connections between heritage and nation-building which still influence states’ contemporary Arctic approaches. It is understandable, however, that the short length requires some compromises in content, and the book still fulfils its role, often signposting to topics dealt with only briefly so that engaged readers can delve further.

The authors begin their concluding paragraph by saying ‘distinguishing between global geopolitical dynamics and local regional realities in the Arctic is crucial. We need to be wary of assuming that the Arctic is a singular region’ (142), and in this they have fulfilled what they set out to do. No reader could finish this book and remain unaware of the plurality and complexity of the Arctic.

This book will be of significant use to students and publics new to the Arctic. The authors have achieved exactly what is suggested by the title: a short but detailed introduction to the Arctic. Accessible and concise but comprehensive, tackling both physical and human Arctic worlds, *The Arctic* is a strong and necessary addition to the *Very Short Introduction* series.

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What is *Antarctiness*? For early British Antarctic Survey base staff, *Antarctiness* was about ‘masculine comradery, about creating a masculine environment where toughness and adaptability were treasured,’ writes Andrew J. Avery in his chapter about Antarctic base life 1942–82 (p. 85). According to editor Ilan Kelman, *Antarctiness* is ‘about being untarnished and placid, dangerous and embracing, untouched and contaminated, and alien and comforting’ (p. 275). Looking to the future, Rosa Jijón imagines a ‘southern, decolonial, feminist, mestizo Antarctica,’ with ‘the possibility of walking the other way, not exploring any further, not taking any more pictures, not allowing any more tourism, not collecting any more information’ (p. 107).

*Antarctiness: Inspirations and imaginaries* is a new illustrated volume edited by Ilan Kelman, professor of disasters and health at UCL. Published by UCL Press, the book explores the intersections of geography, political science and labour studies.