

Self Help Courses

Basic Kinesiology Tools for Self-Care 2 days \$550

Learn to use meridians, acu-points, emotional release points and more to balance, energise and calm yourself as a health practice. Doing this regularly will assist in healing and keeping you healthy.

13 - 14 March 2021

First Aid for Emotional Trauma 1 day \$220

Support a loved one or a client during the acute trauma of loss or shock. The skills are applicable in your life and in your clinic immediately and contribute valuable tools. Have a practical protocol to follow that enhances a person's ability to cope, reconnect with their wisdom and initiate healing. Emotional First Aid is as important as Physical First Aid. **Saturday 6 March 2021**

Rapid Stress Release 1 day \$220 incl GST

Reduce stress reactions fast with fun exercises from Kinesiology and Personal Growth. Increase your ability to be in charge of your responses to life events and make a positive difference in your life. This is effective stress reduction on the run, when you can't take time out for other strategies. **Sunday 7 March 2021**

Invitation to Student Clinics

Byron Kinesiology offers student clinics to the public as an opportunity for you to experience Kinesiology and for our students to develop their skills and confidence.

Second and third year student sessions are \$30 (\$20 pensioners & students). The sessions are for 90 minutes and start at 4pm

First year student sessions are free

Ask us about dates.

For bookings phone: 6685 7991 or 0427 857 991 or email: byronkinesiology@gmail.com



Byron Kinesiology Centre

Campus for KSA RTO 30916

28 Seaview St Byron Bay

02 6685 7991

2021 Program

Training skilled practitioners has been the focus of Byron Kinesiology Centre since 1986.

In 2021, this continues with our offering of Foundation & Professional Trainings, Self-Care workshops, Diploma & Advanced Courses

The Foundation Training held over 18 months brings graduates to a basic practitioner level. Our centre is transitioning from an Australian Diploma (KSA) to the International Diploma (ICPKP).

The Advanced Trainings deliver skills in Trauma Healing and the ICPKP Energy Psychology Diploma.



Contact us about your study options and dates.

Byron Kinesiology Centre Tel: 02 6685 7991

Email: byronkinesiology@gmail.com

www.wellness.net.au

Foundation Training – Begins March 13&14 2021

The first 10 units of the Diploma, along with home study units, supervised and mentored session hours allows a student to register as a basic Kinesiologist with the Australian Kinesiology Association AKA. This training can be taken as a stand-alone course over 12-18 months.

You'll learn the tools to set up and run effective Kinesiology sessions with clients. You will master physical, emotional, nutritional and energetic tools to support a client to work towards their goals.



Diploma in Kinesiology HLT52415 - Begins March 13&14 2021 Byron Bay Campus KSA - RTO 30916 |

This comprehensive training takes 2.5 -3 years to complete and includes the Foundation training in the first year.

You are deepening your skills through 14 further hands-on units and working through a number of home study modules.

You will participate and enhance your effectiveness through supervised clinics and mentored client sessions, ready to grow your own Kinesiology Business.

Please contact us for more info, introductory dates and a prospectus

Advanced Courses

Diploma in Energy Psychology

We offer you these 10 advanced units over 2 years, following Foundation Training or Diploma. You are expanding your skills in working with emotional and spiritual issues, helping a client uncover and release blockages relating to emotional experiences and misperceptions. It includes a unit on bodywork and epigenetic balancing.

Advanced Certificate in Trauma Healing for Kinesiologists

The focus of this training is to support a person to let go of the trauma responses and allow healing of deep wounds. (Pre-req. Foundation)

Deep Trauma Healing

Learn tools to heal the physical, emotional and the energy body from trauma held in layers of our beings. Balance the body for memories beyond words. (Pre-req for HST and HMT)

Healing Sexual Trauma HST

It addresses working specifically with healing sexual violence experienced by women and men, relationship problems and self-esteem.

Healing Medical Trauma HMT

Many people's lives have been violated and traumatised by their experiences with the medical system, their treatments and attitudes.

Herbs for Kinesiologists, Nutrition for Kinesiologists, Weight Management for Kinesiologists and the Chi of Money & Self-esteem all have Foundation level pre-requisites.