

HLT52415 - Diploma in Kinesiology

**Kinesiology
Schools
Australia**



Registered Training Organisation 30916

Byron Bay - Melbourne - Brisbane - Gold Coast - Sydney - Hervey Bay

Professional Kinesiology Training 2018



NATIONALLY RECOGNISED
TRAINING

Byron Bay Campus KSA

28 Seaview Street

Byron Bay, NSW 2481

www.wellness.net.au

02 6685 7991 - 0427 857991

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Kinesiology Schools Australia (KSA) is a Registered Training Organisation (RTO) offering a nationally recognised Diploma In Kinesiology and is accredited by the International College of Professional Kinesiology Practice (ICPKP).

Kinesiology Schools Australia (KSA) offers the highest quality Kinesiology training available and is accredited with the International College of Professional Kinesiology Practice. Unlike many colleges, our emphasis is on Kinesiology and Kinesiology alone. All our lecturers are high level Specialised Kinesiology Practitioners with years of experience to pass on to students. This is a guarantee we are proud of. Some colleges offer Kinesiology qualifications where students will become massage therapists with a little Kinesiology knowledge. Kinesiology Schools Australia are the specialists in the industry. We only offer quality Kinesiology courses and we know our graduates will be sought after practitioners with the knowledge and skills required to be successful in a Kinesiology practice. KSA does not just offer Kinesiology techniques. We offer a successful protocol that has been proven through time by many practitioners. The quality techniques, high level practitioner lecturers and proven protocol guide our graduates to success. This is why we are the best at what we do. If you want a successful Kinesiology practice Kinesiology Schools Australia is here for you. You can search for other colleges but there is no need to look any further. This is the course for you.

Kinesiology Schools Australia consists of 5 campuses throughout Queensland, New South Wales and Victoria.

Kinesiology Schools Australia Campuses



Hervey Bay
Kinesiology Schools Australia Hervey Bay
1/59 Torquay Road
Pialba, QLD 4655
www.kinesiologycollegehbay.com
(07) 4128 4331
susan@BreatheEasy.com.au
Principal: Susan Koschel-Gatenby



Brisbane ILO HO
Kinesiology Schools Australia HO
9/57 Gawain Road
Bracken Ridge, QLD 4017
www.kinesiologyschools.com.au
(07) 3261 5436
office@kinesiologyschools.com.au
Principal: Danny Liddell



Byron Bay
Kinesiology Schools Australia Byron Bay
28 Seaview Street
Byron Bay, NSW 2481
www.wellness.net.au
(02) 6685 7991
parijat@wellness.net.au
vedaturner@gmail.com
Principal: Parijat Wismer

Kinesiology Schools Australia are proud to be affiliated and accredited by the International College of Professional Kinesiology Practice. PKP has been a leader in kinesiology since its conception by Dr Bruce Dewe in 1984.

Melbourne
Kinesiology Schools Australia Melbourne
563 Burwood Road
Hawthorn, VIC 3122
www.kinesiology.com.au
(03) 9819 6835
info@kinesiology.com.au
Principal: Edmund Faust

South East Melbourne
Kinesiology Schools Australia S.E.
Melbourne
83 A'Beckett Road
Narre Warren Nth, VIC 3804
www.kinesiologymelbourne.com.au
(03) 9796 8148
jenne@netspace.net.au
Principal: Jenne Burns

KSA Vision & Motto

Vision: To educate the public and students of Kinesiology, for truly holistic health care, wellbeing and positive choice.

Motto: Every day in every way we strive to empower, help, guide and educate those we come in contact with about Kinesiology and true Holistic Health Care and maintenance.

KSA Mission Statement

We are Kinesiology Schools Australia, accredited colleges of the ICPKP and this is our mission statement:

To provide quality assurance in Kinesiology education.

To provide training that assists students to learn, grow and embrace life to their highest potential, as they achieve the competencies required of professional Kinesiology practitioners.

To produce graduates who, whilst aware that any profession has its limitations, are confident in their ability to make a positive, long-lasting difference in the lives of their clients using safe, non-invasive Kinesiology techniques and whose primary motivation is to improve the quality and dignity of people's lives.

To aid Kinesiology to become a respected household name and the Kinesiology profession to be a sought-after career choice by people of all ages.

The most effective way to learn Kinesiology

There are many forms of Kinesiology all offering their own 'speciality'. The Professional Kinesiology Program is the most comprehensive and integrated form of Kinesiology available in the world.

The Professional Kinesiology Program (PKP) courses, developed by Joan and Dr Bruce Dewe first originated in the late 1970s and have grown to be one of the most respected Kinesiology modalities available in the world today.

Here in Australia Kinesiology Schools Australia delivers the Professional Kinesiology Program within the HLT52415 Diploma of Kinesiology in 5 campuses around Australia. HLT52415 is part of the Nationally Recognised Training Framework and is Austudy approved.

This course is designed to teach the basics to beginners and progressively transform them into sought after professional Kinesiology practitioners offering them both a financially and emotionally rewarding career.

