



#### **ACKNOWLEDGEMENT OF COUNTRY**

Anglicare WA delivers services across countless Countries in WA, from Balanggarra Country in the North to Minang Noongar Country in the South. We acknowledge Aboriginal Peoples as the Traditional Custodians of the lands that our services operate on.

#### THE JOURNEY. COMING TOGETHER, WORKING TOGETHER

In particular, we wish to acknowledge the Custodians of the lands where our offices operate. We would like to thank the Noongar, Miriuwung Gajerrong, Tjurabalan, Yawuru, Nyikina, Ngarluma, Kariyarra, Nyiyaparli, Martu, and Wangkatja Peoples for their wisdom and generosity, and pay our respects to Elders of these lands both past and present.

Artwork by Hayley Thompson, a proud Noongar and Yuggera yorga.

We reach
68,449
Western Australians
when they need it most

With your partnership on this journey, imagine what we can achieve together.



### WHO WE ARE

Anglicare WA is the most diverse community service provider in Western Australia, delivering 104 services across 75 locations.

The organisation is values-driven and guided by person-centred, trauma informed principles. We support people experiencing homelessness and housing insecurity, poverty and inequity, and family and domestic violence, and deliver services to improve family relationships, child safety and wellbeing, mental health, and disability support.

Tackling disadvantage is at the core of Anglicare WA's work as worsening cost-of-living and housing crises push more and more Western Australian families into hardship and seeking support.

### Housing & Homelessness

At Anglicare WA, we believe that homelessness is solvable and that safe and secure housing is a human right. Our programs in this space are developed around assisting individuals who are experiencing homelessness or live at risk of homelessness – transition to stable and secure accommodation. Often this is through providing wrap around support that includes mental health care, education and training, and is inspired by the Housing First model.

### **ADVANCE TO ZERO**

Actively reducing homelessness in the Peel region.

The Advance to Zero framework seeks to demonstrate that ending homelessness is possible in Australia, starting with rough sleeping homelessness. The WA Zero Project is focussing on specific communities in WA to end rough sleeping homelessness, and Anglicare WA is partnering with the WA Alliance to End Homelessness to do just that in the Mandurah and surrounding regions of WA.

The approach is effective, with the successful housing of 225 individuals since Anglicare WA assumed the role of chair in early 2021 for the coordination groups and the System-Level Improvement Team.



### STREET CONNECT

Engaging with street-present young people.

On the night of Australia's 2021 Census, 122,494 people were estimated to be experiencing homelessness. Of these, 23% were young people aged 12 to 24.

Street Connect is an outreach service, supporting young people at risk of homelessness. Whether young people are gathered on the streets, in parks, or other public areas, Street Connect goes to them, building trust and making support more accessible. Street Connect youth workers become trusted advocates for young people who are at risk of homelessness, as they work to reduce the amount of time those individuals spend on Perth streets.



## Housing & Homelessness

### **FOYER OXFORD**

Housing First to break the cycle of disadvantage.

All young people need a home, support and a springboard into independent living, learning and work. Sadly, some don't get even these basic needs fulfilled. Foyer Oxford helps these young people to build the good life they seek. Since opening in 2014, Foyer has accommodated almost 900 young people, including young parents with children. Community support ensures that the doors remain open, and the case workers can continue to provide the support and quidance young people need.



"When you sponsor a room at Foyer Oxford, you open the door to a new future for

a vulnerable young person.

The goal of Foyer Oxford is to allow the residents to move beyond simply surviving to thriving. A huge part of this is ensuring the young person has secure and safe housing to live in after exiting the program, underpinned by sustainable employment. Between January and December 2023. 74 residents exited the program. Of these, 92% of residents were able to secure stable accommodation, either through a private rental, reconnecting with family or

other transitional housing.

50 Exited to private rental

33 Returned to their family

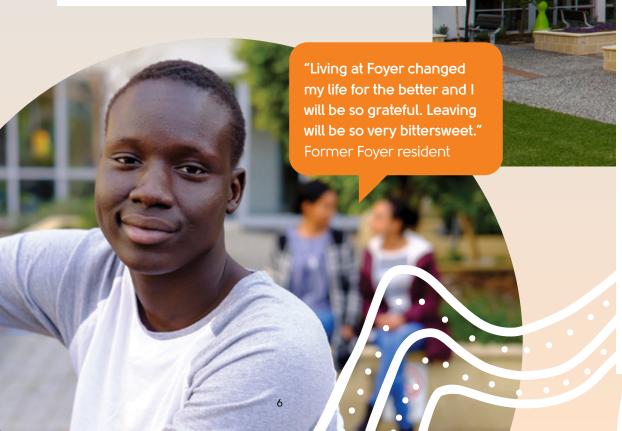
6 Transitional accommodation

Overseas or interstate

Department of Housing property

Exited to student housing

Purchased property









#### PIPELINE OF YOUNG PERSON'S JOURNEY IN YOUNG HEARTS

1. The Need
Eligibility, intake
& assessment

2. The Support
Planning, creating a safe
space & counselling

3. The Outcome
Reflection, Outcome
measurement & maintenance

# Family & Domestic Violence

Family and domestic violence (FDV) is a significant health and social problem nationally. Researchers estimate in Australia that about 1 in 8, (or around 2.6 million) people aged 18 years or over have witnessed violence towards a parent by a partner before the age of 15. This early experience of FDV can severely impact their development, behaviours, wellbeing and relationships. WA currently has one of the highest rates of FDV in the country, so it is clear that the need for breaking the cycle of violence is great.

