



Contact us today!

Let us connect you with the support you need.

1800 133 123



selectability

mental wellbeing and suicide prevention

selectability.com.au

Queensland
**Training
AWARDS
2020**

State
Winner

selectability

mental wellbeing and suicide prevention



selectability is one of the region's leading providers of NDIS mental health supports and services.

NDIS

Individual support

In the home we support you to develop life skills, carry out personal activities and complete household tasks.

This could include supporting you to:

- ✓ cook and prepare your meals
- ✓ organise your household
- ✓ clean your home and yard

In the community we support you to access and be a part of your community. This can include transporting you to and from activities and social engagements and supporting you while you are there.

Support coordination

Our unique program takes you through a clearly defined pathway to strengthen your capacity to coordinate your own supports and maximise the value of your plan.

We work with you understand your goals and determine the services and support that will get you closer to them.

Psychosocial recovery coaching

This is a new NDIS service designed to support individuals with a psychosocial disability to take more control of their lives and to better manage the complex challenges of day-to-day living.

Empowering people to live the life they want

