

Patient details				
Name:		Ethnicity:		
NHI:		<input type="checkbox"/> This patient speaks English and does not need a translator		
Address:		GP:		
Phone: Mobile:		DOB:		Sex: M/F Smoker: Y/N
Diagnosis (please tick one)				
<input type="checkbox"/> Pre Diabetes (HbA1c between 41-49mmol/mol) <i>Date of diagnosis:</i>		<input type="checkbox"/> Type 2 diabetes (HbA1c ≥50mmol/mol) <i>Date of diagnosis:</i>		
Measurements: (Please include all measurements and biochemistry as these are used by patient for patient education)				
	Weight (kg)	Height:	BMI (kg/m ²):	Blood Pressure:
Biochemistry: (laboratory test results within the previous 6 months)				
Date:	HbA1c	Total Cholesterol	HDL:	LDL:
Medications: (please attach a list of medications if possible)				
Referred by: (please put name and details below)				
Name:				
Practice:			Phone:	
Education options (please tick one)-				
<input type="checkbox"/> Walking Away From Diabetes – Pre diabetes session (HbA1c between 41-49mmol/mol, no previous diagnosis of Type 2 diabetes) <i>Three hours group session run by Health Professionals</i>		<input type="checkbox"/> DESMOND Type 2 Diabetes Self- Management session (HbA1c ≥50mmol/mol ,Has a diagnosis of Type 2 diabetes) <i>Six hour group session run by Health professionals</i>		

Please fax or mail referrals to: DESMOND Administrator, PO Box 649, Invercargill

Phone: 03 214 6436 / 0800 800 249 Fax: 03 2140325