



Active Ageing Outdoors

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Populations Projections of Note...

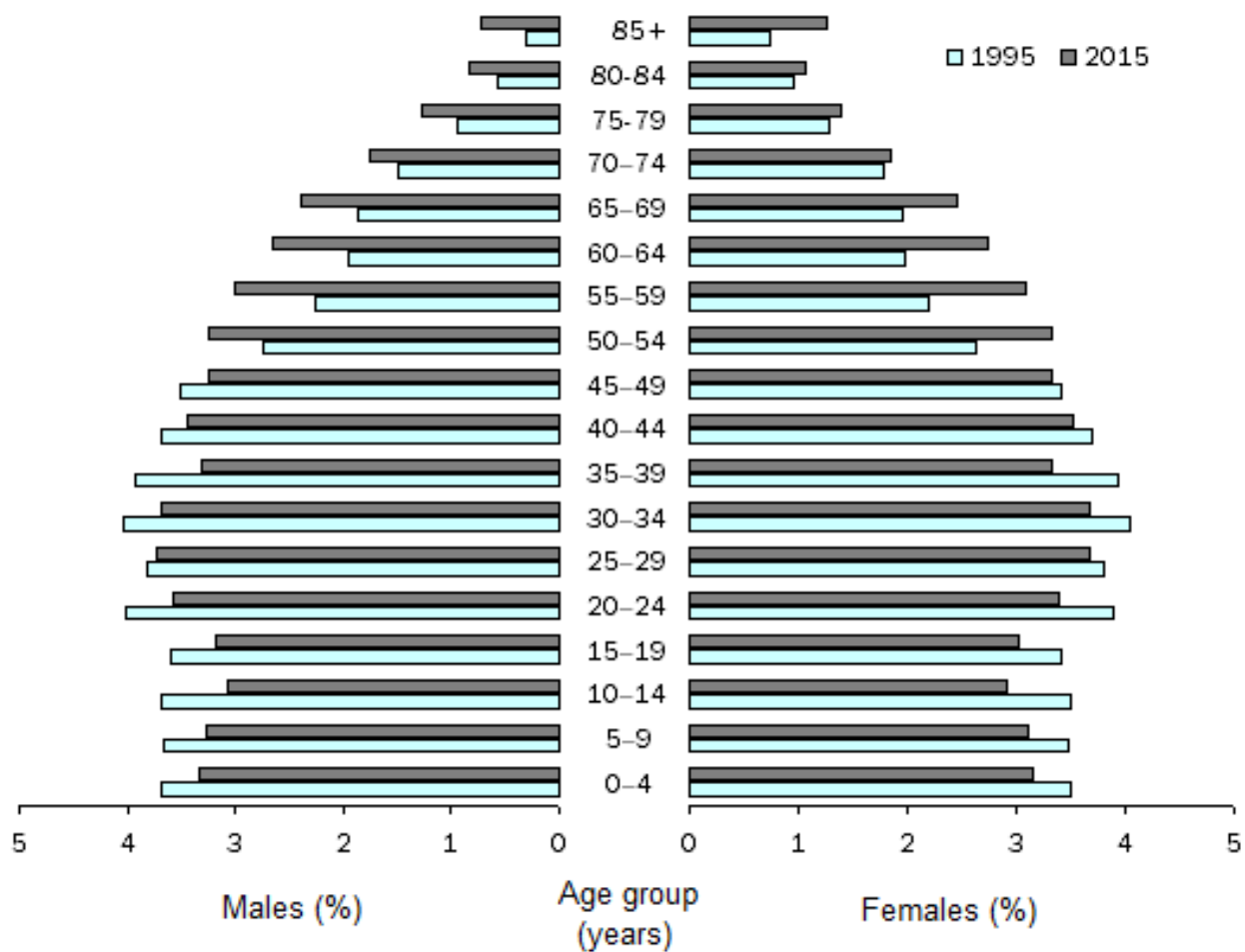
- Population projections indicate the number of people aged 65 years and over is expected to exceed the number of children aged 0-14 years by 2030.

In the next 5 years:

- The proportion of children 0-14 years is projected to increase by 0.2 percentage points from 18.8% to 19%
- Those aged 15-64 years is projected to decrease by 1.3 percentage points, from 66.2% to 64.9%
- The proportion of people aged 65 years and over is projected to increase by 1.1 percentage points, from 15% to 16.1%

(3101.0 - Australian Demographic Statistics, Jun 2015)