A Quick Overview

On completion of the KSA Diploma in Kinesiology you will be a competent and confident Kinesiology practitioner, recognised by both Australian Kinesiology associations (AIK and AKA), the Australian National Training Authority (ASQA) and the health funds that pay rebates on Kinesiology. The advanced techniques and skills you acquire in this course enable you to become a successful and highly sought after professional Kinesiologist.

Year one Kinesiology subjects start with the basics, providing the most solid grounding in the field and build to conclude with some powerful intermediate techniques so you can start your career while you complete your Diploma. After the first year you will be able to register as a level 1 Kinesiology practitioner with either the AKA or the AIK and can start building your practice.

Year 2 subjects continue building your skills to an advanced level, making sure you have the best opportunity for success.

Throughout the Diploma there is plenty of practical experience gained in class activities during every unit, student clinic, expo's (optional at no extra cost) and student practice times (optional at no extra cost). All this along with the supervision of your experienced teacher fine tunes your skills so you obtain the best possible results with your clients. Our graduates are amongst the best in the field and become highly sought after practitioners.

Health Funds who pay rebates for Kinesiology Sessions require Practitioners to have a Diploma in Kinesiology

ENTRY REQUIREMENTS

No minimum education standard is set as a prerequisite for entry to this course.

LANGUAGE, LITERACY, AND NUMERACY

Students require a basic command of spoken and written English.

INDUSTRY SKILLS / KNOWLEDGE / EXPERIENCE

No previous industry skill or knowledge is required however it is advisable that applicants have experienced kinesiology on at least one occasion.

AGE RESTRICTIONS

No formal age restriction is in place. Life experience is desirable but not necessary.

CLASSROOM PARTICIPATION

Participants are required to take part in classroom activities that often deal with personal issues and promote personal growth. This requires all participants to behave in a non-judgemental manner to other participants. Confidentiality and privacy must be maintained for participants in the classroom and for volunteers attending Student Clinics. Participants must be willing to work with others regardless of gender, sexual orientation, religious beliefs, and lifestyle choices (eg smoking). Refer to relevant Anti-discrimination legislation.

BYRON BAY CAMPUS

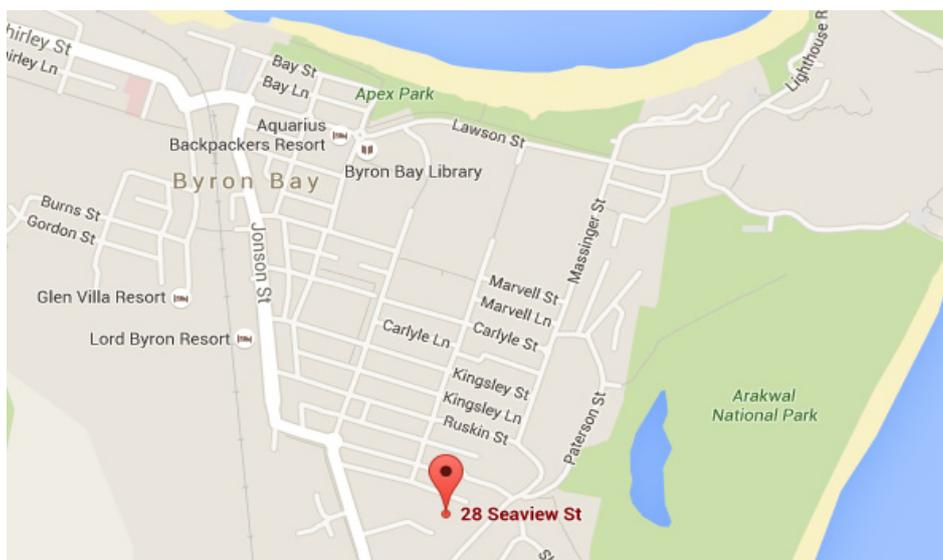


Kinesiology Schools Australia (KSA) is a Kinesiology college, not a naturopathic or massage college with a small Kinesiology component. We specialise in Kinesiology. It makes a difference!

The **Byron Bay Campus** offers student centered learning and smaller classes than city campuses for personalised support.

It is in a convenient location in walking distance from town and shops and about a 15 minute walk from the beach. There is some car parking at the school and plenty of free parking in nearby streets.

Great facilities - light and airy classroom, student kitchenette, private secluded garden area and verandahs to use during lunch and tea breaks. Byron Bay Campus offers a great environment to study in.



28 Seaview Street, Byron Bay NSW 2481

Lecturers



PARIJAT WISMER

The principal of the Byron Bay Campus, Parijat Wismer has been teaching Kinesiology since 1986. Parijat brings her background in Primary School Teaching, Personal Growth Training, HeartMath and Natural Health to her work. She is a registered Herbalist, Fellow Member of the Australian Kinesiology Association, a Kinesiopractor and a International Faculty Member for ICPKP. She is a National and International Speaker.



JOANNE CASHMAN

Joanne is a qualified Kinesiology practitioner and holds a Cert IV in Training and Assessment. She is a qualified instructor for the BKP series nationally and with the International College of Professional Kinesiology Practice (ICPKP). Joanne studied Kinesiology to Diploma and advanced levels at the Byron Bay Campus and has skills and experience working with students. She operates a Health Business in Alstonville.



