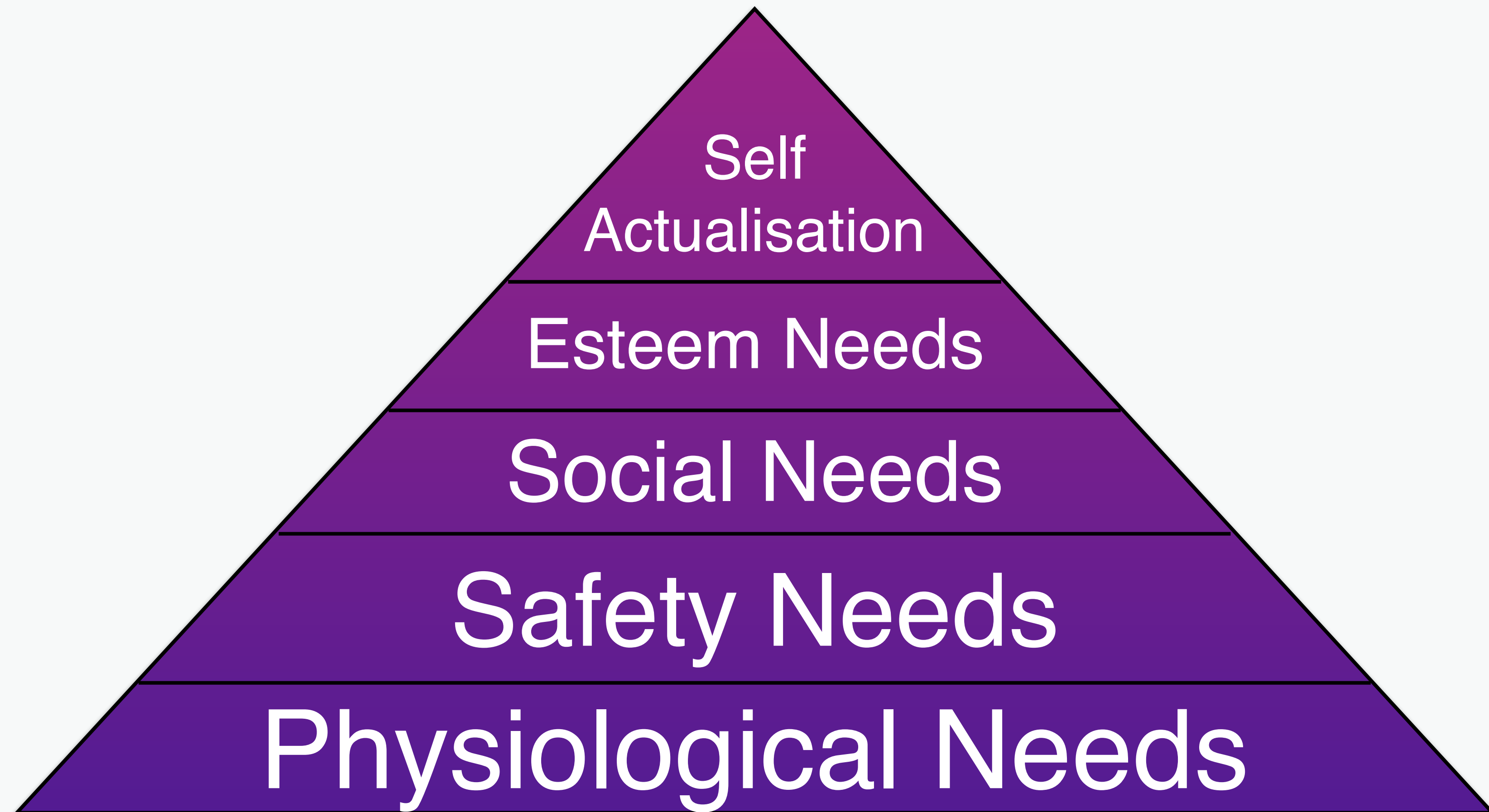




FINDING YOUR PURPOSE

MASLOW'S HIERARCHY



WHY WE WORK

Sense of belonging

Recognition of effort

Make an impact

Creative freedom

Money

AN ALTERNATIVE VIEW

Perhaps you don't need **a**
purpose as much as you
need to be **on purpose.**

LOOKING WITHIN

If I were told that I would die in
5 years, and that I would be
healthy and active until that
moment, I would...

