

In-depth Emotional Units in Year Two and Three

EMS301 Genetic & Meridian Emotional Release 7-8 April 2020

Learn about life style changes, inherited behavior and working with genograms. Understand reactive emotions and wounded spirit issues.

EMS302 Subconscious Self-Perception 25 - 26 April 2020

In-depth sabotage clearing, attitude conflicts and reversals. Understand the roles people play and how they react to each other.

EMS303 Dreams, Goals & Attitudes 2021

Develop skills for assertive behavior and positive attitudes within the cycles of life. Assist clients with dreams, goals and life path issues.

EMS304 Releasing Limiting Stress Responses 7 - 8 July 2020

Includes many issues including age incongruity, limiting rules, prejudices and convictions. Reset the hypothalamus emotionally.

EMS305 Colour & Sound Healing 29 - 30 September 2020

Major unit on working with colour and sound to rebalance the body's energy system.

EMS306 Rituals & Motivational Messages 17 - 18 November 2020

Observe and release avoidance and other defence mechanisms and facilitate clients in the positive use of rituals, symbols, affirmations, inspirational writings and meditation.

EMS401 Co-Dependency & Role Reversals 2021

Assist clients in letting go of co-dependent positions of rescuer, persecutor or victim to develop compassionate interdependence. Release frozen emotions & find acceptance & forgiveness.

EMS402 Compulsive Behaviours & Role Reversals 2021

Balance energy related to habits, addictions, phobias, obsessions, pain behavior, peer pressure and self-imposed energy drain. Assist clients in dealing with role reversals.

EMS403 Spiritual Issues 2021

Sharing skills in dealing with stressful spiritual bondage & energy drain and assist people in finding their own nurturing spiritual connection.

ICPKP Training in Energy Psychology

This course is internationally recognised.



Expand Your Professional Skills

The Byron Kinesiology Centre offers this training to Kinesiologists with Foundation Training, Cert IV or Diploma

This training suits students who want to specialise in helping people with their emotional burdens and assist them in being happier and healthier. The skills from this emotional training will greatly expand the results you achieve with Diploma skills.

Contact us about your study options and dates.

Byron Kinesiology Centre
28 Seaview Street
Byron Bay NSW 2481
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Begin your training learning Basic Skills and assisting clients with Stress & Pain Management - 2020 Foundation Training

BKP101 Energisers & Self Testing 14 - 15 March 2020

Learn to take care of and balance yourself. A practitioner needs to stay healthy in body and mind to be able to help others. These techniques can also be used to teach clients some basic skills. Setting well worded powerful goals is the basis of a good Kinesiology balance.

BKP102 Manual Muscle Testing 4 - 5 April 2020

This unit introduces you to the art of muscle testing, or muscle monitoring, to identify dysfunctions and stress.

BKP103 5 Elements 2 - 3 May 2020

Study Chinese 5 Element philosophies to balance energy using colour, sound, food and emotions.

BKP104 Kinesiology & Superficial Connections 23 - 24 May 2020

Using the direction of energy flow, you will learn a number of effective ways to improve and restore balance to meridians and their related muscles and organs.

BKP105 Five Elements In-Depth 4 - 5 July 2020

Learning the 5 Element principles in depth and working with the full chart of emotions takes you to a whole new level of knowledge. An extra 14 muscles allow you a greater variety of ways to balance the client.

BKP106 Professional Skills PKP Database 8 - 9 August 2020

This unit brings much of what you have previously learnt together in specialised protocols. You will learn how to use finger modes & use age recession to balance stressful memories.

BKP107 Pain Reduction 10 - 11 October 2020

This unit teaches you how to evaluate and reduce pain using a number of simple but powerful techniques.

RBT201 Clinical Body Contact 2021

Develop professionalism, skill and understanding in using body contact. Apply appropriate massage techniques, draping and palpating in a Kinesiology framework. Add aromatic oils to your bodywork.

SPM101 Stress Release made Easy 2021

Learn simple tools for stress reduction.

SPM102 Epigenetic Healing Cycles 2021

Reduce mental & emotional suffering related to universal fears, eight major work stresses and 25 common relationship issues. Learn how to use 15 epigenetic modulators and energy cycles for healing, soothing and calming.

SPM103 Tibetan Energy & Vitality 2021

Energetic healing tools to balance & strengthen your auric field & chakras.

EMS201 Mastery of Emotional Stress Release 5 - 6 December 2020

Deepen your skills in working with emotional stress issues. Techniques include active listening, challenges to authority and getting advice from your older wiser self and more importantly how and when to use each one.

Electives - Advanced Certificate in Trauma Healing by Parijat Wismer

First Aid for Emotions & Rapid Stress Release 22 Feb 2020

2 workshops giving skills to support others and self in acute emotional emergencies or overwhelm

Deep Trauma Healing 17 - 19 April 2020

Learn tools to heal the physical, the emotional and the energy body from trauma held in layers of our beings. Balance the body for memories beyond words.

Healing Sexual Trauma 14 - 16 August 2020

The focus on recovery from sexual abuse, regaining power and releasing shame. Balance for healthy boundaries.

Healing Birth and Medical Trauma 2021

The focus is on recovery from traumas related to medical interventions.