

Position Description

Position:	Adult Mental Health Clinician
Location:	Dunedin
FTE	0.4 FTE
Reports To:	Clinical Nurse Manager, Family Mental Health Services
Responsible For:	Nil

Overview

WellSouth Primary Health Network has responsibility for the provision of effective primary health services to approximately 290,000 enrolled patients in Otago and Southland, and contracts with Southern DHB and a number of other health funders. WellSouth is constituted as a charitable trust with a Board of 10 Trustees and an advisory groups comprised of Maori, Community, and Clinical representatives.

WellSouth works with health care clinicians, health care providers, Iwi and local communities to:

- Coordinate the delivery of regionally consistent high value primary care health services care across Otago and Southland that deliver real benefits to patients and the community through a range of evidence based and clinically proven health programmes.
- Improve access to primary health care for the community.
- Encourage people to take responsibility for their own health.

WellSouth has offices in Alexandra, Invercargill, Wanaka and Dunedin.

Position Purpose

The primary objectives of this position are:

- To work as a member of Family Mental Health Service multidisciplinary team and complete a comprehensive mental health assessment and brief therapeutic interventions up to a 6-8 month period.
- The Family Mental Health Service provides comprehensive screening assessments for people presenting with moderate to severe mental health difficulties.

Position Description

Main Objectives

The key objectives of the position are:

- To carry a clinical caseload for adults over 19 years of age.
- Develop inter agency relationships and service co-ordination to ensure clients and their families receive timely and appropriate support and interventions.
- Clinical practice framework for working with adults is evidence based and encompasses the strength based model.
- Contribute to the development and evaluation of the Family Mental Health Service.
- Participate in ongoing development of specific treatment programmes within the service.
- Maintain ethical standards of practice and comply with the professional ethics of your Professional Association.

Relationships

Reports to: Clinical Nurse Manager

Supervision of: Students working towards tertiary qualifications in Mental Health

Internal Relationships: Clinical Manager and Staff, Family Mental Health Service.
Family Mental Health Multidisciplinary Team
WellSouth Primary Network Senior Management
WellSouth Primary Network staff

External Relationships: General Practitioners and Practice Nurses
Relevant Community Agencies and professionals
Emergency Psychiatric Services
Other Adult Mental Health Services

Treaty of Waitangi

WellSouth is committed to its obligations under the Treaty of Waitangi. As an employee you are required to give effect to the principles of the Treaty of Waitangi - Partnership, Participation and Protection.

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Health and Safety

WellSouth is committed to achieving the required level of health and safety for its staff. All employees are expected to take initiative and identify, report and resolve issues that may cause harm to themselves or others in the organization. As an employee of WellSouth, the health and safety of clients and colleagues, as well as your own, are your responsibility. You are expected to work safely at all times, and to actively participate in health and safety programs in your area. It is expected that you will report all accidents or potential hazards to your manager.

Key Tasks and Accountabilities

The table below provides an overview of the key responsibilities for this position in the form of deliverables and expected outcomes. The deliverables outlined are included in, but not limited to the role.

KEY TASKS/ACCOUNTABILITIES	PERFORMANCE INDICATORS
<p>Client</p> <p>Undertake a case manager role for a limited caseload of clients, either within the allocated base or in the community when required.</p> <p>Provide appropriate treatment and/or management of adults through specific and evidence based therapeutic modalities.</p> <p>Complete a comprehensive assessment and maintain accurate and up to date clinical records.</p> <p>Participation at Multidisciplinary Team meeting to present and discuss clinical information of clients.</p> <p>When appropriate, provide consultation to other services where adults and their families are involved.</p>	<ul style="list-style-type: none"> ▪ Respond to requests for brief assessment and screen referrals to determine need for further assessment and/or intervention, considering referral to and liaison with other community services where appropriate. ▪ Provision of comprehensive mental health assessment and co-ordination of treatment and discharge for clients. ▪ Demonstrates provision of interventions, which occur within a specific evidence-based therapeutic model; are relevant and appropriate for the individual, cultural and gender identity needs of the consumer; includes the monitoring of outcomes. <ul style="list-style-type: none"> -Effective co-ordination of services, particularly Primary Health Services and Secondary Mental Health services. -Appropriate documentation of assessment, treatment and discharge plans and clinical reviews in accordance with Family Mental Health policies. -Input and case review at Clinical Review, presenting and discussing clinical information -Effective inter-sectorial communication.

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<p>Team and Service</p> <p>To participate as a member of the multidisciplinary team</p> <p>Participate in ongoing development of specific treatment programs within the services</p> <p>Participate in Service developments, Team meetings and in-services as well as other Team initiatives.</p>	<ul style="list-style-type: none"> ▪ Formal and informal education sessions to Team members. ▪ Participate in Family Mental Health Service Peer Supervision ▪ Efficient and co-ordinated Service delivery. ▪ Provide evidence of involvement in service development and initiatives
<p>Leadership</p> <p>Participate in the orientation and support of new staff and students.</p> <p>Role model professional behaviour to staff and clients.</p> <p>Peer and staff education.</p>	<ul style="list-style-type: none"> ▪ New staff and students understand expectations of work and work place. ▪ Compliance with Legislation and Family Mental Health Service/WellSouth policies and procedures. Constructive and professional relationships with clients and their families. ▪ Provide feedback of professional education.
<p>Self</p> <p>Review, evaluate and set personal performance objectives.</p> <p>Attend clinical supervision as per Family Mental Health Service policy.</p> <p>Maintain knowledge and skills in Mental Health issues for adults and their families.</p> <p>Maintain and comply with the professionally relevant code of ethics and standards of practice.</p> <p>Participate in education/in-service including compulsory modules.</p> <p>Working knowledge of relevant legislation, policies and procedures.</p>	<ul style="list-style-type: none"> ▪ Participate in Performance Management and Peer Review. ▪ Clinical Supervision fortnightly. ▪ Practice and attitude consistent with current theory and best practice. ▪ Knowledge of professionally relevant Code of Ethics. ▪ Evidence of attendance at Education/In-service, including emergency and OH&S procedures. ▪ Able to locate and access relevant Legislation. ▪ Evidence of having read and work in accordance with Family Mental Health Service and WellSouth policies.

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<p>Cultural Diversity Respect of people from all cultural and social backgrounds.</p>	<ul style="list-style-type: none"> ▪ Demonstrates understanding of cultural practices and enables clients to access Services of their choice.
<p>Adhere to all WellSouth policies and procedures</p>	<ul style="list-style-type: none"> ▪ All WellSouth policies and procedures are adhered to

Person Specification

	Essential	Desirable
<p>Qualifications (eg, tertiary, professional)</p>	<ul style="list-style-type: none"> • A recognised health professional qualification and hold a registration to a Professional Body • The appointee will hold a current drivers license. 	<ul style="list-style-type: none"> • The appointee will hold a recognised professional qualification in Mental Health
<p>Personal Attributes</p>	<ul style="list-style-type: none"> • Able to work as part of a team • Strong personal initiative and self motivation • Commitment to personal development. • Commitment to cultural involvement. • Able to work in stressful situations • Sense of humor. 	
<p>Specific Skills)</p>	<ul style="list-style-type: none"> • The appointee will have experience in working with adults experiencing moderate-severe mental health difficulties. • Excellent written and oral communication skills. 	<ul style="list-style-type: none"> ▪ Experience in working with persons experiencing moderate-severe Mental Health difficulties. ▪ Demonstrate a comprehensive knowledge of community resources and Health Services and be familiar with key interface issues.