

# Mother Cat Perfectly Summarizes Breastfeeding For Mums



Videos and pictures involving cats seem to get all the attention on social media.

But there was one in particular which resonated with us - **the picture of a cat mum feeding her kittens.**

In this picture, the mum cat is sprawled on her back, arms and legs spread in complete and utter acceptance, eyes devoid of real feeling or thought. Surrounding her is a gang of 4 kittens who are enjoying a nutritious and delightful feed – and who are completely oblivious to the mum's acceptance of their wants and demands.

I'm not telling you anything you don't (or won't) already know - being a mum is kinda hard. The image of mama cat - which circulated the internet at breakneck speed - definitely captures that.

And breastfeeding's not always so easy, either. It takes time, patience and practice to master the art. And it is an art.

The mama cat clearly knew exactly what to do. But us humans may need some extra preparation to make sure that we're comfortable and prepared prior to the arrival of their baby.

**A Comfortable Feeding Bra:** The bras which you wore before and during pregnancy will not do you justice after your milk comes in. Not only will your breast size increase, but you will not



have easy access to the breast. After your bubs is born, make a point to visit a maternity shop and purchase at least 2 or 3 nursing bras.

**Quality Nursing Clothing:** Nursing clothing is almost just as important as having a well-fitted nursing bra. Not only does it make you feel more comfortable and on-trend, but high quality nursing clothing such as those we offer at [Peachymama](#) make feeding your bubs easier while keeping you more covered.

**A Nursing Pillow:** A lot of mums (particularly those with a smaller bust) love using a nursing pillow to help their success when feeding. A nursing pillow also gives your baby a comfortable place to lay while reducing strain on a mum's back.

**Nursing Breast Pads:** Not all breastfeeding mums leak milk but a large majority do. Be selective when choosing your nursing pads. Do you want reusable or disposable? Do they need to be slim and super sticky or can they have a bit more heft?

Every mum and each new baby naturally creates new needs and demands.

The key is to be prepared for what comes your way and to be sure that you have those needs taken care of.

For more information on how to dress for breastfeeding success, contact us here at [Peachymama](#).

## Further Reading:

- <https://ca.news.yahoo.com/face-of-breastfeeding-cat-sums-up-motherhood-for-every-mom-ever-143454075.html>
- <http://www.peachymama.com.au/>