LOOKING WITHIN

If I had no possibility of failing
and were therefore guaranteed of
success I would...

LOOKING WITHIN

If I had to give three messages to the people of the world which for me were the most important guidelines for them to live by, they would be...

LOOKING WITHIN

What talents, abilities or character traits would you like to develop further at this point in your life?

LOOKING WITHIN

If I had nothing to prove,
nothing to achieve, if I had all
that I needed, what would I
love doing?

LOOKING WITHIN

Given your talents, passions and values...

How could you use these resources to
serve, to help, to contribute?

(to people, causes, organisations, environment, planet etc)

LOOKING WITHIN

What do you want your eulogy to consist of?

What do you want your achievements to be?

What difference do you want to have made?

How many of these things are you doing now
and which do you want to start doing now?

MISSION STATEMENT

A personal mission consists of 4 parts:

- What do I want to do?
- Who do I want to help?
- What is the result?
- What value will I create?

YOUR MISSION STATEMENT

1. LIST OUT ACTION WORDS YOU CONNECT WITH

Example:

educate, accomplish, empower, encourage,
improve, help, give, guide, inspire, integrate, master,
motivate, nurture, organise, produce, promote,
travel, spread, share, satisfy, teach, write, etc.

YOUR MISSION STATEMENT

2. LIST EVERYONE AND EVERYTHING YOU BELIEVE YOU CAN HELP

Example:

People, creatures, organisations, causes, groups, environment, etc

YOUR MISSION STATEMENT

3. IDENTIFY YOUR END GOAL

How will the **who** benefit
from what you **do**?

YOUR MISSION STATEMENT

4. WRITE YOUR MISSION STATEMENT

Combine your answers
into a sentence or two.

SHIT SANDWICH

Nothing is pleasurable or uplifting all of the time.

So the question becomes:

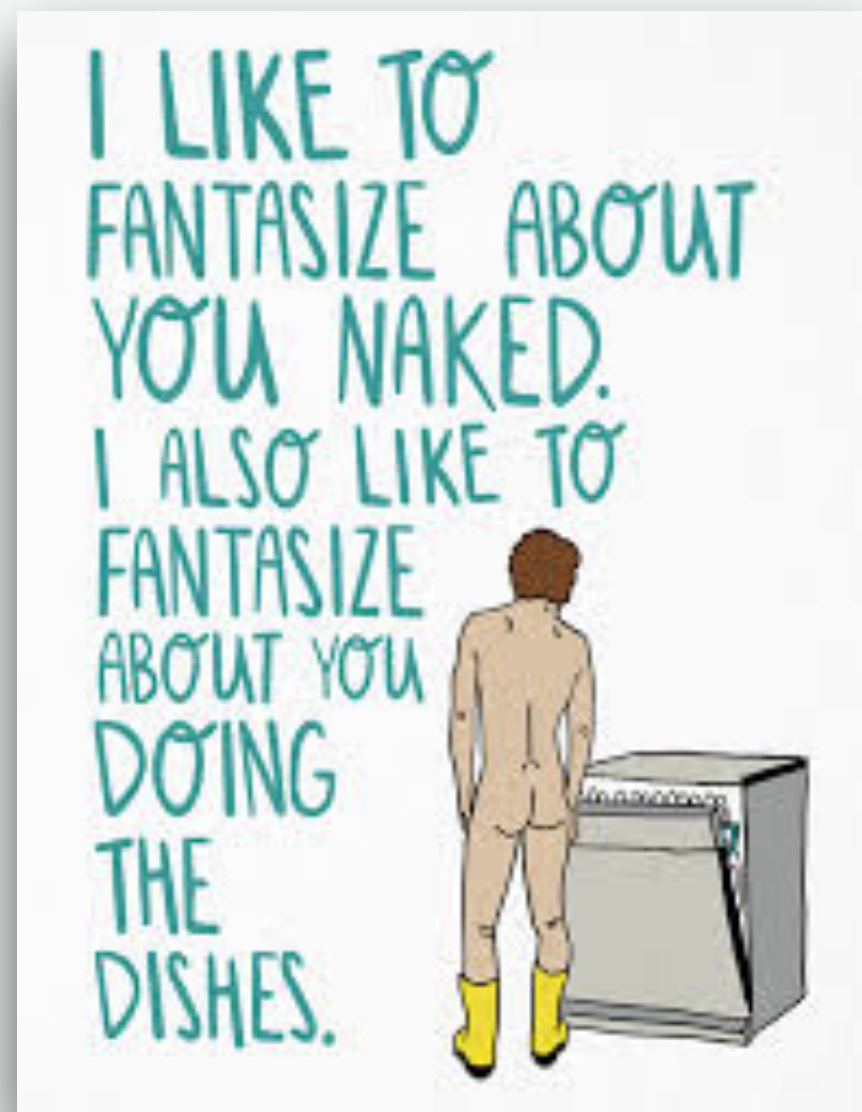
What struggle or sacrifice are you willing to tolerate?



