

ATHLETICS AUSTRALIA

AUSTRALIAN RECORDS AS AT 18th July 2019.

MEN					
EVENT	PERF.	DATE	VENUE	NAME	STATE
100 METRES					
Aust Allcomers	9.8699999999	23-Sep-00	Sydney	Maurice Greene	USA
Aust National	9.93	5-May-03	Mita, JPN	Patrick Johnson	ACT
Aust U20	10.15	1-Jul-18	Finland	Jake Doran	QLD
Aust U18	10.38	11-Dec-15	Perth	Jack Hale	TAS
Aust U16	10.67	7-Dec-13	Townsville	Jordon Shelley	NSW
200 METRES					
Aust Allcomers	19.92	25-Feb-99	Melbourne	Frankie Fredericks	NAM
Aust National	20.06	16-Oct-68	Mexico City	Peter Norman	VIC
Aust U20	20.48	3-Feb-85	Brisbane	Fred Martin	NSW
Aust U18	20.90	6-Nov-82	Sydney	Darren Clark	NSW
	20.90	19-Aug-89	Saga	Paul Greene	NSW
	20.90	24-Sep-17	Townsville	Zane Branco	QLD
Aust U16	21.44	8-Dec-13	Townsville	Jordon Shelley	NSW
400 METRES					
Aust Allcomers	43.84	25-Sep-00	Sydney	Michael Johnson	USA
Aust National	44.38	26-Sep-88	Seoul	Darren Clark	NSW
Aust U20	44.75	8-Aug-84	Los Angeles	Darren Clark	NSW
Aust U18	45.96	19-Aug-89	Saga	Paul Greene	NSW
Aust U16	48.12	7-Dec-88	Sydney	Paul Greene	NSW
800 METRES					
Aust Allcomers	1:43.15	4-Mar-10	Melbourne	David Rudisha	KEN
Aust National	1:44.21	20-Jul-18	Monaco	Joseph Deng	VIC
Aust U20	1:45.91	28-Jul-95	Lindau	Paul Byrne	VIC
Aust U18	1:47.24	11-Dec-93	Canberra	Paul Byrne	VIC
Aust U16	1:51.41	11-Dec-88	Canberra	Mark Holcombe	VIC
1000 METRES					
Aust Allcomers	2:17.67	14-Jan-88	Melbourne	Michael Hillardt	QLD
Aust National	2:16.09	17-Jun-14	Ostrava	Jeffrey Riseley	VIC
Aust U20	2:20.5	6-Jan-94	Melbourne	Paul Byrne	VIC
Aust U18	2:23.1	7-Jan-93	Melbourne	Michael Power	VIC
Aust U16	2:28.7	7-Jan-92	Melbourne	Michael Power	VIC
1500 METRES					
Aust Allcomers	3:31.25	9-Sep-01	Melbourne	Hicham El Guerrouj	MAR
Aust National	3:31.06	22-Jul-10	Monaco	Ryan Gregson	NSW
Aust U20	3:37.24	28-Feb-09	Sydney	Ryan Gregson	NSW
Aust U18	3:43.84	1-Dec-07	Sydney	Ryan Gregson	NSW
Aust U16	3:53.7	15-Nov-01	Melbourne	Tyson Mahon	VIC
1 MILE (= 1609.33 METRES)					
Aust Allcomers	3:51.54	7-Feb-91	Melbourne	Simon Doyle	QLD
Aust National	3:48.98	29-Jul-05	Oslo	Craig Mottram	VIC
Aust U20	3:56.87	8-Aug-80	Berlin	Michael Hillardt	QLD
2000 METRES					
Aust Allcomers	4:50.76	9-Mar-06	Melbourne	Craig Mottram	VIC
Aust National	4:50.76	9-Mar-06	Melbourne	Craig Mottram	VIC
Aust U20	5:09.40	15-Jun-16	Perth	Matthew Ramsden	WA
Aust U18	5:15.5	22-Dec-79	Adelaide	Mark Arens	SA
3000 METRES					
Aust Allcomers	7:39.22	20-Feb-99	Sydney	Luke Kipkosgei	KEN
Aust National	7:32.19	17-Sep-06	Athens	Craig Mottram	VIC