Population change 1995-2015



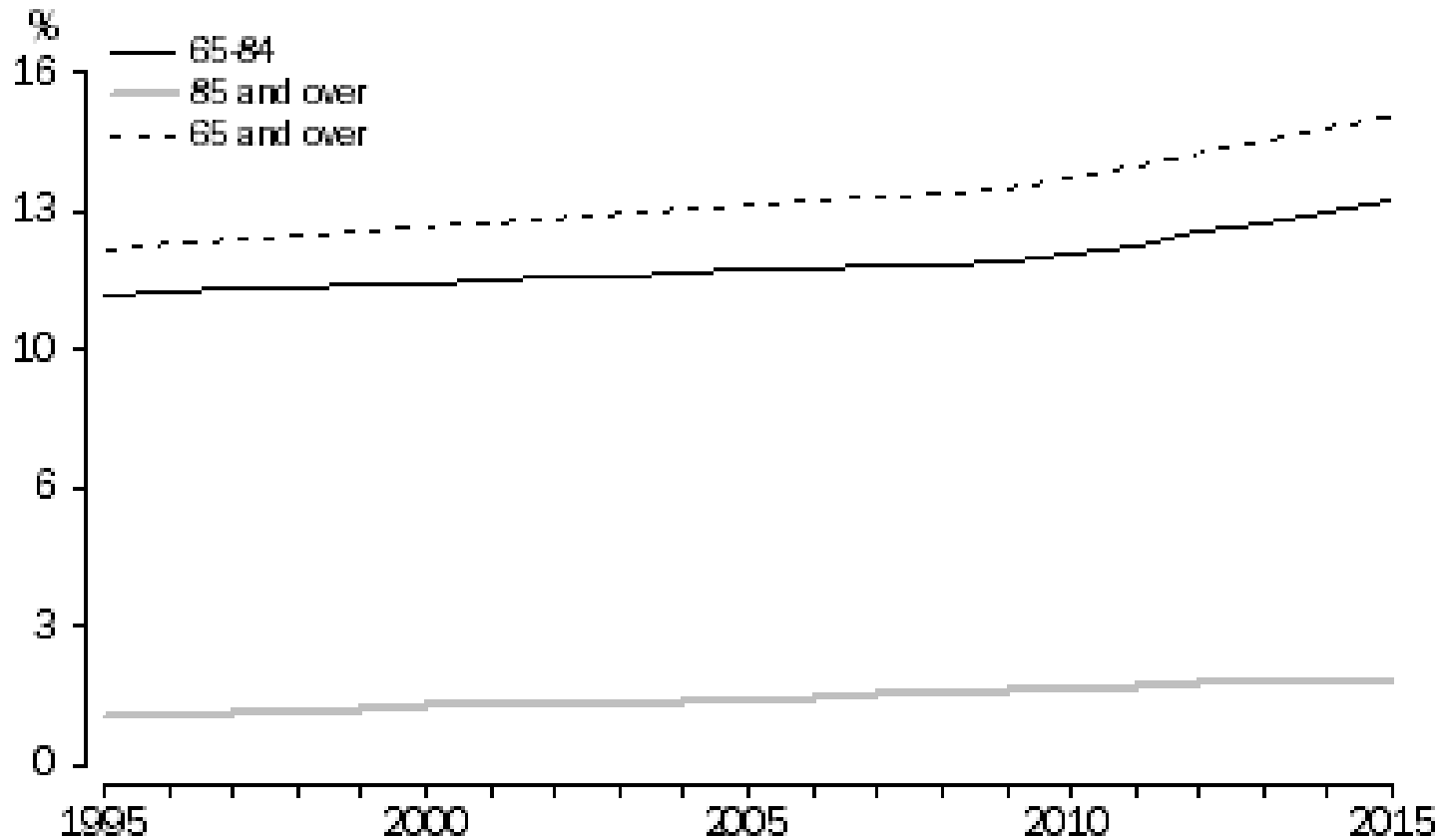
Proportion of People 65 years & Older

- Over the 20 years between 1995 and 2015, the proportion of the population aged 65 years and over increased from 11.9% to 15.0%
- This proportion is expected to increase to over 26% by 2051
- In the 12 months to 30 June 2015, the number of people aged 65 years and over increased by 116,500 people, representing a 3.4% increase

(3101.0 - Australian Demographic Statistics,
Jun 2015)



