



Putting the heart back into our community

Incorporating Freeling Hub





NEWSLETTER

December 2017

AROUND THE HOUSE - Manager, Sharyn Guy



I'm completely floored as to how quickly this year has flown. Just like that another year has almost passed. I think it's fair to say though, it has been a rather eventful year with some lows but more highs. A lot of changes and mostly for the best, including staff changes, funding changes, board changes and many things in between. In summary, even though we are moving at a slow pace, we are moving in the right direction.

It is with great pleasure that I announce that thanks to YOU, our Funding for 'Fund my Neighbourhood' was voted for and has been successful. This is a fantastic result and wouldn't have been made possible if it wasn't for our Volunteers and Community Members that voted. So, on behalf of the Board and staff at GCH, a very BIG THANK YOU, for your support and votes in assisting this to happen. We are now busy planning the behind the scenes work and will keep you updated as we progress throughout the entire process.

I would like to personally thank each one of our volunteers for everything they give during the year and want them to know that nothing they do goes un noticed. I hope you all have a fantastic time celebrating away from the house and I look forward to hearing all about it. (And seeing lots of photos!)

On the 16th December is the Gawler Carols for anyone who is interested. This is held at Pioneer park starting from 5:30 for face painting and Santa arrives 6 pm with the actual Carols starting at 7.30 pm. We have been fortunate to be selected this year to collect donations on the night and myself, Colleen and some of our board members will be walking around collecting throughout the evening. Please look out for us in our red shirts and pop a coin in the tin if you can to help support the Gawler Community House.

Wishing you all a wonderful and relaxing break, stay safe and most importantly enjoy this time with your family and friends. Please don't forget we have our Christmas Lunch that is also available to

any member of the Community that will be alone on Christmas day (See invitation below.) If you or someone you know may be alone, bookings can be made with our friendly admin Staff on 85224601.

Cheers till next time, Sharyn.



Please note: Our last day of trading for 2017 will be Friday 22nd December so that our staff and volunteers can enjoy a well-earned 2-week break. We will re-open for business on Monday 8th January.





FREELING HUB NEWS - Karen Wilton, Outreach Officer



January 2017 was the start of the second 'full year' of the Freeling Hub Outreach Program

(which opened in August 2015).

Our classes/groups start back once school has resumed for the year. We started back this year with:

- Women's group
- Men's Social group
- Computer class
- Art group
- Budget Cooking class
- Book club

- Cuppa & Chat

Some of the things we had on this year......

- We have had a couple of first Aid Information sessions early in the year, run by St. Johns volunteer, Karen Weeks, 'What to do if first at an accident scene' and 'Sprains, strains & broken bones'.
- Harmony day.
- Aging in style expo at Gawler Sports and Community Centre
- National Volunteers Week.
- Adult Learner's Week.
- Red Nose Day
- Memory workshop with Julie Karidis from Alzheimer's Australia Inc.
- Guest speaker, Rod Farr form Northern Adelaide Supportive Care gave a very inspiring talk on resilience and positive thinking.
- Daffodil Day.
- R U OK Day.
- Anti-poverty Week was in October. We had a can drive with a box at the Hub and at the local Foodworks store for donated cans. These cans go back into the community to people/families in need.
- With the Bush fire season starting, we had CFS volunteer Wayne Klingberg run a fire safety presentation at the Freeling hub with fire safety books, flyers, stickers and pens to give away.
- We had the Community Centres SA conference in October for volunteers and staff
 with a bus trip to other community centres on the first day and the next two days
 were held at Morphett Vale race course with wonderful guest speakers to inspire us
 all.
- We had 250 of our flyers and magnets put into the 'showbags' of the Freeling Primary school fete in October to help advertise to the Freeling Hub.
- In November we had Kylie Hill offer her counselling services at the Freeling hub on a fortnightly basis.