Aust U20	7:57.45	13-Mar-09	Christchurch	Ryan Gregson	NSW
Aust U18	8:01.26	10-Nov-07	Sydney	Ryan Gregson	NSW
Aust U16	8.25.31	8-Nov-14	Sydney	Joshua Torley	ACT
5000 METRES					
Aust Allcomers	12:56.41	20-Mar-06	Melbourne, MCG	Augustine Choge	KEN
Aust National	12.55.76	30-Jul-04	London	Craig Mottram	VIC
Aust U20	13:25.63	7-Aug-99	Hechtel	Mizan Mehari	ACT
Aust U18	14:14.35	24-Nov-07	Sydney	Ryan Gregson	NSW
10000 METRES					
Aust Allcomers	27:18.20	25-Sep-00	Sydney	Haile Gebrselassie	ETH
Aust National	27:24.95	1-May-11	California	Ben St Lawrence	NSW
Aust U20	28:50.4	16-Dec-76	Melbourne	Rob de Castella	VIC
20000 METRES					
Aust Allcomers	59:22.8	27-Oct-65	Geelong	Ron Clarke	VIC
Aust National	58:37.2	17-Apr-82	Rome	Rob de Castella	VIC
Aust U20	70:03.8	5-Oct-68	Melbourne	Max Little	TAS
1 HOUR TRACK					
Aust Allcomers	20,232.56m	27-Oct-65	Geelong	Ron Clarke	VIC
Aust National	20,516m	17-Apr-82	Rome	Rob de Castella	VIC
Aust U20	18,678m	29-Aug-73	Adelaide	Tony Bart	SA
25000 METRES					
Aust Allcomers	79:56.4	31-Jul-16	Hobart	Joshua Harris	TAS
Aust National	79:56.4	31-Jul-16	Hobart	Joshua Harris	TAS
Aust U20	84:12.0	3-Nov-74	Melbourne	Eero Keranen	VIC
30000 METRES					
Aust Allcomers	96:39.7	31-Jul-16	Hobart	Joshua Harris	TAS
Aust National	96:39.7	31-Jul-16	Hobart	Joshua Harris	TAS
Aust U20	106:53.0	3-Nov-74	Melbourne	Eero Keranen	VIC
100M HURDLES					
Aust U16 (.84m)	12.66	3-Dec-16	Canberra	Sasha Zhoya	WA
110M HURDLES					
Aust Allcomers	13.00	25-Sep-00	Sydney	Anier Garcia	CUB
Aust National	13.29	11-Aug-95	Goteborg	Kyle Vander-Kuyp	VIC
Aust U20 (1.067m)	13.76	19-May-78	Pocatello	Don Wright	QLD
Aust U20 (.99m)	13.27	12-Jul-12	Barcelona	Nicholas Hough	NSW
Aust U18 (.91m)	12.87	5-Jul-19	France	Sasha Zhoya	WA
200M HURDLES					
Aust Allcomers	22.59	14-Mar-96	Brisbane	Darryl Wohlsen	QLD
Aust National	22.59	14-Mar-96	Brisbane	Darryl Wohlsen	QLD
Aust U20	23.2	9-Feb-63	Brisbane	Peter Balthes	QLD
Aust U16 (.76m)	24.54	9-Dec-05	Sydney	Jared Bezuidenhout	WA
400M HURDLES					
Aust Allcomers	47.50	27-Sep-00	Sydney	Angelo Taylor	USA
Aust National	48.28	31-Jul-96	Atlanta	Rohan Robinson	VIC
Aust U20	49.73	10-Aug-90	Bulgaria	Rohan Robinson	VIC
Aust U18 (.84m)	51.75	5-Dec-08	Canberra	Sasha Alexeenko	QLD
2000M STEEPLECHASE					
Aust U18 (.84m)	n/c				
Aust U18 (.91m)	5:43.73	5-Dec-88	Sydney	Aaron Hunt	NSW
Aust U16 (.76m)	5.55.06	5-Dec-02	Hobart	James Matthews	NSW
3000M STEEPLECHASE					
Aust Allcomers	8:16.14	9-Sep-01	Melbourne	Brahim Boulami	MAR
Aust National	8:16.22	2-Jul-93	Lille	Shaun Creighton	VIC
Aust U20	8:40.62	20-Sep-92	Seoul	Glen Stojanovic	NSW

3000m RACE WALK					
Aust U18	11:42.04	21-Feb-98	Sydney	Troy Sundstrom	NSW
Aust U16	12:09.3	2-Feb-95	Sydney	Troy Sundstrom	NSW
5000m RACE WALK					
Aust Allcomers	18:32.56	8-Mar-19	Melbourne	Perseus Karlstrom	SWE
Aust National	18:38.97	5-Mar-16	Melbourne	Dane Bird-Smith	QLD
Aust U20	19:38.22	19-Feb-00	Sydney	Troy Sundstrom	NSW
Aust U18	20:06.9	17-Jan-98	Sydney	Troy Sundstrom	NSW
10000m RACE WALK					
Aust Allcomers	38:20.9	15-Sep-85	Sydney	David Smith	VIC
Aust National	38:20.9	15-Sep-85	Sydney	David Smith	VIC
Aust U20	40:49.72	14-Jul-18	Finland	Declan Tingay	WA
Aust U18	42:40.54	6-Nov-99	Sydney	Doug Connolly	NSW
20000m RACE WALK					
Aust Allcomers	1:19:48.1	4-Sep-01	Brisbane	Nathan Deakes	VIC
Aust National	1:19:48.1	4-Sep-01	Brisbane	Nathan Deakes	VIC
Aust U20	1:36:39.7	27-Jun-81	Melbourne	Michael Harvey	VIC
30000m RACE WALK					
Aust Allcomers	2:14:22	9-Sep-90	Melbourne	Simon Baker	VIC
Aust National	2:14:22	9-Sep-90	Melbourne	Simon Baker	VIC
50000m RACE WALK					
Aust Allcomers	3:43:50.0	9-Sep-90	Melbourne	Simon Baker	VIC
Aust National	3:43:50.0	9-Sep-90	Melbourne	Simon Baker	VIC
4 X 100M RELAY					
Aust Allcomers	37.61	30-Sep-00	Sydney	USA - Drummond, Williams, Lewis, Greene	
Aust National	38.17	12-Aug-95	Goteborg	AUS - Brimacombe, Henderson, Jackson, Marsh	
Aust National	38.17	10-Aug-12	London	AUS - Alozie, Ntiamoah, Mccabe, Ross	
Aust State Team	39.06	27-May-13	Taiwan	NSW - Alozie, Ntiamoah, Hough, Geddes	
Aust U20	39.34	13-Jul-12	Barcelona	AUS - Jaworski, Donovan, Hough, Bertacco	
Aust U18	40.85	4-Dec-08	Canberra	NSW - Pearce, Hammond, Mcrae, Fakiye	
Aust U16	41.77	12-Mar-88	Canberra	NSW - Benschel, Camps, Greene, Stephenson	
4 X 200M RELAY					
Aust Allcomers	1:23.04	6-Dec-98	Sydney	NSW - S.Vassella, Hollands, Capobianco, P.Vassella	
Aust National	1:23.04	6-Dec-98	Sydney	NSW - S.Vassella, Hollands, Capobianco, P.Vassella	
Aust State Team	1:23.04	6-Dec-98	Sydney	NSW - S.Vassella, Hollands, Capobianco, P.Vassella	
Aust U20	1:25.48	4-Dec-83	Sydney	NSW - Champion, Kearney, Mace, Theodore	
Aust U18	1:28.2	17-Dec-83	Melbourne	VIC - Milionis, Pryor, Longmuir, Reed	
Aust U16	1:29.40	9-Dec-00	Adelaide	VIC - Tonkin, Remmers, Wroe, Littlejohn	
4 X 400M RELAY					
Aust Allcomers	2:58.68	30-Sep-00	Sydney	NIG - Chukwa, Monye, Bada, Udo-Obong	
Aust National	2:59.70	11-Aug-84	Los Angeles	AUS - Clark, Frayne, Minihan, Mitchell	
Aust State Team	3:02.1	26-Feb-84	Melbourne	VIC - Frayne, Minihan, Mitchell, Van Miltenburg	
Aust U20	3:04.74	2-Aug-98	Anncy	AUS - Mcfarlane, Batman, Thom, Vincent	
Aust U18	3:14.39	30-Mar-84	Melbourne	VIC - Klabbers, Longmuir, Nevin, Reed	
Aust U16	3:17.56	7-Mar-86	Hobart	NSW - Dennis, Perry, Smart, Waters	
4 X 800M RELAY					
Aust Allcomers	7:20.0	6-Mar-82	Brisbane	QLD - Crew, Goulding, Hawes, Hillardt	
Aust National	7:11.48	24-May-14	Bahamas	AUS - Ralph, Gregson, Williamsz, West	
Aust State Team	7:20.0	6-Mar-82	Brisbane	QLD - Crew, Goulding, Hawes, Hillardt	
Aust U20	7:39.5	29-Nov-81	Sydney	NSW - Earl, Ozolins, Trinca, Wheeler	
Aust U18	7:46.20	17-Dec-00	Sydney	NSW - Andreatta, Fitzgerald, Bromley, Hall	
4 X 1500M RELAY					