Proportion of People 65 years & Older



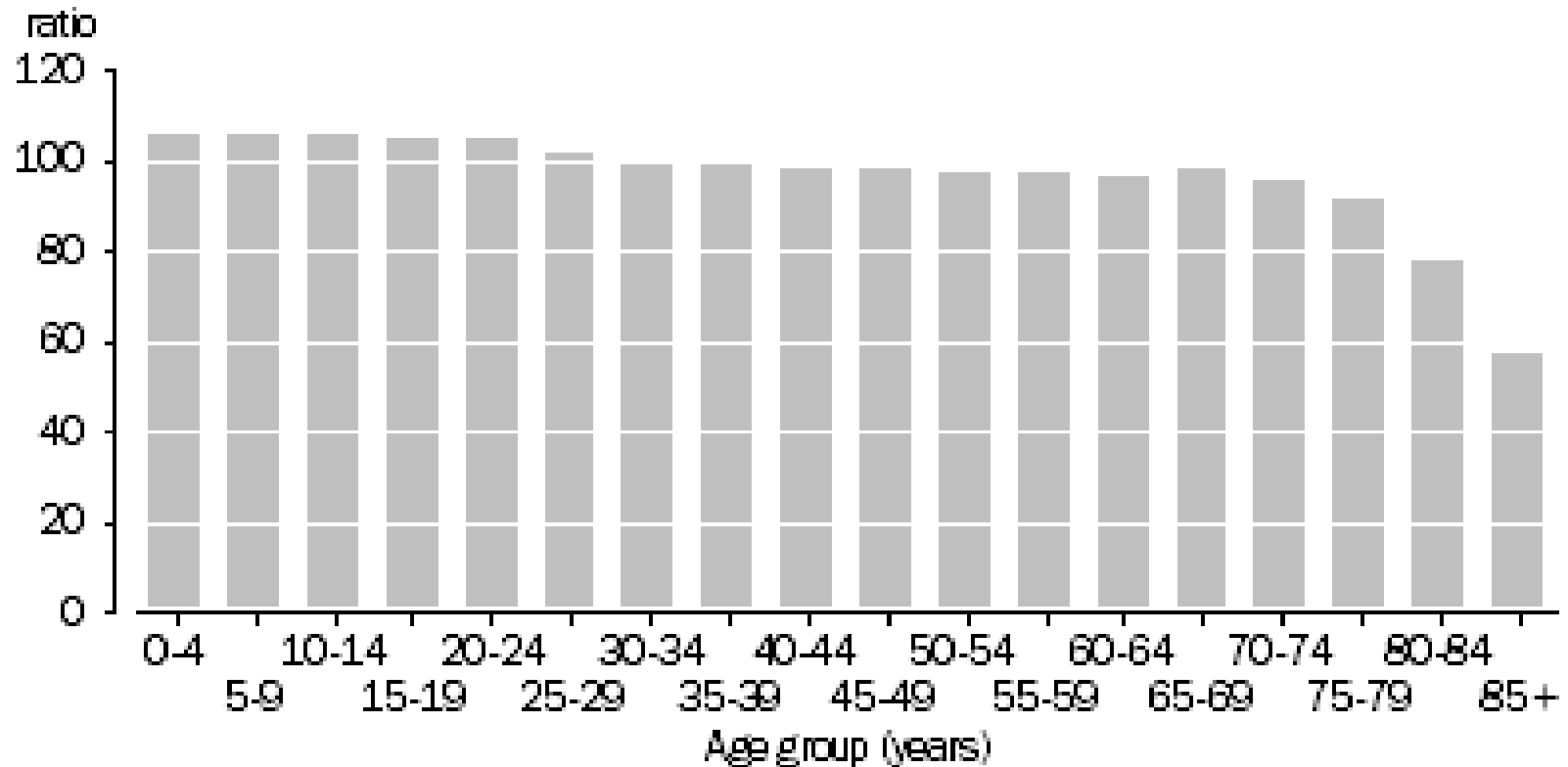
Those Aged 85 years & Older...

- Over the past two decades, the number of persons aged 85 years and over increased by 148%, compared with a total population growth of 32.1% over the same period
- In the year ending 30 June 2015, the number of people aged 85 years and over increased by 17,900 people (3.9%) to reach 472,100
- There were almost twice as many females (299,100) as males (173,000) in this age group which reflects the higher life expectancy for females

(3101.0 - Australian Demographic Statistics, Jun 2015)



Ratios of Males to Females



(a) Number of males per 100 females.