25th of November marks the second anniversary of the Pinery bush fires. This was an emotional day for many who had experienced the fires first hand. We all hope never to have to experience anything like that ever again.

Freeling Hub will be having a stall at the Freeling Christmas street party 15th December, promoting the Hub, come along for a fun filled night, held in the main street. On 22nd of December, we are having our Christmas party at the Freeling Hub,10am to 2pm. Everyone is welcome, please bring a plate of food to share and join in with our celebrations.

Classes we currently have are: Yarnspirations (Knitting & crochet group) Art & Craft group Brain training Basic Computing
Budget Cooking
Cuppa & Chat
Book Club
Men's Social group

We also have lots of flyers and information on other services in the local and surrounding communities.

Wishing everyone a happy and safe Christmas and new year,

Karen Wilton Freeling Hub Outreach Officer



The Freeling Hub will be closed from 22nd of December for holidays and opening again on 9th January 2018.



VOLUNTEER NEWS – Colleen Moyne, Coordinator



Well it's that time of year when we think about not only our Christmas/end-of-year celebrations but also about thanking and acknowledging our volunteers for the outstanding work they put in all year to keep this place running and allow us to keep on providing the services we do to our community. THANK YOU ALL!!!

And while I'm at it - it's also important for us to thank our customers, clients and those who participate in our classes and social activities. We exist because of you and we take joy in knowing that we make even a small difference in the lives of others, whether by connecting

them with a learning experience, opportunity to socialise, or even finding a bargain in our opshop. We hope that you appreciate us as much as we appreciate you! We wish you all the joy of the Christmas season – however you celebrate it!

Fun Fact: Our volunteers are a very diverse bunch, but we always seem to have way more women than men. I'm pleased to say though, that the number of men has steadily grown and now make up one third of our volunteer workforce — that's twenty of our sixty volunteers!

MEET OUR VOLUNTEERS

This month I'd like to introduce two new volunteers to our team. They are: Norman Key – Gardening and yard-work, and Pauline Whitfield – Shop and Shed. Welcome to you both and we look forward to working with you.





NEW LINE-UP FOR OUR BOARD OF MANAGEMENT

Our Board of Management held their annual AGM on November 1st and were pleased to welcome the nomination of a potential new member, Wendy Mansfield.

Wendy has been a volunteer with the Gawler Community House since February 2016 and has also participated in a number of our courses, showing a particular talent for Creative Writing and Art. She brings to the Board a wealth of experience in the areas of security, working with children and previous involvement with other boards and committees.

Wendy was inducted as a member of the Board at our recent general meeting, where the executive positions for 2018 was also determined.

The new line-up consists of:



Chair -Jim Langmead



Deputy Chair -**Cody Davies**



Treasurer -Diane Fraser



Member Adrian Shackley



Member -Jeannie Montfroov



Member -Jill Martin



Member -



Member -Steve Frinsdorf Wendy Mansfield

The secretarial position will be determined at a future meeting.

We will introduce each of these members and tell you a little more about them in upcoming issues.

OP SHOP NEWS



Our half-price sale is continuing until further notice. A great time to pick up a pre-Christmas bargain.

You may have noticed on a recent visit to our Op-shop that we have some posh new jewellery displays.

In the new year we will be installing another, larger glass-fronted counter to accommodate a larger display.



RE-PURPOSE, REUSE, RECYCLE

In the spirit of Christmas, I thought we might feature some unique ways to re-purpose old jewellery into one-of-a-kind decorations that can become family treasures. Call in and check out the wide range of jewellery items we have in our op-shop











CURRENT COURSES - GAWLER

MONDAY

- Introduction to Leather work
- Language, Literacy & Numeracy (LLN)
- Monday Arvo Games Group

TUESDAY

- What's for Dinner
- Conquering Computers

WEDNESDAY

 Language, Literacy & Numeracy (LLN)