Aust Allcomers	15:17.91	17-Nov-07	Sydney	NSW - Farrelly, Hunt, Woods, Roff	
Aust National	14:46.04	25-May-14	Bahamas	AUS - Gregson, Mcentee, Birmingham, Williamsz	
Aust State Team	15:17.91	17-Nov-07	Sydney	NSW - Farrelly, Hunt, Woods, Roff	
Aust U20	15:45.09	28-Mar-92	Melbourne	VIC - Bowden, Gibbs, Sly, Unthank	
Aust U18	16:04.7	17-Dec-89	Melbourne	VIC - Ellis, Howley, McMahon, Millichamp	
Aust U16	17:05.35	23-Dec-11	Launceston	TAS - Robinson, Hagos, Nicklason, Adams	
1000M SPRINT MEDLEY RELAY (SWEDISH)					
Aust U18	1:53.98	7-Dec-14	Adelaide	NSW - Browning, Wood, Shelley, Stenmark	
Aust U16	1:59.33	4-Dec-11	Brisbane	QLD - Wickramasuriya, Sailor, Constanti, Robinson	
HIGH JUMP					
Aust Allcomers	2.36	2-Mar-97	Melbourne	Tim Forsyth	VIC
	2.36	5-Feb-00	Perth	Konstantin Matushevich	ISR
Aust National	2.36	2-Mar-97	Melbourne	Tim Forsyth	VIC
Aust U20	2.34	4-Jul-92	Oslo	Tim Forsyth	VIC
Aust U18	2.29	12-Aug-90	Plovdiv	Tim Forsyth	VIC
Aust U16	2.14	5-Dec-92	Perth	Mark Sills	QLD
POLE VAULT					
Aust Allcomers	6.00	26-Feb-05	Perth	Paul Burgess	WA
Aust National	6.06	7-Feb-09	Boston	Steven Hooker	WA
Aust U20	5.70	26-Jun-16	Germany	Kurtis Marschall	SA
Aust U18	5.35	25-Aug-96	Sydney	Paul Burgess	WA
Aust U16	4.92	27-Mar-17	Sydney	Sasha Zhoya	WA
LONG JUMP					
Aust Allcomers	8.5500000000	28-Sep-00	Sydney	Ivan Pedroso	CUB
Aust National	8.54	29-Jul-11	Stockholm	Mitchell Watt	QLD
Aust U20	8.12	11-Jul-07	Nuoro Italy	Christopher Noffke	QLD
Aust U18	8.01	16-Jul-15	Colombia	Darcy Roper	QLD
Aust U16	7.38	21-Nov-03	Brisbane	Christopher Noffke	QLD
TRIPLE JUMP					
Aust Allcomers	17.71	25-Sep-00	Sydney	Jonathan Edwards	GBR
Aust National	17.46	7-Aug-82	London	Ken Lorroway	ACT
Aust U20	16.62	7-Jul-09	Serbia	Henry Frayne	VIC
Aust U18	15.60	2-Nov-97	Bundaberg	Joshua Ferguson	QLD
Aust U16	14.55	8-Dec-18	Cairns	Aiden Hinson	VIC
SHOT PUT					
Aust Allcomers	22.00	5-Oct-85	Canberra	Ulf Timmermann	GDR
Aust National	21.35	28-Aug-17	Croatia	Damien Birkinhead	VIC
Aust U20 (7.26kg)	19.23	27-Oct-12	Geelong	Damien Birkinhead	VIC
Aust U20 (6kg)	21.14	11-Jul-12	Barcelona	Damien Birkinhead	VIC
Aust U18 (5kg)	21.31	7-Nov-10	Melbourne	Damien Birkinhead	VIC
Aust U16 (4kg)	20.64	4-Dec-08	Canberra	Damien Birkinhead	VIC
DISCUS THROW					
Aust Allcomers	69.30	25-Sep-00	Sydney	Virgilijus Alekna	LIT
Aust National	68.20	10-May-13	Townsville	Benn Harradine	VIC
Aust U20 (2kg)	62.37	4-Jun-15	Austria	Matthew Denny	QLD
Aust U20 (1.75kg)	66.81	23-Nov-14	Brisbane	Matthew Denny	QLD
Aust U18 (1.5kg)	68.44	2-Nov-85	Melbourne	Werner Reiterer	VIC
Aust U16 (1kg)	75.33	10-Dec-99	Sydney	Timothy Driesen	VIC
HAMMER THROW					
Aust Allcomers	82.94	7-Sep-01	Brisbane	Koji Murofushi	JPN
Aust National	79.29	6-Jul-02	Croatia	Stuart Rendell	ACT
Aust U20 (7.26kg)	70.52	17-May-15	Germany	Matthew Denny	QLD
Aust U20 (6kg)	80.48	25-Sep-15	Townsville	Matthew Denny	QLD

