

# ST ANDREW'S *Way*



## INSIDE THIS EDITION:

- National Emergency Medal for Mrs Maccoll
- Chef's Australian Culinary Champions





# KEY DATES

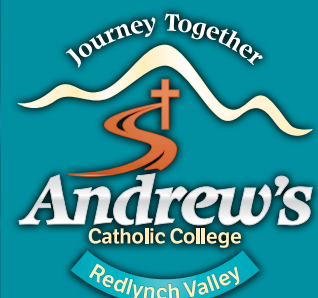
SEMESTER 2, 2022

<b>16 November</b> Year 12 Graduation Mass	<b>25 November</b> St Andrew's Feast Day Carols By The Chapel Last Day of Term 4 for Year 7-11
<b>18 November</b> Year 12 Farewell Assembly	<b>28 November</b> Music Community Day
<b>23 November</b> Year 9 Dinner	<b>29 November</b> Year 5 Exiting Ceremony
<b>24 November</b> Prep Christmas Concert	<b>1 December</b> Year 1 Nativity End of Term 4 for Prep – Year 6

Note: Dates of individual events may be subject to change. Please refer to the Calendar on AndIE for up to date information.

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CONNECT +  
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## Discover St Andrew's

At St Andrew's, we journey together from Prep-Year 12 with students and their families learning through collaboration.

The St Andrew's Way provides more than just a quality education. We nurture our students to be future-ready preparing them for the pathways beyond school.

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Start your journey



The St Andrew's Way is a publication for our families and community to connect with all the activities around the College. We encourage you to view current and past editions which can be found on the College publications page <https://www.standrewscc.qld.edu.au/community/publications>

185-205 Redlynch Intake Road, Redlynch Cairns  
 PO Box 150, Redlynch QLD 4870  
 (07) 4039 5200  
 www.standrewscc.qld.edu.au  
 @standrewscairs  
 @standrewscairs  
 Circos Provider: 02256D

### Acknowledgements

Editor: Ms Justine Graham  
 Contributions: Students, Staff and STACC community  
 Design: Impress Art

Photography: Damon Thompson, Ludwig Stuttgart,  
 Justine Graham, staff and students  
 Print: Lotsa Print & Design



# From the Principal

MR IAN MARGETTS  
PRINCIPAL



Welcome to another great edition of *St Andrew's Way*! This publication displays some of the many varied opportunities St Andrew's Catholic College provides.

It has certainly been a pleasure for me to return to the wonderful community of St Andrew's. Reuniting with staff, students and parents and meeting new community members has been a highlight.

The term began with the opportunities for review feedback to staff and parents by consultant and reviewer Lee Callum. Lee did a great job of combining the community's feedback with current research in contemporary school leadership, learning and teaching, pastoral care and diversity and financial management to provide many recommendations. These recommendations guided many of the changes throughout Term 3 and the direction the College will head this term and beyond.

It is a testament to the wonderfully hard-working staff of the College that they have supported and worked towards the changes identified in the review, as well as continued to provide wonderful learning and teaching as well as co-curricular opportunities for all our young people. You can read about many of these opportunities through the following pages.

The unique mission of St Andrew's Catholic College calls us to *Journey Together*, and it is great to see so many activities that built community throughout Term 3. Catholic Education Week was an opportunity to celebrate our unique identity with various year-level activities and our traditional Lunch on the Lawn. The week concluded with the College hosting the Cairns Diocese

Catholic Education Week Docemus Awards which we had two staff nominated for awards. Congratulations to Shaneen Mason and Leisa Henry on their well-deserved nominations.

The inaugural St Andrew's Catholic College FoodFest was another great community-building event. Staff, students and parents gathered in a relaxed atmosphere and enjoyed great company and food as well as entertained by many of our talented musicians.

Years 5, 9 and 11 all enjoyed participating in the camp program. The camps provide invaluable experiences where students are encouraged to foster their communication and problem-solving skills, build relationships with other students in their cohort, ignite their creativity, and stimulate a sense of independence and adventure. These programs are not possible with staff willing to give up their own time to organise, lead, coordinate and supervise these alternate learning activities.

At the end of Term 3, we acknowledge three long-term staff that finished their time as staff at the College.

Junior Years teacher Denise DeRose announced her retirement. Denise commenced at St Andrew's Catholic College in 2005 and, over the years has been an integral member of our Junior Years sector. We congratulate Denise on her retirement and pray every blessing for this next phase of her life. Anna Harris has successfully attained

the position of Assistant Principal – Students of MacKillop Catholic College from Term 4. Anna made a significant contribution to St Andrew's Catholic College over 14 years. Anna has grown from pre-service teacher to teacher to Middle Leader and Senior Leader. Whilst we are saddened to see Anna go, this is a wonderful opportunity for Anna to continue her leadership journey.

Justine Manser finished her time as Senior Years Secretary. Justine was a foundation staff member and has worked tirelessly over the past twenty-one years.

Justine is taking up the role of Executive Assistant to the Deputy Principals at MacKillop Catholic College. Justine's knowledge of Senior Years schooling will significantly benefit MacKillop as the College begins its senior secondary education pathway.

Based on the recommendations of the review, the Senior Leadership Team of the College has been restructured for 2023 onwards. The revised structure is designed to;

- Provide seamless education for students as they Journey Together through the years
- Continue to support quality teaching and learning
- Increase support for all students to be able to access the curriculum

Enjoy reading this issue of *St Andrew's Way*. I look forward to the many more opportunities the remainder of the year will provide.

I am pleased to announce the College Leadership Team for 2023 will be;

- College Principal – Ian Margetts
- Head of College (P-6) – Theresa Redgwell
- Head of College (7-12) – Paul Ford
- Head of College - Identity & Outreach – Jason Pennisi
- Assistant Principal - Staff – Kate White
- Assistant Principal - Learning & Teaching (P-6) – Iona Harris
- Assistant Principal - Learning & Teaching (7-12) – Christopher Graham
- Assistant Principal - Wellbeing & Diversity – Anthony Almond
- Head of Corporate Services – Hugh Bradridge

We congratulate the above staff on their significant appointments to these positions, and I look forward to working with them next year.

# Parish News

FR DARIUSZ OSINSKI PP

*Firstly, I welcome all staff and students back after the College holiday break.*

I hope this time has allowed you to relax and prepare for the new term ahead.

The last term of the year, no doubt, will be one of hard work, which in the end will bring great joy.

Some of our students will receive the sacraments of First Holy Communion and Confirmation.

I ask that you remember them in your prayers during this special time.

The fourth term is also when we celebrate the Patronal Feast of our

College, with the Solemnity of Saint Andrew, Disciple of Christ, who, encouraged by the words of our Master "Come and See", followed him to know and understand Jesus better.

I want to encourage all of you so that these words of Jesus, "Come and See" will not remain unanswered in our lives.

I invite everyone to the Sunday Eucharist at 5pm in All Saints' Chapel and get to know Jesus and his teachings in our everyday lives.

In this month of October, which is dedicated to the Blessed Virgin Mary Queen of Holy Rosary, I invite you all to pray the Rosary in communion with the whole Church for peace and unity in the world.

I look forward to seeing you all soon around the College and parish.

God Bless,

**Fr Dariusz Osinski**  
Parish Priest - Northern Beaches  
Parish Administrator - St Joseph's,  
Weipa Parish

## Prayer to Saint Andrew

O Glorious Saint Andrew, you were the first to recognize and follow the Lamb of God.

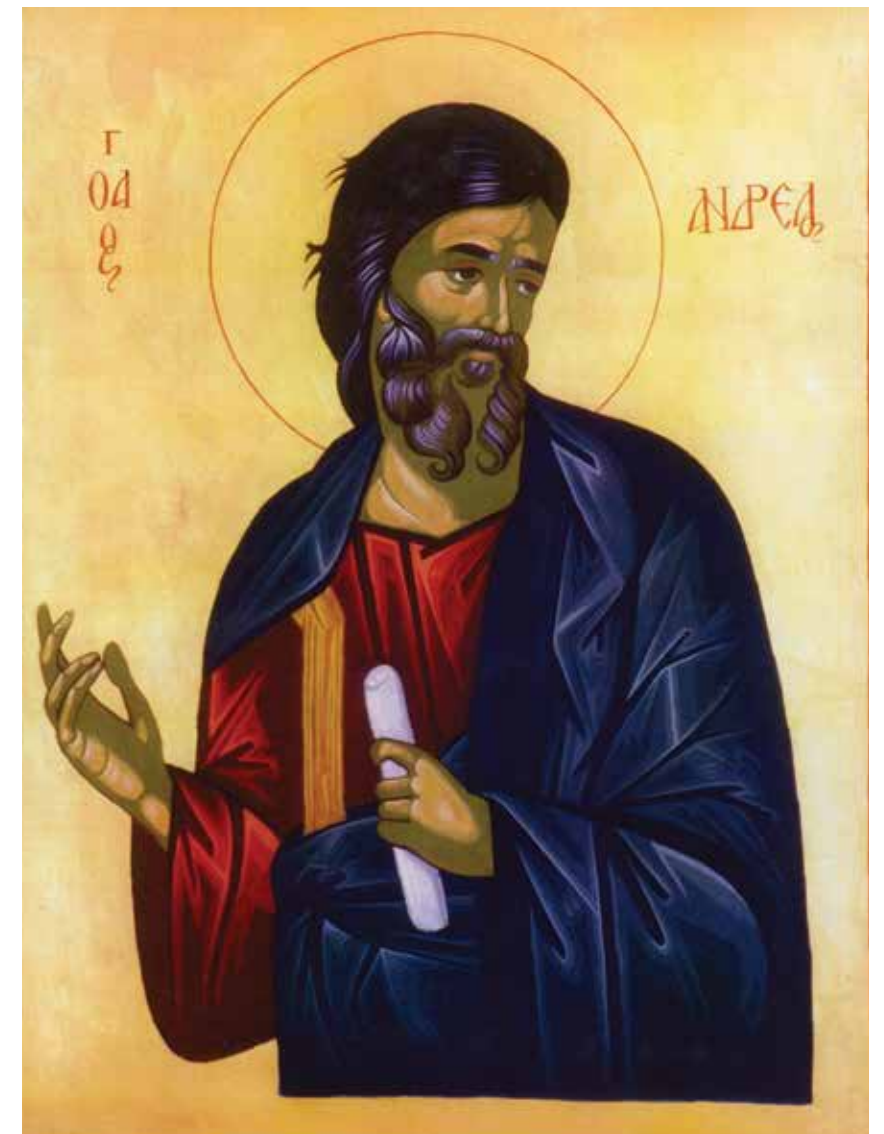
With your friend Saint John you remained with Jesus for that first day, for your entire life, and now throughout eternity.

As you led your brother Saint Peter to Christ, and many others after him, draw us also to Him.

Teach us to lead others to Christ solely out of love for Him, and dedication in His service.

Help us to learn the lesson of the Cross and to carry our daily crosses without complaint so that they may carry us to Jesus.

Amen.





# Religious Life of the College

*"Forms are beautiful, and among these forms, the form of good is the most beautiful." - Plato*

In Plato's philosophical theory/reference to the *world of forms* – the most beautiful and changeless is that of the form of good.

This semester we invited our community to "come and see" what discipleship is and the "goodness" of being followers of Christ. This involves an active decision to say yes to the invitation to follow in Jesus' footsteps. Our liturgical celebrations and assemblies have interpreted the readings and recontextualised the messages around this theme of Discipleship for us today.

The Junior Years community in Semester 2 has been living and celebrating life as disciples of Jesus. We have explored this theme through our weekly prayer assemblies. Our end of term prayer assembly focused on gratitude and the importance of reflecting and giving thanks to others for the precious gifts in our lives. The Bible shares stories of Jesus and his disciples going out into the world, teaching people about the power of having a thankful heart. An attitude of

thanksgiving can fill us with hope and joy.

**Psalm 118:24** *"this is the day the Lord has made and we will rejoice and be glad in it".*

Our end of term challenge set by Miss Sweeney was to show gratitude to our families during the holidays through action or word.

Each year level enjoyed deepening their connection to this theme during Catholic Education Week through acts of discipleship and servitude. Year 4 made care packages for the Cairns Hospital; Year 2 hosted a liturgy for ARC Disability Services and donated craft supplies; Year 1 created bookmarks for residents of Regis Aged Care, Year 3 hosted an art gallery selling their artwork with proceeds donated to Centacare FNQ; Year 5 donated food packages to Rosies – Friends on the Street with each package featuring handwritten notes and Prep hosted an afternoon of craft

for the Cairns Catholic Early Learning Centre.

During Term 1, Year 3 students took the next step in their sacramental journey by completing the sacrament of Reconciliation. In Term 4, Year 4 students will complete the sacramental sessions for Confirmation and First Holy Communion. Sessions run after school on a Thursday. Each child has decorated their name card which will be displayed in All Saints' Chapel. You are most welcome to partake in Mass on Saturday at 5pm and join us in prayer for our confirmation initiates of 2022.

During Semester 2, Year 10 participated in their Year 10 Retreat. The event went extremely well despite the challenging circumstances, including our presenter falling unwell with COVID! Our Seniors continue to serve in the community through the service learning programme. Many students have submitted their log books with more than 200 hours of service over three years. An amazing effort!



