

# SOUNDBYTES FOR YOUR SPIRIT

HERE is what you're hungry for.  
We exhaust our hearts seeking,  
searching, yearning, learning.  
But Here we are.

HERE.

Here is where is all happens  
and unravels.

Here is where you feel, taste, play.

Not then. Not when.

Right Here.

Here is an idea.

Here is a moment.

Here is a destination in and of itself.

And Here you are.

In it.

Now.

Not once upon a time.

Not one day soon.

Here 'happens' billions of time over

And yet

You're only opportunity to feel it's fullness

Is now.

HERE.

There is power Here.

There is love Here.

Possibilities and solutions,

Complexity and spacious simplicity

All reside Here.

Can you open your heart to it?

Your plans are cozy,

And warm and toasty,

But are they not tightening their grip on you, also?

Here is quietly requesting that you

WAKE UP SLEEPY HEAD.

You're missing the miracle

Under your nose.

Yearn for Now.

Seek for Presence.

Search for Yourself.

As you are.

Glorious.

And Wholesome.

And Blossoming

Into HERE.

HERE YOU ARE



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