



LEARNING REFLECTION FORM FOR MOPS RECOGNITION OF SELF-DESIGNED LEARNING ACTIVITY

NAME		DATE	
DESCRIPTION OF ACTIVITY			
NUMBER OF HOURS¹			
PLEASE DESCRIBE WHY YOU SELECTED THIS ACTIVITY (HOW DOES IT RELATE TO YOUR PDP LEARNING GOALS?)			
WHAT DID YOU LEARN? (HOW DID THIS ACTIVITY CONTRIBUTE TO YOUR PROFESSIONAL DEVELOPMENT)			
HOW WILL YOU IMPLEMENT THE NEW LEARNING INTO YOUR DAILY PRACTICE?			

¹ Total hours should be reflected as CME credits under “CME reflected in PDP” on the Doctor’s MOPS page.