



**2023**  
**Amelia McGuinness**  
**XC Sprint Time Trial**  
**& XC Team Sprints**  
**PERISHER VALLEY**  
**Monday August 21, 1pm**  
(Organised by NSWACT XC Committee)



The Amelia XC Time Trails and Team Sprints are both a fundraiser for the Amelia McGuinness Foundation and a chance to gain valuable XC event experience under race conditions before the Interschools competitions.

An individual XC Time Trial will be conducted near the Nordic Shelter. The course will be determined on race day dependant upon snow conditions and therefore the distance could vary from 400 to 1,000 metres. An XC Team Sprint competition will be held after the Time Trials, if the weather allows. Teams will be assembled by the event organisers

Bring your skate skis or your classics – whatever you will have the most fun on!

**Start Time:** Qualification starting rounds will commence at 1pm  
Team Sprints will commence soon afterwards, only if weather is vafourable.

**Race Office:** Nordic Shelter - open from 11-12:30 on race day.  
Race bibs for the Time Trials can be collected during those hours.

**On-line Entry:** <https://www.snow.org.au/eventsregister/196950/&cat=240&f=list>  
**Enter on the day** – before 12 noon – SHARP!

**Race Fees:** \$50.00 Entry fees will be donated to the Amelia McGuinness Fund.

**For Further Information:** <http://www.interschools.com.au/>

**Presentations:** Held at the Nordic Shelter shortly after the event.

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Entrant Surname ..... First Name.....M/F .....  
Address .....State .....Postcode .....  
Phone .....Email ..... Date of Birth.....

**Declaration**

I agree to enter the NSW Amelia Time Trial and Team Sprints and to abide by the rules of Skiing Australia XC. I declare that the details on my entry form are true and correct. By entering this event I will not hold responsible Snowsports ACT, NSW Snowsports, the NPWS, SSA or the organising body for any accidents or injuries that may occur to me or my child and I absolve these bodies from any liabilities. I understand that it is my responsibility to ascertain my or my child's fitness to compete.

My race entry fee of \$..... is enclosed. Entrant's signature.....

Parent/Guardian (if under 18 years)Name.....Signature.....Date.....

