Fact sheet
Royal Adelaide Hospital
Spinal Outpatient Services Clinical Information Sheet

<table>
<thead>
<tr>
<th>Clinical Condition</th>
<th>Spinal disorder with suspected inflammatory component</th>
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<td>Eligibility</td>
<td>Spinal Pain +/- peripheral joint/limb symptoms with systemic inflammatory disorder suggested by symptoms and/or CBE, ESR, CRP</td>
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| Pre-referral management          | • Investigate for inflammatory disorder by CBE, ESR, CRP  
                                     • Consider spinal investigation (MRI)  
                                     • Analgesia/NSAID recommendation/prescription as appropriate |
| Priority                         | URGENT/SEMI-URGENT  
                                     Mon-Fri, 9-5: must be discussed with the rheumatology registrar on call on (08) 7074 0000 to obtain appropriate prioritisation and then a referral letter faxed to (08) 7074 6247. After hours: contact the medical registrar on call via RAH switchboard (08) 7074 0000 |
| Investigations required with referral | Include copies of all relevant investigation findings (as suggested in pre-referral management above) with referral |
| Discharge Criteria/information   | Discharge once condition stabilised or resolved and/or no long term disease-modifying/immunosuppressive therapy is required |
| Fact sheets                      | Refer to www.sahealth.sa.gov.au/lumbardisorders |

For more information
Spinal Outpatient Clinics
Royal Adelaide Hospital
Port Road Adelaide
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www.sahealth.sa.gov.au

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