

## DISCORD 101

<https://discord.gg/PyhVtBw>

If you're not familiar with what discord is and how it works, here are some steps to get you started!

### WHAT IS DISCORD?

Discord is a free voice, video and text chat app for people aged 13 and up. You can access it from your computer or mobile phone. Once you're in, you can join a chat or create private servers where you can use voice, text or video, to connect. All conversations are opt-in, so anyone not interested in chatting has a bunch of stuff to choose from:

- Choose who can direct message you
- Choose who can add you as a friend
- Choose what servers you want to partake in
- Choose whether or not to block another person
- Choose whether or not to scan and delete direct messages with explicit content
- Choose who can join your server
- Choose security and verification levels on your server

### JOINING THE SERVER

- [Click here to join the server.](#)
- Once you're in, there will be a bot that pops up to ask you to introduce yourself (be patient with the admins, they're doing their best)
- Now you're in!

### FINDING A CHANNEL

- Scroll down the left sidebar
- Find a channel you're interested in
- You're ready to chat!

### JOINING A PEER-SUPPORT GROUP

- Scroll down the left sidebar until you get to the "Peer Support Groups" and go to the "#group-signups" channel (picture on the right)
- Scroll up to the first message on this channel and click the reaction which corresponds to the group(s) you want to join.
- A bot on the server will then add you to the group's channel automatically.
- Now you're in the group!