Aust U18 (5kg)	81.44	9-Jun-13	Brisbane	Matthew Denny	QLD
Aust U16 (4kg)	75.17	2-Nov-13	Geelong	Ned Weatherley	VIC
JAVELIN THROW					
Aust Allcomers	90.17	23-Sep-00	Sydney	Jan Zelezny	CZE
Aust National	89.02	29-Feb-08	Brisbane	Jarrod Bannister	QLD
Aust U20	76.58	23-Mar-13	Brisbane	Luke Cann	VIC
Aust U18 (700g)	77.80	6-Dec-15	Melbourne	Conor Warren	QLD
Aust U16 (700g)	73.64	20-May-89	Brisbane	Ian Pearce	QLD
DECATHLON					
Aust Allcomers	8641	28-Sep-00	Sydney	Erki Nool	EST
Aust National	8490	18-Sep-98	Kuala Lumpur	Jagan Hames	SA
Aust U20 (Open Implements)	8038	26-May-19	Austria	Ashley Moloney	QLD
Aust U20 (IAAF)	8190	11-Jul-18	Finland	Ashley Moloney	QLD
Aust U18	7559	30-Mar-17	Sydney	Ashley Moloney	QLD
Aust U16	4949	18-Dec-05	Canberra	Adam Bevis	QLD
OCTATHLON (Youth best on record)					
Aust U18	6491	7-Jul-11	France	Jake Stein	NSW
MEN - ROAD (Note: + = in route to longer distance)					
HALF MARATHON					
Aust Allcomers	61:11	22-May-94	Sydney	Pat Carroll	QLD
Aust National	60:02	19-Jan-97	Tokyo	Darren Wilson	VIC
MARATHON					
Aust Allcomers	2:08.42	5-Jul-15	Gold Coast	Kenneth Mburu Mungara	KEN
Aust National	2:07:51	22-Apr-86	Boston	Rob De Castella	VIC
5 km ROAD RACE					
Aust National	13:20	3rd Apr-05	Carlsbad USA	Craig Mottram	VIC
10 km ROAD RACE					
Aust National	27:54	23-May-04	Manchester	Craig Mottram	VIC
100KM ROAD RACE					
Aust Allcomers	6:29:26	23-Apr-95	Tasmania	Tim Sloane	TAS
Aust National	6:29:26	23-Apr-95	Tasmania	Tim Sloane	TAS
5KM ROAD WALK					
Aust U16	22:00	11-Dec-11	Fawkner Park, Vic	Nathan Brill	VIC
8KM ROAD WALK					
Aust U18	34:21.0	24-May-92	Melbourne	Dion Russell	VIC
10KM ROAD WALK					
Aust U20	40.54	26-Jun-04	Sydney	Adam Rutter	NSW
Aust U18	42.36	11-Dec-16	Melbourne	Declan Tingay	WA
20KM ROAD WALK					
Aust Allcomers	1:18:59	22-Sep-00	Sydney	Robert Korzeniowski	POL
Aust National	1:17:33	23-Apr-05	Cixi City, CHN	Nathan Deakes	VIC
Aust U20	1:24:46	6-Mar-05	Sydney	Adam Rutter	NSW
30KM ROAD WALK					
Aust Allcomers	2:05:06	27-Aug-06	Hobart	Nathan Deakes	VIC
Aust National	2:05:06	27-Aug-06	Hobart	Nathan Deakes	VIC
50KM ROAD WALK					
Aust Allcomers	3:35:47	2-Dec-06	Geelong	Nathan Deakes	VIC
Aust National	3:35:47	2-Dec-06	Geelong	Nathan Deakes	VIC
MEN - BEST ON RECORD					
100 YARDS					
Aust Allcomers	9.199999999	10-Mar-65	Sydney	Bob Lay	NSW
Aust National	9.199999999	10-Mar-65	Sydney	Bob Lay	NSW
12 HOURS 10-MAN TRACK RELAY					
Aust Allcomers	242km477.5m	30-Sep-84	Melbourne	Victoria	

Aust National	242km477.5m	30-Sep-84	Melbourne	Victoria	
WOMEN					
100 METRES					
Aust Allcomers	10.99	22-Sep-00	Sydney	Ekaterini Thanou	GRE
Aust National	11.11	9-Feb-14	Canberra	Melissa Breen	ACT
Aust U20	11.20	15-Oct-68	Mexico City	Raelene Boyle	VIC
Aust U18	11.20	15-Oct-68	Mexico City	Raelene Boyle	VIC
Aust U16	11.3h	14-Jan-76	Sydney	Debbie Wells	NSW
200 METRES					
Aust Allcomers	21.90	4-Oct-85	Canberra	Marita Koch	GDR
Aust National	22.23	13-Jul-97	Stuttgart	Melinda Gainsford	NSW
Aust U20	22.74	18-Oct-68	Mexico City	Raelene Boyle	VIC
Aust U18	22.74	18-Oct-68	Mexico City	Raelene Boyle	VIC
Aust U16	22.8h	28-Feb-76	Brisbane	Debbie Wells	NSW
400 METRES					
Aust Allcomers	47.60	6-Oct-85	Canberra	Marita Koch	GDR
Aust National	48.63	29-Jul-96	Atlanta	Cathy Freeman	VIC
Aust U20	51.14	28-Jun-92	Birmingham	Cathy Freeman	VIC
Aust U18	51.80	12-Dec-99	Sydney	Jana Pittman	NSW
Aust U16	52.90	20-Feb-94	Melbourne	Tamsyn Lewis	VIC
800 METRES					
Aust Allcomers	1:56.15	25-Sep-00	Sydney	Maria Lurdes Mutola	MOZ
Aust National	1:59.0	28-Feb-76	Melbourne	Charlene Rendina	VIC
Aust U20	2:00.81	12-Apr-18	Gold Coast	Keely Small	ACT
Aust U18	2:00.81	12-Apr-18	Gold Coast	Keely Small	ACT
Aust U16	2:02.49	20-Mar-99	Melbourne	Georgie Clarke	VIC
1000 METRES					
Aust Allcomers	2:39.4	7-Jan-93	Melbourne	Susie Power	VIC
Aust National	2:37.80	18-Aug-18	Birmingham	Brittany Mcgowan	QLD
Aust U20	2:39.4	7-Jan-93	Melbourne	Susie Power	VIC
Aust U18	2:43.72	11-Jun-00	Castle Island	Georgie Clarke	VIC
1500 METRES					
Aust Allcomers	4:03.46	9-Sep-01	Melbourne	Violeta Szekely	ROM
Aust National	4:00.86	26-May-18	Eugene	Linden Hall	VIC
Aust U20	4:06.77	30-Jan-00	Hobart	Georgie Clarke	VIC
Aust U18	4:06.77	30-Jan-00	Hobart	Georgie Clarke	VIC
Aust U16	4:12.51	6-Dec-99	Melbourne	Georgie Clarke	VIC
1 MILE (= 1609.33 METRES)					
Aust Allcomers	4:22.66	2-Mar-07	Melbourne	Lisa Corrigan	ACT
Aust National	4:21.40	22-Jul-18	London	Linden Hall	VIC
Aust U20	4:32.73	17-Dec-92	Melbourne	Susie Power	VIC
2000 METRES					
Aust Allcomers	5:56.3	27-Nov-88	Brisbane	Angela Raines-White	QLD
Aust National	5:37.71	13-Jun-03	Ostrava	Benita Willis	ACT
Aust U20	5:50.47	4-Sep-94	Birmingham	Susie Power	VIC
Aust U18	5:56.3	27-Nov-88	Brisbane	Angela Raines-White	QLD
Aust U16	5:56.3	27-Nov-88	Brisbane	Angela Raines-White	QLD
3000 METRES					
Aust Allcomers	8:43.14	14-Jan-90	Sydney	Liz Mccolgan	SCO
Aust National	8:38.06	13-Jul-03	Gateshead	Benita Willis	VIC
Aust U20	8:44.1	13-Jul-84	Eugene	Donna Gould	SA
Aust U18	9:02.11	20-Feb-99	Sydney	Eloise Poppett	NSW