ANIKA BRIZUELA

Anika is a qualified Kinesiology practitioner who studied Kinesiology with KSA Brisbane and Byron Bay Campus. She holds a Cert IV in Training and Assessment and is a qualified to present the BKP series nationally and with the International College of Professional Kinesiology Practice (ICPKP). Anika runs a Natural Health Business in Byron Bay.



PARITOSHO SIMONNE ROWE

Paritosho is a qualified Kinesiology practitioner who studied her Diploma in Kinesiology at the Byron Bay Campus. She has continued to international advanced courses and has achieved the ICPKP Qualification of Kinesiopractor. She holds a Cert IV in Training and Assessment and is a qualified to present the BKP series nationally and with the International College of Professional Kinesiology Practice (ICPKP). Paritosho runs a Natural Health Business in Ocean Shores.

Student Support

Students receive extraordinary support from the college.

Email support is available: parijat@wellness.net.au

Phone and Skype support is available by appointment.

Optional practice opportunities are offered regularly.

Free mentoring system to support 1st year students, professional mentoring for year 2 and 3.

The Professional Kinesiology Programme (PKP)

The purpose of the Professional Kinesiology Programme (PKP) is to enhance the quality of your life and the life of others by restoring the ability to maintain physical, bio-chemical and emotional wellbeing. This is created through developing practical skills and knowledge that enable you to enhance the mind, body and spirit to allow the balanced whole person achieve wellness and their full potential.

This training is designed to provide advanced techniques in a sequential, integrated manner. Education begins with foundation material in the first year progressing to advanced skills in the second year of the Diploma. Units are segregated into sections for easy learning. Once students have completed the Diploma they may continue studying Advanced Kinesiology units via the Graduate Diploma of Kinesiopractic®.

The Diploma has taken Kinesiology into the 21st century with a new and improved format for learning and professionalism. After years of successful research the PKP format was developed to provide students with an effective progressive program, which ensures not only full theoretical comprehension, but also the practical experience needed to be successful.

Students of Kinesiology Schools Australia learn the necessary skills in their first year that all Kinesiologists need: to take care of their own energy, to muscle test, the energy pathways and body systems, to evaluate and balance energy and record results, to recognise instinctual behaviours, Anatomy & Physiology, safety in the clinic and the basic business skills needed to run a clinic.

Incorporating Supervised Student Clinics into the program assists students to complete assessment work, and give ample opportunity to become proficient as a practitioner.



PKP Authors

Dr Bruce Dewe, co-founder of the International College of Professional Kinesiology Practice, is one of the world's leading international lecturers in Kinesiology and has been a medical doctor for over 30 years. He was first introduced to Kinesiology in 1977 and has been involved and instrumental in its development ever since. Dr Dewe introduced a series of advanced skills workshops for Kinesiology in the early 1980s which then evolved into the PKP workshops and finally to an International PKP Certification Programme.

Joan Dewe is a Chartered Natural Medicine Practitioner who specialises in Kinesiology at her clinic in Auckland. Having followed her husband Bruce into complimentary medicine she has helped develop the PKP workshops and pioneered teaching them. Initially trained as a high school teacher Joan's ability to summarise information into clear stepwise procedures has helped make PKP an easy to learn modality.

HLT52415 - Diploma of Kinesiology

The HLT52415 Diploma of Kinesiology is a two year professional course that is accredited by:

- ASQA (Australian National Training Authority)
- AKA (Australian Kinesiology Association)
- AIK (Australian Institute of Kinesiologists)



The HLT52415 qualifies for Austudy assistance (Centrelink approved)

The nationally recognised Diploma in Kinesiology and the complete Professional Kinesiology Programme™ (PKP), are already recognised and accredited in many countries around the world and by the International College of Professional Kinesiology Practice. (ICPKP)

The **Basic Kinesiology Programme™ (BKP)** is the Kinesiology material used by Kinesiology Schools Australia in the first year of the Diploma. BKP provides students with all the powerful Kinesiology techniques and protocols to give the student a great grounding as a practitioner. The first year workshops begin with the basics, providing the most solid grounding in the field and build to conclude with some powerful intermediate techniques so you can start your career while you complete your Diploma. After the first year you will be able to register as a level 4 Kinesiology practitioner with the AKA or Level 1 with the AIK and start building your practice.

Following the BKP units we move onto EMS201 where students learn effective counselling and emotional trauma 'defusing' techniques, and then we follow on with units on energy imbalance in relation to muscles affecting pain, flexibility and strength. The second year subjects continue your skills moving into advanced techniques, making sure you have the best opportunity for success. Other units help with allergies and sensitivities to foods, substances and environmental issues that are increasingly becoming a problem and affecting more people every year.

Students also learn to combine Kinesiology techniques and the effectiveness of vibrational energies such as flower essences, gems, chakras and the auric fields. Other units cover brain integration, the major muscle regions of the body, and other emotional aspects of health.