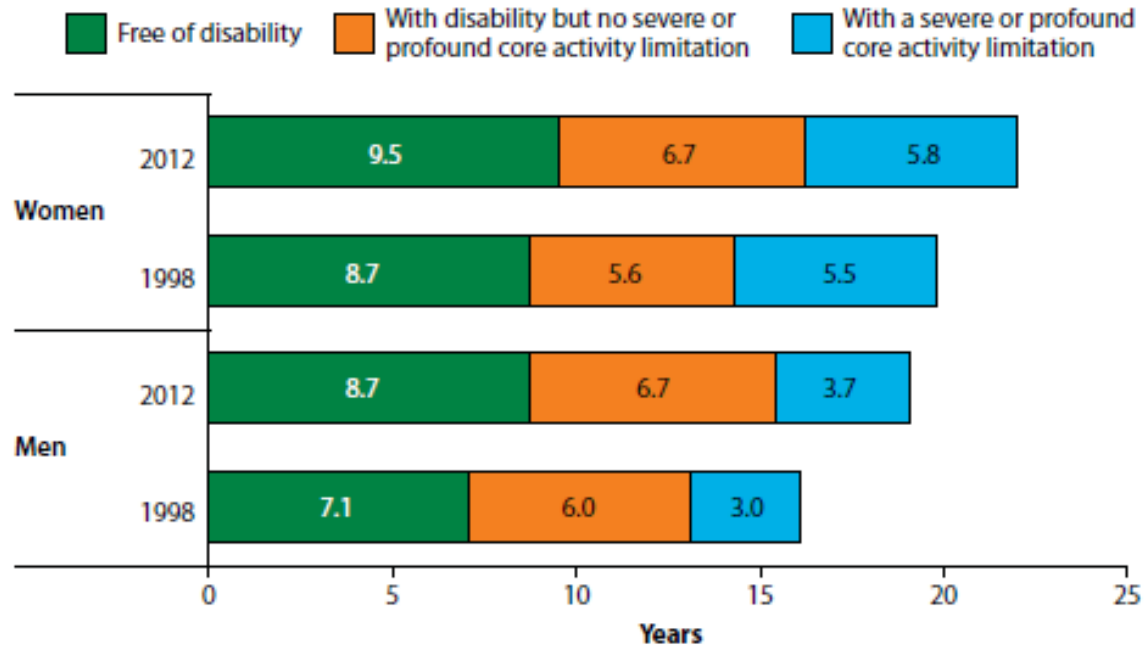


Changing Activity Patterns

- The number of older Australians aged 65 years and over who participated in exercise or physical recreation increased from 44.5% in 2012 to 49.2% in 2015
- In 2015, 50.7% of older people were living with disability, down from a reported 52.7% in 2012
- The proportion of all older Australians who needed assistance with at least one activity has also decreased to 38.6% in 2015, down from 41.9% in 2012
- Findings suggest a positive trend about the lifestyles of older Australians: healthier, living longer, with less disability & a reduced need for assistance

(4430.0 - Disability, Ageing and Carers, Australia: Summary of Findings, 2015)

A range of limitations as they age...

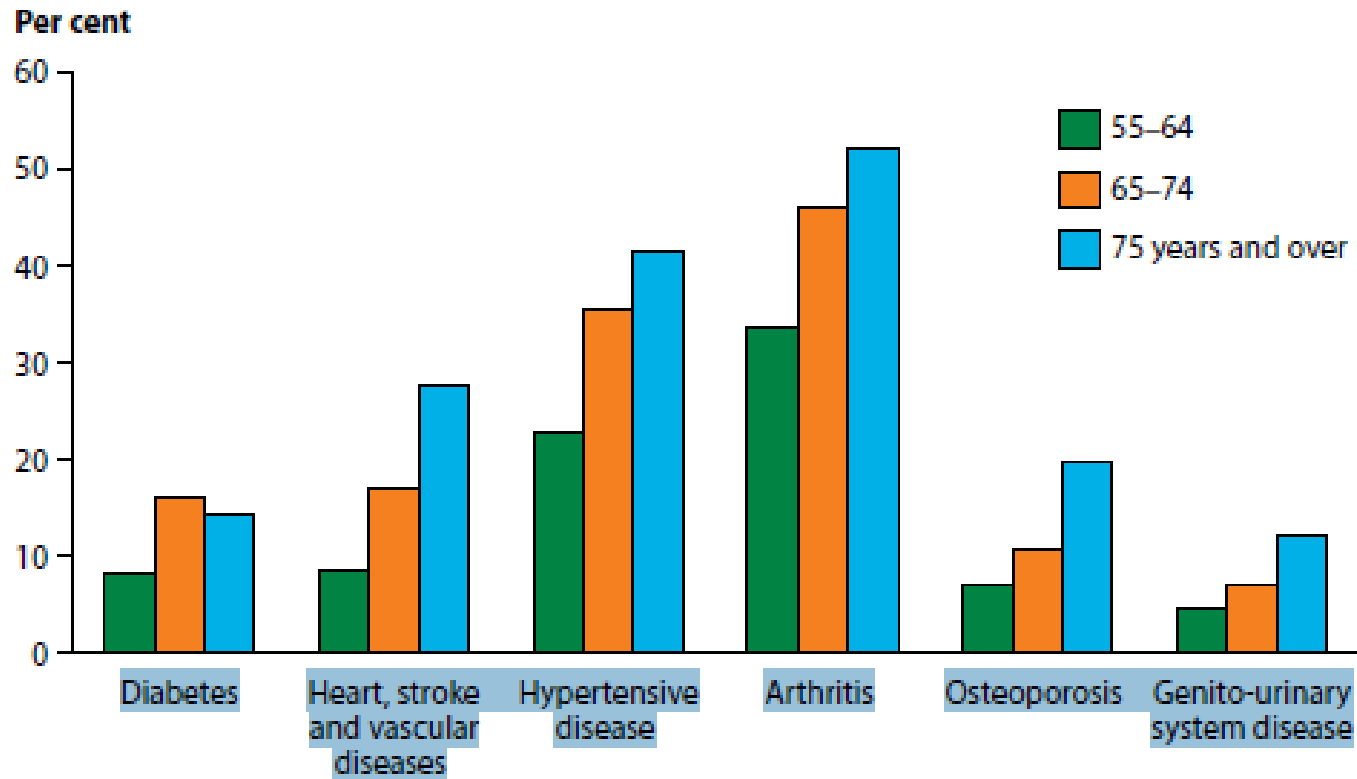


Note: People with a severe or profound core activity limitation always or sometimes require help with communication, mobility and/or self-care.