# Captain's Corner

**St Andrew's 2023 College Captains have been announced. As they step into their student leadership roles, we ask them what they hope to bring to the role and how they will lead their fellow students in 2023.**



**College Captain – Rhea Joshi**

Being part of the St Andrew's community for 12 years, I have developed a passion for creative subjects such as Design and Dance while also exploring the fields of Science and Technology. I believe myself to be a person who strongly

values community and its importance when it comes to a sense of belonging and growth.

In 2023, I aspire to be a leader that uses the Catholic ethos to strengthen the bonds of the St Andrew's community and be a voice to make everyone feel like they belong. I want to leave a legacy that encourages everyone in St Andrew's to value community and keep striving to make it stronger for all members.

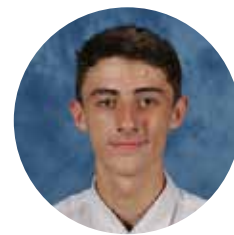


**College Captain – Jamie Wunsch**

As a 2023 College Captain, I aim to bring the College closer together and recognise the strong faith of our community. I will support the students and staff with upcoming improvements as we adapt to a new future.

After graduation, I hope to complete a degree through the Australian Defence Force Academy and join the Navy.

For the future leaders of our College community, I advise that you believe in yourself and that you are capable. Do not be swayed by the actions of others but rather hold on strongly to your morals, as they will guide you down the right path."



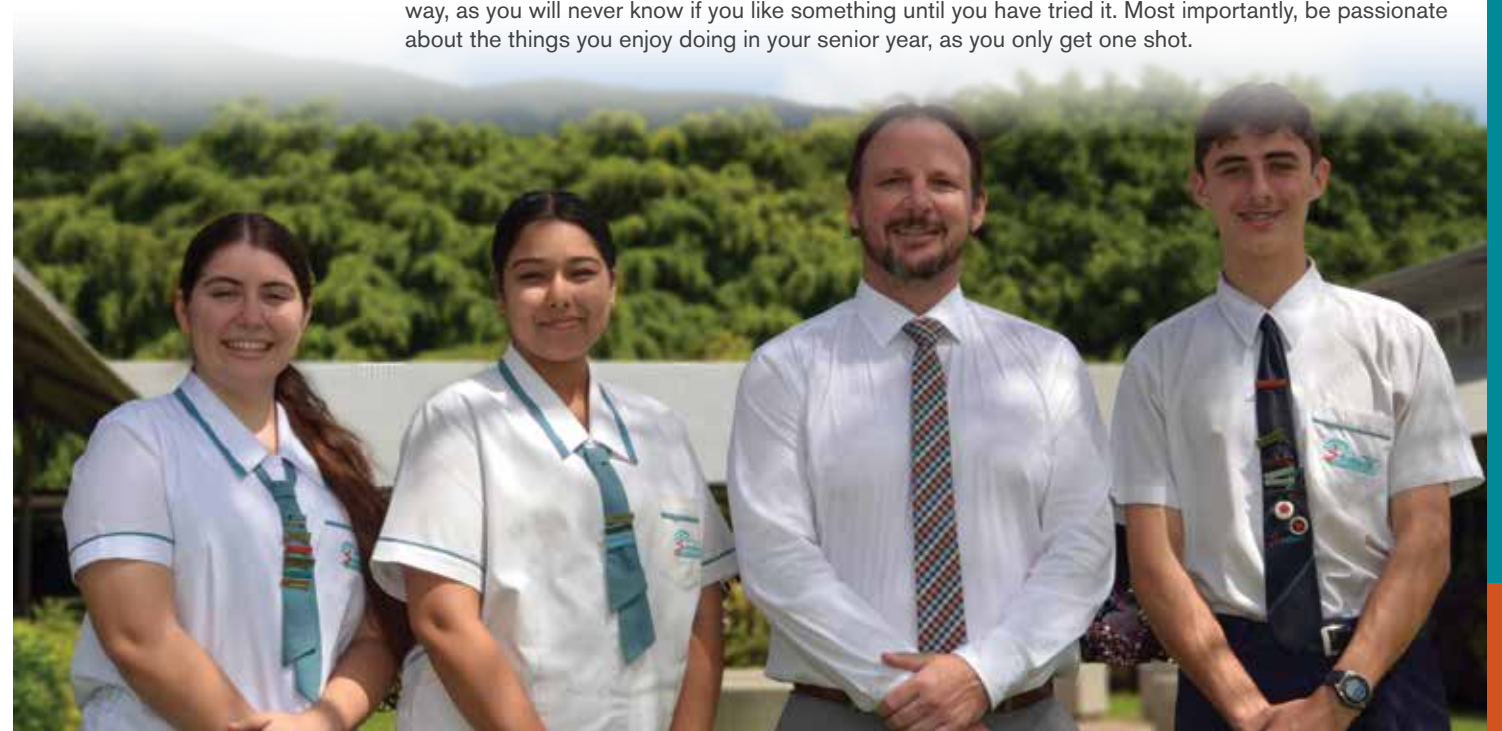
**College Captain – Brody Boerboom**

I enjoy school as it has provided me and many others with opportunities to better ourselves when it comes to giving things a go and taking risks.

I have always been interested in discovering something new and changing the world, which has led me to the Aerospace field, where I hope to contribute to the Aerospace research industry in Australia and the rest of the world.

I thoroughly enjoy running and playing basketball, collaborating with others who share my passion for improvement in their key areas.

My advice to aspiring future College leaders is never to shy away from opportunities that come your way, as you will never know if you like something until you have tried it. Most importantly, be passionate about the things you enjoy doing in your senior year, as you only get one shot.





# A Life Dedicated to Community... Mrs Kate Maccoll

Words by Ms Justine Graham

Leader of Learning and Innovation, Mrs Kate Maccoll, has been awarded a National Emergency Medal, from the office of the Governor General of Australia, for rendering sustained or significant service during STC Debbie 2017 as a member of the Australian Red Cross.

Through her Australian Red Cross service, Kate was instrumental in providing on-ground support during STC Debbie in 2017. For 48 hours, Kate stayed inside the Bowen cyclone shelter as STC Debbie crossed the coast, providing psychosocial support for families, many of whom were unprepared for such a devastating event. She then emerged from the shelter to move straight into recovery mode with the town of Bowen.

Kate, while grateful for the national award, it is a recognition that doesn't sit comfortably with her unassuming personality.

"I feel very honoured, but I do feel the need to say that disaster volunteers do not do, what can be seriously tough emotional and physical work for awards and medals," Maccoll says. "Whilst I'm not totally comfortable with the recognition, I do think it is important for kids to see positive examples of humanity."

A life of teaching and service seemed predestined for Kate. Joining the Red Cross Club at Clayfield College as a 14-year-old student, Kate found a love for the community and outreach side of the service. At 18, she undertook Red Cross Disaster and Preparation Training, which upon completion took her to San Francisco, America as a 19-year-old Red Cross exchange student in 1989.

*"The Red Cross exchange program was an amazing experience," says Maccoll*

"Though I was somewhat grateful that I landed back home in Australia just before the San Francisco Loma Prieta earthquake happened.

I'm not sure I was fully prepared to deal with a disaster event of that magnitude."

Following the exchange program, Kate has risen through the Red Cross ranks to become a Disaster Trainer, First Aid Trainer, and an Australian Youth representative, which involved working with Fiji, Singapore, and Indonesian chapters on best practices for working with highly engaged youth volunteers of the Red Cross.

She has experienced many tough events during her time with the Red Cross, including TC Yasi and TC Larry. However, it is the cases that involve families are especially tough.

"It is heartbreaking to witness families who simply do not know what they will be heading back to once it is all over," Kate reflects.



College Principal Ian Margetts and Mrs Kate Maccoll receiving  
The National Emergency Medal Award

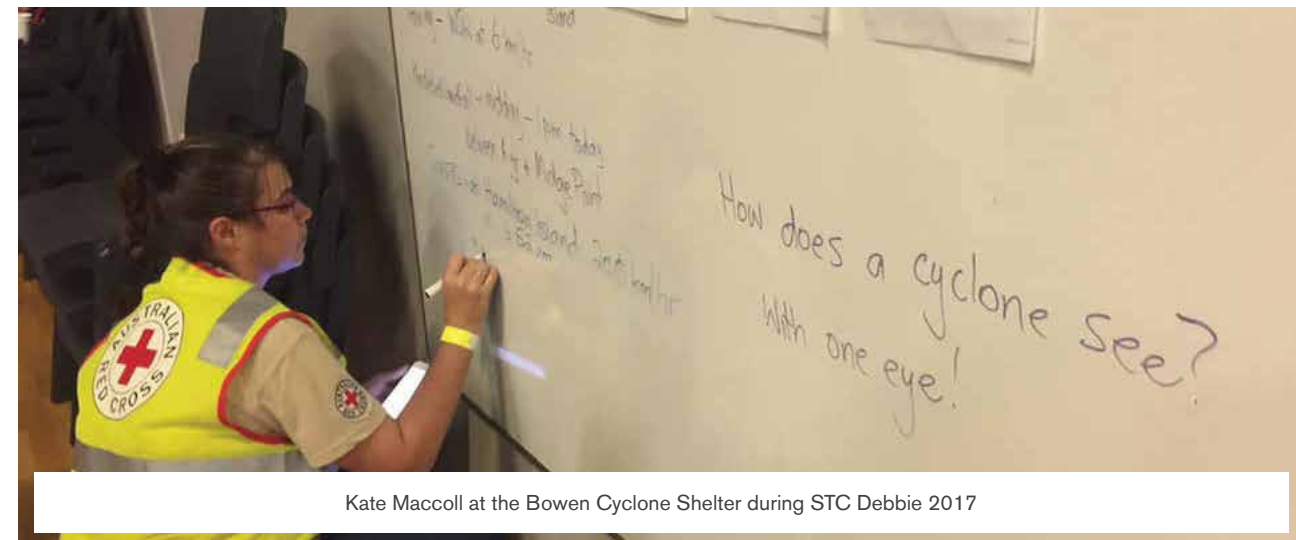
"They leave shelters not knowing what state their home will be in when they go back to it. They may not know where their loved ones, including beloved family pets, are.

Many are simply not prepared for the emotional trauma that follows these events. However, the upside is that I also witness people's strength of character when facing adversity. What a human being can overcome astounds me. I've been privileged to see the most amazing acts of resilience and humanity in times of disaster."

Today, Kate is not on the front line as much due to a full-time teaching load and her role as mum to Ellie and Andrew.

When asked why volunteering for the Red Cross is so important to her and one she will continue to do for many more years, Kate replies,

*"Every volunteer has their special reason. I take comfort that when disaster strikes, people know they are not alone. I hope that in some small way I have helped someone at a time of great worry and turbulence."*



Kate Maccoll at the Bowen Cyclone Shelter during STC Debbie 2017

Images: supplied / Gregg Sonnenberg, Red Cross)



# In the Classroom with.... Mrs Kylie Broomhead



Mrs Kylie Broomhead has worked at the College since 2013 and has taught in many areas of Junior Years, including Year 1, Year 4 and currently Prep.

## What or who made you want to become a teacher?

Mrs Woods, my English high school teacher, inspired me. Her belief in me made such a positive impact and I wanted to have that same impact on students wanting them to learn and believe in themselves.

## Where/What did you study at University?

Bachelor of Education - JCU Cairns (I was a mature-age student)

## First school you taught at and the subject?

I've only taught at St Andrew's - this is my 10th year - I love it here. I've taught Year 1, Year 4 and now Prep which I love!

## What's the most rewarding part of being a teacher?

Seeing children have those light bulb moments and witnessing their progress. And when you see them years later, they remember you - what you did for them or how you made them feel.

## What do you wish people would understand about teachers?

It's not a 9-3 job - we think about and deeply care about all 'our kids' and how we can reach them, teach them, engage with them and make a difference academically, emotionally and socially. It takes a lot of our time and energy.

## If you were not a teacher, what career path would you have taken?

I would be a travel writer so I could travel the world and write about amazing places, cultures and food.

## FAST FACTS!

### Favourite book?

The Master and Margarita

### Favourite movie?

Dirty Dancing

### Whiteboard or blackboard?

Whiteboard

### Notetaking by hand or laptop?

Hand

### One thing always on your desk?

Water

### What subject did you struggle with as a high school student?

Science - dissecting animals!

### Sunrise or sunset?

Both!

### Coffee or tea?

Coffee

### Favourite colour?

Dark green

### Kylie's pearl of wisdom?

You can't control people or situations, however you can control your response or reaction - be positive always.



# In the Classroom with.... Mr Ludwig Stuttgen



Mr Ludwig Stuttgen has worked at the College since 2009 and is a beloved Teacher in the Middle Years.

Originally commencing at the College as a Teacher of English, Humanities and Mathematics, Ludwig added to this portfolio and began teaching Woodwork in 2010.

Known for his love of photography, Ludwig is often seen around the campus with camera in hand taking photos of College life. His love of woodwork is well-known and documented on his YouTube channel.

In 2019, this love of woodwork was awarded first place (Teacher Design) in the DATTA Awards. In 2021, Ludwig was a nominee for the Mathspace Transformative 20 Awards.

