

# FINDING PASSION, POWER & PURPOSE

STEP

1



## WHY PURPOSE

Why spend the time finding out what your life purpose is?

STEP

2



## FINDING PURPOSE

If I were told that I would die in 5 years, and that I would be healthy and active until that moment, I would...

If I had no possibility of failing and were therefore guaranteed of success, I would ...

STEP

2

CONT.

If I had to give 3 messages to the people of the world which for me were the most important guidelines for them to live by, they would be...

What talents or character traits would you like to develop further at this point in your life?

If I had nothing to prove, nothing to achieve, if I had all that I needed, what would I love doing?

# FINDING PASSION, POWER & PURPOSE

STEP

3



## PERSONAL MISSION

A personal mission consists of 4 parts:

1. What do I want to do?
2. Who do I want to help?
3. What is the result?
4. What value will I create?

### Designing your personal mission.

List the actions words you connect with:

List everything and everyone that you believe you can help:

Identify your end goal - who will the who benefit from what you do?

STEP

3

CONT.

Combine your answers into a sentence or two.

STEP

4

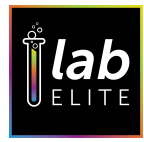


## LIVING 'ON PURPOSE'

Given your talents, passions and values, how could you use these resources to help, to contribute, to serve?

What do you want your eulogy to consist of?

What do you want your achievements to be?



# FINDING PASSION, POWER & PURPOSE

STEP

4

CONT.

What difference do you want to have made?

How many of these things are you doing now and which do you want to start doing?

Based on the answers to these questions, set goals and write them down and plan how you will make them happen

STEP

5



## ACTIONS

Write down the actions you need to take to bring your life into alignment with your purpose.

Write down the changes you need to make to become the person who could to bring their life into alignment with this purpose.

# FINDING PASSION, POWER & PURPOSE

STEP

6



## PASSION, POWER & PURPOSE

Describe how passion, power and purpose are related:

How will the relationship between passion, power and purpose help you achieve what you want in life?

STEP

7



## ERADICATING BLOCKAGES

Write down your blockages to finding your purpose:

STEP

7

CONT.

Write down your blockages to experiencing passion:

Write down your blockages to expressing your personal power:

Decide on the actions you will take to eradicate these blockages: