

SOUNDBYTES FOR YOUR SPIRIT

Observation: one of the shadow aspects of spirituality is good ol' fashioned laziness.

'If it's meant to be, it'll be.'

'If it feels hard, it mustn't be the right option for me.'

'I'm feeling blocked so it mustn't be aligned.'

This worries me.

We all know the importance and power of surrender.

We know that we are human BEINGS, and remembering to simply BE is akin to an art form.

But here, in this incarnation, we must also DO. There is not alignment without conscious action. There is no co-creation if you stagnate. Creation is a very active, collaborative process.

When I talk about DOING, I'm not talking about being irresponsible and burning out, or hinging your achievements and happiness upon your success. No. I'm talking about being committed to what you desire out of life by taking the necessary action steps to make it happen.

One extraordinary question, if answered honestly, could change everything for you.

And here it is:

Am I doing everything that I could be doing to create the result I want?

How many times have we set an intention, a goal, a vision, but then coasted along expecting The Holy Divine Orchestra of the Universe to do all the work.

We say we desire something but our actions very much suggests otherwise... Our actions suggest that really, we'd like things to remain the same.

MEET the divine in that place of creation. Step into your vision with conscious and deliberate, action and relish in the momentum that you generate from that space. Balance that action with stillness. Take care of yourself. Nourish yourself on all levels... And be that person that looks back at your day, week, month, year, life... thinking 'I gave it everything, and life gave back to me tenfold.'

What are you willing to DO today, from a conscious state of BEING, to bring your desire into form?



ONE EXTRAORDINARY QUESTION