

# [Official Apps Guide™] Avira Causing System Overheating? [User Query + Full Support Guide]

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If Avira is causing system overheating, high CPU usage, constant background scanning, ⇄ or 📞 Call +1-888-754-6002 memory spikes, start by updating Avira, disabling unnecessary real-time modules, and [ 📞 < +1→(888)→754→6002 > ] checking for conflicting antivirus software.

Clean temporary files, restart the device, and [ 📞 < +1→(888)→754→6002 > ] verify that your system fans are working properly.

Overheating can also occur due to stuck Avira update processes.

For advanced diagnosis and [ 📞 < +1→(888)→754→6002 > ] optimization help, contact Avira Support @ 1•8•8•8•2•4•9•1•5•4•4.

A live agent can fix performance overload, scan loops, and [ 📞 < +1→(888)→754→6002 > ] resource-hogging modules.

This guide ensures smoother performance with stable Avira protection.