minutes/ \$700 per vial

A non-surgical solution for the treatment of double chins. Complimentary consultations available.

Muscle Relaxant Injections / 15 minutes/ \$14 per unit

A quick, simple, non-surgical procedure used to reduce the appearance of lines and wrinkles that form in the upper face.

Dermal Fillers/ 30 minutes/ POA

Dermal fillers can be used to add volume to lips, cheeks, tear troughs, and more. Depending on the type of filler used, results can last between 12 to 18 months.

Platelet Rich Plasma – direct injections or combined with Dermapen / 30 minutes/ POA

The use of PRP has long been recognised for its accelerated wound healing properties. Now this technology is being used for cosmetic enhancement with outstanding results. Can be used for fine lines and wrinkles, scarring, full face rejuvenation and more.

Diet Programs

hCG Diet/ 3 week program \$590, 9 week program \$990. Initial consultation \$75.

hCG's use with a strict calorie controlled diet was first used in the 1950's and has been proven by many to be an invaluable treatment for weight-loss. Using hCG unlocks normal stored fat reserves (hip, abdomen, thighs), allowing the body to use them for energy. An initial consultation with Dr Keyes will determine treatment suitability before proceeding with the 3 or 6 week program.

Non-Surgical Treatments

Ultherapy/ 30 minutes+/ \$500+

A non-invasive procedure to lift skin on the neck, under the chin and on the eyebrow, as well as lines and wrinkles on the décolletage. Ultherapy delivers focused ultrasound energy to the same foundational layer typically addressed by surgeons during cosmetic surgery – without cutting or disrupting the skin's surface.

Plasmedic Skin Tightening / \$450+

Plasmedic is an innovative treatment offering non-surgical blepharoplasty and wrinkle reduction. The device creates a voltage difference between the device and the skin, resulting in a small millimetre size carbon spot where the excess skin has been evaporated. Using our reduction grid method and the formation of new collagen and elastin the skin becomes tighter, lifted and wrinkles smoothed out and reduced. Complimentary consultations with Dr Rowena are available to discuss treatment options and suitability.

Micro-Injection Skin Boosters / 60 minutes/ \$499+

The Micro-Injection Skin Booster treatment uses a device to infuse a variety of solutions such as anti-wrinkle injections, dermal fillers and cosmeceutical ingredients with the aim to improve the quality of the skin, encourage cellular regeneration and provide an immediate tightening and luminous effect. Ingredient cocktails are tailored to each individual, and treatments are personalised based on concerns and areas to be treated.

Skin Cancer

Skin Checks/ \$75 (Medicare rebates apply)

Skin cancer generally stands out as being different to surrounding skin. If a spot strikes you as being abnormal, it's worth getting it checked out.

PhotoDynamic Therapy/ 30 minutes/ POA

PDT is a non-surgical treatment for non-melanoma skin cancer and certain types of pre-cancerous lesions. PDT involves a simple preparation of the lesion, application of a light activated cream and finally exposure of the lesion to a treatment light. When exposed to the light the active ingredient in the cream is activated, destroying abnormal cells that cause these cancers.

ALA/ 30 minutes+/ POA

5-ALA is a naturally occurring photosensitising compound. When applied to the skin and subsequently activated by specific wavelengths of light, it works to improve the appearance, texture and smoothness of the skin (photo rejuvenation).

Hair Reduction

IPL/Laser Hair Removal/ 15 minutes+/ \$29+

IPL/Laser hair removal treatments are safe and non-invasive, permanently reducing the number of re-growing hairs. Light pulses are used to damage hair follicles, thereby affecting their ability to grow hair. Discounted packages also available for a series of treatments.

Vein Treatment

Vein Therapy/ 15 minutes+/ POA

The Cutera Laser delivers pulses of light energy which cause the blood within the vein to coagulate, eventually destroying the vessel which is later reabsorbed by the body. Blood flow will then be redirected to veins deeper below the surface, where it should be.

Sclerotherapy/ 45 minutes/ \$400 per leg (Medicare rebates apply)

During Sclerotherapy, a tiny needle is used to inject a solution directly into the unwanted capillary. The solution causes it to collapse and shrink so that no more blood can flow through. Within weeks, the unused capillary is absorbed by the body and becomes invisible. (Initial consultation with Dr Richard Keyes - \$75, Medicare rebates apply).

Light Based Treatments

Limelight Facial/ 30 minutes/ \$325

The Limelight facial is a non-invasive approach to skin rejuvenation using Cutera's Limelight. The procedure offers the advantage of improving skin tone and surface imperfections associated with aging and photodamage.

Laser Genesis/ 45 minutes/ \$250

The Laser Genesis procedure utilises non-invasive laser technology to safely, naturally and effectively treat fine lines and wrinkles, diffuse redness and scars.

Cosmeceutical Skincare Products

Allmedic

Allmedic is a scientifically developed system that specifically cares for and protects your skin from solar damage and ageing. Created by Australian Doctors who specialise and practice in the areas of skin cancer, medical skin repair, cosmetology, molecular immunology and skin allergies, Allmedic is designed for Australian skin of any age.

ASAP

ASAP is Australia's number one cosmeceutical skin care range, offering scientifically proven skin care solutions for women and men of all skin types. Proudly Australian made and owned, ASAP is committed to providing simple, effective and affordable skin care with fast acting, visible results. Formulations contain optimum levels of the most innovative and technologically advanced active ingredients.

DermaQuest

The DermaQuest skin journey starts by restoring and balancing all skin. DermaQuest's cosmeceutical collections provide luxury care, rich in botanical stem cells, peptides and vitamins. They address all skin conditions and achieve results through advanced treatments. Their philosophy delivers stunning, long-term results.

DP Dermaceuticals

Equipped, the developers of the Dermapen, are proud to present a brand new line of skin care. A base component of each component in the DP Dermaceuticals skin care line is hyaluronic acid.

RATIONALE

Since the brand's inception 15 years ago, RATIONALE has provided Australia's leading skin doctors with long term, scientific skincare solutions that deliver on their promises. RATIONALE products actualise the natural and genetic potential of skin, employing skin identical ingredients and isotropic technology to deliver their trademark luminosity. Good reasons why RATIONALE has become – and remains – the preferred cosmeceutical brand of Australian Dermatologists, Plastic Surgeons and Cosmetic Doctors.

Jane Iredale

Jane Iredale is the original mineral makeup and the first to be recommended by dermatologists. It is known as the skin care makeup because of its benefits to the skin and its ability to conceal almost any imperfection.

SilcSkin Silicone Pads

SilcSkin is a cosmeceutical company dedicated to developing non-invasive methods of fighting wrinkles while you sleep. SilcSkin pads are made of 100% medical grade silicone. When worn, electro static energy provided by the pads can improve irregular collagen structure and create an increased blood flow which results in an improved skin tone. Silicone contributes in moisturising the skin by drawing the skin's natural moisture to the surface.

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