Aust U16	9.08.93	29-Oct-05	Canberra	Emily Brichacek	ACT
5000 METRES					
Aust Allcomers	14:40.79	25-Sep-00	Sydney	Gabriela Szabo	ROM
Aust National	14.47.60	6-Sep-02	Berlin	Benita Willis	VIC
Aust U20	15:18.6	16-Oct-99	Sydney	Eloise Poppett	NSW
10000 METRES					
Aust Allcomers	30:17.49	30-Sep-00	Sydney	Derartu Tulu	ATH
Aust National	30.37.68	23-Aug-03	Paris	Benita Willis	VIC
Aust U20	34:15.0	18-Dec-85	Adelaide	Donna Gould	SA
1 HOUR TRACK					
Aust Allcomers	not claimed				
Aust National	not claimed				
20000 METRES					
Aust Allcomers	not claimed				
Aust National	not claimed				
25000 METRES					
Aust Allcomers	not claimed				
Aust National	not claimed				
30000 METRES					
Aust Allcomers	not claimed				
Aust National	not claimed				
90M HURDLES					
Aust U16	12.31	3-Dec-16	Canberra	Sophie White	WA
100M HURDLES					
Aust Allcomers	12.49	3-Mar-12	Melbourne	Sally Pearson	QLD
Aust National	12.28	3-Sep-11	Daegu	Sally Pearson	QLD
Aust U20	13.01	26-Nov-05	Brisbane	Sally Mclellan	QLD
Aust U18 (.76m)	13.14	11-Jul-03	Sherbrooke	Sally Mclellan	QLD
Aust U18 (.76m)	13.14	16-Mar-18	Sydney	Sophie White	WA
200M HURDLES					
Aust Allcomers	25.7h ****	25-Nov-71	Melbourne	Pam Ryan	VIC
Aust National	25.7h ****	25-Nov-71	Melbourne	Pam Ryan	VIC
Aust Allcomers	25.79	21-Jan-17	Canberra	Lauren Wells	ACT
Aust National	25.79	21-Jan-17	Canberra	Lauren Wells	ACT
	(**** Run over different specifications)				
Aust U16	27.27	5-Dec-09	Hobart	Chloe Jamieson	ACT
400M HURDLES					
Aust Allcomers	53.02	27-Sep-00	Sydney	Irina Privalova	RUS
Aust National	53.17	28-Sep-88	Seoul	Debbie Flintoff-King	VIC
Aust U20	55.20	18-Mar-00	Pietersberg	Jana Pittman	NSW
Aust U18	56.23	18-Dec-99	Sydney	Jana Pittman	NSW
2000M STEEPLECHASE					
Aust U20	6:25.77	1-May-00	Sydney	Melissa Rollison	QLD
Aust U18	6:25.77	1-May-00	Sydney	Melissa Rollison	QLD
Aust U16	6:33.54	8-Jun-07	Gold Coast	Jessica Gilfillan	QLD
3000M STEEPLECHASE					
Aust Allcomers	9:19.51	22-Mar-06	Melbourne	Dorcus Inzikuru	UGA
Aust National	9:14.28	27-Aug-16	Paris	Genevieve Lacaze	VIC
Aust U20	9:30.70	4-Sep-01	Brisbane	Melissa Rollison	QLD
3000m RACE WALK					
Aust U20	12:27.74	25-Feb-93	Melbourne	Jane Saville	NSW
Aust U18	12:43.0	8-Nov-97	Sydney	Michelle French	NSW
Aust U16	12:43.0	8-Nov-97	Sydney	Michelle French	NSW

