

Enzymes as Dietary Supplements

If you walk into a health food store and ask for enzymes they will more than likely refer you to their section on Dietary Supplements. Here you will find combinations of enzymes including various proteases, amylases and lipases. These supplementary enzymes may assist the enzymes that are naturally present in your own digestive system to break down protein, starch and fats respectively. Another trend is to include proteases in high protein formulations to assist in their digestion and absorption.

Enzyme Solutions has available the complete range of dietary enzymes that are approved by Therapeutic Goods Australia (TGA) for use in Complimentary Medicines. These enzymes are in addition to Papain and Bromelain that are derived from papaya and pineapple and used for this application for many years.