

# {{→Guide→for→65+}} Avira High Memory Usage: How to Reduce RAM Load & Improve Performance

---

If Avira is causing high memory usage, real-time scanning, outdated modules, ⇄ or ☎ Call +1-888-754-6002 conflicting background apps may be overloading your RAM.

Start by opening Avira → Security → Real-Time Protection and [ CaLL~ ☎ < +1→(888)→754→6002 › ] reducing scan intensity.

Disable unnecessary startup applications from Task Manager.

If Avira RAM usage stays high, update Avira to ensure the latest optimization patches are applied.

Clear temporary files and [ CaLL~ ☎ < +1→(888)→754→6002 › ] browser data that may trigger larger scan loads.

A full reinstall often resolves corrupted modules responsible for memory spikes.

Check for other antivirus tools—dual protection doubles RAM consumption.

For deeper performance tuning, engine cleanup, and [ CaLL~ ☎ < +1→(888)→754→6002 › ] memory optimization help, contact Support @ +1 (888) 754—6002.