## What or who made you want to become a teacher?

My dad steered me in this direction when I was in Year 12. I had no idea what I wanted to do at 17.

## Where/What did you study at University?

I studied Primary Teaching at USQ in Toowoomba, specialising in Asian Studies.

## First school you taught at and the subject?

My first teaching position was at my old primary school in PNG, in my old Grade 6 classroom! I had a composite Year 1 to 6 class of 22 children.

## What's the most rewarding part of being a teacher?

It has to be the priority service at Bunnings from ex-students!

On a serious note, it is rewarding to see students succeed when you know they have struggled in class.

## FAST FACTS!

### Favourite book?

Natural Born Heroes by Christopher McDougall. What an epic tale.

### Favourite movie?

Top Gun

### Whiteboard or blackboard?

Whiteboard, although I did like the artistic possibilities with chalk.

### Notetaking by hand or laptop?

By hand. I type too slowly.

### Most memorable teaching moment?

Having students faint in the workshop. That's memorable.

### One thing always on your desk?

My hat. Never go anywhere without your hat. Skin cancer is preventable.

### What subject did you struggle with as a high school student?

Math! And now I love teaching it.

### Sunrise or sunset?

Sunrise. Because you have the promise of the whole day ahead of you and there aren't people everywhere.

### Coffee or tea?

Coffee.

### Favourite colour?

Yellow.

## What do you wish people would understand about teachers?

That it's not a 9-3 job, and we can't just take a phone call anytime or step outside for a few minutes.

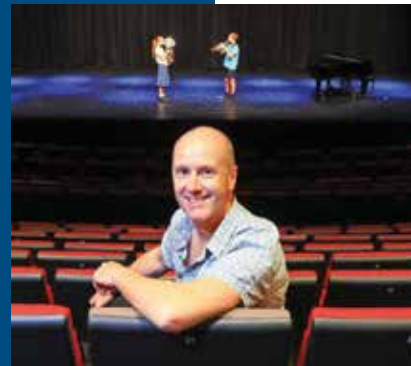
## How has the pandemic changed the way we teach?

I have had just a few days this year where I've had my whole class in front of me, so I've had to catch up so many times with students who are away.



# Inside the STACC Community

## Mr Mark Jennings



*What year did you become involved with St Andrew's?*

I started at the College in 2018.

*Current position at the College?*

Operations Manager.

*Other positions held at St Andrew's?*

Theatre Manager, WH & S Adviser.

*What is the biggest change you have seen during your time here?*

The opening of the All Saints' Theatre.



### FAST FACTS!

**What do you consider to be your biggest achievement?**

Improving the overall road safety for students, parents and teachers whilst on the College grounds.

**Best advice you have been given?** Don't sweat the little things.

Although at times I still do.

**Where in the world have you travelled and the favourite so far?** Japan, UK, Indonesia, France, Spain and South America.

Trekking to Macchu Picchu in South America has to be right at the top of my list.

**Ideal dinner guests – living or passed on?** Richard Branson and Dame Edna Everage

**Book or movie?** Movie – The Greatest Showman.

**Sweet or savoury?** Chocolate covered with chocolate and then add a sprinkling of chocolate.

**Sunset or sunrise?** Sunset, that's when you get most of the amazing colours.

**Words of wisdom?** Be kind

**What legacy would you like to leave?** Three kind, balanced, loving and confident daughters.



# Inside the STACC Community

## Mrs Trish Petrovic



*What year did you become involved with St Andrew's?*

My 18-year journey with St Andrew's began in 2004 when my two son's enrolled at the College.

I have always been an involved parent & back in those days there was no gardener. Parents were rostered to look after areas in the vicinity of our children's classrooms & as the College grew it evolved into a working bee every term. I volunteered to propagate plants in our greenhouse & was a regular attendee at the working bees.

In March 2008 I was officially employed as Gardener for 5 hours per week during term time. I now work 26 1/2 hours per week permanent part-time. I am currently in my 15th year at St Andrew's.

*Current position at the College?*

I am proud to be the longest-serving grounds person and the only female grounds person. I like to think I am the Gardener who puts the 'pretty' in our College grounds.

*Other positions held at St Andrew's?*

My other positions have always been voluntary.

I have been the convener & main plant grower for all our Fetes, a popular stall raising almost \$3500 at our last fete back in 2018.

One of my most joyous & rewarding positions is creating floral promotional displays around the College. I love showcasing our gardens in these arrangements: hearing the exclamations of delight & seeing the pure joy on everyone's faces.

I am the liaison between the College & the community environmental group Treeforce. This partnership encourages our students to work with this dedicated group. We were responsible for the beautiful hedge of native trees at our entrance & planting of many native tree corridors within our College boundaries.

*What is the biggest change you have seen during your time here?*

That would have to be the size of the trees & plants. I grew many of the plants around the grounds from cuttings or seeds & now it is always a "WOW" moment when I see the beauty of established gardens that can be seen & enjoyed by everyone.

**What do you consider to be your biggest achievement?**

That would have to be showcasing God's creations, providing an environment full of colour & beauty & being a role model to other women & girls.



### FAST FACTS!

**Best advice you have been given?** Be unapologetically you.

**Where in the world have you travelled and the favourite so far?** I have travelled to New Zealand, Thailand - Phuket/Patong & my favourite so far is Singapore the "Garden's by the Bay" & the Botanic Garden's "National Orchid Garden". My gold-dipped Orchid a stunning keepsake.

**Ideal dinner guests – living or passed on?**

Sir David Attenborough & Sir Joseph Banks.

**Favourite Book?** Rainforest Plants by Nan & Hugh Nicholson & Plants of Tropical North Queensland the Compact Guide by John Beasley.

**Favourite Movie?** Under the Tuscan Sun.

**Sweet or Savoury?** Baked Cheesecake with fresh berries & Spinach & Feta Cheese Pie.

**Sunset or sunrise?** Both when shared with a loved one.

**Words of wisdom?** I love positive poems, phrases & statements. One of my favourites is:

*Life lessons from a butterfly*

Let go of the past  
Trust the future  
Embrace change  
Come out of the cocoon  
Unfurl your wings  
Dare to get off the ground  
Ride the breezes  
Savour the flowers  
Put on your brightest colours  
Let your beauty show



# STACC LIBRARIES

Every year the Library calendar is packed with special events and notable occasions such as Book Week, National Library and Information Week, and the versatile venue acts as a fabulous showcase for the creative and artistic talents of our students, with constantly changing displays of student work and achievements.

Each year an overall theme is chosen, and around this the Junior Library becomes transformed into a 'not-to-be-missed' wonderland of magic and adventure. Displays too are used in the Senior Library to showcase resources we have available that support special events; promote various aspects of the library collection and new books.

## ROALD DAHL



## WINNIE THE POOH 2019



## HARRY POTTER 2020



## ALICE IN WONDERLAND 2022





# Student Achievements

AUSTIN DUTTON



Meet Middle Years student Austin Dutton. Austin is rapidly rising in the swimming world and achieving great success. Placing high at the recent Australian Country Championships, Austin's next goal is to emulate this success at the upcoming Queensland State Championships at the end of 2022 and the Australian Age National Championships in early 2023.

## What has being part of the swimming world meant to you?

Being part of the swimming world has been an amazing adventure. So far I have learnt much about GRIT and being part of a team.

My club Marlin Coast Swimming Club is such a supportive team and they work together to achieve their goals. It has helped to have an amazing coach who has developed The Marlin Way: Committed, Respectful, Passionate, Supportive, Accountable.

Many people believe that swimming is an individual sport but it is also a team sport. We work towards achieving team goals as well. I love swimming, and if I can, I want to make it my career.

## What perceived 'failure' has turned into the most helpful lesson on your journey so far?

Swimming is not a sport where you win a game or get a medal every event. The focus for most competitors is getting personal bests so you can come away from an event with just the experience of participating. This focus means that championships and target competitions are the focus.

Earlier this year I injured my arm playing AFL for the College four weeks before the FNQ Long Course Championships, which meant that I didn't perform well and did not get a podium finish.



*"Being your best is not so much about overcoming the barriers other people place in front of you as it is about overcoming the barriers we place in front of ourselves." - Kieran Perkins*

While this was disappointing, I used this to motivate me to get better and better at the FNQ Short Course Championships.

After all my training and focus, I was able to come away with Distance Swimmer of FNQ and attended state short course championships and had two top 10 finishes.

## Name three swimmers you look up to and would one day like to emulate

• Ian Thorpe • Ariane Titmus • Kieran Perkins

The reason I like both Kieran Perkins and Ariane Titmus is that they both are middle to long-distance swimmers, which is what I am.

## How do you combine schoolwork and your training/playing?

*My training schedule is exhausting, but I manage with help from my community.*

I train four mornings a week and four afternoons. Training includes two gym sessions - strength and conditioning. The morning sessions start at 5am so I need to be organised with school work. I have a dedicated homework day each week which helps with school. I also have an amazing Mum who drives me everywhere I need to go. It also helps that our

coach and club are so amazing and understand the balance between competition and school.

In our clubhouse, you will regularly find many St Andrew's students completing their homework or studying for exams before we start training.

## Do you play any other sport?

When I was 12 I played AFL but because of my swimming competitions and training schedule, I stopped playing club AFL.

I love sport, so I enjoy representing St Andrew's in various sports. Some of the competitions and sports I have been involved in at school have been Rugby League, Futsal, Surf lifesaving and JSS AFL.

## What's next for Austin?

I have just returned from the Australian Country Championships in Darwin which was an amazing national competition with competitors from WA, SA, VIC, NT, NSW and QLD. I made multiple finals and some great places.

My next goal is Qld State Champs in December followed next year in April by the Australian Age National Championships.



# Student Achievements

CHARLOTTE POWELL



Middle Years student Charlotte Powell epitomises a student of The Arts. She recently released her first musical single *Fallen Angel*, created a music video, starred in a local tourism campaign and was a guest on a local radio station and a podcast series. Below Charlotte shares how she balances this workload with school and finding time for family and friends.

## What do music and performing mean to you?

Music, songwriting and acting are such an important part of my life! I love being creative and bringing new ideas to life. To entertain people and bring a smile to someone's face is one of my favourite parts of performing. It is very rewarding to see an audience immersed in my performance and momentarily leave their worries behind.

Some of my recent music gigs include the Port Douglas Carnivale, Tablelands Folk Festival, Elixir Music House showcase, and regularly performing at various venues and events throughout North Queensland. A few of my recent acting jobs include an FASD awareness campaign, a local promotional tourism campaign, *Shadows from the Past* Historical Cemetery Performance and producing a music video for my new song *Fallen Angel*.

Every chance I get, I put my hand up to participate in music and performance mentoring and creative development programs and workshops. These workshops are run by talented and experienced industry professionals. They give young people in regional towns the opportunity to learn new skills and meet like-minded young creatives. So far this year I have been fortunate to be involved in the Cairns Regional Council Creative Pathways Workshop, Music Action Planning Workshop, Physical Theatre and Performance Workshop and the Youth Mentorship Song Writing Program. These programs have allowed me to create valuable industry connections and expand my music and acting portfolio. Just recently I have also been a guest speaker for a local Podcast and featured on ABC Far North Radio where we had a chat about my music and acting journey so far.

## Tell us more about the single you have produced and the journey to this point

I wrote my single *Fallen Angel* for an FNQ feature film called *Lindy Lou* which will be released later this year. The song tells the story of the main character in the film *Lindy Lou*, a fiery and independent young woman who finds herself caught up in the middle of misadventure and chaos. The process of writing, composing and recording the song took almost

12 months from start to finish. I have also worked with a wonderful production crew to produce a music video for *Fallen Angel*. Creating the music video was an interesting and fun experience as I combined two of my favourite things; acting and music. Filming has finished and is now in the editing phase and due to be released on YouTube and other major platforms in early 2023..

I can now say that releasing a song and creating a music video is not a quick and straightforward process, and this journey has taken me on a steep learning curve. It has taken a lot of hard work, months of planning, long days recording and filming and quite a few technical and creative challenges which had to be managed along the way.

The hard work and long days were not something that I had to manage alone. It was very much a team effort and a huge commitment on behalf of the production crew, as well as my mentors and family and friends, who have all dedicated so much of their time and support to bring *Fallen Angel* to life. Without these amazing people supporting and believing in me, I wouldn't be where I am today, with a debut single out now, a music video on the way and more creative projects just around the corner! It does take a community to bring dreams to life!!

## What perceived 'failure' has turned into the most helpful lesson on your journey so far?

I have been performing since I was 9, and through personal experience, I have learned to expect the unexpected. From losing my voice the day before a big performance, speaker systems failing, and rescheduling filming for my music video due to bad weather, I have had my share of challenges and failures.

An example of turning a 'failure' into a learning lesson happened recently. I was scheduled to perform at the 2022 music festival *Savannah in the Round*. Due to unexpected programming and timing clashes on the day, I was unable to perform as arranged. Although this was disappointing, I chose to look on the bright side and focused on the fact that I was surrounded by talented and highly regarded musicians who I look up to and who inspire me. Even though I didn't get to perform, I still learnt a lot by being there. I was able to see behind the scenes and learn in more detail how music festivals are run, I met some great people, and I made valuable connections with other musicians, which meant the experience was still a success in my eyes.