THURSDAY

- Calligraphy
- Conquering Computers.
- Mosaics

FRIDAY

- Understanding Your Tablet/iPad
- Introduction to Art

We are currently taking expressions of interest for the following for 2018:

- Craft circle
- Guitar
- Introduction to Thai cooking
- Yoga

CURRENT COURSES - FREELING

TUESDAY

- Cuppa & Chat
 9.30 12.30
- Men's Social Group
 First Tuesday each month
 12.30pm for a BBQ Sausage
 Lunch. \$1.00 per sausage

WEDNESDAY

- Cuppa & Chat
 9.30 12.30
- Cooking Class
 Every Wednesday
 10am 12pm
 During school term time only
 Cost \$5.00

- Art & Craft Group Fortnightly
 1.00pm – 2.30pm
 Cost - \$5.00
- Brain Training Fortnightly1.00pm – 2.30pm

THURSDAY

Cuppa & Chat
 9.30 – 12.30

EVERY TUES, WED, THURS

Book Club
 Bring in a novel to swap from our collection 9.30am – 2.30pm

 Cost - Free

COMMUNITY LUNCH

There will be no regular Community Lunch in December, but we are still offering our sausage sizzle on December 1st, 8th and 15th and bookings for our free Christmas Day lunch open on December 1st (See invitation above.)

Community Lunch will recommence on January 19th due to a public holiday on the 26th.

Enjoy a delicious 2 course meal for just \$7.00 (\$5.00 for members)

Bookings are essential to avoid disappointment.

Call us on 8522 4601 or drop in and speak to one of our admin volunteers.





SAUSAGE SIZZLE FRIDAYS.

For just a gold coin donation you and your friends can enjoy a sausage in bread with onion, sauce or mustard. Add to that a free cup of tea or a choice of coffees from our machine for \$2.50 all enjoyed in our alfresco dining area.

What better way to while away some time on a Friday for such a small outlay? We would love it if you would spread the word, bring your friends or even bring the family.

Fun Fact: As you may know, each month our hard-working volunteers prepare and serve around thirty meals to members of our community here at the Gawler Community House.

Our November Lunch was Beef Casserole with 'Garden Fresh Veggies.' You will be pleased to know that those veggies – all of them – came out of our own garden here at the house. You can't get much fresher than that!

Other Groups & Services Available At Gawler Community House

- Tutti Arts 1st and 4th Monday
- Counselling to You by appointment on 0420385606
- Relationships Australia 2nd Monday/Tuesday
- Northern Carers 3rd Monday 8284 0388
- E-Tax Free tax help July to October annually
- Gawler Radio (Gawler Broadcasting) 8522 6441
- Personal Support Program David 0423 832 144

Call us for more information

Room Hire

The Gawler Community House has several spaces available for hire at amazingly competitive rates. Give us a call to find out more.



Computer Room





Teaching Hub



Kitchen



ORANGE SKY LAUNDRY

Don't Forget - Every Friday the Orange Sky Laundry van and its crew are at the Community House from 11.00am – 1.00pm.

This is a free service to the homeless or those without adequate facilities for washing and drying clothes.

Just look for the bright orange van parked in our yard.

FUND MY NEIGHBOURHOOD



As you would have seen in our Manager's report on the front page, we have been successful in winning a Fund My Neighbourhood grant. This money will be used to upgrade our kitchen and alfresco area.

What is now the outdoor pergola will be enclosed and flooring installed to make this a multi-purpose, weather-proof room.

Not only will this make our monthly community lunches easier, safer and more comfortable, but will also provide a much-needed space, both for our lunches and for a variety of other purposes. Thank you to all who voted for our project. It was not an easy process for some, but we got there in the end and we are extremely grateful for your support.

GAWLER COMMUNITY HOUSE

2 Scheibener Tce Gawler 5118

Phone:

8522 4601

E-Mail:

admin@gawlercommunityhouse.org.au
We're on the Web!

See us at:

www.gawlercommunityhouse.org.au





