

Newsletter



**ST MARY'S
CATHOLIC
SCHOOL**
Mary Our Help

Farewell Outgoing School Board

In TCEO schools, a Catholic School Board is a group of people, who seek to assist the school community to be true to its Catholic identity and Mission Statement, to be alert to the signs of the times, and to plan for a future of continual improvement.

The Board's function is advisory and pastoral, rather than managerial or operational. Our Board is about a shared wisdom, where we act in a spirited process of collaborative ministry.

Over the years, we have been truly blessed to have many long standing Board members. During their term of membership, and for many, a continuation of their terms, the members have made important "big picture" contributions to the life of our school.

This year, our School Board has spent extensive time reviewing and adopting a Model Constitution. As such, our School Board has undertaken a renewal process through prayerful discernment. During Term 1, we actively sought expressions of interest and were overwhelmed with the applications. During our April board meeting, the new School Board was elected.

We would sincerely like to thank the following outgoing School Board members for their active contribution to being part of the life of our St Mary's Catholic School.

- Sally Kirkpatrick
- Annie Fordham
- Melinda Nane
- Melanie Menzies
- Fay Ryle

Our new School Board Members include:

- Clare Brazil (Parish Representative)
- Krystal Land (Teacher Representative)
- Jessica Cristaudo (Parent Representative)
- Liz Watson (Parent Representative)
- Margaret Price (Co-opted Member)
- Judy Feeney (Co-opted Member)
- Fr Thoams (Exofficio)
- Colette Williams (Exofficio)



Despite each new Board member holding a different position within the community, all members recognise that there is no rank, and that each member has a wisdom to share.

I wish all of our new Board members the very best and I am sure that their shared wisdom will see our school grow and flourish well into the future.

Colette Williams
Principal



Religious Life of our School

The Examen

The Prayer of Examen is a form of prayer that was developed by Ignatius of Loyola in the 15th Century, the founder of the Jesuit Order of priests. Through the Examen we come to know God's love for us more deeply, gradually becoming more aware of God's presence in everything. The Examen provides a mirror which reflects God's active presence in our everyday lives.

The Examen may be prayed at the end of the day, at the end of the week or at the end of a term.



Steps of the Examen

1. **Become aware of your feelings at this moment.**
2. **Be thankful to God for your gifts and your life.**
3. **Tell God that you want to see yourself more and more as God sees you.**
4. **Go over the events of your day so far and reflect on one of these when you really noticed God was with you and loving you.**
5. **Thank God for the good times.**
6. **Tell God that you are sorry and ask for help if you need to change in some way.**
7. **Look forward with hope and reflect on how you need to grow in your love for God by being more helpful to others in the days to come.**

You may consider following these prompts to engage in an Examen prayer during these challenging times.

1. *Take a moment to settle. Take a deep breath. Get comfortable. Like a rock settling on the bottom of a lake after it's thrown in, let yourself settle. Acknowledge how you are feeling at this moment. If being calm is hard, acknowledge it. If you find yourself frustrated or stressed, acknowledge it. God wants to be present in all parts of our lives—not just the easy or serene moments.*
2. *Ask for light and insight as you prepare to review your day. For some that light may come in the form of a sense of the Divine. For others it's from a deep sense of your true self.*
3. *Take a moment to think about how COVID-19 has impacted your life. Even as we are being asked to distance ourselves from one another socially, ask yourself what connections you find yourself grateful for? Who makes you feel grounded and connected to God?*
4. *Public health issues have a way of making us recognise how interwoven our lives are with others in society. It can help us realise who we may often choose not to see or connect with. Is there a person or group of people especially affected by COVID-19 that you don't often choose to see or connect with normally? What connections to others are you becoming more aware of? Who do you normally choose to reach out and connect to? Who do you avoid or refuse to see? If you can, picture the faces of these people. What connections do you take for granted in your life? What connections impact you the most?*
5. *Note the emotions you feel when you think of these individuals without judging or over analysing. Simply acknowledge them, pay attention, and listen to where God may be speaking.*
6. *As you think of the ways we are connected or disconnected to one another, pick a connection that seems important, significant, or is manifesting itself the strongest. Pause and reflect on where you're being invited to grow from that moment. If you are a person of faith, take a moment to pray with it.*
7. *God gifted us with limitless creativity and imagination. Even in this time of separation and possible isolation, what is one way you can maintain meaningful connection to others—whether directly, through technology, or intentional focus and attention?*

Stay safe everyone :)

Colette Williams
APRE

**Harry S (Yr1) set up his prayer table and was meditating before hanging out with his class mates.
Thank you for sharing Harry!**





On Saturday, 9 May, Gary Pinto will be hosting a free online concert for Project Compassion, bringing Australian and International music stars directly from their loungeroom, to yours. We are overjoyed to announce some of the musicians who will be bringing their big talents (and big hearts) to the show:

- Gary Pinto
- Diesel
- Carmen Smith
- Bobbie Lee Stamper
- Matt Gresham

More artists are confirming by the day, so we will be sending updates to let you know who to expect in your loungeroom!

