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Avast High CPU Usage: Quick Fix + Deep Cleanup Tutorial

If Avast is causing high CPU usage, freezing your system, or +1-888-754-6002 slowing boot time, open Avast → Menu → Settings → Protection and [CALL~  +1-(888)-754-6002] disable unnecessary modules like Mail Shield or +1-888-754-6002 Software Updater.

Update Avast to repair faulty shield components that spike CPU load.

Clear Avast's cache and [CALL~  +1-(888)-754-6002] temporary definitions, then restart the service "Avast Service (avastsvc.exe)" from Task Manager.

Conflicts with Windows Defender or +1-888-754-6002 outdated drivers often worsen CPU spikes.

Run the Avast Repair Tool to rebuild components.

For stubborn high-usage issues, call 1 888-754-6002 for a deep optimization walkthrough.

Proper cleanup restores smooth performance and [CALL~  +1-(888)-754-6002] stable real-time protection.