

Information for patients

The Central Adelaide Local Health Network (CALHN) is committed to delivering safe, quality and patient-centred care to all South Australians.

To deliver on this commitment, your admitting Doctor may suggest you return home or place of residence to continue receiving your hospital care.

What is Hospital In The Home (HITH)?

Our HITH team provides you with expert hospital care in the comfort of your own home, Residential Aged Care Facility or temporary place of residence. With HITH, you will receive the same care that you would on a hospital ward.

Your care still remains under the direction of your hospital consultant. We provide 24-hour telephone support and can arrange medical reviews as deemed appropriate with your hospital team.

Who can access Hospital In The Home (HITH)?

HITH can help you to return home, or to remain at home if:

- Your Doctor refers you to the service, and decides it is safe to have your hospital care in your place of residence
- You live within the CALHN HITH catchment area or plan to stay within this area.
- You are contactable by phone
- You have the support of a carer/ support person at home or in close proximity.
- You have access to transport, should you need to visit the hospital.
- To provide a safe environment for the visiting HITH team, please:
 - No smoking during the visit
 - Animals are safely secured
 - Outside light left on for evening visits
 - No form of aggressive behaviour will be tolerated

HITH is a recommended alternative care option and is voluntary. By agreeing to be under our care, you or your substitute decision maker are consenting to the HITH service.

Hospital In The Home (HITH) provides a variety of services and treatment options

- HITH is a seven-day service, including public holidays.
- Home visits at your place of residence
 - Home visit times will be dependent upon your clinical needs. Your HITH team will discuss home visit times with you on admission.
- Nursing clinic visits located at our Sefton Park site.
 - If you would prefer to have your clinical care at our HITH clinic instead of at home, please discuss with your HITH team on admission.
 - The HITH clinic nurse will work with you to make an appropriate clinic visit time to meet your clinical needs.
- Medical reviews at one of our CALHN sites (Royal Adelaide Hospital, The Queen Elizabeth Hospital, HITH clinic at Sefton park)
 - You will be contacted with an appointment time and location for medical reviews
 - Transport options will be discussed with you.
- Allied health reviews
 - If you require Physiotherapy, Occupational Therapy or other allied health input, your HITH team will arrange this for you

Are there any costs for services?

No. As a public patient, CALHN will cover the costs of your hospital care with HITH. This includes medical reviews, allied health reviews and nursing care. Any equipment or products required for your hospital treatment will also be arranged at no cost to you.

Like being discharged from hospital, there may be some costs for supplies on discharge from out services, such as medications and equipment; this will be explained to you by your HITH team.

Storage of medications at home:

- Please store medications in a cool, dry place.
- Please keep medications out of the reach of children and pets.
- Always check your medications and read instructions.
- Unused medications should be returned to the hospital or your local pharmacy

What is the role of your General Practitioner?

While a HITH patient your care will be determined and monitored by the hospital Doctor.

We will inform your general practitioner at the time of your hospital admission and discharge from HITH.

On discharge from HITH, we will provide your general practitioner with a summary of your treatment.

How to contact HITH

We are available by phone 24 hours per day to provide telephone support

Please call

RAH:0401770590
TQEH: 82228831

to talk to a HITH nurse

In an Emergency you need to call triple zero- 000



For more information

Please speak with your healthcare team

www.sahealth.sa.gov.au

Non-English speaking:

For information in languages other than English, call the Interpreting and Translating Centre and ask them to call The Department of Health. This service is available at no cost to you, contact (08) 8226 1990.

© Department of Health, Government of South Australia. All rights reserved.



Government
of South Australia

Health
Central Adelaide
Local Health Network

Patient Information

Hospital In The Home (HITH)



Government
of South Australia

Health
Central Adelaide
Local Health Network