Throughout the Diploma there is plenty of practical experience gained in class activities during every unit, student clinic, expo's (optional at no extra cost) and student practice nights (optional at no extra cost).

All this along with the supervision of your experienced teacher fine tunes your skills so you obtain the best possible results with your clients. Our graduates are amongst the best in the field and become highly sought after practitioners.

Each Kinesiology unit consists of 16 class tutorial hours incorporating both theory and practical skills. **Student Assessment Journals (SAJ)** requires the student to practice their newly acquired skills over 20 to 25 hours. This assists the student to gain valuable experience and confidence whilst obtaining the knowledge required. The journal is also part of the assessment and becomes an enjoyable integrated part of the program.

KSA units are accredited by the Australian Nationally Recognised Training Authority and the industry representative bodies, the Australian Kinesiology Association (AKA) and the Australian Institute of Kinesiologists (AIK), and entitle graduates to register as a professional member.

Many Health Funds require a Diploma in Kinesiology for clients to be able to claim rebate. The services provided by our Kinesiology Schools Australia graduates qualify for these rebates.

Your Kinesiology Training includes:

Theory	Discussions
Demonstrations	Questions are encouraged
Practical Examples	Practice sessions & Assessments
Student Journal	Supervised Student Clinic
Mentoring	Tutorials

The following units, outlined below, cover all required competencies of the HLT52415 Health Training Package Diploma of Kinesiology

Kinesiology Units

25 high quality professional Kinesiology units taught over 2 years

Incorporating The specialised units of Competency:

- HLTKIN001 Develop kinesiology practice
- HLTKIN002 Conduct indicator muscle monitoring
- HLTKIN003 Perform kinesiology assessments
- HLTKIN004 Provide kinesiology balances
- HLTKIN005 Monitor and evaluate client progress
- HLTWHS004 Manage work health and safety safe work practices

BKP101 Energisers and Self testing

The first unit is all about teaching students how to take care of and balance themselves. After all, the practitioner must stay healthy in body and mind to be able to help others. These techniques can also be used to teach clients some basic skills they can use at home to help themselves between consultations. Basic anatomical parts of the body and terminology are also learnt. Setting well worded powerful goals is the basis of a good Kinesiology balance. In this unit you will learn the skills for goal setting that will be used in every balance in the future.

BKP102 Manual Muscle Testing

This unit introduces you to the art of muscle testing, which is the basis of Kinesiology. You learn to balance other people, using brain/muscle feedback, known as muscle testing or muscle monitoring, to identify dysfunctions and stress. You also learn how to identify and correct the most common causes of disorganisation in the brain.

BKP103 The 5 Elements

An introduction of Chinese philosophies to balance the energy using colour, sound and the emotions is the theme of this unit. This unit teaches techniques to correct and confirm the changes of a 5 Element balance and using food to strengthen muscles, meridians and organs.

BKP104 Kinesiology and Superficial Connections

Using the direction of energy flow the students learn how to balance the meridians and their related muscles and organs. Students also learn more basic Anatomy and Physiology.

BKP105 Five Elements in-depth

Learning the 5 Element principles in depth and working with the full chart of emotions takes you to a whole new level of knowledge. An extra 14 muscles allows you a greater variety of ways to balance the client. You will also learn how to identify and use one single correction to return the person to balance.

BKP106 Professional Skills – Balancing Protocol with PKP Database

BKP106 brings much of what you have previously learnt together. Using the specialised protocols that set PKP Kinesiology ahead of the rest, you will learn how to use finger modes and to take the client back to balance stressful times in the past that affect them today. This is a real turning point in your training, as you gain the skills of a true practitioner.

BKP107 Pain Reduction

This unit teaches you how to evaluate and reduce pain using a number of simple but powerful techniques. This is a favourite with most students as there are always people with pain. By the end of this weekend many students no longer have the pains they have had for years. This opens a huge potential to bring clients in to your clinic.

BKP108 Balancing with Food

Focusing on nutrition this unit teaches an understanding of why the body requires a variety of nutrients and how the body uses these nutrients. We also look at a number of 'diets' and how to test the person to see if they may react to foods. By the end of this unit you will be able to balance people and help them achieve optimal nutrition for their wellbeing or whatever activity they desire.

BKP109 Advanced Muscle Techniques – Reactivity and Posture

In this unit students start to learn the first of the advanced techniques where messages from the brain are confused causing reoccurring problems. Rebalancing reactive patterns can make long lasting improvements to posture, co-ordination and wellbeing.

EMS201 Mastery of Emotional Stress Release

This unit develops skills to defuse a variety of emotional stress issues and help the client come up with answers to their problems and move forward. Techniques include active listening, challenges to authority and getting advice from your older wiser self and more importantly how and when to use each one. This is a unit all Kinesiologists need.

EMS302 Subconscious Self-Perception

Here you will learn how to find and work with the subtle messages that interfere with achieving your desired outcomes in life. These messages and automatic self talk are known as sabotage programs,

misperceptions, misunderstandings and hypnotic messages. Their effect can get stronger over time and affect our every essence. Kinesiology helps a client release these patterns safely.