## Name Musicians you look up to and would one day like to emulate

Some amazing musicians who inspire me to follow my dreams are Keesha Mclean (my voice mentor and coach), Leeann Tenant (musician and mentor), Missy Higgins and Taylor Swift. These successful, talented women have all made their mark in the international music and entertainment industry through hard work, resilience, and determination.



Through my music I hope to inspire young people to believe in themselves, to know that they have something of real value to offer the world, and most importantly, to be courageous in following their dreams!

## How do you combine schoolwork and your busy extra curricular schedule?

Combining schoolwork and study with my music and acting schedule can sometimes be quite challenging. I have training and performance commitments scheduled most afternoons and weekends, so I have to plan my time well. I must be organised and schedule ahead of time, so I can effectively manage my school and study commitments.

Often I have to sacrifice social events and activities to fit everything in. I am fortunate that my family and friends know how important music and acting are to me, and they are always there to support me. I really couldn't do what I do without them!

I believe it is essential for young people to have a healthy school / outside-of-school life balance. School commitments such as study, exams and assignments take time and mental energy. The high school years can be an extremely busy time, and many young people get very overwhelmed and stressed. I feel it is important that students make time to take care of themselves and their mental health by getting involved in a hobby, team sport or following a passion they enjoy. I like to think that I am a positive example that it is possible to manage school responsibilities and still follow your dreams.

## What's next for Charlotte?

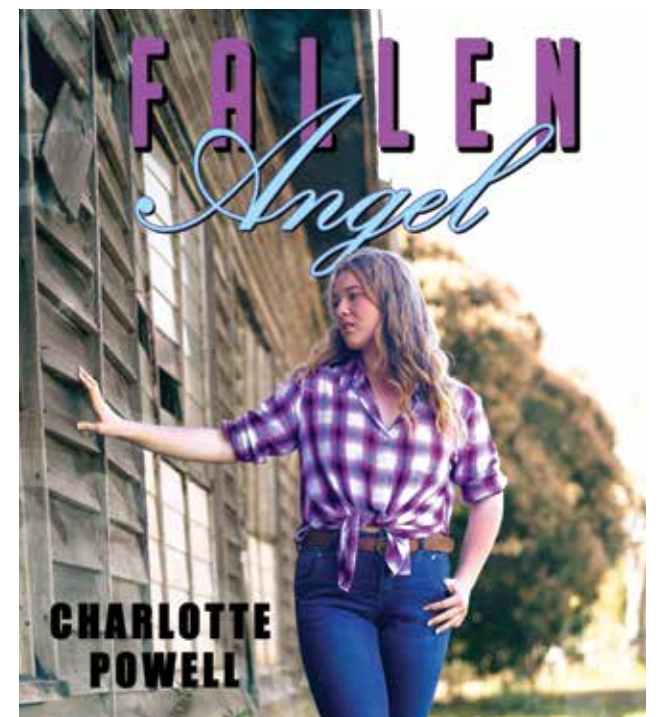
I feel that 2023 will be another exciting and busy year for me. I have quite a few projects and goals that I want to work on, including releasing an EP (album) and working towards landing a lead role in a major film, movie or tv series. Also, once my music video is finalised, I plan to enter it into various international film festival competitions next year, including the Port Shorts Film Festival and the Cairns Regional Council Understory Film Festival.

I am thankful to everyone who has believed in me and supported me in my journey. To my amazing friends and family, to the wider Cairns and Far North community and to



my mentors and the adults in my life who have said "let's make this happen"... thank you! The support that young people like myself receive from the mentors and adults in their life cannot be underestimated. I believe that young people need a voice and a platform to share their passions, ideas, dreams and skills. They need to be heard and seen and allowed to shine, as they are the voice of the future and will shape our communities as time goes on.

Improving mental health in young people is an important issue in today's busy and complicated world. As I get older and gain more experience, I want to be a part of giving back to the community by mentoring and supporting young people to do what makes their heart sing. Through my passion for music and acting, I aim to help support kids and teens to believe in themselves, follow their dreams and make positive choices and connections in their lives and communities.





# Student Achievements

MIKAYLEE HASTIE



Meet Junior Years student Mikaylee Hastie. Mikaylee has been dancing since she was little and has her eye on a career as a professional dancer. Recently, Mikaylee took up another extra curricular activity and debuted in the St Andrew’s Rugby League team.

Chalk and Cheese are how Head of College Sport Jo Kerr describes the extracurricular activities of Year 3 student Mikaylee Hastie.

Mikaylee recently competed at the Year 3/4 Ty Williams competition as part of the STACC Team. Always considered an ‘armchair’ critic by her brothers, Mikaylee was ecstatic to compete and achieve the goal of playing for the College team.

The Hastie family are well known in Rugby League circles. Dad Travis is the President of the Redlynch Razorbacks and brothers Harry and Lincoln are members of the STACC Rugby League sides.

“I love how fast Rugby is and I get to run lots,” Mikaylee said when asked about her Rugby debut for the College team. And run she did in the recent competition. Mikaylee managed to get several runs and ended the competition proud that she was never tackled out of the sideline.

Whilst Mikaylee loves the speed of Rugby, it is dance that holds a special place in her heart with a dream of becoming a professional dancer.

“I’ve been dancing since I was little. I love dance as it is slow and I have to concentrate hard.” Mikaylee said when asked about her love of dancing.

The dream of becoming a professional dancer is a definite possibility in the youngster’s future. Mikaylee has been selected for the Brisbane City Youth Ballet 2023 season of Cinderella. Mikaylee will perform four shows at the Brisbane Conservatorium Theatre.

Chalk and Cheese.

*“I love how fast Rugby is and I get to run lots.”*



# Student Achievements

SONNY PAHAU, NATE JONES & COOPER JONES



Congratulations to Junior Years students, Sonny Pahau, Cooper Jones, and Nate Jones who recently competed in the 2022 National School Judo Championships on the Gold Coast over the holidays.

I recently competed at the 2022 National School Judo Championships on the Gold Coast over the holidays with school friends and club mates Cooper and Nate Jones.

The first day of the competition was the Australian National School Championship, and the second day was the Gold Coast International Opens.

We did very well over the two days, winning gold and silver and placing high in our divisions.

Cairns Judo Club is such a fun and friendly Judo Club with the best Coaches, Xavier, Mara, Claudine and Dave. We have an awesome kids’ team.

Judo isn’t just about self-defence; it’s about respect, dedication and discipline while learning self-defence. Judo is also having fun and leaving each class full of confidence.

Our rankings at this competition have resulted in St Andrew’s Catholic College finishing second in Australia.

**Sonny Pahau  
Year 5**

*“Judo is a fun team sport.”*



**2022 NATIONAL SCHOOL CHAMPIONSHIPS**  
23 October - Runaway Bay, QLD

## FINAL STANDINGS

PLACE	SCHOOL	TOTAL POINTS
1st	Innisfail State College	130
2nd	St Andrew's Catholic College	90
3rd	Maribyrnong Sports Academy	70
4th	Eastside Lutheran College	60
5th	Mossman State High School	50
6th	St James Anglican School	45
7th	Craigilee State High School	40
7th	Kardinia International College	40
7th	Keelsoneth Primary School	40
7th	St Catherine Labourd Catholic Primary School	40
7th	St Mary MacKillop College - Canberra	40
12th	Orchard Grove Primary School	35





# Centre Stage

# YEAR 12 DRAMA

## YEAR 12 DANCE

## FROM THE DIRECTOR

As per usual, the Dance and Drama department have had a very busy year – from Middle Years through to the Senior Years.

It is truly an honour to be at the helm of this incredible department and one of the highlights would have to be the College's version of *Annie Jr.* The College banded together, despite our COVID 'inconveniences' and once again produced a mighty production which to date has been our most successful musical.

I would like to acknowledge and list the incredible talent of my Senior Dance and Drama students who graduate this year. Some of you have been with me since my first production at St Andrew's that I did ten years ago. So it is with a heavy heart that I say- take to the stage and take your final bows at St Andrew's Catholic College. I thank you all for your enthusiasm, raw talent, steadfast dedication, and your palpable fun spirits that you all possess. It has been an honour to see you grow as performers and people. Even though I will miss you greatly, I can't wait to see what comes next for you all. You are SO ready for the world stage.

## Dance

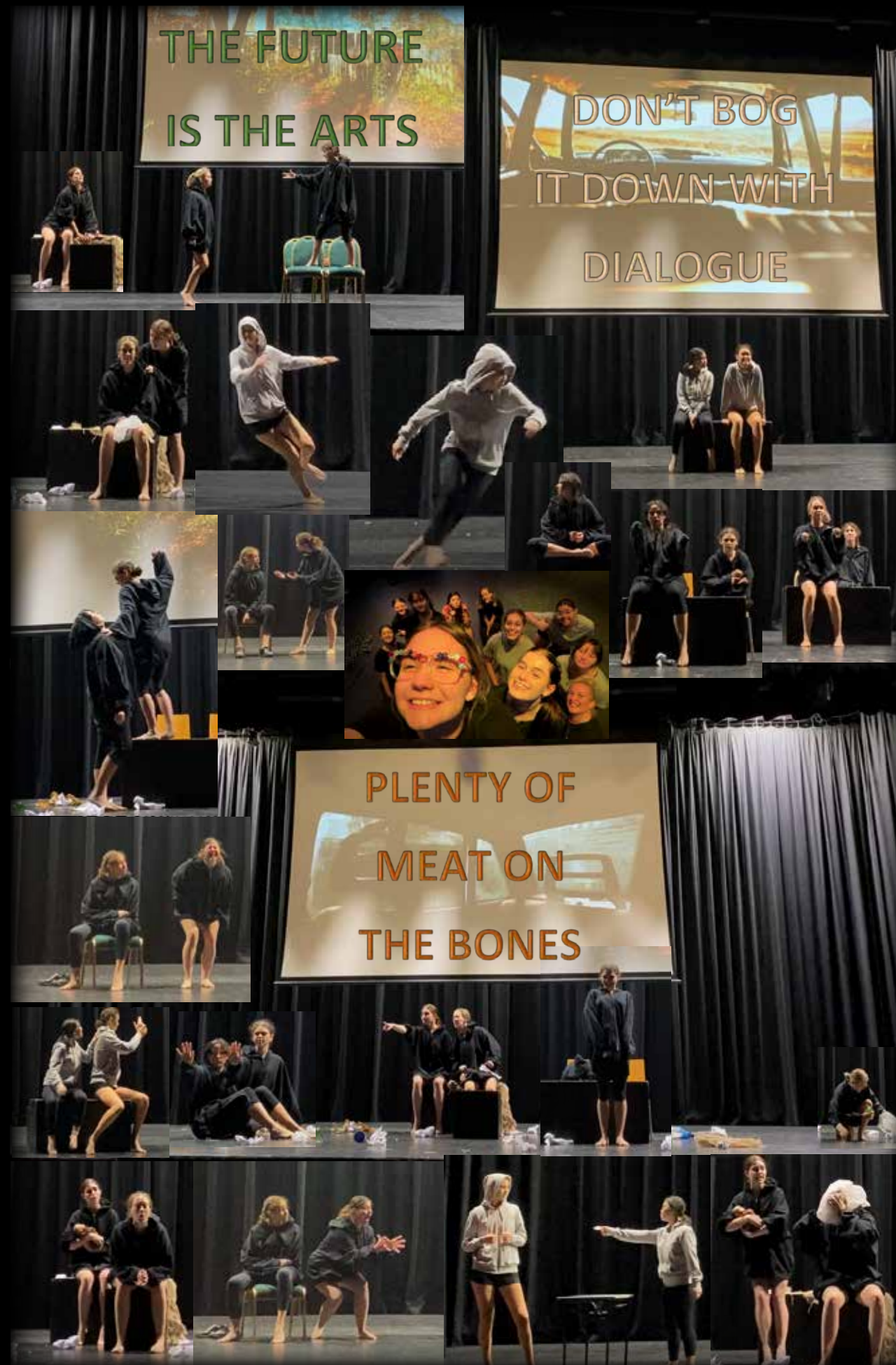
Emily Ayson, Kynan Booth, Shae Butler,  
Taylor Cossar-Smith, Hannah Cousins,  
Mikaela Dawson, Lara Duncan, Rhylee  
Stephen and Olyvia Tournier

## Drama

Emily Ayson, Jasmin Bishop, Trinity Cook, Ella Den Engelsman, Indianna Donnachie, Amelia Owsley, Layla Stevens, Olyvia Tournier, Ashleigh Tran, and Isabelle Williams

Thank you, parents and carers who have supported and shared your bright stars with us. Without your dedication and understanding – the Dance and Drama department would not exist.

**Mrs Shaneen Mason**  
**Director**







# Music and The Brain

CAN STUDYING MUSIC MAKE YOUR BRAIN MORE EFFICIENT?

BY MAUREEN CAMERON  
Head of Music



Rhys Kurukchi  
Senior Young Musician of the Year



Felix Solomon  
Junior Young Musician of the Year



Olivia Stein  
Middle Young Musician of the Year

St Andrew's Catholic College has for years strived to provide continuity of music tuition, musical opportunity, and variety through a balanced and rich diet of classroom and extracurricular music activities.