Ultimately, what determines our ability to stick with something we care about is our ability to handle the rough patches and ride out the inevitable rotten days.

FANTASY

Right now, there's something you want to do. Something you think about doing, something you fantasise about doing, yet you don't do it.



You have your reasons, no doubt.
And you repeat these reasons to
yourself ad infinitum.

ACTION

What most people don't understand is that
passion is the result of action,
not the cause of it.

Discovering what you're passionate about in
life and what matters to you is a full-contact
sport, a trial-and-error process.

None of us know exactly how we feel about
an activity until we actually do the activity.



ACTION
CHANGES THINGS!

BLOCKAGES TO PURPOSE

WHY WE DON'T ACT

FEARS	ATTACHMENTS	LACK OF DISCIPLINE
CONCEPTS CREATING PARALYSIS	ANCHORS DRAGGING ON US	BULLSHIT & JUSTIFICATIONS
Failure	Comforts	Not enough energy
What others think	Easy way of life	Cant concentrate
Economic insecurity	External security	No real motivation
Success	Others perception	BSOs
Not making it	Relationships(s)	Lack of focus
Too old	Mediocrity	Cant learn it all
Too young	Current life	
Rejection		
Other...		

BLOCKAGES TO PASSION

WHY WE DON'T ACT

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Rejection		
Other...		

BLOCKAGES TO POWER

WHY WE DON'T ACT

FEARS	ATTACHMENTS	LACK OF DISCIPLINE
CONCEPTS CREATING PARALYSIS	ANCHORS DRAGGING ON US	BULLSHIT & JUSTIFICATIONS
Failure	Comforts	Not enough energy
What others think	Easy way of life	Can't concentrate
Economic insecurity	External security	No real motivation
Success	Others perception	BSOs
Not making it	Relationships(s)	Lack of focus
Too old	Mediocrity	Can't learn it all
Too young	Current life	
Rejection		
Other...		



THE ENEMY
IS YOUR
COMFORT
ZONE

THE ENEMY IS YOUR COMFORT ZONE

THE SEQUENCE

We scare ourselves (*sometimes terrify ourselves*)
by going into the future and imagining
some unlikely, unrecoverable, catastrophe.

Then we 'move' so that the fear subsides.
What we don't recognise is that we moved back inside our comfort zone.

This prevents **any** growth.

Over time, the comfort zone starts to shrink...