Walk With Me: Loungeroom Sessions

When: Saturday 9 May, 2020 at 4 p.m

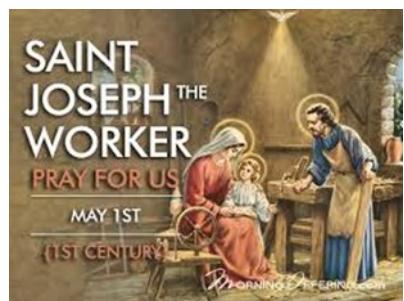
Where: Pre-register at the following link:

<https://www.livemusic2u.com/loungeroomsessions/>



News from our School Chaplain Mrs Maltby...

1 May - St Joseph the Worker feast day



This week I have visited the classrooms and sat in meditation with the children. The silence and stillness in a classroom of children is an experience to behold. Well done everyone.

The kingdom of God is a way of life. It is not only a way of life offered by Jesus but one that he pioneers for us. He is our way; he is our freedom. (Madonna magazine)

My contact details: Phone: 47861203

Email: cmaltby@smbtsv.catholic.edu.au

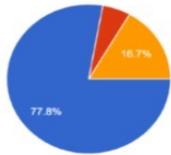


Online Learning

What do the students think?

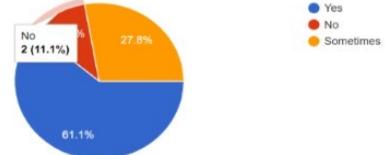
1. Do you like learning on the 'Google Classroom'?

18 responses



2. When the virus goes away do you want to keep learning using 'Google Classroom'?

18 responses



Some of the students' favourite things to do using 'Google Classroom'-



- ◆ **Hangouts**
- ◆ **Wishball**
- ◆ **Typing**
- ◆ **Learning**



Some comments from our learners-

- ◆ **"Because it is really fun!"**
- ◆ **"Because you get to move onto the next task and do not have to wait to start the next activity."**
- ◆ **"You get to learn."**
- ◆ **"You can see your friends work."**
- ◆ **"Because you get to choose different things to do."**

Due to COVID-19 we all dived into Online Learning via the Google Classroom Platform. It was lovely to receive some positive feedback from our students about how the platform is working. We are grateful as teachers to be able to continue to allow our students to have the opportunity to learn throughout this pandemic. I hope that all of our Parents and Caregivers are enjoying the online learning journey as well. We look forward to welcoming all of our learners back into the classroom environment in the very near future.

Krystal Land

Learning and Teaching Adviser





Congratulations to our Principal Awardees for this week: Knite Land (P), Charlotte Wood (Yr1), Samantha Pugh (Yr2), Aislinn Ninnes (Yr3), Ines del Solar (Yr4), Ella Menzies (Yr5) and Alexis Gilliland (Yr6).



**ST MARY'S
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St Mary's Catholic School
Outside School Hours Care (OSHC)

AFTER SCHOOL CARE

2:50PM - 6:00PM

Fee Schedule 2020

Permanent \$22.00

Casual \$27.00

Late Fee - \$30.00 per child per 15 min increment after
6:00pm.

Cancellation - please phone the OSHC directly to advise of
any absence or to cancel a permanent booking.

Contact details:
0428 216 062

bownoshc@mmcnq.catholic.edu.au

39 POOLE STREET BOWEN Q 4805 P 07 4786 1203 E bwn@tsv.catholic.edu.au smbtv.catholic.edu.au



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- 28 Apr Ryda Acton
- 28 Apr Isla Cristaudo
- 28 Apr Mica Hicks
- 29 Apr Ayden Roberts
- 29 Apr Taylah Smith

Thanks to everyone who has shared
photos of their experiences while
learning from home.

We love hearing from you so please keep
sending in your photos via email to our
email address:

bwn@tsv.catholic.edu.au

We are missing you
all and hope to hear
from you soon!

Please take care
everyone.





Corona Virus COVID-19 Statement

Dear Parents and Carers

During this challenging time, we want to provide you with an update on our response to the evolving COVID-19 coronavirus health emergency.

Trans North has had measures in place since the beginning of March to limit risk to our staff and clients, these have recently been upgraded in response to the greater risks now evolving.

Workplace hygiene is more important than ever and as a provider of passenger transport, we are focused on the health and well being of our staff and passengers. Currently we achieve this through the supply of hygiene products and practices with our staff.

In relation to our Buses and Coaches we have increased sanitising and disinfection measures above our current cleaning processes. These include the following and will be expecting our Drivers to ensure they follow these very important steps going forward:

- All areas that a passenger may encounter with their hands are sprayed with a disinfectant spray bottle or can on completion of each charter, school run and set service runs.
Example areas: handrails, seat belts buckles and clips, arm rests, window edges and where a driver believes required.
- Air conditioning systems are now being sprayed at the end of each shift with antibacterial disinfectant spray.
- Air conditioning filters are to be cleaned at the conclusion of each day and sprayed with anti-bacterial disinfectant.
- Floors of each bus to be swept and mopped at the end of each shift. Water in the mop buckets need to be changed after every bus has been mopped.
- Wipe internal windows after each shift.
- Remove all rubbish and replace bin liner (including rubbish left between or behind seats).

We are confident that by working together, we will navigate through this challenging time.

We hope you and your families remain safe and healthy.

Paul Rinaudo
General Manager