

Oral Thrush Standing Order

Issue date:		Review date:	
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This standing order is not valid after the review date. The review date is one year after the date the order was signed by the issuer.

Standing Order Name	Oral Thrush
Rationale	To promptly and appropriately treat patients presenting with symptoms of oral thrush.
Scope (condition and patient group)	Adult patients who present with symptoms of oral thrush due to the yeast infection candidia albicans.
Red Flags	In people with reduced immunity, thrush may be wide spread and may require more extensive treatment.
Assessment	<ol style="list-style-type: none"> Lesions on the oral mucosa often start as tiny focal areas that enlarge to white or creamy coloured patches. When scraped, lesions are difficult to remove and leave behind an inflamed base (which may bleed). Check for the following <ul style="list-style-type: none"> Ill-fitting dentures Diabetes Chemotherapy/radiotherapy (undergoing or recent) Smoking Antibiotics Steroids, including inhaled corticosteroids Dry mouth Glossitis/mucositis/stomatitis Differentiate between oral thrush and a coated tongue.
Indication	Treatment of oral thrush
Medicine	Nystatin suspension 100, 000 international units/mL
Dosage instructions	1mL FOUR times daily after food and/or teeth brushing. Administer dose under the tongue and swirl around mouth for 30 seconds before swallowing.
Route of administration	Oral
Quantity to be given	1 x op
Contraindications	Hypersensitivity to nystatin or any excipients
Precautions	Nil
Additional information	Advise patient to continue treatment for 7 days. Enquire as to symptoms of thrush in other areas (e.g. vaginal or under breasts or in groins/skin folds).
Follow-up	Advise patient to return if thrush does not resolve by end of treatment or if reoccurs. Recurrent or persistent thrush may indicate an underlying condition that needs investigation.
Countersigning and auditing	Countersigning is not required. Audited monthly. OR Countersigning is required within XX days
Competency/training requirements	All nurses working under this standing order must be signed off as competent to do so by the issuer and have had specific training in this standing order.
Supporting documentation	Health Navigator at www.healthnavigator.org.nz/health-a-z/t/thrush-oral/

	New Zealand Formulary at www.nzf.org.nz Individual medicine data sheets at www.medsafe.govt.nz Standing Order Guidelines, Ministry of Health, 2012 Medicines (Standing Order) Regulations 2012 (Standing Order Regulations)
Definition of terms used in standing order	<u>Glossitis, Mucositis and Stomatitis</u> – inflammation of the tongue, mucus membranes and the mouth or lips.

Medical Centre or Clinic:	
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Signed by issuers

Name: _____

Signature: _____

Title: _____

Date: _____

Nurses operating under this standing order

Only Registered nurses working within the above medical centre or clinic are authorised to administer medication under this standing order.

We the undersigned agree that we have read, understood and will comply with this standing order and all associated documents.

Name: _____ Signature: _____ Date: _____

Name: _____ Signature: _____ Date: _____

Name: _____ Signature: _____ Date: _____

Name: _____ Signature: _____ Date: _____