ECO201 Lifestyle and Dietary Modification

Here you learn Kinesiology techniques relating to dietary habits and lifestyle and how to identify nutritional excess and deficiencies and when clients need to add or delete supplements, or change the way they eat.

ECO202 Immune Mismatch Responses, Allergies and Hypersensitivities

Continuing where BKP108 stops. You learn various sensitivity techniques to identify and release stressful foods and substances (sensitivities and reactions). These are becoming an epidemic in our society. Learn how you can help.

ECO301 Adrenal, Geopathic and Life Energy

Completing this unit will help you increase energy, vitality and high level wellness by balancing fatigue-vitality, adrenal dysfunction and assist the client to make lifestyle changes and create a personal enhancement programme.

JAF201 TMJ and Cranials

Headaches and migraines are just two symptoms caused by jaw muscles and cranial problems. You learn to reset these imbalances bringing relief to many. The cranial bones are also involved in learning difficulties, emotional stress and numerous other problems.

JAF301 Ligaments and Joints

This unit teaches advanced techniques so you can work effectively with ligament and joint injuries. Many people 'put up' with pain simply because they don't know how they can be helped. JAF301 is the answer to many of these problems.

MST201 Muscle and Skin Activation

MST201 develops skills and understanding in identifying and correcting meridian energy imbalance related to muscle circuits, skin, scars, blood chemistry, thymus and spleen energy. This variety of techniques covers a number of key areas not previously covered in other units.

MST202 Shoulder, Elbow and Hand Muscle Protocol

You will learn correction techniques to release pain, increase the function and performance of the shoulder, arm, hand and fingers. We all know people with pain and MST202, MST203 and MST301 are major units to release these pains. With this unit you will be able to help most non surgical injuries from shoulder to finger tips.

MST203 Hip, Leg and Foot Muscles

This unit is similar to MST202 except it is for the lower extremities. You will master muscle testing and a variety of correction techniques to release pain, to increase the function and performance of the hip, leg, knee and foot. You will be able to help most non surgical injuries from hip to toe.

MST301 Head, Neck and Trunk Protocol

The variety of muscles learnt in this unit helps you fine tune areas that are specific to Kinesiology and rarely addressed with other modalities. These are muscles of the face, eyes, throat, tongue, upper neck and the small back muscles. This can help with the very common neck pain to the more specific muscles used in singing, swallowing and speech.

PIB203 Basic Brain Integration Skills

Learning difficulties is a topic of high discussion. Kinesiology is a huge help to both adults and children with these problems. In this unit you will learn techniques related to neurological blind spots caused by fear, pain and self-doubt for learning difficulties and dyslexia.

VEF201 Flower Essences

Flower essences open up a whole new world to students. Through flower essences you learn to identify and utilize insights relating to their properties and photographic images of flowers, to re-balance mental, emotional and spiritual energy.

VEF301 Gems and other Vibrational Energy Fields

Continuing from VEF201 you will learn about the healing powers of a variety of powerful vibrational healing systems such as gems, tissue salts and homoeopathics and their use within Kinesiology.

VEF302 Metaphysical Energy Fields

In this unit you will learn how to evaluate and correct a variety of vibrational energy fields such as chakras and the auric fields that are vital in connecting our physical body to our environment which play a big part in our health and how we perform.

Supervised Student Clinic and Mentoring

This final kinesiology unit assists students to complete assessment work as they deliver kinesiology to the general public. On completion of this unit, the student will have gained confidence and learnt to work through real life problems that they will encounter in the workplace.

Non Kinesiology Home Study Units

Anatomy and Physiology 1 (AP1) & Pathophysiology

HLTAAP003 Analyse and respond to Client Health Information

AP1 provides a solid basis of all systems of the body. Students will have a good understanding of Anatomy & Physiology and will find this unit straight forward and to the point.

Pathophysiology follows on from AP1 teaching the student to identify pathophysiologies or changing pathologies through observation, physical assessment and analysis of other available information. In having this detailed understanding of anatomy and physiology and pathophysiology of disease you will be able to implement a problem solving approach on how to plan, care for and manage your clients.

Clinical Safety

HLTWHS004 Manage Work Place Health and Safety - Safe Work Practices

HLTINF004 Manage Control of Infection

This unit includes Workplace Health and Safety (WHS) and Infection Control. The student learns the requirements necessary to manage safe work places and infection control procedures for the practitioner, clients and general public.

Small Business Planning and Business Marketing

BSBSMB403 Market a Small Business

BSBSMB404 Undertake Small Business Planning

To be a great Kinesiologist is one thing but you must be able to plan and market your business. With this unit students learn to plan their business and also learn proven modern marketing skills to keep your costs down while you bring clients to your door.

Cultural Diversity

CHCDIV001 Work with diverse People

This unit describes the skills and knowledge required to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people.

Communication and Personal Reflection

CHCCOM006 Establish and manage Client Practitioner Relationships

CHCPRP003 Reflect on and improve own Professional Practice

This unit describes the skills and knowledge to establish and manage professional one-to-one relationships with clients in the context of providing an ongoing health service or intervention. The student learns the skills and knowledge required to evaluate and enhance their own practice through a process of reflection and ongoing professional development.