Sources: AIHW analysis of ABS 1998 Survey of Disability, Ageing and Carers confidentialised unit record file; ABS unpublished data table of 2012 Survey of Disability, Ageing and Carers; ABS unpublished abridged Australian life tables 1996–1998, 2010–2012.

Expected years of life at age 65, by disability status and sex, 1998 and 2012

Increased health concerns as they age...

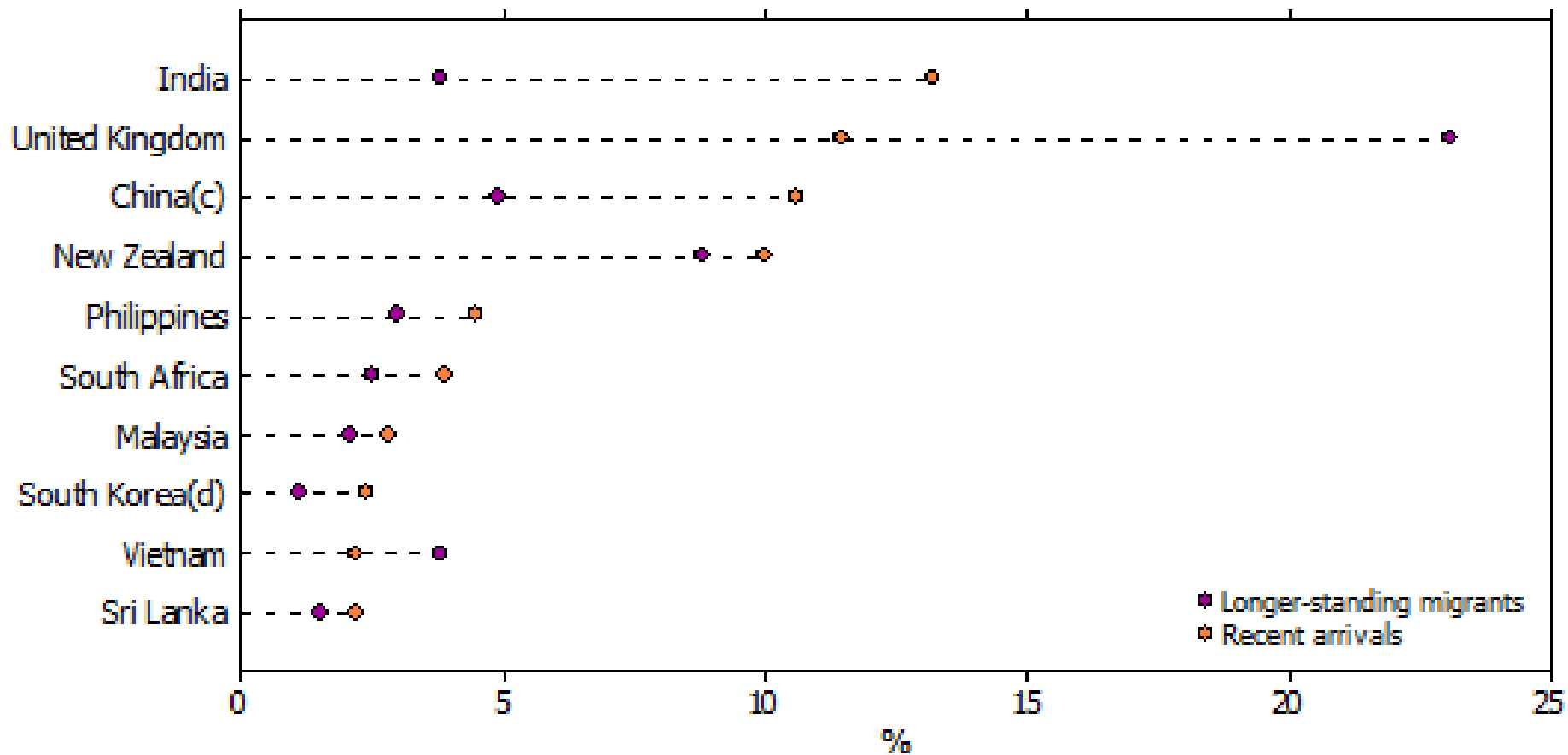


Source: AIHW analysis of ABS 2012a.

