



I AM, HAVE ALWAYS BEEN, + WILL FOREVER BE ENOUGH .. JUST AS I AM, JUST AS I WAS BORN TO BE

therefore ...
EVERYDAY I WAKE UP +

i expect unexpected miracles to flow my way

i prepare myself to give + receive experiences of love

i am grateful for all that I AM, + ALL that is currently in my life

i magnetise my greatest dreams + desires with magical ease + grace, while taking divinely guided action through my day

i ask for the courage to be seen, to be heard, + to be loved as me, knowing i make a positive difference in the world in every moment

as i love myself + ask for what i need, others show up with me, for me + i for them.

i am safe to create moments to stop, breathe + connect

i gratefully receive all this + more, giving myself permission to live all day liberated, wild + free as me

thank you, thank you, thank you