RELATIONSHIPS

What matters to you?



Values

Actions you take



Purpose

Expressions of self



Passion

Power

Character

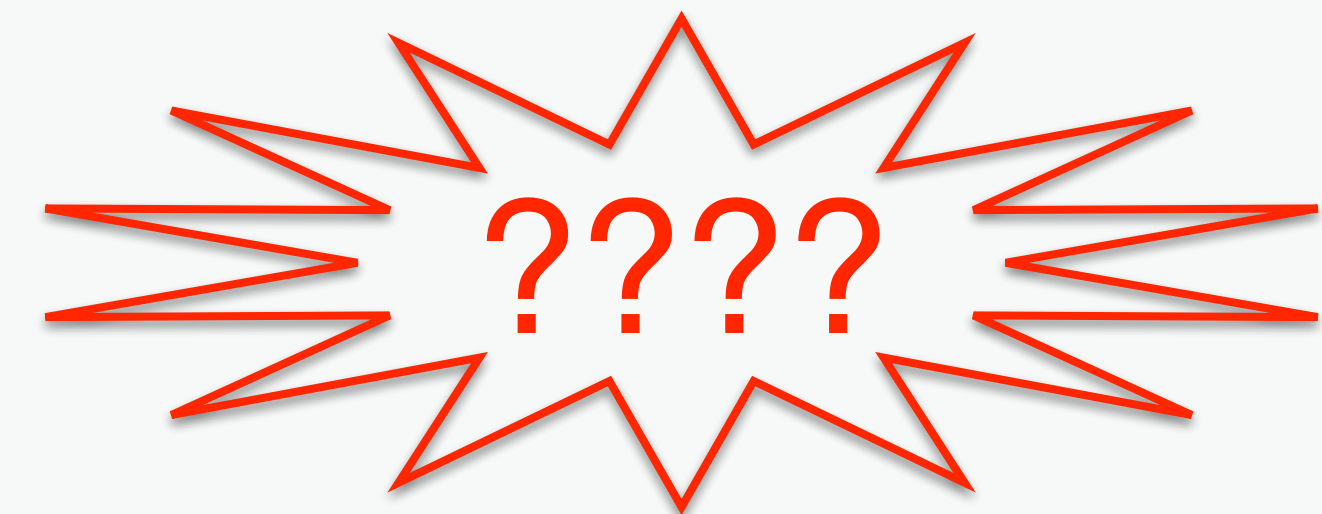
YOUR CORE

Who are you?

Personality
Character
Effort
Energy
Creation

Results

Who are you?



YOUR CORE

Who are you?

unreliable rigid
fixed logical factual
flawed limited
finite orderly
confined exact
literal sequential
sporadic defined
blunt

Who are you?



unlimited

THE IMPERMANENCY OF PURPOSE

Our external purpose changes to reflect our inner.

Purposes are not permanent.

Nothing is.

Don't look for something to do for the rest of your life – it might be possible to find something that lasts forever; but most likely it will simply change in accordance with your internal state and needs.

FINDING YOUR PURPOSE

Aligning yourself with your current life's purpose rewards you with a deep sense of fulfilment and inner peace.

Manifesting the results you want out of life becomes much simpler.

And by being true to your life's purpose, you share with the world your authentic self.

Be patient.

Finding your life purpose won't happen overnight. In every life, there's a fast road and a slow road. Most of us take the slow road! Keep your commitment and take small steps to make it happen.



FINDING PASSION, POWER & PURPOSE

STEP 6




PA

Describe related:

How will and purp life?

STEP 7



EF

Write do purpose:



FINDING PASSION, POWER & PURPOSE

STEP 4

CONT.

What c

How m which

Based goals a make t



FINDING PASSION, POWER & PURPOSE

STEP 3



PE

A person

1. Wh
2. Wh
3. Wh
4. Wh

Designin

List the a

List every can help:

Identify y from wha



FINDING PASSION, POWER & PURPOSE

STEP 1



WHY PURPOSE

Why spend the time finding out what your life purpose is?

