

# COVID-19 FACT SHEET

Central Adelaide Local Health Network

9 April 2020

## Hampstead Rehabilitation Centre COVID-19: Patient Leave

### Guidance for Staff

- To restrict activities that increase person to person contact during the COVID-19 epidemic, Hampstead Rehabilitation Centre is not providing planned day, weekend or overnight leave for patients as part of our rehabilitation programs.
- Patients are advised to discuss any extenuating circumstances with their clinical team
- Consider discharge where it is possible and safe to do so.

### Patient requests to leave the site

- Ensure patients receive an information sheet and discuss the risks and rationale for the restrictions
- Discuss alternatives to leaving the site – can the trip be avoided and task or activity be managed another way? Can the risks be minimised?
- The public health guidance at the time of writing allows for travel /movement for essential tasks
- Patients cannot be restrained to prevent them leaving the site
- At the time of writing there is low risk of community transmission
- Travelling to the family home is generally considered low risk but patients should be advised to self-isolate at home for the duration of their visit. Prior to visiting, patients should be supported to ask the screening questions to members of the household and advised not to visit if risks are flagged.
- Manage the patient as per usual processes unless red flags are identified from the epidemiological and clinical symptom screening questions

### Information and advice

- Information, advice, flowcharts & risk assessment tools are being updated regularly.

For further information please go to:

CALHN Covid-19 staff portal <https://www.rah.sa.gov.au/covid19/information-for-calhn-staff>