We are proud of our long-standing tradition of excellence and value the contributions of our internal and external community in maintaining such a valuable, creative, and positive life force within our College.

As a member of the College community, you may have attended one of our many concerts or recitals and heard me speak on the value of music education and the positive effect of music on the brain and academic scores. It is thought we are only just scratching the surface of the power of music on individuals and more so, on society.

## DATA

- Countless studies prove that Music positively affects educational scores, psychological, emotional, physical, mood, mental alertness, memory, reduces anxiety and regulates blood pressure – it is no accident that St Andrew's invests in its music program; the effects are tangible.

## FACT

- Music lessons improve a child's performance in school.
- In a recent experiment, after eight months of lessons, pre-schoolers showed a 46% boost in their spatial IQ, which is crucial for higher brain functions such as mathematics.
- Students who are exposed to music-based lessons score a full 100% higher on fraction texts than those who learned conventionally.
- Young children with developed rhythm skills perform better academically.
- In a ten-year study in the UK, which tracked over 25,000 students, a direct correlation between music studies and improved school results is acknowledged.
- A two-year study in Switzerland involving 1,200 children in 50 classes scientifically demonstrated how music improved children's reading and verbal skills through enhanced concentration, memory and self-expression.

## MUSIC AND MATHEMATICS MEET IN THE BRAIN

A recent study concluded that music improves a student's cognition and ability to learn Math skills by up to **40%**!

Other studies revealed that the children who engage in ongoing Music education have better interpersonal relationships, experience a greater enjoyment of school, are less stressed during testing and were better able to handle performance pressures.

A series of studies conducted in Europe in the 1950s concluded that learning and playing Music not only improved academic performance but also improved memory, reasoning, working as a team, time management and the ability to think creatively.

What strikes a chord personally is that Music is now recognised as a form of intelligence, not just a manifestation of it; in other words exposure to sustained and unbroken Music education makes you smarter!

How does music make you smarter? The answer is because

## Six ways music helps enhance students' literacy skills

- DECODING**  
Music learning assists with word decoding
- LANGUAGE SYNTAX**  
Music learning improves young readers' understanding of language syntax
- PHONOLOGICAL AWARENESS**  
Music learning improves phonological awareness for specific language sounds more than direct phonological training
- COMPREHENSION**  
Music learning improves comprehension in beginner readers and those experiencing reading difficulties
- LEARN NEW WORDS**  
Music learning increases the speed at which children learn new words
- USE NEW WORDS**  
Music learning increases the understanding of how to use new words in language

“

*Einstein used to sit and play music when he was stuck on a mathematical problem. By concentrating on the problem at hand (left brain) whilst playing the piano or violin (right brain), he could strengthen the communication between the two hemispheres of his brain and increase brainpower.*

Music can activate almost all brain regions and networks, it can help to keep a myriad of brain pathways and networks strong, including those networks that are involved in learning, cognitive function, quality of life, mental well-being, and overall happiness.

Music has been shown to activate some of the broadest and most diverse networks of the brain. Why is that so important? If you don't use it, you'll lose it.

Our efficient brain isn't going to bother keeping a brain pathway strong when it doesn't get used; therefore, at St Andrew's, we strive for a musical education that is uninterrupted, continual, rich, and diverse, all of which produces committed, dedicated, balanced students that achieve better grades as a result of this ongoing music study.

If you have any questions regarding music lessons, extra-curricular involvement or how to become more active in our music community, please do not hesitate to drop me an email or give me a call. This is a team effort. It takes a village to raise a child.





# Visual Arts

## SAINT ANDREW MOSAIC

Created by  
Service Learning Students

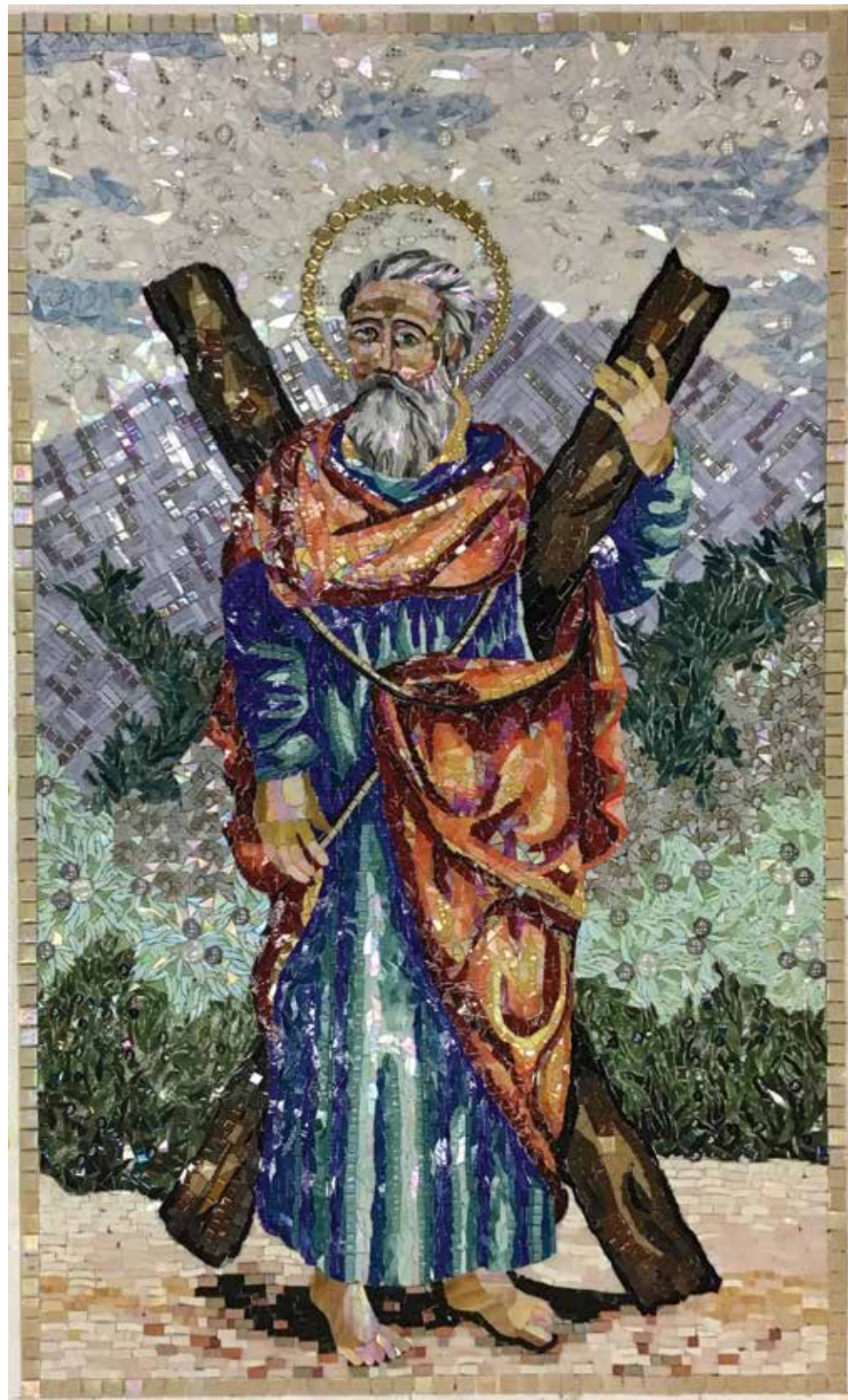
The Saint Andrew Mosaic was a community project involving various students giving their time for community service through service learning.

**Mosaic Technique:** Selected for its visual properties, luminous appeal, reflective and light qualities. Whirled, opalescent and iridised glass was selected, aimed at capturing light and translucency. The creation of light is meaningful on many levels and is a metaphor for education, religious enlightenment, personal and social awareness. Light uplifts; it carries a glow, a zest and cheer while nurturing the soul.

**Colour:** The robes of Saint Andrew reflect the colours of the College. Teal, symbolic of calm, serenity and strength. Red is symbolic of life, courage, love and passion. Burnt orange suggests warmth, pride and togetherness.

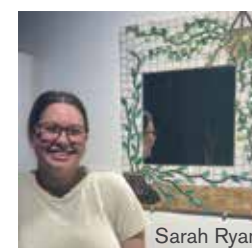
**Background:** Tones of green represent our lush tropical plant life, springing from fertile soils. The distant hill is the profile of North Peak, part of Lamb Range, which embraces Redlynch Valley and St Andrew's Catholic College.

**Tesserae Patterns:** Each section has been designed with a unique and individual pattern combined to create a unified 'whole' depicting our mission of finding the best in everyone in our community.



## ENERGY AND CREATIVE GENERATION ART EXHIBITION AT THE TANKS

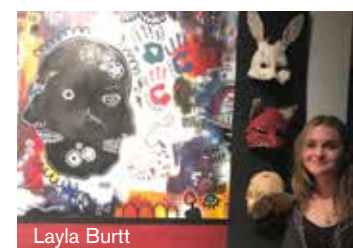
Congratulations to our twelve Year 10 to Year 12 Art students who entered their artwork into the **Energy Exhibition** at the Tanks: Layla Burt, Sarah Almond, Leia Cooper, Ella Hanrahan, Sarah Ryan, Ashlyn Sheils, Chloe Dwyer, Ryleigh Minto, Emma Mackenzie, Riley Harris, Isabel Mohan and Zara Kelleher. Their work held its own amongst an array of creative 2D, 3D and time-based artwork of an exceptional standard.



Sarah Ryan



Sarah Almond



Layla Burt



Ashlyn Sheils

Congratulations to Layla Burt and Leia Cooper, Year 12, and Chloe Dwyer, Year 11, who each won a Peninsular Arts Educator's Association Excellence Award for their entries in the Energy Competition.

Also, congratulations to our four Year 12 students who reached the very high entry criteria to be included in **Creative Generation**. Leia Cooper excelled by being selected by Creative Generation in recognition for her outstanding artwork and received a Commendation Award. She was one of eight students in the region to be recognised.



Leia Cooper



Chloe Dwyer



Layla Burt

## COMMUNITY PROJECTS

Amongst the highlights were the impressive community projects created by our Art students. The *Diversity Matters* spray-painted mural and the *Journey Mosaic Totems* were created by Year 12 Visual Art in Practice students.

The ANZAC *Lest We Forget* banner was painted by Year 11 Visual Art in Practice students, and all are a valuable and creative addition to our community artworks.

*New Mapoon* is a ceramic installation that depicts an aerial view of the town *New Mapoon* which features textural

elements of the Cape York Peninsula landscape. A place called 'home' to some of our First Nation students. This artwork was collaboratively designed and created by Indigenous and non-Indigenous students who aim to establish notions of connection and belonging between school and country.





# THE SPORTS DESK

## Go, Girls!

St Andrew's has achieved a massive amount of success in sport this year. At the time of writing, we have had 75 students selected for Peninsula teams, seven students in QLD teams and countless wins in team sporting events. However, the area that is thriving the most is our girls.

According to research, by the age of 14, girls drop out of sport at double the rate of boys, but here at St Andrew's, we seem to be bucking that trend with the recent achievements of our girls teams;

- **AFL** - all three teams won the Cairns regional competition and attended the NQ Championships where our senior girls were successfully crowned the NQ Champions for the second year.
- **Netball** – our Junior team won the recent Sister Mary Mills netball carnival.
- **Cricket** – our mixed teams won the Barron district cricket competition.
- **Rugby 7s** – won the carnival.
- **Football** - U12 girls team won the Jamie Gosling football carnival.

Individual highlights include the following:

**Jess Clarke** (Year 12) represented Peninsula for both Softball and Hockey. Jess was selected as the QLD official to referee at the National School Sports Hockey Championships.