5000m RACE WALK					
Aust Allcomers	20:03.0	11-Feb-96	Sydney	Kerry Saxby-Junna	NSW
Aust National	20:03.0	11-Feb-96	Sydney	Kerry Saxby-Junna	NSW
Aust U20	21:34.23	1-Mar-97	Melbourne	Natalie Saville	NSW
Aust U18	21:39.03	22-Oct-16	Brisbane	Katie Hayward	QLD
10000m RACE WALK					
Aust Allcomers	42:46.45	14-Jan-89	Sydney	Kerry Saxby-Junna	NSW
Aust National	41:57.22	24-Jul-90	Seattle	Kerry Saxby-Junna	NSW
Aust U20	43:20.65	5-Apr-19	Sydney	Katie Hayward	QLD
20000m RACE WALK					
Aust Allcomers	1:33:40.2	6-Sep-01	Brisbane	Kerry Saxby-Junna	NSW
Aust National	1:33:40.2	6-Sep-01	Brisbane	Kerry Saxby-Junna	NSW
4 X 100M RELAY					
Aust Allcomers	41.37	6-Oct-85	Canberra	GDR - Auerswald, Gladisch, Gohr, Rieger	
Aust National	42.99	18-Mar-00	Pietersberg	AUS - Massey, Broadrick, Lambert, G-Taylor	
Aust State Team	44.00	7-Mar-92	Adelaide	NSW - Gainsford, Hough, Lee, Moore	
Aust U20	44.78	14-Jul-18	Finland	AUS - Owusu-Afriyia, Edwards, Johnson, Gross	
Aust U18	45.48	14-Mar-14	Sydney	NSW - O'Grady, Thornton, Geddes, Kyriacou	
Aust U16	46.25	7-Dec-01	Melbourne	Qld - Boyd, Mclellan, Cutmore, Reuter	
4 X 200M RELAY					
Aust Allcomers	1:32.6	25-Jan-76	Brisbane	AUS - Boyle, Jowett, Robertson, Wilson	
Aust National	1:32.6	25-Jan-76	Brisbane	AUS - Boyle, Jowett, Robertson, Wilson	
Aust State Team	1:36.41	21-Nov-87	Sydney	NSW - Caples, Clarke, Holland, Sullivan	
Aust U20	1:38.41	9-Dec-07	Sydney	NSW - Gardiner, Bannister, Turner, Morton	
Aust U18	1:38.41	9-Dec-07	Sydney	NSW - Gardiner, Bannister, Turner, Morton	
Aust U16	1:38.41	9-Dec-07	Sydney	NSW - Gardiner, Bannister, Turner, Morton	
4 X 400M RELAY					
Aust Allcomers	3:19.49	4-Oct-85	Canberra	GDR - Busch, Emmelmann, Koch, Neubaer	
Aust National	3:23.81	30-Sep-00	Sydney	AUS - Peris, Lewis, Gainsford-Taylor, Freeman	
Aust State Team	3:31.35	16-Mar-86	Adelaide	VIC - Flemming, Flintoff, Stewart, Tomsett	
Aust U20	3:30.38	12-Aug-90	Plovdiv	AUS - Andrews, Hanigan, Poetschka, Scamps	
Aust U18	3:42.47	21-Mar-82	Brisbane	NSW - Alton, Babbage, Hall, Maroney	
Aust U16	3:45.47	7-Mar-86	Hobart	NSW - Phillips, Scamps, Stenberg, West	
4 X 800M RELAY					
Aust Allcomers	8:39.5	19-Dec-92	Melbourne	VIC - Anderson, Perkins, Robinson, Webster	
Aust National	8:13.26	25-May-14	Bahamas	VIC - McGowan, Buckman, Kajan, Duncan	
Aust State Team	8:39.5	19-Dec-92	Melbourne	VIC - Anderson, Perkins, Robinson, Webster	
Aust U20	8:48.5	19-Dec-89	Brisbane	QLD - Dawson, Lonsdale, Stephens, Van Gorp	
Aust U18	8:57.81	19-Nov-05	Sydney	NSW - Kajan, Tamsett, Neville, Doyle	
Aust U16	8:59.40	17-Nov-13	Sydney	NSW - Evans, Harding-Delooze, Wilon, Harding-Delooze	
4 X 1500M RELAY					
Aust Allcomers	18:00.92	12-Dec-92	Melbourne	VIC - Anderson, Perkins, Robinson, Webster	
Aust National	17:08.65	24-May-14	Bahamas	AUS - Buckman, Delany, MCGowan, Duncan	
Aust State Team	17:09.75	25-Jun-00	London	AUS - Harvey, Clarke, Richardson, Jamieson	
Aust U20	18:22.47	15-Nov-15	Blacktown	NSW - L.Harding-Delooze, Evans, Hopper, A.Harding-Delooze	
Aust U18	18:22.47	15-Nov-15	Blacktown	NSW - L.Harding-Delooze, Evans, Hopper, A.Harding-Delooze	
Aust U16	18:37.21	16-Nov-13	Sydney	NSW - Wilson, King, Evans, Harding-Delooze	
1000M SPRINT MEDLEY RELAY (SWEDISH)					
Aust U18	2:06.58	17-Jul-05	Marrakesh	AUS - Gulli, Tauro, Hill, Hoebergen	
Aust U16	2:12.98	6-Dec-15	Melbourne	VIC - Gross, Musker, Andrew, Brito-Babapulle	
HIGH JUMP					
Aust Allcomers	2.01	30-Sep-00	Sydney	Yelena Yelesina	RUS
	2.01	30-Sep-00	Sydney	Hestrie Storbeck-Cloete	RSA

