

We acknowledge Aboriginal and Torres Strait Islander families are the first peoples of this nation and have been birthing and raising children for thousands of years through strong indigenous parenting practices.

We are committed to the significance of family and that FAMILY is the best place for raising their children.

Our Program is designed for you as parents/caregivers and your kids, from before birth to 18 years.

Wellbeing Workers develop a plan in collaboration with family to enhance children and family's safety, wellbeing and connection to culture.

How can you access this service?

- Families can self-refer
- Families are referred by other agencies.
- You can give us a call and have yarn to one of our Wellbeing Workers any time.



TAIHS Family Wellbeing Program is part of the Townsville Aboriginal & Islander Health Service.

Families can self-refer or agencies can direct their referrals to:

Contact details:

Ph: 07 4431 1458

Office located:

12 Wickham Street, Townsville

Yamani Meta:

Families can drop in anytime or attend scheduled session.

**Located: 16 Peel Street
(off Lonerganne St Garbutt)**

**Office hours:
Monday to Friday
8am – 4.30pm**



TAIHS

Townsville Aboriginal & Islander Health Service

This program is funded by the Queensland Government Department of Child Safety, Youth and Women. Queensland Education and Training. Department of Prime Minister and Cabinet.

www.taihs.org.au

Family Wellbeing Program



TAIHS

Townsville Aboriginal & Islander Health Service



Working with our mob, growing our families strong and together we are raising our future elders.

The Wellbeing Workers will get to know your storyline and will work with you to identify changes and create your new storyline..

We will support you and your whole family to grow your kids to be physically, emotionally and spiritually strong.

Parents are their kids first teachers. And kids are our future.

! build healthy relationships with family

! regulate emotions & behaviours

! be healthy & well

! learn routines & activities at home

! be connected & proud of culture

! get kids enrolled in Day Care, Kindy or School

! play safe at home & at school



Our service is available to Aboriginal & Torres Strait Islander families, to strengthen, nurture & care for their families.

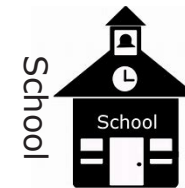
We also provide advice, information & refer to other community programs & services.



Housing



Managing money



School



Health



Specialist services



Your family can thrive in a culturally safe and understanding environment.