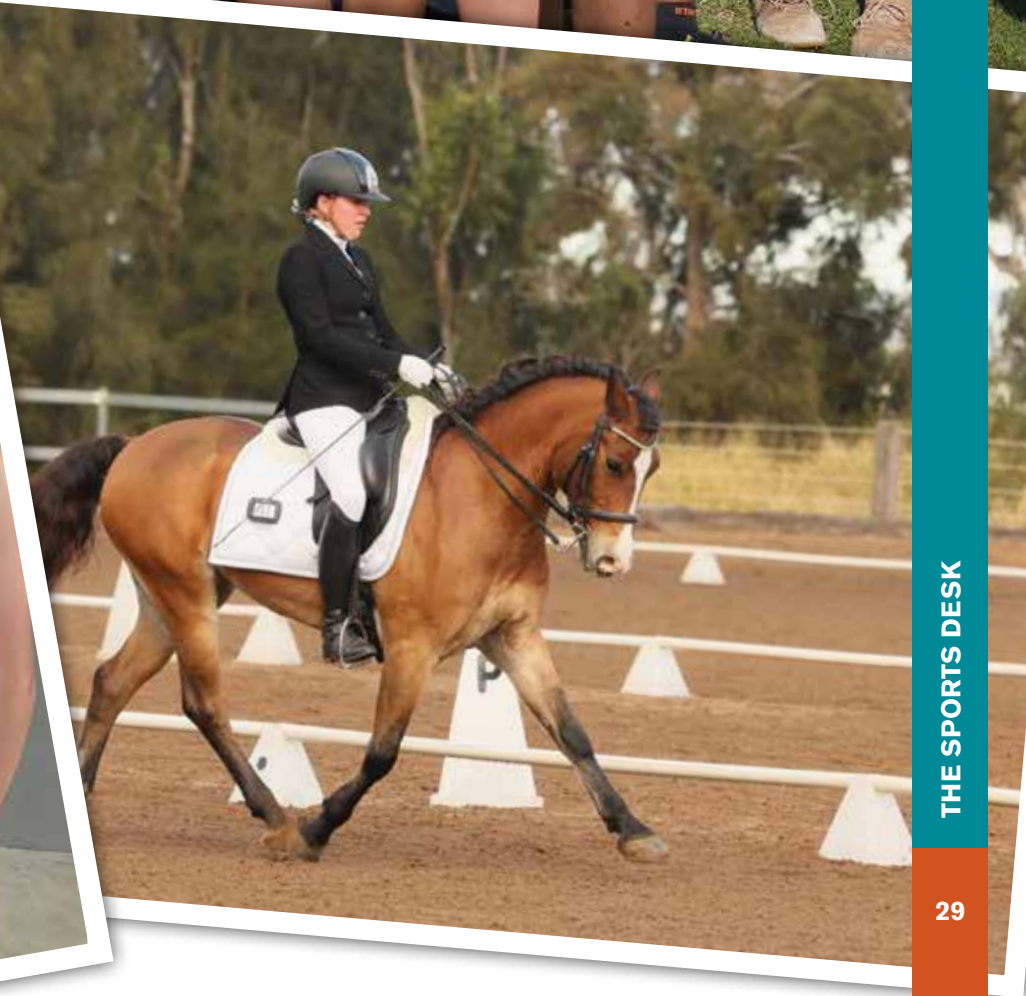
**Maddie Child** (Year 6) was the only girl on the U12 Peninsula Rugby Union side.

**Verety Pickford** (Year 7) represented QLD in Triathlon, placing 25th in Australia.

**Darcy Flanagan** (Year 12) selected to the QLD School Equestrian team.

Yes, sport brings physical health benefits, but much more than that, it can build confidence, self-esteem, teamwork, communication, social skills, leadership, goal-setting and resilience. This is why it's so important that we provide as many opportunities for our students to play sports as possible, and while the girls keep lapping up these opportunities – we'll keep giving them to them!

**Miss Jo Kerr**  
Head of Sports





# Vocational Education & Training Work Experience 2022

29  
industries  
were  
explored

The College continues to pride itself on offering pathways for all students. Work experience is one of these pathways, and it continues to play an important role within the College.

In 2022, 143 students from our Year 10 cohort participated in work experience placements in a vast range of industries, and we loved witnessing our students thrive within their chosen workplace.

We had vet assistants, pharmacy workers, kitchen and café workers, beauticians, and more. Well done to our students for stepping out of their comfort zone and bravely doing something they've never done before!

143  
students  
participated  
in work  
experience  
in 2022

100%  
positive  
feedback  
received from  
employers





# Chef's Kitchen

## Recipe for success

Semester 2!

I know it may seem a little early, but we are celebrating some major wins in our department. Our STACC culinary team took out 1st, 2nd and 3rd places in the regional heats of the National Secondary Schools Culinary Competition (try saying that with a mouthful of marshmallows!) Congratulations to Luke Clarke and Shaun McMahon who came 1st, Jada Poweleit and Olyvia Tournier 2nd and Joseph Cavicchiolo and Izac Nelson 3rd. The winning team from the heats progressed to the national final in the Foodie capital of Australia, Melbourne! More on this later.

Our Year 10 and 11 students have taken over the engine room and serviced our functions ranging from the CES Docemus Awards to the end of

Term 3 Year 9 Community Day. Term 4 brings the end of year goodness with Year 12 Graduation functions, St Andrew's Feast Day, Prep Orientation and all-round good times. If you happen to be a parent of a Hospitality student, you can be proud of the work ethic and energy these students bring to the job even after a full day behind the books.

September school holidays saw Senior Years Students Phoebe Allen and Jada Poweleit travel to the RACV Royal Pines Resort on a four day all-inclusive Hospitality scholarship with them learning all the ins and outs of a 5 star hotel operation. The young ladies had rotations in various departments from the kitchens to logistics, events and even spending time in the sun handling golf operations. This annual event is run by Gateway to industries – Hospitality and Tourism.

Earlier I mentioned the NSSCC

competition. The winning team of Luke and Shaun were invited to compete at the National Finals in Melbourne in the first week of September. The grand prize is an immersive culinary trip to Thailand.

Unfortunately, COVID tried to make another comeback and some of the competitors elected not to travel. In turn the ACF changed the format to online submission.

The young chefs had to replicate their original dish under full competition conditions and provide both written and video components for submission. Knives got sharpened, chickens were fried, and vegetables were turned...

My dear readers...

**Luke Clarke and Shaun McMahon are your NSSCC Champions!**  
**Chef Brandon**



## 2 minutes with Luke Clarke and Shaun McMahon (a.k.a National Champions)

**What are your culinary aspirations?**

**Shaun:** To open a successful chain of Asian Restaurants around the country utilising the freshest produce possible.

**Luke:** To follow in the steps of my grandfather. He was a Pastry Chef who travelled extensively around Europe and Rhodesia. He was once given the honour of baking cakes for the Queen Mother.

**Last meal request?**

**Luke:** Osso Bucco – A dish that has stood the time for generations in my family. I haven't perfected it yet, but I will never stop trying.

**Shaun:** Japanese Rice bowl – I like all the elements especially chicken and rice. This formed the base for our competition dish.

**Speaking of the Secondary Schools Culinary Competition, what did you learn in the process of competitive cooking?**

**Shaun:** Cooking under time constraints and pressure.

**Luke:** The fact that there are actual cooking competitions. I just used to think you cook at home or the restaurant and that was it.

**You can invite one guest to your dinner table... Who is it?**

**Luke:** My Opa (Grandfather) – I would love to chat with him and hear all his stories from when he was a Chef.

**Shaun:** Gordon Ramsay – Not only is he a great Chef, but he has done so much for the hospitality industry. Sitting with him and listening to his ideas and processes would be great.







Phoebe Allen and  
Jada Poweleit

## Java Boy Parmi

*When was the last time you had a Parmi? Like a good one? Double crumbed in Panko, Asian elements in the Napoli and 7-spiced fries! We keep it familiar... just put our stamp on it. This is not a regular Parmi by any means... This recipe concentrates on the spiced Napoli sauce that smothers the double crumbed chicken breast.*

### Spiced Napoli sauce

- 5 cloves Garlic
- 1 medium sized onion
- 2 Tbsp Sambal Olek
- 3 tsp Dried Italian Herbs
- 700gm Crushed tomatoes (the chunkier the better)
- Salt and Pepper
- Brown Sugar

#### Step 1-

Heat saucepan and add oil. Dice onion and garlic finely, add to pan and sauté until onions are translucent and garlic is colored.

#### Step 2-

Add the crushed tomatoes and dried Herbs - simmer for 30 mins. Add the Sambal and check for spiciness (it shouldn't be overpowering)

#### Step 3-

Season with Salt and Pepper. If needed add a tbsp brown sugar. This is just to reduce the acidity from the tomatoes and to complement the spice. Refrigerate overnight and use the next day - this allows for the flavors to develop!



# First Nations

In Term 3, our students transitioned from a long-term Indigenous Liaison Officer (Mrs Amanda Stephen) to a new ILO, Mrs Samantha Walker.

During this transition, students connected and built stronger relationships with their teachers and support staff supported their growth and independence.

Samantha is a descendant of the Bidjara and Kalkadoon People and Erub Island in the Torres Straits. Her family groups are the Saylor/Sailors and Mailman's. Samantha comes to us from the Northern Territory where she worked for six years as the Regional Manager for Student Engagement for the Department of Education.

Samantha looks forward to continuing the Yarning Circle and the development of traditional Australian garden space. These will be spaces where students can feel connected and grounded while growing native Australian plants and food. Samantha is committed to

strengthening community engagement and building on local partnerships.

### Support Hub

During Term 3, our Senior Years students developed stronger connections with the EAL-D Team and utilised the space for support on schoolwork and assessments.

Mrs Susan Grossmann and her team work alongside students in and out of the classroom to ensure they are understanding and completing the work required. Students showed great initiative by requesting support and knowing that support is given.

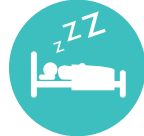
**Mrs Samantha Walker**  
Indigenous Liaison Officer





# Student

# wellbeing



## Mental Health and Well-Being

Mental health is an integral and essential component of health. The WHO constitution states that "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." An important implication of this definition is that mental health is more than just the absence of mental disorders or disabilities.

Mental health is a state of well-being in which an individual realises his or her own abilities, can cope with the normal stresses of life, can work productively and is able to contribute to his or her community.

Mental health is fundamental to our collective and individual ability as humans to think, express emotions, interact with each other, earn a living and enjoy life. On this basis, the promotion, protection and restoration of mental health can be regarded as a vital concern of individuals, communities and societies throughout the world.

With this in mind, the counselling team at St. Andrew's Catholic College has a primary focus on the key areas of student well-being and mental health. College counsellors, in partnership with staff and parents, assist students in overcoming any social/emotional barriers to their learning, thus enabling them to experience educational success, as well as a good sense of well-being.

As well as individual and group support for students, a range of well-being programs are implemented across the College such as **Second Steps in Primary Years, Love Bites, The Rights Passage and Teen Mental Health First Aid Training In Secondary Years**, with the aim to further improve student well-being and mental health.

During the holiday periods, as we approach the Christmas holidays, it is recommended that parents access external support for their children, if they have concerns for the social/emotional well-being of their children.

**God bless.**

**Rebecca, Chaylene, Jade & Bryan**  
College Counsellors

'Uplifting, Bright and Empowering' the official campaign artwork for the 2018 Queensland Mental Health Week. Artwork created by Mrs Jessica Duffy and the Practical Art Class of 2017.

Following is a list of some of the external providers that may be able to assist parents in the support of their young people during the holiday period:

### OUTSIDE AGENCY SUPPORT SERVICES

- Birdwing Therapies, Redlynch – 4039 0004
- Centacare, Cairns – 4044 0130
- Uniting Care Qld: [www.unitingcareqld.com.au](http://www.unitingcareqld.com.au)
- Anglicare North Queensland: [www.anglicarenq.org.au/families](http://www.anglicarenq.org.au/families)
- Cairns Allied Health Centre, Cairns – 4044 0444
- Cairns Psychology Group, Manooora – 4032 5559 [www.cairnspychologygroup.com.au](http://www.cairnspychologygroup.com.au)
- Access Awareness, Palm Cove – 4059 2169
- Child & Youth Mental Health, Cairns – 4226 3400
- Cairns Sexual Assault Services FPQ – 4031 3590
- Mindmatters, Cairns – 0417 728 804
- North Cairns Clinical Psychology – 4221 1668
- Cairns Paediatric Psychology, Cairns – 4041 7004
- Relationships Australia – 1300 364 277
- Lifeline, Cairns – 4050 4955
- Headspace, Cairns – 4041 3780
- Family and Child Connect, Cairns – 13 32 64
- Emergencies Police, Ambulance and Fire – Dial 000
- Police Link Non-Urgent – 13 14 44
- Department of Child Safety Intake – 1300 683 596
- FNQ Suicide Prevention Task Force - 4053 6757

# STACC Viewpoint

## The Importance of Project Based Learning



Project Based Learning is a student-centred instructional method that promotes an energetic classroom approach. Students are encouraged to approach it more dynamically as they use their skills to investigate real-world challenges and issues. The students work collaboratively to unpack challenging and open-ended questions that relate to contemporary and contextualised enterprises. These enterprises can contrast in their subject but should always promote teamwork, feedback to others and refinement of their projects. Students have opportunities to show what they learn as they journey through the unit.

The students interact with the lessons and the content and take ownership of their learning. They don't just take a test

or produce a product at the end to show their learning but constantly refine and collaborate feedback on their work and that of others. During these lessons you always hear such rich and robust conversations that help to shape the success of the project. Parity within the group is encouraged as all members have the opportunity to put forward suggestions and improvements to the end product

As a teacher, it is a joy to guide these students through this process and watch the commitment and engagement that this type of learning brings.

**Ms Emma Voyzey**  
Leader of Learning – Junior Years

**"PBL is the act of learning through identifying a real-world problem and developing its solution. Kids show what they learn as they journey through the unit, not just at the end."  
(Wolpert-Gawron, 2015)**





# STACC CLUBS

## ROBOTICS CLUB

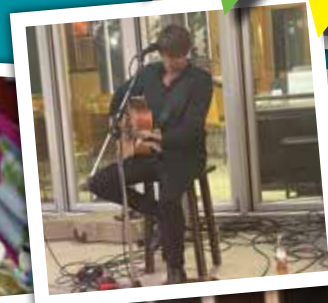
We are so lucky at the College with the vast range of clubs/activities offered to our students organised by our teachers during lunch breaks and after school.