Aust National	1.98	12-Feb-89	Perth	Vanessa Ward	WA
	1.98	17-Jul-94	Ingolstadt	Alison Inverarity	WA
Aust U20	1.96	15-Mar-15	Sydney	Eleanor Patterson	VIC
Aust U18	1.96	7-Dec-13	Townsville	Eleanor Patterson	VIC
Aust U16	1.86	16-Feb-86	Brisbane	Leah Cranston	QLD
	1.86	16-Feb-86	Brisbane	Gai Kapernick	QLD
	1.86	9-Dec-89	Adelaide	Andrea Hughes	TAS
POLE VAULT					
Aust Allcomers	4.81	2-Jul-16	Sunshine Coast	Alana Boyd	WA
Aust National	4.81	2-Jul-16	Sunshine Coast	Alana Boyd	WA
Aust U20	4.59	14-Feb-15	Perth	Nina Kennedy	WA
Aust U18	4.40	30-Jun-07	Rheinland-Pfalz	Vicky Parnov	WA
	4.40	18-Apr-10	Perth	Elizabeth Parnov	WA
	4.40	24-Jul-14	Oregon	Nina Kennedy	WA
Aust U16	4.15	5-Jul-05	Gold Coast	Vicky Parnov	WA
LONG JUMP					
Aust Allcomers	7.27	6-Oct-85	Canberra	Heike Drechsler	GDR
Aust National	7.05	12-Mar-16	Perth	Brooke Stratton	VIC
Aust U20	6.60	23-Aug-72	Munich	Lyn Tillett	NSW
	6.60	3-Jul-11	Germany	Brooke Stratton	VIC
Aust U18	6.55	15-Oct-83	Sydney	Nicole Boegman	NSW
Aust U16	6.32	28-Mar-99	Perth	Shermin Oksuz	WA
TRIPLE JUMP					
Aust Allcomers	15.20	24-Sep-00	Sydney	Tereza Marinova	BUL
Aust National	14.04	9-Mar-02	Hobart	Nicole Mladenis	WA
Aust National	14.04	7-Dec-03	Perth	Nicole Mladenis	WA
Aust U20	13.36	8-Jul-06	Gold Coast	Linda Allen	QLD
Aust U18	13.25	18-Mar-12	Sydney	Josie Nichol	NSW
Aust U16	13.13	11-Dec-99	Sydney	Sarah Sydney	QLD
SHOT PUT					
Aust Allcomers	20.69	4-Oct-85	Canberra	Natalya Lisovskaya	URS
Aust National	19.74	14-Jul-84	Berkeley	Gael Martin	VIC
Aust U20	16.19	6-Feb-07	Hobart	Dani Samuels	NSW
Aust U18 (3 kg)	17.18	2-Dec-12	Hobart	Taylah Sengul	NSW
Aust U16 (3 kg)	16.17	22-Oct-05	Melbourne	Margaret Satupai	VIC
DISCUS THROW					
Aust Allcomers	69.78	6-Oct-85	Canberra	Martina Opitz	GDR
Aust National	69.64	13-Aug-17	London	Dani Stevens	NSW
Aust U20	60.63	20-Aug-06	Beijing	Dani Samuels	NSW
Aust U18	58.52	26-Nov-05	Brisbane	Dani Samuels	NSW
Aust U16	53.24	28-Feb-97	Melbourne	Katrina Steele	NSW
HAMMER THROW					
Aust Allcomers	71.71	9-Sep-01	Melbourne	Kamila Skolimowska	POL
Aust National	71.12	6-Feb-03	Adelaide	Bronwyn Eagles	NSW
Aust U20 (4 kg)	65.75	29-May-16	Campbelltown	Alexandra Hulley	NSW
Aust U18 (3 kg)	71.14	6-Dec-14	Adelaide	Alexandra Hulley	NSW
Aust U16 (3 kg)	64.27	11-Oct-12	Sydney	Alexandra Hulley	NSW
JAVELIN THROW					
Aust Allcomers	68.92	11-Apr-18	Melbourne	Kathryn Mitchell	VIC
Aust National	68.92	11-Apr-18	Melbourne	Kathryn Mitchell	VIC
Aust U20	57.60	4-Apr-14	Melbourne	Mackenzie Little	NSW
Aust U18 (500 gr)	61.47	11-Jul-13	Donetsk	Mackenzie Little	NSW
Aust U16 (500 gr)	51.09	4-Dec-16	Canberra	Alexandra Roberts	QLD
HEPTATHLON					

Aust Allcomers	6584	24-Sep-00	Sydney	Denise Lewis	GBR	
Aust National	6695	28-Jan-90	Auckland	Jane Flemming	VIC	
Aust U20	5915	13-Apr-18	Gold Coast	Celeste Mucci	VIC	
COMBINED EVENT						
Aust U18	5650	24-Feb-85	Brisbane	Sharon Jaklofsky	QLD	
Aust U16	5484	23-Feb-91	Sydney	Jane Jamieson	NSW	
DECATHLON						
Aust Allcomers						
Aust National	<i>Records will only be ratified if better than 7000 points</i>					
Aust U20	<i>Records will only be ratified if better than 6800 points</i>					
MIXED 4x400 mts RELAY						
Aust National	3:18.55	9-Jul-18	Ostrava	Aus-Solomon, Goodwin, Rubie, Connolly		
Aust State Team	<i>Records will only be ratified if better than 3:24.00</i>					
Aust U20	3:25.08	23-Jul-17	Bahamas	Aus (Nsw) Thomas, Oboya, Moir, Doris		
Aust U18	3:25.08	23-Jul-17	Bahamas	Aus (Nsw) Thomas, Oboya, Moir, Doris		
Aust U16	<i>Records will only be ratified if better than 3:40.00</i>					
WOMEN - ROAD						
		(Note: + = in route to loner distance)				
HALF MARATHON						
Aust Allcomers	69:00	4-Jul-10	Gold Coast	Lisa Weightman	VIC	
Aust National	67:48	10-Jan-00	Tokyo	Kerryn Mccann	NSW	
MARATHON						
Aust Allcomers	2:23:14	24-Sep-00	Sydney	Naoko Takahashi	JPN	
Aust National	2:22:36	22-Oct-06	Chicago	Benita Willis	VIC	
5 km ROAD RACE						
Aust National	14:59	1st Sep-02	London	Benita Willis	QLD	
10 km ROAD RACE						
Aust National	31:17	21-Feb-06	Manchester	Benita Willis	VIC	
100KM ROAD RACE						
Aust Allcomers	7:40:58	18-Nov-95	Kurow	Linda Meadows	VIC	
Aust National	7:34:25	12-Sep-15	Spain	Kristin Bull	VIC	
5KM RACE WALK						
Aust U18	22:44	30-Jul-17	Brisbane	Katie Hayward	QLD	
Aust U16	24:23	19-May-12	Albert Park	Jemima Montag	VIC	
8KM RACE WALK						
Aust U18	39:15	24-May-92	Melbourne	Jane Saville	NSW	
10KM RACE WALK						
Aust Allcomers	41:29.71	27-Aug-88	Canberra	Kerry Saxby-Junna	NSW	
Aust National	41:29.71	27-Aug-88	Canberra	Kerry Saxby-Junna	NSW	
Aust U20	45:10.0	27-Feb-97	Melbourne	Natalie Saville	NSW	
20KM RACE WALK						
Aust Allcomers	1:29:05	28-Sep-00	Sydney	Liping Wang	CHN	
Aust National	1:27:44	2-May-04	Naumburg	Jane Saville	NSW	
50KM RACE WALK						
Aust Allcomers	n/c					
Aust National	4:09.33	5-May-18	Taicang Prc	Claire Tallent	SA	