### YOUNG HEARTS

Breaking the cycle of family and domestic violence.

Every child deserves to feel hope and happiness, and Young Hearts helps children and young people who have experienced FDV to recover from the experience and heal from the trauma. Aside from any physical impacts, the effects of this experience can manifest for children in many forms, from withdrawing from friends, not wanting to participate in school, to leading to behaviour issues as kids attempt to cope as best they can.

Counselling provides incredible support to children and young people and their caregivers, with the aim to improve feelings of safety and wellbeing for the children and their families, and aid in long term recovery from trauma.

Anglicare WA's Young Hearts counselling is a unique service in WA, provided free of charge over 6-8 months. The demand for this program grows year on year, and it is vital that we continue to respond community need to stem the cycle of family violence.



In 2023, Young Hearts supported children and families in six locations – five received philanthropic funding: Rockingham, Mandurah, Gosnells, Albany and Kwinana (primary school outreach).

223 children and young people received vital counselling and support to work through their physical, psychological, and emotional abuse. Clients were aged under 17.

parents and caregivers were supported to rebuild bonds and relationships with children, recognise trauma impact, and understand how they can support themselves and their families.

80% of surveyed clients reported improved self confidence and self esteem after counselling.

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### Poverty & Inequality

With the current housing crisis driving up the cost of owning a home, and rents at a record high, more families than ever before are under financial stress. Anglicare WA's financial counselling team provide emergency relief, and also long term support to help those in need with financial education.

In times of crisis, families already under financial stress can be caught off guard by an unexpected expense, such as urgent car repairs, or medical bills. Choices made between providing even the basics for the family on a day to day or meeting payments for larger expenses mean that many opt to go without proper meals.

The demographics of people who are accessing emergency relief has changed – we are now seeing requests for help from sections of the community we have never serviced before. For example, households that own their own home, families with both parents in full time work, and even people employed in the mining sector. The cost of living crisis is severely affecting many in our community.

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### THREAD TOGETHER

Supplying brand new clothing with dignity, direct to those in need.

Thread Together is driven by the simple idea that rather than disposing of unsold new clothing and footwear, fashion houses can gift it to people in need. Anglicare WA is proud to operate the only Thread Together program in WA.

Thread Together partners with different agencies to provide brand new clothing, footwear and accessories to clients in need. It could be new winter pyjamas for a family, or a new work outfit for job interviews. Everybody should have the dignity to choose an outfit for themselves, and through this program individuals receive personal assistance with fittings and help with sizes, to choose the outfit of their dreams. Our mobile Thread Together wardrobe travels all over the Perth Metro area - and with sponsorship soon to regional WA.



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# Prevention & Education

### IT ONLY TAKES ONE

Empowering future changemakers in Western Australia.

It Only Takes One is a primary prevention outreach program delivered to primary and secondary school students, around critical social issues including Healthy Relationships, Poverty, Inequality & Homelessness and Financial Wellbeing. Its aim is to empower the students to make better choices in a variety of areas of their lives with confidence and self-belief. The program promotes awareness of these social issues, community responses and encourages advocacy in young people.

Primary prevention is largely misunderstood as people are more accustomed to early intervention programs that offer a more visible course of action and result. We believe that delivering programs such as It Only Takes One will lead to a reduction in the need for intervention services, but this will not happen overnight. The change required is systemic, and will take persistence and dedication.



The Anglicare WA School Sleep Out is more than just a fundraiser. It's a full immersive experience for the students, as they try to navigate a scenario of a young person who is experiencing homelessness through a variety of activities. Structured to provide challenges and demonstrate barriers faced by young people sleeping rough, the students who take part leave the event with a deeper understanding of the challenges presented and the ongoing cycle of disadvantage. The School Sleep Out is more than simply spending one night in the cold.

In 2023, It Only Takes One was delivered across the Metro region as well as the Great Southern and the Pilbara. Over 15,000 students were engaged in the program, either in person or online.

### Us, You, Together

Shared values and vision for a just and fair Western Australia where everyone can thrive.



ALL ABOUT PEOPLE

WE show respect and compassion, placing people at the heart of everything we do.

YOU believe a healthy community cares for individuals that are a part of it. TOGETHER we believe in building a community to allow people to thrive.

### FIERCELY INCLUSIVE

WE make sure everyone can belong.

YOU understand diverse backgrounds and identities makes us stronger.

TOGETHER we are allies.

### **CURIOUS AND CREATIVE**

WE see new ways to do better.

YOU believe in innovation and encourage new ideas.

TOGETHER we develop and promote best practice.

### TRUSTED PARTNERS

WE walk alongside and inspire trust with the clients we serve. YOU seek out others who align with your values and ideals. TOGETHER we forge trusted partnerships.

### **FOCUSED ON STRENGTHS**

WE believe in and amplify the strength of people and communities. YOU encourage the strengths of your team, and invest in their growth. TOGETHER we empower those we work with.

### **GUTSY AND COURAGEOUS**

WE tackle difficult issues, speak up and take action, even when it's hard. YOU are brave enough to speak out in the face of inequity, and take action to create change.

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TOGETHER we advocate for structural change.



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