One such club is the after-school Robotics Club run by Miss Adrienne Hill. Our Robotics Club students have competed in competitions such as the Interschool Grand Prix Robotics Challenge.



# STACC Food Fest

Thank you to everyone in the community who supported the inaugural STACC Foodfest. An evening of community, food and music.





# FAMILY AND COMMUNITY ENGAGEMENT (FACE)

Fostering togetherness has been at the core of our efforts as we embrace the College motto to *Journey Together* through these changes. Strengthening our community ties within St Andrew's has been paramount in these efforts. To quote Edward Everett Hale, "Coming together is a beginning; keeping together is progress; working together is success."

Informing and involving parents through regular parent and carer forums and Q & A sessions, celebrating and acknowledging our staff through morning teas and appreciation days such as World Teachers Day, supporting families with resources, advocacy and initiatives such as funding of Circle of Security Program, The Fathering Project (Metrogaine, Paper Planes, Orienteering, Dads around the Campfire), Family Pizza & Movie Night, Carols, funding Junior Years literacy "Family Tree" initiative in support of National Simultaneous Story Time and Lyn Stone Parent Engagement evening- The Reading Journey- Journey Together. These initiatives and events enhance communication, connection and engagement in our community. The success of these measures contributes to the success of our children as we unite with a common goal of improving their well-being and learning outcomes.

God bless,

**St Andrew's Family and Community  
Engagement Executive Team of 2022**



## The Journey Pathway

AUSTRALIAN COLLEGE OF EDUCATORS AWARD

NAVY EMERGING TECHNICIAN AWARD

RELAY FOR LIFE 2022

YEAR 5 CONSULTATION

YEAR 4 CARE PACKAGES

YEAR 9 SILLY SOCKS

YEAR 7 SCHOLARSHIP WINNERS

SCHOOLBOX AWARD FOR MRS MACCOLL

HEATH READS FOR MS

YEAR 3 CENTACARE DONATION

A TASTE OF TAFE FOR YEARS 11 AND 12

MIDDLE YEARS SCIENCE WEEK

SENIOR YEARS GUEST SPEAKER

FAREWELL MR LEETE

IL CIBO È OTTIMO!

JOINING TOGETHER TO PROVIDE ASSISTANCE





#### AUSTRALIAN COLLEGE OF EDUCATORS AWARD

Congratulations to Head of Music, Ms Maureen Cameron on the nomination for an Australian College of Educators Award: Excellence in Education - Educational Leader.



#### RELAY FOR LIFE 2022

Our students came together to create another successful Relay for Life fundraiser raising over \$10,000 for the Cancer Council.



#### NAVY EMERGING TECHNICIAN AWARD

This semester the College won the Navy Emerging Technician Award, a nationwide competition. Careers Coordinator, Mrs Renee Campbell took students Jasmine, Jamie, and Austyn on an overnight adventure to HMAS Cairns, which gave students an insight into a career with the Navy.



#### YEAR 5 CONSULTATION

A selection of Year 5 recently met with Principal Mr Ian Margetts to give student voice to Year 6 2023.

#### YEAR 4 CARE PACKAGES

Nurse Rachel from Cairns Hospital collected the care packages that Year 4 made for the Children's Ward at the Hospital.



#### YEAR 9 SILLY SOCK FUNDRAISER

Our Year 9 cohort recently held a Silly Sock Day fundraiser to help fellow student Mihael and his family, who have faced a few medical hurdles lately.

On the last day of Term 3 and to Mihael's surprise, Year 9 presented him with a cheque for monies raised from their recent fundraiser.



#### YEAR 7 SCHOLARSHIP WINNERS

Deputy Principal Middle Years, Mr Paul Ford awarded Year 6 students Madeline, Rafael, Hannah & Charlie-Rose scholarships for Year 7, 2023.



#### SCHOOLBOX AWARD FOR MRS MACCOLL

Congratulations to Mrs Kate Maccoll who was awarded the Schoolbox Unsung Hero Award. A Schoolbox Unsung Hero is someone who goes over and above what is required of them in their role, and consistently demonstrates leadership and best practice in the use of Schoolbox within their school.





### JUNIOR YEARS STUDENT HEATH

Junior Years student Heath met with Deputy Principal Junior Years, Mrs Redgwell to discuss his phenomenal effort to raise funds for MS Australia and MS Queensland through the MS Readathon.



### YEAR 3 CENTACARE FUNDRAISER

During Catholic Education Week, Year 3 created an art gallery displaying their artwork for sale to the College community. Students raised an incredible \$455 to donate to Centacare FNQ to assist Ukrainian refugees settling in our region.



### A TASTE OF TAFE FOR YEARS 11 AND 12

Students in Years 11 and 12 attended a Tafe Trade Taster day. The event was an opportunity for students to have a taste of a career in plumbing, cabinet making, construction and electrotechnology.



### MIDDLE YEARS SCIENCE WEEK

Middle Years had lots of fun with a range of Science Week related activities in the Middle Years Science lab centre.



### SENIOR YEARS GUEST SPEAKER

Senior Years students recently attended a presentation by Angela Barker OAM as part of the Love Bites program. Ms Barker is an Australian advocate for anti-violence and relationship education.



### FAREWELL MR LEETE

In June, we farewelled Mr Christopher Leete. Mr Leete is one of the longest-serving members of our College and was the first Year 11 and 12 Coordinator with our first graduating Year 12 class in 2009. Staff paid tribute to Mr Leete's well-known dress sense (tie matched with shorts) and came to work today 'dressed as Mr Leete.'



### IL CIBO È OTTIMO!

The Year 9 Italian Language class enjoyed an evening of Italian cuisine at Vitalia's Italian Restaurant. Students enjoyed a four-course meal, including authentic arancini, pizza, gnocchi, and ice-cream.

### JOINING TOGETHER TO PROVIDE ASSISTANCE

St Andrew's Men (SAMs) and the Young Ladies of St Andrew's (YLSA) recently combined forces to assist a fellow student with fundraising. Year 12 student Mia Christopher has been fundraising with her local tennis club to raise funds for the Liz Plummer Oncology Centre in Cairns.





# FAREWELL CLASS OF 2022

We say goodbye to our  
Year 12 Class of 2022.

May life after St Andrew's be  
blessed with happiness, and every  
step is one of purpose, and that  
you look back at your time with  
fond memories and smile a little  
when you think of your time at St  
Andrew's.

We look forward to welcoming  
you back as Old Collegians' when  
you next saunter down the College  
Journey Pathway.





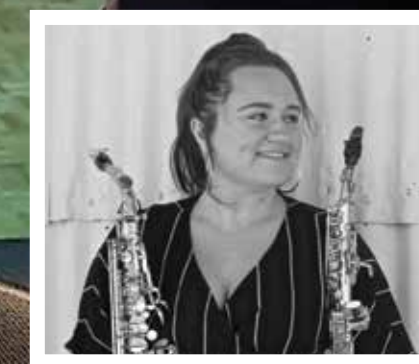


# Life Beyond ST ANDREW'S



## INSIDE THIS EDITION:

- In the swim with Will
- A musical journey with Jazz



[www.standrewscc.qld.edu.au/oldcollegians](http://www.standrewscc.qld.edu.au/oldcollegians)



# Will Layton

## Class of 2021



Will graduated St Andrew's in 2021 and continues with his very busy swimming career by moving to America on a full athletic and academic scholarship at St Thomas University, America. In 2021 the College awarded Will with the peer-nominated award - *Ampol Best All Rounder*.

### What year did you graduate?

2021

### What are you currently studying?

I am majoring in Computer Science at St Thomas University, Miami, Florida, USA.

### What has been your biggest success so far?

My biggest success has been recovering from an ACL reconstruction and becoming a collegiate athlete within one year and two months. I ruptured my ACL in June 2021 playing volleyball for the STACC team.



Unfortunately, this occurred one month before I was due to compete at the Australian Olympic Swimming Trials in Adelaide. With the support of my parents, coach, physio, swimming club, family, friends and the teaching staff at St Andrew's, I could get through the rehabilitation process and complete Year 12. I could not be more thankful for what I was able to achieve and I was very humbled and honoured to be recognised by my peers and awarded the Ampol Best All Rounder Award.

I was cleared to swim in January of 2022 and competed in the Australian Open Nationals in May 2022, achieving personal best times in all my races. As an 18-year-old, I held the following rankings in Australia for Long Course Swimming (taken from Swim Central 18/9/22):

- 50m Butterfly – 6th in Queensland, 7th in Australia
- 100m Butterfly – 7th in Queensland, 10th in Australia

I graduated with an ATAR of 93, which converted to a Grade Point of Average (GPA) in the USA of 3.8/4.0 allowing me to successfully apply for entry to St Thomas University in Miami Florida. I am now studying on a swimming and academic scholarship as a collegiate athlete on the "Bobcats" swimming



team.

### Who are your idols in the swimming world? Have you met them?

Cameron McEvoy was one of my idols growing up. I met him at the FNQ Coral Coast Invitational in 2012 where I competed in the handicapped event to race against the Olympians. Cameron is a three-time Olympian and won medals at Junior World Champs, Olympics in 2012, World champs in 2015, Commonwealth games in 2014 and pan-pacific champs in 2016. As well as his great achievements in the pool he also studied Physics and Mathematics, and he is a great role model, as were the other swimmers including Chris Wright that came to support this event.

### How do you balance study with the demands of your athletic scholarship?

I don't find it too hard after many years of swimming 8 – 10 sessions a week and managing my time with study. I have learned to be productive in my spare time between classes and training. Each morning I come back from training, eat my second breakfast, have a quick power nap, and then go to the library to study and complete assignments for 1-2 hours before my classes start for the day. Then at the



end of the day if I have something due that night I will work on it. Otherwise, I use the afternoons/nights after training to stretch, rest and relax with my dormitory and swim mates. Swimming has been a great sport to improve my time management skills.

### Who was your role model at St Andrew's?

I don't think I necessarily had one role model as there were multiple teachers who provided me with different perspectives, support and mentoring. My Homeform Teacher Mr Ed Gray – or as we knew him "our bearded school mum" – helped me to keep focused and ingrained the ideas of being punctual and polite in every class and to everyone we meet.

The combination of Hospitality Teachers (Chef Sam and Chef Brandon) were always great to joke with and were always super friendly as well as teaching me the great life skill of cooking. The environment at St Andrew's helped to nurture me to grow as an individual and provided me with strong moral values to apply to all aspects of my life.

I also had an older brother, Oliver, who attended the College who I looked up to and was a great example for me both in the pool and academically.

### What is your advice for current graduating Year 12 students?

Keep your head down and focus on what you want and where you want to go after graduation. Even if you don't

get the results you want through school, there's always another path and people around you willing to support and help you through your endeavours.

Make sure you involve yourself in all the schooling events that go on inside and outside school with your friends, as the year will fly by. You will only regret the opportunities you didn't take. I was fortunate to make a wonderful group of friends that will be friends for life, no matter where I am.

### What does the future in 5 years look like for Will?

It's hard to say right now. I plan to complete my university degree in Computer Programming and make the most of my opportunities while studying and swimming overseas in Miami.

*"The environment at St Andrew's helped to nurture me to grow as an individual and provided me with strong moral values to apply to all aspects of my life."*





# Micaela Lukac

## Class of 2017



Micaela graduated St Andrew's in 2017 and continued to JCU to complete a Bachelor of Advanced Science. One of Micaela's biggest successes to date is the opening of her business – Mucho Love, an Argentinean café in Edge Hill.

### What year did you graduate?

2017

### What do you love about your career?

I love that I've found a way to share my Argentinean background in a friendly and inviting environment where people can meet to share stories and have a lovely time.

### What has been your biggest success so far?

My biggest successes since school have been graduating from JCU with a Bachelors Degree in Advanced Science and building a strong, beautiful relationship with my partner, with whom I've now opened a new business during the pandemic.

In addition, we have expanded our café's potential by obtaining our liquor license and opening two nights a week for tapas, Argentinean wines and desserts and hosting events such as Latin Night, which we hosted in October.

### How would you describe a typical day in the life of Micaela Lukac?

Making delicious Peruvian coffee while getting to know my customers is a big part of my days. I create an environment for people who love catching up while experiencing different types of food.

I also like to keep active by going on hikes or to the gym as often as possible and love to think of new ideas to help the Café grow daily.

### What are the most rewarding and difficult aspects of your work?

The most rewarding thing is meeting new people every day. Getting to know customers and building new relationships with the community is something very special, for which I am thankful.

A more difficult aspect of my work is working around all the constant changes our industry faces, for example, stock availability and price increases.

### What do you do to maintain your professional development?

I am always working on improving my organisation skills to balance running the café, spending time with my family and friends and having some rest time.

I am currently thinking of taking an Latte Art course to further develop my barista skills to create the best coffees possible.

### Can you think of a really funny situation you've had while working?

Many funny and memorable situations come to mind. I always love laughing with our regular customers and we often seem to have inside jokes unless, of course, they sit outside (haha).

### What would you do if you weren't in your current career?

I would love to work with biosecurity and do research on invasive insects relevant to my advanced science degree. A possible career change for the future!