ATHLETICS AUSTRALIA

MEN - INDOOR					
EVENT	PERF.	DATE	VENUE	NAME	STATE
60 METRES					
Aust National	6.52	7-Mar-99	Japan	Matthew Shirvington	NSW
200 METRES					
Aust National	20.71	12-Mar-93	Toronto	Damien Marsh	QLD
400 METRES					
Aust National	45.44	23-Feb-18	Nth Carolina	Steven Solomon	NSW
800 METRES					
Aust National 880 yds	1:47.9	25-Jan-69	Albuquerque	Ralph Doubell	VIC
Aust National 800 mts	1:47.27	16-Feb-19	Birmingham	Joseph Deng	VIC
1000 METRES					
Aust National	2:19.60	16-Jan-10	Pennsylvania	Ryan Foster	TAS
1500 METRES					
Aust National	3:35.10	16-Feb-19	Birmingham	Stewart McSweyn	TAS
1 MILE					
Aust National	3:54.77	29-Jan-05	Boston	Mark Fountain	VIC
3000 METRES					
Aust National	7:34.50	26-Jan-08	Boston	Craig Mottram	VIC
5000 METRES					
Aust National	13:36.41	12-Mar-10	Fayetteville	David Mcneill	VIC
60M HURDLES					
Aust National	7.73	8-Mar-97	Paris	Kyle Vander Kuyp	VIC
5000M WALK					
Aust National	18:52.20	8-Mar-87	Indianapolis	David Smith	VIC
4 X 200M RELAY					
Aust National	1:33.25	30-Mar-19	Poland	AUS-Farlow,Little,McMahon,Stone	
4 X 400M RELAY					
Aust National	3:08.49	10-Mar-91	Seville	AUS-Garner,Greene,Perry,Robinson	
4 X 800M RELAY					
Aust National	N/c				
HIGH JUMP					
Aust National	2.33	16-Feb-97	Balingen	Tim Forsyth	VIC
POLE VAULT					
Aust National	6.06	7-Feb-09	Boston	Steven Hooker	WA
LONG JUMP					
Aust National	8.25	20-Mar-16	Portland, USA	Fabrice Lapierre	NSW
TRIPLE JUMP					
Aust National	17.20	9-Mar-01	Lisbon	Andrew Murphy	NSW
SHOT PUT					
Aust National	20.83	7-Mar-08	Valencia	Scott Martin	VIC
HEPTATHLON					
Aust National	5949 pts	26-Jan-19	Houston, USA	Gary Haasbroek	VIC
WOMEN - INDOOR					
60 METRES					
Aust National	7.30	7-Feb-09	Boston	Sally Mclellan	QLD

D.O.B.					
23-Jul-74					
26-Sep-72					
18-Jul-00					
22-May-98					
27-Feb-98					
2-Oct-67					
15-Jun-42					
4-Oct-66					
6-Sep-65					
9-Dec-72					
4-Jan-00					
27-Feb-98					
13-Sep-67					
6-Sep-65					
6-Sep-65					
9-Dec-72					
9-Dec-72					
17-Dec-88					
7-Jul-98					
29-Jan-76					
29-Jan-76					
21-Aug-73					
22-Jan-61					
11-Nov-86					
29-Jan-76					
9-May-76					
9-May-76					
14-Sep-74					
26-Apr-90					
26-Apr-90					
26-Apr-90					
9-Oct-86					
9-Nov-66					
18-Jun-80					
22-Jan-61					
18-Jun-80					
18-Jun-80					
23-Jul-97					
23-Mar-62					
27-Nov-75					
18-Jun-80					

26-Apr-90					
26-Apr-90					
30-Apr-99					
21-Jan-87					
18-Jun-80					
25-Jan-80					
26-Apr-90					
18-Apr-73					
7-Nov-81					
27-Feb-57					
21-Feb-37					
27-Feb-57					
23-Oct-49					
21-Feb-37					
27-Feb-57					
4-Dec-55					
3-Jul-90					
3-Jul-90					
7-Nov-55					
3-Jul-90					
3-Jul-90					
7-Nov-55					
25-Jun-02					
9-Mar-76					
30-May-71					
26-Apr-59					
20-Oct-93					
25-Jun-02					
6-Mar-73					
6-Mar-73					
17-Jun-44					
21-Oct-90					
29-Dec-78					
15-Nov-71					
15-Nov-71					
23-Mar-91					
10-Mar-72					
29-Jan-87					
20-Apr-72					
14-May-67					
3-Feb-74					

2-Jun-96					
12-Jan-98					
16-Jun-66					
15-Mar-86					
17-Jul-94					
23-Feb-98					
30-Aug-73					
25-Jun-70					
31-Oct-75					
13-Mar-00					
13-Mar-00					
13-Mar-00					
19-Mar-90					
17-Jan-94					
17-Aug-61					
9-Aug-68					
7-Sep-73					
27-Feb-57					
18-Jun-80					
18-Jun-80					
29-Jul-67					
29-Jul-67					
24-Mar-96					
8-May-75					
24-Dec-86					
6-Feb-99					
30-Jul-68					
17-Aug-77					
24-Dec-86					
17-Aug-77					
17-Aug-77					
17-Aug-77					
17-Aug-77					
20-Mar-44					
20-Mar-44					

7-Jul-90					
14-Nov-75					
6-May-79					
9-Nov-82					
21-Mar-72					
6-May-79					
10-Jun-66					
23-Jan-02					
19-Sep-86					
19-Sep-86					
19-Sep-86					
19-Sep-86					
23-Jan-02					
12-Aug-39					
12-Aug-39					
3-Aug-88					
3-Aug-88					
20-Apr-94					
22-Nov-68					
20-Apr-60					
9-Nov-82					
9-Nov-82					
13-Apr-83					
13-Apr-83					
10-Feb-92					
2-Feb-82					
4-Aug-89					
13-Apr-83					
5-Nov-74					
1-Apr-82					
1-Apr-82					

5-Jan-63				
12-Aug-70				
22-May-96				
22-May-96				
25-Feb-70				
20-Sep-70				
12-Dec-73				
10-May-84				
10-May-84				
5-Apr-97				
24-Oct-90				
9-May-94				
5-Apr-97				
24-Oct-90				
16-Dec-64				
12-Jul-93				
15-Aug-53				
12-Jul-93				
5-Mar-67				
24-Mar-84				
5-Sep-77				
22-Sep-75				
22-Sep-75				
22-Mar-87				
15-Jul-95				
16-Feb-84				
16-Jul-62				
27-Aug-56				
26-May-88				
3-Nov-95				
9-Jul-92				
12-Dec-60				
26-May-88				
26-May-88				
26-May-88				
2-Jul-81				
4-Nov-82				
23-Aug-80				
24-Jul-97				
24-Jul-97				
24-Jul-97				
10-Jul-82				
10-Jul-82				
22-Dec-96				
22-Dec-96				
9-Apr-01				