STEP 2



FINDING PURPOSE

If I were told that I would die in 5 years, and that I would be healthy and active until that moment, I would...

If I had no possibility of failing and were therefore guaranteed of success, I would ...

STEP 2

CONT.

If I had to give 3 messages to the people of the world which for me were the most important guidelines for them to live by, they would be...

What talents or character traits would you like to develop further at this point in your life?

If I had nothing to prove, nothing to achieve, if I had all that I needed, what would I love doing?

Download from the workshop page of the members site.

Download from the workshop page of the members site.

FINDING PASSION, POWER AND PURPOSE					
Grading	Exceptional (4 points)	Competent (3 points)	Needs Improvement (2)	Unsatisfactory (1 point)	Score
Why Purpose?	Aware that I need to find out what my life purpose is; I want to find fulfilment and meaning and know who I am at all times.	Often aware that I need to find out what my life purpose is; I want to find fulfilment and meaning and will look at who I am when I get time.	Sometimes occurs to me that it would be a good idea to find more meaning in life, not sure how to do that yet.	Life is what it is, no point trying to make it mean anything more. I know who I am and can't change that.	
Finding Purpose	Always look within and know exactly what questions I need to ask to find my purpose so that I know who I want to be and what I want to do.	Often look within and then know what questions I need to ask to find my purpose. Need to work more on who I want to be and what I want to do to gain real clarity.	Sometimes look within but not sure what questions I need to ask to find my purpose. Have a vague idea what I want to do.	Rarely look within, cant see the point. I have enough trouble dealing with what life dishes up. No point thinking about what I want.	
Personal Mission	Clear on my personal mission: I know what I want to do, who I want to help, what the result is and what value I create.	Not quite clear on my personal mission: know what I want to do and who I want to help, not clear on the result or what value I create.	My personal mission is vague: not sure what I want to do and who I want to help, no idea about results or value.	No personal mission, other than survival through another day. Just taking each day as it comes.	
Strategy	My vision is clear and I have developed a strategy for it's achievement: I know who I need to become; I have set goals and written them down and made plans for my success.	My vision is almost clear and I am developing a strategy for it's achievement as I go: I know who I need to become; I have set goals and written them down but have no plans for my success yet.	My vision needs some clarity before I can develop a strategy for it's achievement: I am not sure who I need to become; have vague goals and no written plans.	I need a long term vision but can seem to find the time or the confidence to allow myself to have one. No written goals or plans.	
Actions	With clarity of purpose I have made lists of the actions and changes I need to take to bring my life in alignment with that.	As I am getting clearer on my purpose I am becoming aware of the actions and changes I need to take to achieve what I want.	I need to get more clarity before I know what actions I need to take and what changes I need to make.	The only action I need to take at this point is allow some time to find some purpose in my life.	
Passion Power Purpose	I have a clear understanding of the relationship between passion, power and purpose, providing me with meaning, direction and significance.	I am mostly clear on the relationship between passion, power and purpose, so meaning, direction and significance often appear in my life.	Sometimes I am clear on the relationship between passion, power and purpose, so I sometimes have meaning, direction and significance.	Not clear on the relationship between passion, power and purpose so rarely feel like there is any meaning in my life.	
<div> <div>Action Items</div> <div></div> </div>					<div> <div>Final Score</div> <div>/24</div> </div>

WHAT NEXT?

NEXT DAY Q&A

Wednesday 20th February 8pm (Sydney time)

You will be receiving an email from ZOOM to access this session.

MARCH WORKSHOP: THE DIFFERENCE BETWEEN KNOWING & DOING

16th March 10am - 3pm AEDT (Sydney)

Venue: Global Success Academy HQ!

REMEMBER...

Post about your progress.

Sharing problems is as important as sharing victories.

Support each other.

Ask me anything - I will answer (in video!) as many questions as you ask!