*"Ms Johnston.... made me appreciate everything we were learning in science.... and made me realise it isn't necessary to pick one career for the rest of our life."*

### Who was your role model at St Andrew's?

Ms Janet Johnston. She always made me appreciate everything we were learning in science. Most importantly, she also shared with us her past career paths, which made me realise it isn't necessary to pick one career for the rest of our life. We are free to change and learn new skills and new careers if we wish to. I choose to view every job as a new adventure which teaches me new ways of thinking and performing tasks that will allow me to always grow as a person.

### What is your advice for current graduating Year 12 students?

Always put your best efforts into your goals but never become so focused

Images: supplied / Cairns Post

on the end goal that you miss out on so many other wonderful opportunities along the way. Every 'plot twist' will lead to great and unpredictable possibilities if you allow yourself to be flexible and try new things.

### What does the future in 5 years look like for Micaela?

I can never answer this question with certainty, as I always strive to have an open mind to new opportunities. I would love to see Mucho Love Café grow in the future and continue to share delicious food with the community. Having a family orientated café, I also see myself starting my own family in the future and passing on everything I learn from this amazing experience and any future experience.





# Maggie Slater

## Class of 2018



Maggie graduated from the College in 2018 and is currently in her third year of a Bachelor of Arts (Creative Writing and Politics) and a concurrent Diploma of Languages (French). Maggie shares her journey so far and how she balances study, a busy music career and an upcoming international move to Montreal.

### What year did you graduate?

2018

### What do you love about your chosen pathway?

I'm currently in my third year of a Bachelor of Arts (majoring in Politics and Creative Writing) and a concurrent Diploma of Languages (French) at the University of Melbourne. These degrees, alongside my music, allow me to explore all the different areas of academics and creativity that interest me simultaneously.

I often find people are confused by the combination of things that I study but to me it makes perfect sense and they all inform one another.

### What has been your biggest success so far?

Organising my first headline tour all on my own, especially right after the pandemic. It took so much work and time but it was so worth it.

### How would you describe a typical day in the life of Maggie Slater?

If I have classes, I'll usually be scrambling to finish my readings on the tram to uni and then staying at the library until it closes, usually taking a break to have coffee with a friend or sitting in the sun. When I have a day off I'll usually be writing (either songs or pieces for Farrago, the University magazine that I'm a staff writer for), reading or hanging out with my housemates.

### What are the most rewarding and difficult aspects of your musical journey?

The most rewarding aspects of music for me are recording and performing. It's the best feeling in the world to hear all my ideas and experiences come together in a coherent and finalised

form through a finished song. Then getting to perform for people and share those intimate moments and have them feel something from hearing about them is just the cherry on top. Vulnerability does pay off.

The most difficult aspects are all the behind the scenes. There is admin and paperwork that need to be completed, social media, emailing, etc. I've been fortunate for almost all of my major projects to be funded by creative arts grants but they require so much work and can take the joy out of things. I can't wait until I have a manager. This will allow me to focus purely on being creative again.

### What would you do if you weren't in your current career?

It's hard because I honestly wouldn't say I have a career yet. Obviously if I didn't make music, I would just keep studying because I love it. But if I had to pick something different, maybe being a florist? I love flowers and I think being around them all day would be really lovely and calming. Or I'd work on a dive boat so I could dive for free every day; that'd be pretty incredible.

### Who was your role model at St Andrew's?

Two teachers come to mind.

Mr Richard Hafer isn't at St Andrew's anymore, but I had him for English and English Extension. He was the first teacher who I felt pushed me in English and told me that it was something I could study and pursue on its own (as opposed to doing law or education). Mr Hafer was also extremely open about his experiences with mental illness which I cannot put into words the value of. It was extremely brave and had such a lasting impact, not just on students like myself who have mental health

conditions but everybody in the class. To destigmatise mental illness, we must talk about and normalise it. Mr Hafer was one of the first people I knew to do this and it's something I try my best to continue doing in my life.

The incredible Mrs Shaneen Mason. Her passion and commitment to the Arts and her students were unforgettable. Mrs Mason made every Drama class and musical rehearsal a fun and safe space for students. Those times were easily the most carefree and creative I felt at St Andrew's.

### How do you combine schoolwork with your music schedule?

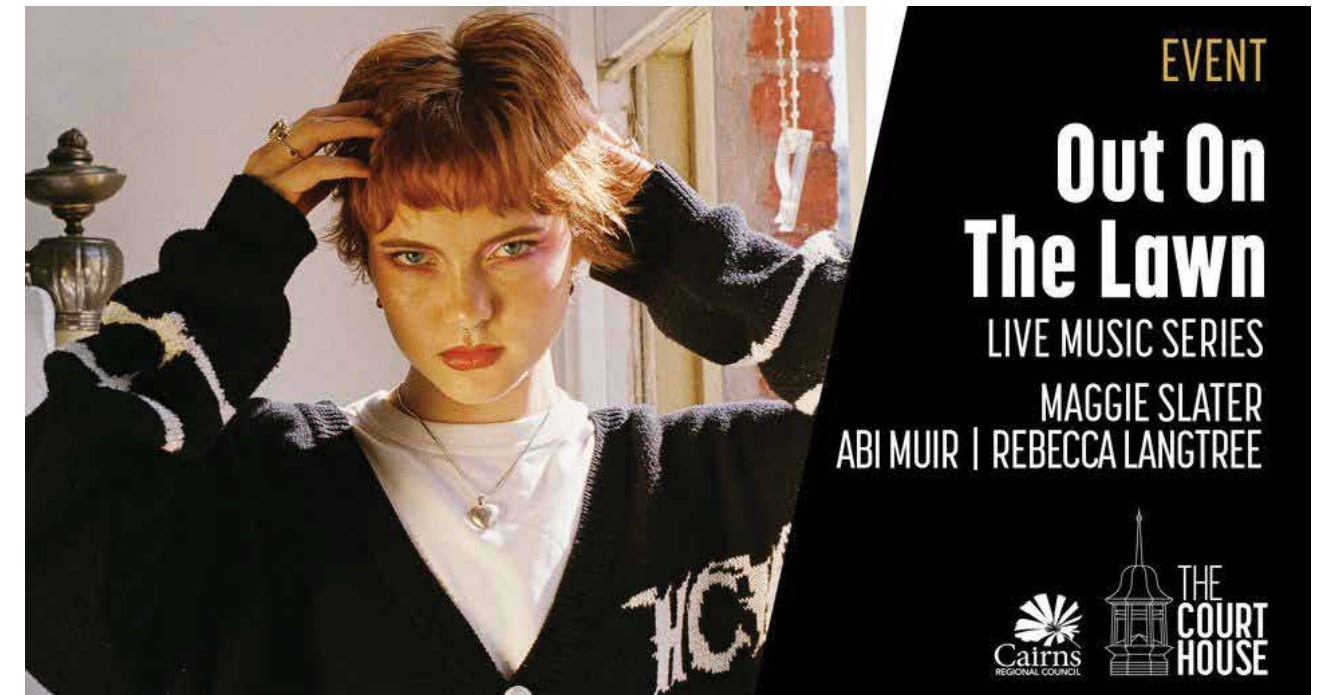
It's hard; my heart is split in so many different ways. My priorities kind of ebb and flow (mostly depending on deadlines). To answer practically, I only ever take three subjects a semester at uni so that I have the time and energy for music.

### What is your advice for current graduating Year 12 students?

Quite honestly, relax. This isn't to say don't work hard or try your best; those are both integral. Your marks truly do not define who you are. Set goals that are practical and sustainable, not just for the sake of ticking off a box or proving something to yourself.

When I look back to my time at St Andrew's, I never stopped moving. I was so exhausted every day. Entry into the course that I'm in now did not require that kind of sacrifice.

It took time, a lot of sleep, and a decent amount of therapy to realise that my expectations for myself weren't necessary. I wish I'd gained this perspective earlier so I could have enjoyed the journey more and been kinder to myself.



### What does the future in 5 years look like for Maggie Slater?

It's so hard to say! I'm moving to Montreal in December for a year on exchange (and to get fluent in French finally), so who knows where that will lead me. Once I'm back I'm planning on doing an Honours year and then probably my Masters or the Juris Doctor, but if things are going well with music I might delay that for a little. I've also started writing a novel which I'm keen to finish as soon as possible. I'd also love to record a full-length album as soon as I can get the money together for it; we'll have to wait and see I guess. I'm kind of just letting things lead me wherever they may.

*"The incredible Mrs Mason. Her passion and commitment to the arts and her students were unforgettable. She made every drama class and musical rehearsal a fun and safe space to be. Those times were easily the most carefree and creative I felt at St Andrew's."*



Maggie has a new single and her first ever music video coming out on November 16th. She is currently running a GoFundMe campaign to help cover some of the costs associated with this release, which she would be extremely appreciative of any contribution to. You can find Maggie and her music on Facebook, Spotify, Apple music, and all other streaming services under 'Maggie Slater' and on Instagram at @maggieslatersux.

<https://www.gofundme.com/f/maggie-slater-single-and-music-video-pr-campaign>



# Jazmin Ealden

## Class of 2012



Jazmin graduated from the College ten years ago in 2012 and has continued her journey with Music professionally and personally.

Jazmin has travelled internationally with Music, played with the Western Australia Symphony Orchestra, started her own freelance business as a Musician and Academic and is currently working as the Events and Marketing Coordinator for VolunteeringWA. Amongst all this busyness, Jazmin still finds time to compete in triathlons, study and spend time with family and friends.

### What year did you graduate?

I graduated in 2012. Ten years this year!?!

### What do you love about your career?

Above all else, my career so far has been a huge learning journey. Heading into a career in the arts is always unpredictable, and throwing a pandemic into the equation has only exacerbated this! I recently started working for VolunteeringWA as the Events and Marketing Coordinator.

My role oversees the coordination of large scale annual events, including an Awards Gala Dinner, a VIP Garden Party and a State-wide Conference

from planning to delivery. Previously, I was working as a freelance musician and academic at the Western Australian Academy of Performing Arts (WAAPA) as well as teaching at several schools in the Perth area and directing my own events.

Even though I've moved away from music, I love that all of my experiences as a musician - the touring, scheduling, directing rehearsals and concerts, working collaboratively etc. - have provided me with a solid foundation and wealth of experience to move into a new sector.

### What has been your biggest success so far?

I've been privileged to have had so many amazing experiences over the years; travelling to China to present research and perform a recital at an international conference, publication in international magazines, working on staff at WAAPA teaching undergraduate musicians, performing with the Western Australian Symphony Orchestra, and directing many of my own tours and projects with some of my closest peers.

### How would you describe a typical day in the life of Jazmin?

I think the pandemic has taught us a lot about our habits and the importance of balance. I work from home 50% of the week, which helps with this balance, and I enjoy the office time for collaborative work and social connection. Outside of working hours, I enjoy classes at a local CrossFit gym, hiking and camping with my wife, and open-water swimming and triathlons in the summer season.

### What do you do to maintain your professional development?

I've always been passionate about directing my own projects and developing the events and project management side of my skill set. As a freelance musician, these projects are also imperative to a sustainable career where, generally, the week comprises multiple income streams. Working on self-devised projects is also great because there's no limit to what you can achieve!



*"Don't sweat the small stuff! It took me six years (including six months living overseas, then an interstate move, and three different course transfers) to graduate with a four year honours degree."*

### What would you do if you weren't in your current career?

Anything that pays enough to afford the finer things in life and gives back to the community in one way or another.

### Who was your role model at St Andrew's?

I lived and breathed the Music department at St Andrew's. I have so many fond memories over the years and thankfully, ten years on, I'm still in touch with many of the St Andrew's Music family. The department taught me so much about self-discipline, time management, reflection, and respect, and I'm very grateful for all of the opportunities, extra hours, and endless support I experienced in all my years at the College.

### What is your advice for current graduating Year 12 students?

Don't sweat the small stuff! It took me six years (including six months living overseas, then an interstate move, and three different course transfers) to graduate with a 4-year honours degree.

I've also since started (and stopped) a Masters and a PhD program. 17 year old me would've been horrified that I hadn't graduated and fallen into a dream career by 25! There's so much internal and external pressure about what the high school graduate/university/early adulthood journey should look like, but more often than not, it's just not realistic. People change; don't be afraid to take time off or reassess your direction if you're not happy.

### What does the future in 5 years look like for Jazmin?

Who knows! I would love to continue working in a sector that gives back to the community, and maintaining a balance of hard work, quality time with family and friends, and lots of time outdoors and in nature.







# Year 7, 2023 Parent Information Evening



*RSVP*

6PM - 7PM  
**17 November 2022**  
All Saints' Theatre

Light refreshments provided  
from 5:30pm

\*\* We encourage all current and prospective parents to attend \*\*



# Christmas CAROLS BY THE CHAPEL

**FRIDAY, 25 NOVEMBER**  
**6PM - 8PM // ALL SAINTS' CHAPEL LAWN**

Seasonal Carols, Special Musical Presentations, Food Vans and more!

Bring a chair, picnic rug and your best singing voice!





185-205 Redlynch Intake Road, Redlynch Cairns  
PO Box 150, Redlynch QLD 4870  
Tel: (07) 4039 5200 Fax: (07) 4281 6805

Circos Provider: 02256D

**[www.standrewscc.qld.edu.au](http://www.standrewscc.qld.edu.au)**

**Disclaimer**

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