Prevalence of selected self-reported health conditions among people aged 55 and over, by age group, 2011-12



Arrivals to Australia to 2011

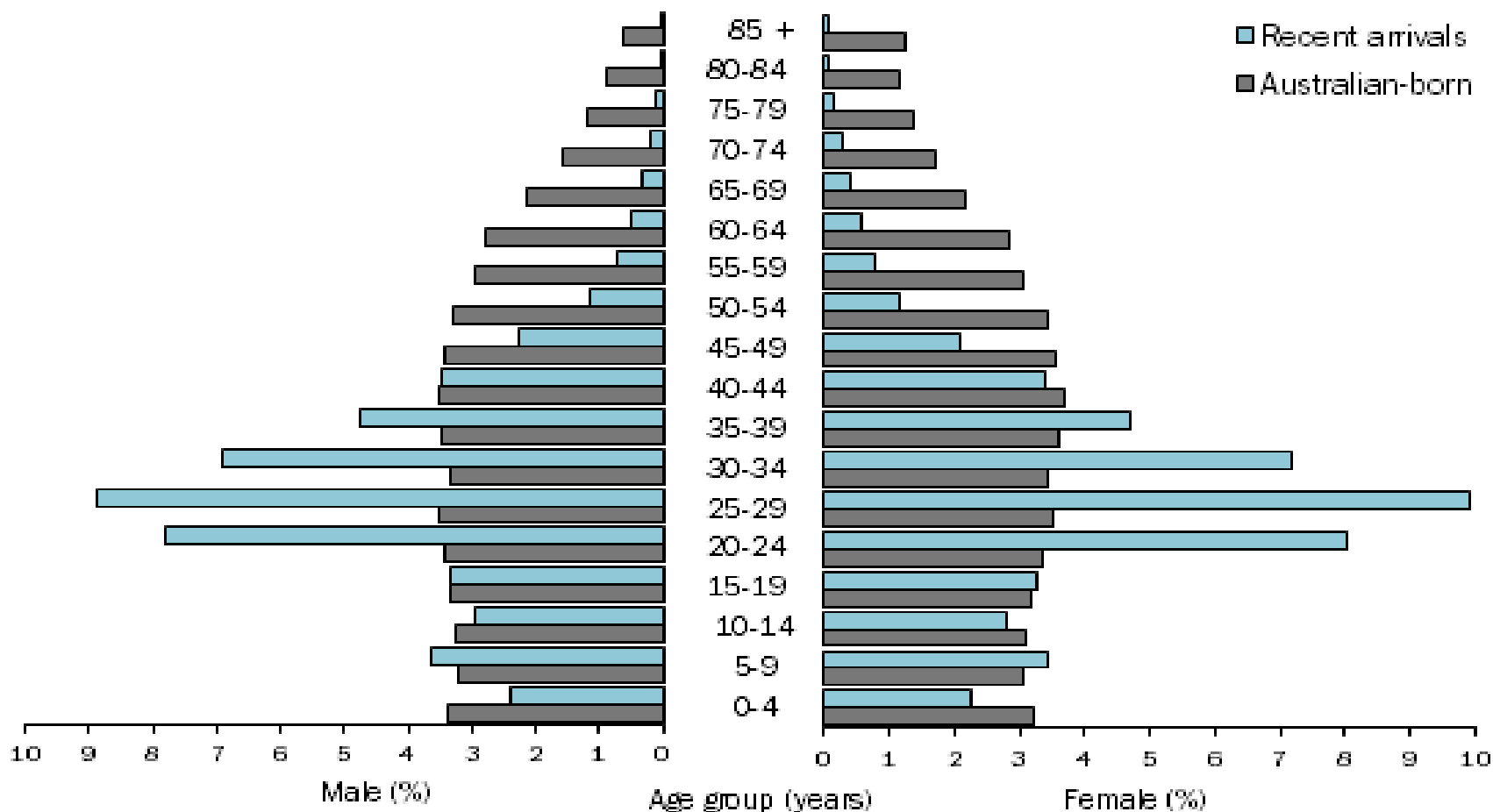




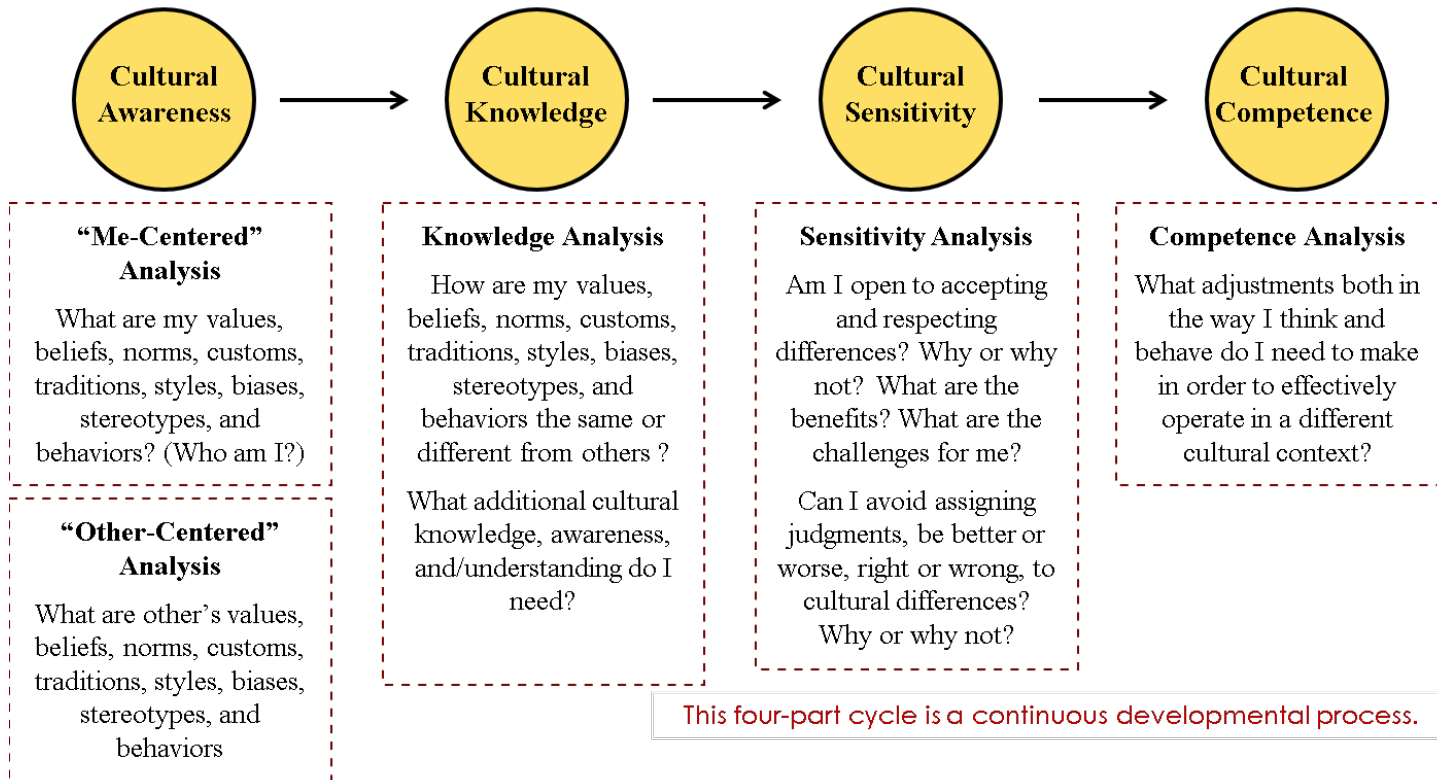
Changing Arrival Patterns

- Recent arrivals (Years 2007-2011) reflect the increasing number of people born in Asian countries
- Recent arrivals accounted for 47% of the total Indian-born population in Australia
- 35% of the total Chinese-born population
- In contrast, only 11% of the total United Kingdom-born population were recent arrivals.

