

Trichomoniasis Standing Order

Issue date:		Review date:	
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This standing order is not valid after the review date. The review date is one year after the date the order was signed by the issuer.

Standing Order Name	Trichomoniasis
Rationale	To ensure rapid and appropriate treatment of patients with trichomoniasis and follow-up of contacts
Scope (condition and patient group)	Adult patients presenting with symptoms and laboratory confirmation of trichomoniasis.
Red Flags	Given lack of signs or symptoms, can be confused with other sexually transmitted diseases.
Assessment	<p>1. Symptoms and signs:</p> <ul style="list-style-type: none"> • Often few or no symptoms or signs, especially in men. • Incubation period – 5-28 days in women, 10 days in men. <p>Females:</p> <ul style="list-style-type: none"> • 10 to 50% asymptomatic. • The commonest symptoms are vaginal discharge, vulval irritation, dysuria or offensive odour. • There may be signs of vulval, vaginal or cervical inflammation. • The classic profuse yellow frothy discharge occurs in 10 to 30% of women. <p>Note: Symptoms are non-specific therefore tests for other causes of vaginal discharge should also be taken.</p> <p>Males:</p> <ul style="list-style-type: none"> • Are usually asymptomatic. • They usually present as asymptomatic contacts of infected women. • They may complain of urethral discharge or dysuria. <p>2. Investigation:</p> <p>Females:</p> <ul style="list-style-type: none"> • High vaginal culture swab for microscopy and culture for trichomoniasis, bacterial vaginosis and candida plus clinician-taken or self-taken vulvovaginal swab for chlamydia and gonorrhoea testing by NAAT (PCR or SDA). • Women complaining of vaginal discharge, abnormal bleeding or pelvic pain should have a speculum examination for proper clinical assessment <p>Males</p> <ul style="list-style-type: none"> • No reliable tests for trichomoniasis for men are available outside of specialist sexual health services. • A routine sexual health check for other sexually transmitted infections should be done in male contacts of women with trichomoniasis
Indication	Treatment of trichomoniasis
Medicine	Metronidazole 400mg tablets
Dosage instructions	Take FIVE tablets STAT
Route of administration	oral
Quantity to be given	5 x 400mg tablets
Contraindications	Known hypersensitivity to metronidazole
Precautions	<ul style="list-style-type: none"> • Advise patient to not drink alcohol for 48 hours after taking metronidazole. • Severe liver disease- dose needs to be reduced • History of blood dyscrasias

Additional information	Metronidazole can be used in pregnant or breastfeeding women (advise women to abstain from breastfeeding for 12-24 hours) Advise patients to use condoms for 7 days after being treated. Advise patients that all sexual contacts over the last 2 months will need to be treated. There are usually no complications with trichomoniasis infections.
Follow-up	1. The index case should be followed-up by phone or in person 7 days after treatment to ensure symptom resolution, give results, check that all partners/contacts have been notified and to check compliance with treatment. 2. All female patients should be asked to re-attend for a sexual health check in 3 months (test of re-infection). 3. Re-treatment is required if there has been any unprotected sex with untreated sexual contacts/partners during the follow-up interval.
Countersigning and auditing	Countersigning is not required. Audited monthly. OR Countersigning is required within XX days
Competency/training requirements	All nurses working under this standing order must be signed off as competent to do so by the issuer and have had specific training in this standing order.
Supporting documentation	Healthpathways at www.healthpathways.org.nz Best Practice Journal at www.bpac.org.nz New Zealand Formulary at www.nzf.org.nz Individual medicine data sheets at www.medsafe.govt.nz BMJ Best Practice http://bestpractice.bmj.com The New Zealand Sexual Health Society Incorporated www.nzshs.org Standing Order Guidelines, Ministry of Health, 2012 Medicines (Standing Order) Regulations 2012 (Standing Order Regulations)
Definition of terms used in standing order	<u>Dysuria</u> - painful urination <u>Trichomoniasis</u> - is a sexually transmitted infection caused by the protozoan Trichomonas vaginalis.

Medical Centre or Clinic:	
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Signed by issuers

Name: _____

Signature: _____

Title: _____

Date: _____

Nurses operating under this standing order

Only Registered nurses working within the above medical centre or clinic are authorised to administer medication under this standing order.

We the undersigned agree that we have read, understood and will comply with this standing order and all associated documents.

Name: _____ Signature: _____ Date: _____

Name: _____ Signature: _____ Date: _____

Name: _____ Signature: _____ Date: _____

Name: _____ Signature: _____ Date: _____