Program timetable | 5 - 9 February 2024

Clubhouse Opens 9.00am - Closes 4.30pm

	Monday 5 Feb	Tuesday 6 Feb	Wednesday 7 Feb	Thursday 8 Feb	Friday 9 Feb
Morning (Adults)	Morning Tea Coffee, tea and biscuits available! All welcome! 9.30am - 12.30pm	Morning Tea Coffee, tea and biscuits available! All welcome!	Morning Tea Coffee, tea and biscuits available! All welcome!	Morning Tea Coffee, tea and biscuits available! All welcome!	Club is closed on Fridays for outings. All Welcome!
	Free time, games and activities. All welcome.	Arts and crafts with Bernice. All Welcome.	Group lunch. All Welcome.	Yoga with Sandra at the studio. All Welcome.	Excursion to the Townsville movie theatre.
Clubhouse closed	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
Afternoon (youth)	3pm - 4.30pm Library visit / reading group.	3pm - 4.30pm Arts and crafts. All welcome.	3pm - 4.30pm Cooking Class. All Welcome.	3.30pm - 4.40pm Yoga with Sandra at the studio. All Welcome.	3pm - 4.30pm Documentary day for the youth. All welcome.

Program timetable | 12 - 16 February 2024

Clubhouse Opens 9.00am - Closes 4.30pm

	Monday 12 Feb	Tuesday 13 Feb	Wednesday 14 Feb	Thursday 15 Feb	Friday 16 Feb
Morning (Adults)	Morning Tea Coffee, tea and biscuits available! All welcome!	Morning Tea Coffee, tea and biscuits available! All welcome!	Morning Tea Coffee, tea and biscuits available! All welcome!	Morning Tea Coffee, tea and biscuits available! All welcome!	Club is closed on Fridays for outings. All Welcome!
	9.30am - 12.30pm Free time, games and activities. All welcome.	10am - 1pm Arts and crafts with Bernice. All Welcome.	10am - 12.30pm Group lunch. All Welcome.	11am - 12pm Yoga with Sandra at the studio. All Welcome.	9.30am - 1.30pm Frosty Mango trip.
Clubhouse closed	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
Afternoon (youth)	3pm - 4.30pm Library visit / reading group.	3pm - 4.30pm Arts and crafts. All welcome.	3pm - 4.30pm Cooking Class. All Welcome.	3.30pm - 4.40pm Yoga with Sandra at the studio. All Welcome.	3pm - 4.30pm Documentary day for the youth. All welcome.

Program timetable | 19 - 23 February 2024

Clubhouse Opens 9.00am - Closes 5:00pm

	Monday 19 Feb	Tuesday 20 Feb	Wednesday 21 Feb	Thursday 22 Feb	Friday 23 Feb
Morning (Adults)	Morning Tea Coffee, tea and biscuits available! All welcome!	Club is closed on Fridays for outings. All Welcome!			
	9.30am - 12.30pm Free time, games and activities. All welcome.	10am - 1pm Arts and crafts with Bernice. All Welcome.	10am - 12.30pm Group lunch. All Welcome.	11am - 12pm Yoga with Sandra at the studio. All Welcome.	9.30am - 1.30pm Sausage sizzle and swim at the pool.
Clubhouse closed	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
Afternoon (youth)	3pm - 4.30pm Library visit / reading group.	3pm - 4.30pm Arts and crafts. All welcome.	3pm - 4.30pm Cooking Class. All Welcome.	3.30pm - 4.40pm Yoga with Sandra at the studio. All Welcome.	3pm - 4.30pm Documentary day for the youth. All welcome.

Program timetable | 26 February - 1 March 2024

Clubhouse Opens 9.00am - Closes 4.30pm

Monday 26 Feb	Tuesday 27 Feb	Wednesday 28 Feb	Thursday 29 Feb	Friday 1 Mar
Morning Tea Coffee, tea and biscuits available! All welcome!	Morning Tea Coffee, tea and biscuits available! All welcome!	Selectability Ingham OPEN DAY! All welcome!	Morning Tea Coffee, tea and biscuits available! All welcome!	Club is closed on Fridays for outings. All Welcome!
9.30am - 12.30pm	10am - 1pm	Group lunch.	11am - 12pm	9.30am - 1.30pm
Free time, games and activities.	Arts and crafts with Bernice.	All Welcome.	Yoga with Sandra at the studio.	Balgal beach BBQ.
All welcome.	All Welcome.		All Welcome.	
2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
3pm - 4.30pm Library visit / reading group.	3pm - 4.30pm Arts and crafts. All welcome.	3pm - 4.30pm Cooking Class. All Welcome.	3.30pm - 4.40pm Yoga with Sandra at the studio. All Welcome.	3pm - 4.30pm Documentary day for the youth. All welcome.
	Morning Tea Coffee, tea and biscuits available! All welcome! 9.30am - 12.30pm Free time, games and activities. All welcome. 2pm - 3pm 3pm - 4.30pm Library visit / reading	Morning Tea Coffee, tea and biscuits available! All welcome! 9.30am - 12.30pm Free time, games and activities. All welcome. 2pm - 3pm 2pm - 4.30pm Library visit / reading Morning Tea Coffee, tea and biscuits available! All welcome! 10am - 1pm Arts and crafts with Bernice. All Welcome. 3pm - 4.30pm Arts and crafts.	Morning Tea Coffee, tea and biscuits available! All welcome! All welcome! 9.30am - 12.30pm Free time, games and activities. All welcome. All welcome. 2pm - 3pm 2pm - 4.30pm Library visit / reading Morning Tea Coffee, tea and biscuits available! All welcome! 10am - 1pm Group lunch. All Welcome. 2pm - 3pm 2pm - 3pm 3pm - 4.30pm Arts and crafts. Selectability Ingham OPEN DAY! All welcome! 10am - 12.30pm Group lunch. All Welcome. 3pm - 3pm Group lunch. All Welcome. 3pm - 4.30pm Cooking Class.	Morning Tea Coffee, tea and biscuits available! All welcome! 9.30am - 12.30pm Free time, games and activities. All welcome. All welcome. 2pm - 3pm 2pm - 4.30pm Library visit / reading group. Morning Tea Coffee, tea and biscuits available! All welcome! 10am - 12.30pm Group lunch. All Welcome. Selectability Ingham OPEN DAY! All welcome! 10am - 12.30pm Group lunch. All Welcome. All Welcome. 2pm - 3pm 2pm - 4.30pm Arts and crafts. All welcome. 3pm - 4.30pm Cooking Class. All Welcome. All Welcome. Selectability Ingham OPEN DAY! All welcome! All welcome! All welcome! 11am - 12pm Yoga with Sandra at the studio. 3pm - 4.30pm Cooking Class. All Welcome. 4.30pm Yoga with Sandra at the studio.