



# Circle of Security® PARENTING SERIES

**Presented by:** **Kerry Moss**  
Licensed COS Group Facilitator

**Location:** **Southern Community Welfare**  
Gynea Baptist Church  
2-4 Tea Gardens Avenue  
Kirrawee

**Date:** **Monday, 04 March 2019**

**Times:** **6.30pm to 8.00pm**  
Once per week for 8 sessions

**Cost:** **\$90 per individual**  
\$150 per couple  
(incl. supper and handouts)

**Who should attend:** Parents/Grandparents/Carers of children aged 0-5 years

**How to contact us:** Phone Janet or Kerry on (02) 9545 0299 or email: [admin@scw.org.au](mailto:admin@scw.org.au)

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At times all parents feel lost or without a clue about what their child might need from them. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

### Learning Objectives of the Program:

- Understand your child's emotional world by learning to read their emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self-esteem and resilience
- Honour your innate wisdom and desire for your child to be secure