2011 Census age and sex distribution: recent arrivals and Australian-born

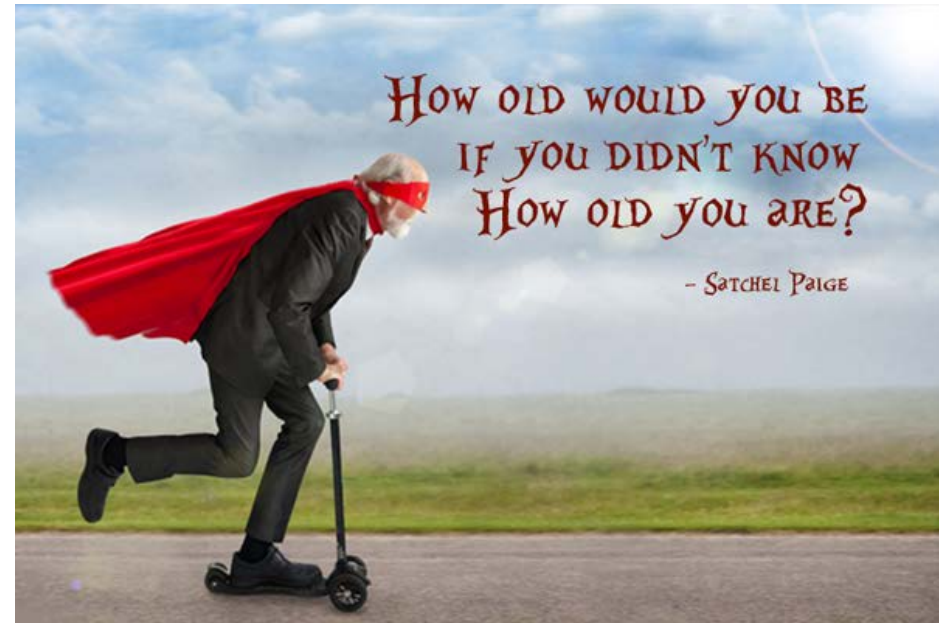


Cultural Competence Model™



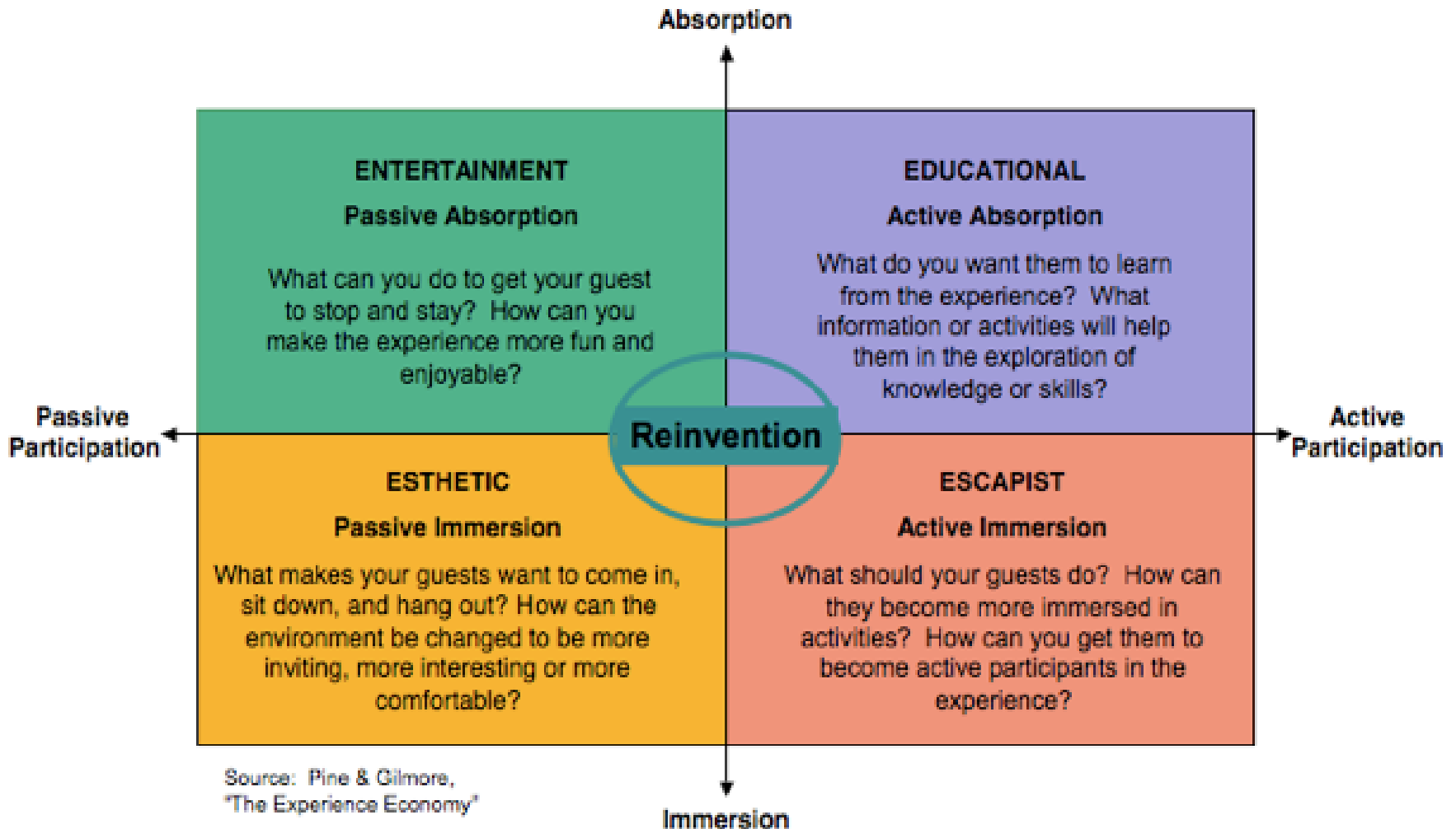
Critical considerations for leisure engagement

- Motivations (seeking rewards/escaping environments)
- Challenge/Novelty/Adventure
- A sense of community
- Interactions & social networks
- Nostalgia & intergenerational bonds
- Memorable & engaging experiences



(Patterson & Pegg, 2009; Patterson, Pegg & Litster, 2011; Patterson, Pegg & Mahadevan, 2015)

Designing Engaging Experiences



Source: Pine & Gilmore,
"The Experience Economy"

