

Sometimes getting through the school years can feel like a marathon for everyone. So when you're in it for the long haul, it's important to stop every now and again and celebrate the wins, whatever that looks like for your child. Here are some wins worth celebrating that you may not have thought of. When your child/teen:

- says something positive about their day, unprompted
- can name five great things about school
- can name five great things about their day at school
- has made some new friends
- receives a positive email or report from their teacher
- gets to class on time all week
- finishes an assignment before its due date
- reads a book that's extra to the curriculum

- finds a way to use their school learning in the real world
- helps a friend with their school work
- helps a sibling with their school work
- has a go at learning a new skill at school
- is ready for school on time
- walks into school with a smile on their face.
- learns something new that excites them
- does something on their own that they usually need help to do.