Legals and Ethics

CHCLEG003 Manage legal and ethical Compliance

Legals and Ethics in Kinesiology describes the skills and knowledge required to research information about compliance and ethical practice responsibilities. The student will develop and monitor policies and procedures to meet those responsibilities.

Nutrition & Recommending Health and Nutritional Products

HLTHPS010 Interpret and use information about Nutrition and Diet
SIRXRPK001A Recommend Health and Nutritional Products

This two part unit teaches the student to interpret and use basic information about nutritional principles and healthy diet. Students also learn to safely recommend and provide advice on health and nutritional products and services to customers.

Mentoring

CHCORG627B Provide Mentoring support to Colleagues, will be up-dated before class begins.

The role of mentors in our industry is vital and highly respected. This unit teaches the student the skills they need to journey with a new learner of kinesiology and will equip them to mentor others as they gain in experience as a practitioner.

Research

CHCPOL003 Research and apply Evidence to your Practice

This unit teaches you the skills required to gather information of a research nature and critically analyse the information for relevance to your work as a kinesiologist.

Provide First Aid

HLTAID003 Provide First Aid

First Aid is a requirement of all health practitioners. It is the equivalent of the Senior First Aid. Contact the college for the most up to date name of this unit as it changes from time to time.

This is an External Unit to be completed by the student at any stage. This unit is not supplied by KSA and is not included in course price.

Duration & Amount of Training

The volume of learning of a Diploma is typically 1 – 2 years or 1,200 - 2,400 hours

Byron KSA offer the Diploma over 2.5 - 3 years. The program is delivered full-time over a period of 100 weeks (including home study units). Part-time flexible learning options are also available.

The amount of training provided includes:

900	hours of kinesiology course material
50	hours of supervised clinic
150	hours of mentored clinic activities (log book)
<u>960</u>	hours of self paced workbooks

Total: 2,260 hours

The course structure and delivery plan has been developed to enhance the students' personal and professional development, maximising the volume of learning and creating opportunities for students to develop their own business as they study.

COURSE INCLUDES

- High quality experienced lecturers
- Professional practical knowledge and skills
- Manuals and Journals included
- Licenses with the International College of Professional Kinesiology Practice
- All assessments (includes 1 free re-sit of practical assessment)
- Mentoring
- Morning and afternoon tea
- A qualification recognized by the Australian National Training Framework
- A friendly smile and happy atmosphere
- Graduation
- Supervised Practice

Investment/Course Costs

Course Payments 2017 - Byron Bay KSA Campus

PLEASE NOTE: Enrolment will not be accepted unless payment accompanies application form.

Cash / Cheque / Money Order / Direct Deposit / Internet Banking (please circle)

Option 1, Pay \$21,000, Save \$600

1500 Plan - available only when course starts

Deposit \$3,000, 12 payments of \$1,500 bi-monthly

Option 2, pay \$21,600

600 Plan

Deposit \$1,200, 34 payments of \$600.

Option 3, pay \$22,200

Part-time Plan, over 4 years

Deposit \$600, 48 payments of \$450

Please direct any queries to Veda Turner - 02 6685 7991 or byronkinesiology@gmail.com

Payments can be made by:

Cheque:

Payable to 'Kinesiology Schools Australia' 28 Seaview Street, Byron Bay, NSW 2481

Direct Deposit: Commonwealth Bank of Australia - BSB: 064124, Account No: 10211194
please advise teller to state your name as reference.

Internet Banking:

Kinesiology Schools Australia, BSB: 064124, Account No: 10211194
please note your name as reference or call us for an invoice number.

Note 1 #: **Senior First Aid** is NOT included in the price. First Aid can be taken with any Registered Training Organisation authorized as a First Aid provider.

Note 2 #: Fees paid in advance cannot be transferred to another college or campus.

Note 3 #: Other Expenses, not included in your fees:

- A massage table is recommended by BKP103
- you will need to have 5 personal sessions with an ICPKP Diploma graduate.
- Wall charts and test kits
- A textbook is required for:
 - Anatomy & Physiology
 - Nutrition and
 - Communication

Note 4 #: All late payments will incur an administration fee of \$15 per infringement.

Note 5 #: Classes will commence or continue subject to numbers

Diploma in Kinesiology 2018 First Year Schedule

UNIT	2018 Weekends
BKP101 Energisers and self care	10 - 11 February
BKP 102 Manual muscle testing	3 - 4 March
BKP 103 Five elements and Yin balancing	24 - 25 March
BKP104 Superficial connections	28 - 29 April
BKP105 Five elements in depth	26 - 27 May
BKP106 Professional Protocol	23 - 24 June
BKP107 Pain Reduction	7 - 8 July
BKP108 Balancing with food	28 - 29 July
BKP109 Reactivity and Posture	25 - 26 August
EMS 201 Emotional release	15 - 16 September
MST 201 Muscles and Skin	20 - 21 October
VEF 201 Flower essences	8 - 9 December

*Tutorials will also be offered throughout the year.

