



Take concussion seriously on the slopes.

Ski & Snowboard Australia has partnered with the HeadSmart™ Sports Concussion Program (www.headsmart.me). Founded in 2012 by Dr Ryan Kohler, a sports injuries specialist with 17 years of concussion experience, HeadSmart™ covers 20 sports codes in Australia and New Zealand. Recognised as one of the world's leading sports concussion programmes, HeadSmart™ educates and baseline screens close to 100 000 sports participants each year and through our partnerships reaches over 1.5 mil participants in organised sport.

The problem in any sport occurs when the diagnosis of concussion is missed or some skiers are rushed back into sport too soon after concussion (the following week). It is important to be aware of the Ski & Snowboard Australia's concussion policy that has to be followed after sustaining a concussion or suspected concussion.

SSA highly recommends that all participants should have baseline education and screening in place. This is the same computerised screening that the professional athletes complete and costs only \$15 per year. Comparing a post-concussion assessment to your own baseline provides accurate, objective information and takes the guess work out of concussion management.

Use the promo code **SSA** for your 40% discount.

Start here <https://goo.gl/Wbor7V>

- Repeat the test using the same voucher code until a valid report is achieved.
- Perform the test on your PC or Mac (Firefox, Safari recommended) and not smartphone or tablet device
- Watch how to perform the 8 minute card test here <https://vimeo.com/178427268>

Download the FirstResponder™ Concussion Recognition App here

iOS <https://apple.co/2bw3yEz>

Android <http://bit.ly/2bLeQoH>

Watch a concussion education webinar here <http://bit.ly/2Apvqq9>

Contact support@headsmart.me for a FREE comparative post-concussion assessment to be emailed to your medical practitioner when needed.