Please Note: Dates Could Change

Diploma in Kinesiology 2018 First Year Intensive

For people travelling long distances we offer four intensive trainings during the year.

UNITS	2018 Intensive Dates
Intensive 1	
BKP101 Energisers and self care	14 -15 March
BKP 102 Manual muscle testing	17 - 18 March
BKP 103 Five elements and Yin balancing	20 - 21 March
Practice Day	22 March
Intensive 2	
BKP104 Superficial connections	3 - 4 May
BKP105 Five elements in depth	6 - 7 May
BKP106 Professional Protocol	9 - 10 May
Practice Day	11 May
Intensive 3	
BKP107 Pain Reduction	12 - 13 July
BKP108 Balancing with food	15 - 16 July
BKP109 Reactivity and Posture	18 - 19 July
Practice Day	20 July
Intensive 4	
EMS 201 Emotional release	24 - 25 October
MST 201 Muscles and Skin	27 - 28 October
VEF 201 Flower essences	30 - 31 October
Practice Day	1 November

Please Note: Dates Could Change

Upon completion of this qualification, learners can:

- Register as a Professional Member with the Australian Institute of Kinesiologists and/or the Australian Kinesiology Association as a Registered Kinesiology Professional Practitioner and
- Participate in Continued Professional Development at an advanced level.

Recognition of Prior Learning (RPL)

This is an assessment process that assesses the competency(s) of an applicant that may have been acquired through formal, non-formal and informal learning to determine the extent to which that individual meets the requirements specified in the HLT52415 Diploma of Kinesiology qualification. Learners are able to have their competency from prior learning and work experience recognised in this qualification should they meet the following rules of evidence:

RULES OF EVIDENCE

- **Validity:** The assessor is assured that the learner has the skills, knowledge and attributes as described in the module or unit of competency and associated assessment requirements.
- **Sufficiency:** The assessor is assured that the quality, quantity and relevance of the assessment evidence enables a judgement to be made of a learner's competency.
- **Authenticity:** The assessor is assured that the evidence presented for assessment is the learner's own work.
- **Currency:** The assessor is assured that the assessment evidence demonstrates current competency. This requires the assessment evidence to be from the present or the very recent past.
- Applications for RPL will be assessed on an individual basis.
Each applicant must follow the procedure outlined in the KSA RPL policy (available on the website). Students are required to provide the necessary evidence documentation to demonstrate their competency in accordance with the competency requirement of the relevant qualification for which they are applying for RPL.
It is the responsibility of the student to compile the evidence required in consultation with a trainer prior to enrolment.

CREDIT TRANSFER

KSA accepts and provides credit to learners for units of competency where these are evidenced by AQF certification documentation issued by any other RTO or AQF authorised issuing organisation, or authenticated VET transcripts issued by the Registrar.

Students may apply for credit transfer on enrolment.

KSA is aware all the units of competencies from HLT07 training package have been recently revised and therefore are not equivalent to the competencies in HLT Release 2 Training Package. There have been significant changes to the elements and performance criteria. There are new evidence requirements for assessment including volume and frequency requirements as well as significant changes to knowledge evidence. KSA will provide opportunities for those students effected by the new revised units to update where applicable.

Assessment

KSA is committed to an assessment system that ensures that assessment both complies with the assessment requirements of the training package, and is conducted in accordance with the Principles of Assessment (Fairness, Flexibility, Validity and Reliability) and the Rules of Evidence (Validity, Sufficiency, Authenticity and Currency).

KSA's Supervised Student Clinic fully replicates the work place as close as possible. Supervised Student Clinic mirrors the time frames of appointments and the resources available to the practitioner in the workplace. The student clinic is open to members of the public and provides students with a variety of clients seeking support or healing through the Kinesiology Process and a complexity of issues.

The following Assessments are required:

- Written Responses
- Observation Checklists/Practical Activities
- Practical Demonstration in a simulated workplace environment
- Written Reports and Case Studies
- A research Project

Authenticity of Student Work

Students must assure KSA of the authenticity and authorship of their assessment work. Students must sign declaration stating the work is their own on the cover sheet submitted with their assessment.

Refund Policy

Entitlement to Refund

Students **may be** entitled to a refund of course fees depending on when the application for withdrawal is received and the circumstances prompting a withdrawal. The student is not entitled to a refund on any course material received prior to the student withdrawing. Students are required to put any request for a refund of course fees in writing.

Where an application is received ...	Students will receive ...
More than one month prior to the commencement of the course	A refund of the fees paid, less any non-refundable deposit and any home-study or course material received.
More than ten working days prior to the first day of the course	A refund of the fees paid less any non-refundable deposit and any home-study or course material received. An administration fee may be charged.

Deferment

A student may defer their enrolment to a course offered at a later date. The request for the change must be made in writing and must be received at least ten working days prior to the commencement of the original enrolled course. If the deferment takes place into a new calendar year a data base fee is payable and an administration fee may be charged.

Attendance at Repeat Classes

Students are able to attend courses they have missed within 12 months or when next offered to finalise incomplete competencies. Your college may offer you one free repeat.

Students repeating extra units and classes after more than one year will be charged a repeaters fee.

Withdrawal after Commencement of Training

Once training has commenced for the course, no refund is available to students who leave before the completion of the course. Students who pay by monthly instalments have enrolled for the full course and come under the same refund policy. They will be liable for the full course fee.

Exception: students have the option to withdraw after the first unit, if they feel that this training is not right for them, under the same conditions referred to in the refund policy.

Students who have certified medical reasons or personal hardship may apply to KSA for special consideration. If application is accepted, KSA will consider refunding a portion of the course fee in relation to those components of training that have not been started by the student, less an administration fee.

Cancellation of Course

Should the RTO cancel a course, students are entitled to:

- a refund of fees for the home study units not yet received or workshops not attended
- transfer of funds to another future course, or
- transfer of funds to another KSA campus or affiliated college

In this event, students will be given their preferred option.

Post- graduate Kinesiology Training

The Professional Kinesiology Diploma Programme™, taught by Kinesiology Schools Australia offers the most comprehensive, student-centred training in Kinesiology worldwide. The Diploma is accredited with both Australian Kinesiology Associations (AKA and AIK).

Postgraduate studies cover 11 advanced streams of kinesiology. These units are only available to students who have completed the Diploma. Graduates can choose to study all or some of these advanced units. We recommend all the units to truly become an expert in the field.

The Complete Professional Kinesiology Programme™ as the name implies is the complete Professional Kinesiology Programme written by Dr Bruce and Joan Dewe and is accredited by the International College of Professional Kinesiology Practice.

Students qualifying for the ICPKP International Post Graduate Diploma of Kinesiopractic® will be sought after practitioners. The extra units take Diploma graduates from very good, knowledgeable, and experienced practitioners to the highest level of training available in Kinesiology.

These units can be used towards CPE (continued professional education) points required by all professional health industry bodies. The techniques in these units are advanced techniques that quickly provide positive and effective results.

Some advanced topics covered:

- Learning Difficulties
- Emotional Anatomy and Intelligence
- Techniques to evaluate and positively balance what affects our emotional wellbeing
- Correct problems of the pelvis and the pelvic muscles
- Clearing the Lymphatic and digestive systems
- Advanced meridian techniques
- Techniques to help the adrenals and the energetic vitality many of us lack
- Complete hypertonic muscle release
- Trigger Points

Testimonials

'I really wish to thank you for your confidence and encouragement, which gave me the desire to continue with the course. I have been doing many balances on family and friends with positive feedback, which in turn has given me the confidence to go on. Thanks again and hope to see you in the future'. - Sue

'I am thoroughly enjoying my intro to Kinesiology...from knowing very little about the processes involved, I feel I have now progressed so far that I am confident of my knowledge of everything learnt...as well as my ability to work with clients as a trained Kinesiology practitioner.' - Amy M.

'Being able to study the Diploma course has realised my dream of having a fulfilling career and job that I am passionate about. The course is set out in such a manner that you learn to be a professional from the beginning. It is so rewarding to be able to help people reach their full potential!!'

'We have been richly rewarded by the experience and have gained valuable practical training at the same time. The classes have been conducted by a truly caring and professional team...enthusing us students. Our class mates have also added to the enjoyment of the course, building trust and confidence in each other as we study and work together.'

'We have personally found the course has enriched our lives in so many ways, giving us many and varied techniques that assist us both in our personal and family life, and our friends are also (already) benefiting from our new skills'. - Joan & John.

'This Kinesiology course is very enjoyable and enlightening...and the skills taught...greatly enhance my current health practice.' - Chris.

'Kinesiology has enabled me to improve my life on so many levels...not only did I meet and make friends with an amazing group of teachers and fellow students, but also discovered many processes to enable the body achieve a high level of wellness. I use what I have learnt to enhance my life in all areas, and enjoy watching friends, family and clients enhance their lives through kinesiology.'

'This truly has been a life-changing course for me and if you are attracted to it - I suggest you follow your instincts and go for it. I did and it has been well worth it.'

- Sue E.

'This program is the best I've seen. The structure of teaching creates an optimal environment of learning and discovery, and it is a joy to be a part of something so fantastic. I am privileged to be a part of something so profound.' - Breanna

'I originally completed the old TFH and PKP3 workshop series. I was lucky to have excellent instructors, but I know that due to the composition of the courses I only retained about a quarter of the information given. The new ICPKP diploma program has presented the same information and more in a format that makes sure you know the material inside and out.'

'I can't emphasize enough the importance of the learning environment that you provide for students at your campus. I've experienced a variety of education formats over the years, from private schools to private short courses. I can honestly say that I've never learned in such a profoundly encouraging, nurturing and positive environment before, and the belief I have in myself as a result of that is something I didn't anticipate. So now that I have it, I'm owning it, and that's a real gift as I move further into my study, and embrace it in all areas of my life. Thank you from the bottom of my heart' - Chris Y.